

North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

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NSMHA Contract Memorandum 2008-025

Date: October 27, 2008

To: Tom Sebastian, CEO, Compass Health
Donna Konicki, *bridgenways*
Michael Watson, Lake Whatcom RTC
Andy Byrne, Whatcom Counseling and Psychiatric Center
Rod Elin, Catholic Community Services Northwest
Claudia D'Allegrì, Sea Mar
Ken Stark, Snohomish County Human Services Director
Tom Robinson, Volunteers of America
Cindy Paffumi, RSN Coordinator, Interfaith
Sue Closser, CEO, Sunrise Services
Yvonne Ito, Executive Director, LKI

From: Chuck Benjamin, Executive Director

Subject: Capacity Template, revised policy and Clinical Guidelines for 2008

Please utilize from now on the capacity template located on the web at http://nsmha.org/contracts/Deliverable_Templates/Default.htm so all data collected by NSMHA will be more uniform.

Policy 1524.00 – Access to Housing and Consumer Choice in Housing and 1524.01 – NSMHA Board of Directors Housing Opportunities Principles

This is a pre-existing fast tracked policy that has completed the approval process, been signed and effective 10/27/2008.

The Clinical Guidelines for Anorexia Nervosa and Bulimia Nervosa with attached assessment elements and lab components, as well as, the Clinical Guidelines for Co-Occurring Disorders are attached for your convenience and will be available on the website. Please begin staff training in accordance with the policy.

The revised policy is enclosed for your convenience and will be available on the NSMHA website at www.nsmha.org for your future reference.

Please ensure this policy is implemented at your agency within sixty days and you agency utilizes the capacity template immediately.

cc: Heather Fennell, Compass Health
Kathy McNaughton, Catholic Community Services
Kay Burbidge, Lake Whatcom
Pamala Benjamin, Whatcom Counseling and Psychiatric Center
Adam Horn, Volunteers of America
Jonathan Vander Schuur, Sea Mar
Rebecca Clark, Mental Health Program Coordinator Skagit County
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Jackie Henderson, Island County Coordinator
Contract File