

Effective Date: 2/3/2010; 11/2/2009; 7/29/2004

Revised Date: 3/8/2017

Review Date: 3/8/2017

## North Sound Behavioral Health Organization

### Section 1500 – Clinical: Clinical Practice Guidelines

Authorizing Source: DBHR Contract

Cancels:

See Also:

Providers must comply with this policy and may develop

Individualized implementation guidelines as needed

Responsible Staff: Deputy Director

Approved by: Executive Director

Signature:

Date: 3/20/2017

## POLICY #1508.00

### SUBJECT: CLINICAL PRACTICE GUIDELINES

#### PURPOSE

To define the requirements, development and use of clinical practice guidelines for clinical decision-making.

#### POLICY

The North Sound Behavioral Health Organization (North Sound BHO) will ensure, through its contracts, that each provider contracted within the network adopts and adheres to the North Sound BHO clinical practice guidelines approved by North Sound BHO County Authorities Executive Committee. Clinical practice guidelines will be compliant with all state and Federal standards and requirements. Providers will utilize these practice guidelines as a training and supervision tool for direct clinical staff in accordance with their contracts and the Regional Training Plan. North Sound BHO shall ensure adherence to this requirement through review of personnel charts during administrative audits. Decisions for utilization management, enrollee education, coverage of services and other areas to which the guidelines apply will be consistent with the guidelines.

#### PROCEDURES

1. North Sound BHO will develop clinical practice guidelines through the collaborative processes of the Quality Management system and present them to the Quality Management Oversight Committee (QMOC) for approval.
2. Though they are not intended as a “standard of care”, these guidelines will be based on valid and reliable clinical evidence and a consensus of health care professionals in behavioral health, such as: American Psychiatric Association (APA) and American Academy of Child and Adolescent Psychiatry (AACAP).
3. The clinical guidelines will consider the needs of North Sound BHO’s enrollees and will be adopted in consultation with our providers.
4. As often as possible, the clinical guidelines will encompass internet links to APA and AACAP’s accepted and published clinical practice guidelines, which are self-updating. Guidelines will be reviewed periodically to ensure their ongoing compliance with requirements and clinical relevance.
5. North Sound BHO will disseminate the guidelines to all affected providers upon completion, as revised and upon request to enrollees and potential enrollees, as well as, making them available on North Sound BHO website at <http://northsoundbho.org/>.

6. Provider compliance with North Sound BHO clinical practice guidelines will be ensured by inclusion of this requirement in provider contracts and through ongoing oversight and monitoring to core elements of each guideline, as appropriate, during utilization review and administrative and clinical audits.

**ATTACHMENTS**

None