

Executive Committee (EC) Members Present:

North Sound Behavioral Health Organization (BHO) Staff Present:

Guests:

1. **Call to Order and Introductions** – Chair Johnson
2. **Revisions to the Agenda** – Chair
3. **Approval of January 2018, Minutes, Motion #18-05**– Chair Johnson.....**Tab 1**
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board**.....(Available at meeting).....**Tab 2**
8. **Committee Report**.....(Available at meeting).....**Tab 3**
 - **QMOC**
9. **Report from the Executive Director**(Available at meeting).....**Tab 4**
 - North Sound Youth and Family Coalition (AKA FYSPRT)
Presented by Alicia Hughes, Skagit County Public Health
10. **Report from the Finance Officer**(Available at meeting).....**Tab 5**
11. **Report from the Governance Operations Committee**
 - **North Sound BHO Retention Package**
The retention package runs from July 1, 2018 through December 31, 2018. With the first three (3) months providing a 5% increase on an employee’s base salary and the second three (3) months providing 10% increase on the employee’s base salary.

Motion #18-06

Approve the 2018 retention package for North Sound BHO employees beginning July 1, 2018 through December 31, 2018.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from January 1st, 2017 through January 31st, 2017 in the amount of \$. Payroll for the month of January in the amount of \$ and associated employer benefits in the amount of \$.

Consent Agenda – Motion #18-07(Available at meeting).....**Tab 6**

12. Action Items

For Executive Committee Approval

Professional Service Contracts

Compass Health

Compass Health provides training on behalf of the North Sound BHO. The training proposal was approved by the training committee in January. The training is free to Behavioral Health Agencies contracted with the BHO.

Motion #18-08

- North Sound BHO-Compass Health-PSC-18 for the provision of training in the North Sound region. The maximum consideration on this contract is \$62,000 with a term of February 1, 2018 through December 31, 2018.

Sam Magill

Sam Magill is continuing his work with BHO staff and is facilitating the upcoming opiate forums in the region, the contract is extended by six (6) months.

Motion #18-09

- North Sound BHO-Sam Magill-PSC-17-18 Amendment 2 for the purpose of increasing the contract by \$15,100 for a new maximum consideration of \$30,000 and a new term of February 1, 2017 through December 31, 2018.

Sunrise Services

Sunrise Services is opening an Enhanced Service Facility, this new category of licensed residential facility will provide a community placement option for individuals whose complicated personal care and behavioral challenges do not rise to a level that requires an institutional setting. Individuals are referred to an ESF if they

are coming out of state and community psychiatric hospitals or have no other placement option due to their complex behavior, medical, chemical dependency and/or mental health needs.

The facility will offer behavioral health, personal care services and nursing, at a level of intensity that is not generally provided in other licensed long-term care settings. Because costs have been incurred throughout 2017, the contract is back dated to January 1, 2017.

Motion #18-10

- North Sound BHO-Sunrise Services-PSC-18 for the purpose of providing behavioral health services to individuals in the facility with behavioral health needs. The maximum consideration on this contract is **\$368,000** with a term of January 1, 2017 through December 31, 2018.

Substance Use Disorder Outpatient Services

Sunrise Services

Sunrise Services was awarded funding in the 2017 Substance Use Disorder Outpatient (SUD) Request for Qualifications for Snohomish and Whatcom Counties. This will expand the capacity to serve individuals with substance use disorders.

Motion #18-11

- North Sound BHO-Sunrise Services-Medicaid-16-18 Amendment 2 for the purpose of increasing funding by **\$5,699,902** for a new maximum consideration of **\$20,046,958**. The term of the contract will be extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018.
- North Sound BHO-Sunrise Services-BHSC-16-18 Amendment 4 for the purpose of increasing funding by **\$571,500** for a new maximum consideration of **\$2,049,270**. The term of the contract will be extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018.

Snohomish County Medicaid and BHSC Contracts

Snohomish County is receiving additional state funds for the increase in Involuntary Treatment Act (ITA) services, largely due to the Smokey Point facility. The additional state funds will pay for two (2) Full Time Equivalent (FTE) Designated Crisis Responders.

Medicaid funds are being added as incentive funds for the county to develop and submit a Transition Plan for Snohomish County.

The transition plan will address the needs for a fully integrated system of care, specifically for the integration of behavioral health and physical health by the Managed Care Organizations (MCO). The contract is being extended by nine (9) months.

Motion #18-12

- North Sound BHO-Snohomish County-Medicaid-16-18 Amendment 2 for the purpose of increasing the contract by **\$2,981,206** for a new maximum consideration of **\$6,388,294** with a new term of April 1, 2016 through December 31, 2018.
- North Sound BHO-Snohomish County-BHSC-16-18 Amendment 2 for the purpose of increasing the contract by **\$2,623,299** for a new maximum consideration of **\$7,646,050.50** with a new term of April 1, 2016 through December 31, 2018.

Community Action of Skagit County

Funding is being increased to cover the actual costs of the program and the contract is being extended by nine (9) months through December 31, 2018.

Motion # 18-13

- North Sound BHO-SCAA-Ombuds-16-18 Amendment 1 for the purpose of increasing funding by **\$203,100** for a new maximum consideration of **\$539,100** with the term of the contract being extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018

For Executive Committee Ratification

Compass Health

Compass Health is receiving **\$165,243** of Department of Commerce funding for housing subsidies to enhance the HARPS team services in Snohomish County. The Commerce funding expires on June 30, 2018.

Motion #18-14

- North Sound BHO-Compass Health-HARPS-16-18 Amendment 2 for the purpose of increasing the funding by **\$265,243** for HARPS subsidies. The new maximum consideration on this contract is **\$790,539**, with a new term of April 1, 2016 through June 30, 2018.

Prosperity Wellness

Prosperity Wellness is a residential provider in Tacoma WA, King County previously contracted for the residential services, but terminated the contract. The termination was without cause, based on King County's assessment of their capacity needs. North Sound BHO piggy-backed on their contract, since it was terminated we have decided to enter into a contract directly with Prosperity Wellness.

Motion #18-15

- North Sound BHO-Prosperity Wellness-Residential-18 for the purpose of providing adult residential substance use disorder services. The bed rate for this service is \$228.09 per bed day, with a term of January 1, 2018 through December 31, 2018.

Health Care Authority (HCA) Interagency Agreement

Health Care Authority offered an Interagency Agreement to mid-adopter BHOs to provide support for technical assistance necessary for the North Sound Regional Service Area to meet the accelerated timeline and enable the counties to partner with HCA and stakeholders in preparing for successful integration to Medicaid physical and behavioral health services, purchased through managed care systems. The motion incorporates Amendment 1 to extend the end date from January 31, 2018 to January 31, 2019.

Motion #18-16

- HCA-North Sound BHO-Interagency Agreement-18 for the purpose of preparing for fully integrated health care in 2019. The maximum on this agreement is up to \$100,000 based deliverables submitted to HCA. The term of the agreement is November 14, 2017 through January 31, 2019 (Amendment 1 incorporated by reference to extend the Agreement end date, from January 31, 2018 to January 31, 2019.)

American Behavioral Health Services (ABHS) Substance Use Disorder Outpatient Services

American Behavioral Health Services (ABHS) was awarded a contract through the 2017 Substance Use Disorder Request for qualifications. ABHS has secured offices in Freeland on South Whidbey and Stanwood in Snohomish County to date. This funding is for the outpatient services they will be providing at all their sites when up and running.

Motion #18-17

- North Sound BHO-ABHS-Medicaid-18 for the purpose of providing substance use disorder services in the North Sound region. The maximum consideration on this contract is \$417,690 with a term of January 1, 2018 through December 31, 2018.
- North Sound BHO-ABHS-BHSC-18 for the purpose of providing substance use disorder services in the North Sound region. The maximum consideration on this contract is \$55,710 with a term of January 1, 2018 through December 31, 2018.

Relias Online Learning

Relias Online Learning System is available to all of our contracted providers. As our providers add new staff we add new learner slots to the system. This amendment adds 50 more slots to the system, which brings our total slot allocation to 2,125 learners.

Motion #18-18

- Relias Learning LLC -North Sound BHO Add on Amendment to buy 50 additional learner slots at **\$37.52** per slot for an additional **\$1,876.00** per year for a maximum **\$121,264.51** per year for the subscription.

(Narrative and rates will be available at the meeting regarding Motion #18-19 below)

Motion #18-19- To approve the revised 2018 fee schedule as presented. The rates will be effective starting January 1, 2018.

13. Introduction Items(Available at meeting).....TAB 7

- Strategic 2018/2019 Goals
- Proposed Inter-Agency Agreement on Mid-Adopter terms and conditions

14. Adjourn

Next meeting: March 8th, 2017

Executive Committee (EC) Members Present:

- Jill Johnson, Chair, Island County Commissioner; Board of Island County Commissioners
- Anne Deacon, Whatcom County Human Services Manager/County Coordinator; designated alternate for Whatcom County Council
- Pat O'Maley-Lanphear, Chair; North Sound Behavioral Health Advisory Board
- Robert Knoll, Snohomish County Council; designated alternate for Council Member Brian Sullivan
- Brandi Vena, Snohomish County Council; designated alternate for Darcy Cheesman, designated alternate for Council Member Sam Low
- Cammy Hart-Anderson, Snohomish County Human Services; designated alternate for County Executive Dave Somers
- Regina Delahunt, Whatcom County Health Department Director; designated alternate for County Executive Jack Louws
- Geoffrey Thomas Snohomish County; designated alternate for Snohomish County Council Member Stephanie Wright
- Jamie Stephens, County Council Member, San Juan County Council
- Rebecca Clark, Skagit County Health Services; designated alternate for Commissioner Ken Dahlstedt

North Sound Behavioral Health Organization (BHO) Staff Present:

- Joe Valentine, Executive Director; North Sound Behavioral Health Organization (BHO)
- Betsy Kruse, Deputy Director; North Sound BHO
- Bill Whitlock, Fiscal Officer; North Sound BHO
- Joanie Williams, Administrative Manager; North Sound BHO (recording)

Guests:

- Ron Coakley, Vice-Chair; North Sound Behavioral Health Organization Advisory Board Member; Skagit County
- David Kincheloe, North Sound Behavioral Health Organization Advisory Board Member; Whatcom County
- Julie Delosada, Skagit County Public Health

Call to Order and Introductions – Chair Johnson

Chair Johnson opened the meeting and initiated introductions.

Joe welcomed the newly elected Advisory Board Chair, Pat O'Maley-Lanphear and Vice-Chair, Ron Coakley.

He thanked them for their willingness to step into leadership roles during a complex conversion, noting the Advisory Board will be dealing with multiple transition issues. He went on to appreciate David Kincheloe's contributions as past Advisory Board Chair and pointed out to the committee that David was given an award by the Advisory Board members for his service.

Revisions to the Agenda – Chair

Chair Johnson asked if there were any revisions to the January 11th Agenda, there were none.

Approval of December 2017, Minutes, Motion # 18-01 – Chair Johnson

Chair Johnson asked if there were any revisions to the December 2017 Minutes, there were none.

Cammy Hart-Anderson moved the motion for approval, Regina Delahunt seconded, all in favor, Motion #18-01 carried.

Comments & Announcements from the Chair

There were no comments from the Chair.

Reports from Members

- Anne Deacon noted the previous Whatcom County Council person who sat on the North Sound Behavioral Health Organization's (BHO) County Authority Executive Committee (CAEC) board, retired from his position. The position was filled; the committee assignments will take place next Tuesday. Joe noted during the February meeting the BHO CAEC 2018 Chair and Vice-Chair will be determined.
- Cammy Hart-Anderson gave an update on the Snohomish County Diversion Center and the lobbying efforts that took place in Olympia regarding 2 remaining bills. She also spoke about Snohomish County being in the process of bringing up a second Involuntary Treatment Act (ITA) Court Team. She added that Snohomish County would appreciate support from the other counties for House Bill 2287 and Senate Bill 6060. Cammy noted the Governor will be visiting next Thursday for a tour of the Diversion Center and advocating for the Capital Budget. Lobbyists are working the Capital Budget issue as well.
- Jamie Stephens said funding for juvenile court services has increased, as well as and other juvenile court services (that are not behavioral health related).
- Anne Deacon said Whatcom County and partners just launched a new website, whatcomhope.org.

Comments from the Public

Chair Johnson asked if there were any comments from the public, there were none.

Report from the Advisory Board

Chair Johnson asked if the Advisory Board Chair had any items she would like to highlight.

Pat spoke about the 2018 Visual Art and Poetry Contest as well as the legislative priorities for the Advisory Board. She also noted there are seats open on the Advisory Board.

Committee Report

▪ Quality Management Oversight Committee (QMOC)

Chair Johnson referenced the QMOC Report in the meeting binders for members to review.

Joe said there has been a lot of policy work coming out of the committee lately.

Report from the Executive Director

Joe Valentine spoke on the following items:

- Legislative Report
- Integration Planning
- Opioid Summit Follow-up
- Behavioral Health Facilities Update
- External Quality Review Report
- Number of Non-Medicaid Persons Currently being Served by BHO Services

Report from the Finance Officer

The Finance Officer gave the North Sound BHO Financial Report.

The committee had no questions.

Report from the Governance Operations Committee

Chair Johnson noted the finances were reviewed in the Governance and Operations meeting, in addition to the review of the potential retention strategy for North Sound BHO employees. She said the general reaction was favorable, although some there were some issues that need to be worked through.

She noted there was also discussion regarding the transfer of capital dollars from Skagit to Island County to assist with pre-construction costs for the Tri-County Stabilization Center. This can be worked out under the existing Inter-Local Agreement, she noted. The CAEC will be notified when this takes place.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from December 1st, 2017 through December 31st, 2017 in the amount of **\$10,380,219.22**. Payroll for the month of December in the amount of **\$299,257.50** and associated employer benefits in the amount of **\$126,591.52**.

Consent Agenda – Motion # 18-02

Jamie Stephens moved the motion for approval, Rebecca Clark seconded, all in favor, Motion #18-02 carried.

Action Items

For Executive Committee Approval

Professional Service Contracts

SVY Consulting (Shelli Young) will continue her work on the regional opioid plan. Tasks include collaborating with regional stakeholders to coordinate efforts, convene quarterly meetings to discuss and develop strategies identified at the Opioid Summit and explore additional resources for continuing the work on the opioid crisis.

Phoenix Recovery is receiving an additional **\$30,000** to clean up the data submissions being submitted to the BHO. Previously, Phoenix received **\$50,000** for their electronic health record implementation.

Motion# 18-03

- North Sound BHO-SVY Consulting-PSC-16-17 Amendment 3 to extend the contract to continue the work identified in the opioid plan and opioid summit findings. The increase to the contract is **\$75,000** for a new maximum of **\$150,000** with the term of the contract being extended from November 14, 2016 through December 31, 2017 to November 14, 2016 through December 31, 2018.
- North Sound BHO-Phoenix Recovery Services-PSC-16 Amendment 3 for the purpose of cleaning up their data readying for submission to the BHO and extending the end date of the contract. The additional funding is **\$30,000** for a new maximum consideration of **\$80,000** for an extended term from February 15, 2016 through June 30, 2017 to February 15, 2016 through June 30, 2018.

Geoffrey Thomas moved the motion for approval, Jamie Stephens seconded, all in favor, Motion #18-03 carried.

For Executive Committee Ratification

DBHR Housing Subsidies

This contract is a pass through for Department of Commerce Housing funds for individuals eligible for Housing and Recovery through Peer Support (HARPS) funding. To be eligible for HARPS funds the individual must be exiting Western State Hospital, community psychiatric hospital or an intensive inpatient substance use disorder facility. The housing subsidies are directed for use by the HARPS Team.

Motion #18-04

- DSHS-DBHR-North Sound BHO-BH Housing Subsidy-18 for the purpose of providing additional subsidies to individuals eligible for HARPS services. The maximum consideration on this contract is \$165,243 with the term of the contract January 1, 2018 through June 30, 2018.

Discussion took place regarding this motion.

Anne Deacon moved the motion for approval, Rebecca Clark seconded, all in favor, Motion #18-04 carried.

Introduction Items

- Health Care Authority/North Sound BHO Interagency Agreement

Joe Valentine referenced the accompanying Introduction Item document. He noted that once ratified, this will be the formal written agreement between the State and North Sound BHO regarding the terms and conditions which were attached to the mid-adopter letter.

The Chair asked if there were any other questions concerns or issues before adjournment, there were none.

Adjourn: 3:38 p.m.

Next meeting: February 8th, 2018