



North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

117 North First Street, Suite 8 • Mount Vernon, WA 98273 • 360.416.7013
800.684.3555 • Fax 360.416.7017 • TTY 360.419.9008 • Email nsmha@nsmha.org • Web Site <http://nsmha.org>

NSMHA Contract Memorandum 2010-024

Date: December 28, 2010

To: Tom Sebastian, CEO, Compass Health
Dean Wight, Whatcom Counseling and Psychiatric Center

From: Chuck Benjamin, Executive Director

Subject: Revised/new policy/document

This replaces NM 2010-022.

To adequately capture data for respite services we are asking providers to use the following two codes when entering Respite Services into the Consumer Information System (CIS).

Code **H0045** a Per Diem is used when more than 8 hours of service is provided in a facility.

Code **T1005** is for minutes of service up to 8 hours in a facility.

Respite codes should be used when the situation meets the following definition:

A service to sustain the primary caregivers of children with serious mental illness or emotional disorders or adults with mental illness. This is accomplished by providing observations, direct support and monitoring to meet the physical, emotional, social and mental health needs of an individual consumer by someone other than the primary caregivers. Respite care should be provided in a manner that provides necessary relief to caregivers. Respite may be provided on a planned or an emergent basis and may be provided in a variety of settings such as in the consumer or caregiver's home, in an organization's facilities, in the respite worker's home etc. The care should be flexible to ensure that the individual's daily routine is maintained. Respite is provided by, or under the supervision of, a mental health professional. Respite under the Medicaid Waiver is only available to those consumers who do not have this coverage under some other federal program.

Please begin submitting data into the CIS capturing respite services using both codes within 90 days

cc: Heather Fennell, Compass Health
Pamala Benjamin, Whatcom Counseling and Psychiatric Center
Anne Deacon, Whatcom County Coordinator
Susan Schoeld, Snohomish County Coordinator
Contract File