

Executive Committee (EC) Members Present:

North Sound Behavioral Health Organization (BHO) Staff Present:

Guests:

1. **Call to Order and Introductions** – Chair Johnson
2. **Revisions to the Agenda** – Chair
3. **Approval of April 2017, Minutes, Motion #17-39** – Chair Johnson.....**Tab 1**
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board** (*Available at Meeting*).....**Tab 2**
8. **Committee Report** (*Available at Meeting*).....**Tab 3**
 - **QMOC**
 - **Planning Committee** *No meeting in April*
9. **Report from the Executive Director** (*Available at Meeting*).....**Tab 4**
10. **Report from the Finance Officer** (*Available at Meeting*).....**Tab 5**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from April 1, 2017 through April 30, 2017 in the amount of **\$16,747,596.45**. Payroll for the month of April in the amount of **\$289,177.82** and associated employer benefits in the amount of **\$185,827.66**.

- Consent Agenda – Ken Mann – Motion #17-40****Tab 6**

11. Report from the Governance Operations Committee (Available at Meeting)

12. Action Items

For Executive Committee Approval

Professional Service Contract

Catholic Community Services NW is receiving funding to remodel current Substance Use Disorder (SUD) Outpatient Facilities in Everett, Mount Vernon and Bellingham in the amount of \$125,000. Funding is also being provided for the continued development of their Electronic Health Record in the amount of \$477,900 inclusive of \$150,000 in equipment costs.

Motion #17-41

- North Sound BHO-CCSNW-PSC 17 for the purpose of expanding SUD Outpatient Facilities and the Electronic Health Record. The maximum amount on this contract is \$602,900 for a term of May 1, 2017 through December 31, 2017.

Community Action of Skagit County

This amendment is providing an additional \$34,875 on this contract for a one-time expense of equipment needs/upgrades in the amount of \$9,850 and ongoing operational expense increase of \$1,925 monthly.

Motion #17-42

- North Sound BHO-CASC-Ombuds16-18 Amendment 1 for the purpose of increasing funding by \$34,875 for a new maximum consideration of \$370,875 with the term of contract remaining the same April 1, 2016 through March 31, 2018.

For Executive Committee Ratification

Professional Services Contract

Shelli Young (SYV Consulting) has been consulting with the North Sound on our Regional Opiate Plan, the plan is now complete and ready for implementation. Ms. Young will be assisting BHO staff and community partners on the implementation of the regional plan.

Motion #17-43

- North Sound BHO-SYV Consulting-PSC-17 Amendment 2 for the purpose of assisting in the implementation of the Regional Opiate Plan. This is an increase of \$75,000 for a new maximum consideration on this contract is \$94,900 with the term remaining the same, November 14, 2016 through December 31, 2017.

Mental Health Block Grant (MHBG)

This funding is specifically for the Peer Bridger Program at Western State Hospital. A Request for Proposals (RFP) was released in November 2017, with Telecare Corporation being the successful bidder. The Peers will be working with individuals being discharged from WSH to ensure they have a safe and seamless transition back to the community. The Peers can continue their engagement work for up to 90 days post discharge.

Motion #17-44

- DSHS-DBHR-North Sound BHO-MHBG-16-17 for the purpose of funding Peer Bridgers at Western State Hospital. The maximum consideration on this contract is \$240,000 with a term of July 1, 2016 through June 30, 2017.
- North Sound BHO-Telecare-MHBG-17 for the purpose of funding and developing the Peer Bridger Program at Western State Hospital. The maximum consideration on this contract is \$240,000 with a term of January 1, 2017 through June 30, 2017.

13. Introduction Items *(Available at Meeting)*.....TAB 7
14. Discussion Items *(Available at Meeting)*.....TAB 8

15. Adjourn

Next meeting: June 8th, 2017



Executive Committee (EC) Members Present:

- Jill Johnson, Chair, Island County Commissioner, Board of Island County Commissioners
- Ken Dahlstedt, Skagit County Commissioner
- Geoffrey Thomas, Snohomish County; Designated Alternate to Snohomish County Council Member Stephanie Wright
- Cammy Hart – Anderson, Snohomish County Human Services; Designated Alternate for County Executive Dave Somers
- Jamie Stephens, County Council Member, San Juan County Council, via phone
- David Kincheloe, Chair, North Sound Behavioral Health Organization Advisory Board
- Regina Delahunt, Whatcom County; Designated Alternate for Jack Louws County Executive
- Anne Deacon, Whatcom County Human Services Manager/County Coordinator; Designated Alternate for Jack Louws County Executive

North Sound Behavioral Health Organization (BHO) Staff Present:

- Joe Valentine, Executive Director; North Sound Behavioral Health Organization
- Betsy Kruse, Deputy Director; North Sound Behavioral Health Organization
- Bill Whitlock, Fiscal Officer; North Sound Behavioral Health Organization
- Joanie Williams, Administrative Manager North Sound Behavioral Health Organization (Recording)

Guests:

Shelli Young, Presenter of the North Sound Region/Opioid Reduction Plan

Call to Order and Introductions:

Chair Johnson called the meeting to order and initiated introductions.

Revisions to the Agenda:

Chair Johnson asked if there were any revisions to the Agenda, there were none.

Approval of March 9th 2017, Minutes, Motion # 17-29:

Chair Johnson asked if there were any revisions to the March 2017 County Authorities Executive Committee Minutes, there were none.

Geoffrey moved approval of the motion, Cammy seconded, all in favor, Motion #17-29 carried.

Comments & Announcements from the Chair:

There were no comments or announcements from the Chair.

Reports from Members:

Cammy said the National Governor's Association selected Snohomish County by means of a Request for Proposal (RFQ) as one of eight states to participate in a learning lab regarding opioids and the inclusion of medication assisted treatment in institutional and correctional facilities.

The intent is to learn and share information with the rest of the state.

Comments from the Public:

Chair Johnson asked if there were any comments from the public, there were none.

Report from the Advisory Board:

David gave an update on the recent Advisory Board activities. The Advisory Board Brief was included in member binders for review.

Committee Reports:

- **QMOC**
The QMOC Meeting Brief for April was referenced for members to review.
- **Planning Committee**
The March meeting was canceled due to no topics identified for discussion.

Report from the Executive Director:

Joe gave the North Sound Behavioral Health Executive Director's Update which included the topics listed below:

- Behavioral Health Facilities Plan
 - I. Legislative Efforts
 - II. Local Facility Planning
- Behavioral Health Integration Update
- Legislative Update
- Rainbow Center Transition Update
- San Juan County Capacity Plan
- Implementation of new IMD Rule for Managed Care Plans
- Substance Use Disorder Treatment Expansion
- North Sound Accountable Community of Health (NSACH)
- 2017 External Quality Review

Report from the Finance Officer

Bill gave the Report from the Finance Officer and discussion followed on varied topics.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from March 1st, 2017 through March 31st, 2017 in the amount of **\$11,736,417.61**. Payroll for the month of March in the amount of **\$269,665.18** and associated employer benefits in the amount of **\$172,437.46**.

Consent Agenda – Motion # 17-30

Jill Johnson stated the Executive Committee reviewed the Consent Agenda.

Ken D moved approval of the motion, Cammy seconded, all in favor, Motion #17-30 carried.

Report from the Governance Operations Committee

Jill Johnson noted the Governance and Operations Committee received an update on a personnel action, in addition to a Legislative Update from the North Sound.

Action Items

For Executive Committee Approval

Mental Health Block Grant (MHBG)

Snohomish County is unable to spend down \$150,000 of their funding and is offering it to the other MHBG programs, listed below.

Compass Health is receiving \$50,000 for the Rainbow Center operations which is running a deficit of \$300,000

Skagit County is receiving \$50,000 for the REACH Peer Center operations

Whatcom County is receiving \$50,000 for Sun Community transitional housing services

Motion #17-31

- North Sound BHO-Snohomish County-MHBG-16-17 Amendment 1 for the purpose of reducing funding by \$150,000. The new maximum consideration on this contract is \$639,639 with the term remaining the same April 1, 2016 through June 30, 2017.
- North Sound BHO-Compass Health-MHBG-16-17 Amendment 2 for the purpose of increasing funding by \$50,000 for a new maximum consideration of \$162,273 with the term of the contract remaining the same, April 1, 2016 through June 30, 2017.
- North Sound BHO-Skagit County-MHBG-16-17 Amendment 1 for the purpose of increasing funding by \$50,000 for a new maximum consideration of \$177,343 with the term of the contract remaining the same, April 1, 2016 through June 30, 2017
- North Sound BHO-Whatcom County-MHBG-16-17 Amendment 1 for the purpose of increasing funding by \$50,000 for a new maximum consideration of \$208,854 with the term of the contract remaining the same, April 1, 2016 through June 30, 2017

Ken D moved approval of the motion, Jamie seconded, one apposed (Anne) remainder in favor, motion carried.

San Juan School Based Services

Compass Health is hiring therapists to provide school based services in San Juan County. The services will be available on Lopez, Orcas and San Juan Islands. San Juan County is providing \$16,200 in local funds for these services.

Motion #17-32

- North Sound BHO-Compass Health-BHSC-16-18 Amendment 7 for the purpose of increasing funding by \$32,400 for a new maximum consideration of \$11,835,076.98 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- North Sound BHO-Compass Health-Medicaid-16-18 Amendment 6 for the purpose of increasing funding by \$147,600 for a new maximum consideration of \$53,999,289 with the term of the contract remaining the same April 1, 2016 through March 31, 2018

Ken D moved approval of the motion, Regina seconded, all in favor, Motion #17-32 carried.

Lake Whatcom Center Residential Services

Lake Whatcom Center (LWC) has experienced an increase in costs at their residential facility due to changes in the type of staffing required by the Department of Health at its Agate Heights facility. This ongoing funding will ensure all new staff have the training needed for their certification.

Motion #17-33

- North Sound BHO-Compass Health-BHSC-16-18 Amendment 7 for the purpose of increasing funding by \$32,400 for a new maximum consideration of \$11,835,076.98 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- North Sound BHO-Compass Health-Medicaid-16-18 Amendment 6 for the purpose of increasing funding by \$147,600 for a new maximum consideration of \$53,999,289 with the term of the contract remaining the same April 1, 2016 through March 31, 2018

Ken D moved approval of the motion, Regina seconded, all in favor, Motion #17-32 carried.

Professional Services Agreement

Lake Whatcom Center (LWC) is receiving funds to pay for additional training needs due to the changes in the Department of Health staffing requirements. This funding in this PSC is being provided for all current staff training needs. Ongoing training funds is provided in the BHSC and Medicaid contracts listed above.

Sea Mar is migrating to an Electronic Medical Record to incorporate all behavioral health services, this funding is being provided to augment their internal resources for the EMR. This funding covers previous expenditures, dating back to April 1, 2016.

Motion #17-34

- North Sound BHO-LWC-PSC-17 for the purpose of providing training funds in the amount of \$30,500 for the period of March 1, 2017 through June 30, 2017.
- North Sound BHO-Sea Mar-PSC-17 for the purpose of providing funds for an EMR in the amount of \$711,404 for the period of April 1, 2016 through September 30, 2017.

Cammy moved approval of the motion, Regina seconded, all in favor, Motion #17-34 carried.

ITA Judicial Rates

The new rate is based on updated cost information provided by the county using criteria for allowable costs provided by DSHS-DBHR. We have not received cost information from Whatcom County and received insufficient information from Skagit County.

Motion #17-35

Effective January 1, 2017, the ITA rate reimbursement for Snohomish County is increased to \$764 per case.

Ken D moved approval of the motion, Anne seconded, all in favor, Motion #17-35 carried.

New Position-Quality Review Team Specialist

Having a Quality Review Team (QRT) is required by contract and WAC 388-865-0282 for the purpose of conducting quality reviews of the Behavioral Health Agencies in the North Sound Region. This position will be working with the Quality Manager to implement the requirements set forth in contract and WAC, such as surveying recipients of services, measuring quality of care and other areas of focus as determined by contract and WAC. The Quality Review Team Specialist must be a person with lived experience.

Motion #17-36

To approve the position of QRT Specialist for development and implementation of quality review team activities.

Ken D moved approval of the motion, Anne seconded, all in favor, motion carried.

For Executive Committee Ratification

10B Housing Funds

10B funds are housing funds for the development of master leasing, landlord incentives and rental assistance prioritized for individuals who are homeless exiting inpatient facilities. Snohomish County has designated Sunrise Services as the recipient of the County's 10B allocation. The funding is available through June 30, 2017.

Motion #17-37

- North Sound BHO-Island County-Admin-17 Amendment 1 for the purpose of providing 10B funds in the amount of \$13,800 for a new maximum consideration of \$345,506 with the term of the contract remaining the same January 1, 2017 through December 31, 2017.
- North Sound BHO-Skagit County-Admin-17 Amendment 1 for the purpose of providing 10B funds in the amount of \$36,800 for a new maximum consideration of \$611,412 with the term of the contract remaining the same January 1, 2017 through December 31, 2017.
- North Sound BHO-Whatcom County-Admin-17 Amendment 1 for the purpose of providing 10B funds in the amount of \$11,150 for a new maximum consideration of \$510,017 with the term of the contract remaining the same January 1, 2017 through December 31, 2017.
- North Sound BHO-Sunrise Services-BHSC-16-18 Amendment 3 for the purpose of providing 10B funds in the amount of \$69,000 for a new maximum consideration of \$1,477,770 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

Geoffrey moved approval of the motion, Anne seconded, all in favor, motion carried.

Executive Committee Resolution

Executive Committee Resolution:

North Sound BHO has two options for deferred compensation programs, one with the Washington State Department of Retirement and the other with Mass Mutual. The following resolution is being presented for adoption to incorporate the plan changes for Mass Mutual. Currently we have one employee enrolled in the differed compensation program with Mass Mutual.

Changes to the Plan effective May 1, 2017:

- Employer Name is changed to North Sound Behavioral Health Organization, LLC;
- Plan Name is changed to North Sound Behavioral Health Organization Deferred Compensation Plan;
- Definition of employee is changed to exclude Employees in an elected or appointed position;
- Normal Retirement Age is changed to exclude policemen and firefighters;
- Roth Contributions and Roth Rollovers are permitted into the Plan;
- Plan allows a special deferral election of bonus pay;
- Plan allows annuity form of distribution

Motion #17-38: Approve **Resolution # 17-01;** Adopting the updated Mass Mutual Deferred Compensation Plan, effective May 1, 2017.

Cammy moved approval of the motion, Ken D seconded, all in favor, motion carried.

Introduction Items:

- Shelli Young Opioid Reduction Plan

Joe Valentine introduced Shelli Young who gave a summary on the Opioid Reduction Plan in the North Sound Region. North Sound BHO is introducing the plan this month, gathering county input and asking for a motion for approval next month. Discussion followed. North Sound BHO will work with Shelli and send out a document to the Counties prior to next month's meeting with a request for an approved motion.

Discussion Items

- Establishment of the Interlocal Leadership Structure to develop the Fully Integrated Managed Care Plan

Draft legislative language has been agreed to by House and Senate leaders regarding the creation of "Interlocal Leadership Structures" in each region upon the request of county authorities. [see Attachment "B" to the Executive Director Report"]. The Interlocal Leadership Structure would be *chaired by the counties and jointly administered by the Health Care Authority, managed health care systems and counties for the design and implementation of the fully integrated managed care model for that region that assures clients are at the center of care.* We would like to discuss taking preliminary steps to request creation of the North Sound Leadership Structure.

The Health Care Authority is also offering financial incentives to regions who agree to implement fully integrated managed care by 2019. [see Attachment – "Incentives for Mid-Adopters of Integrated Managed Care"]. A tentative decision to indicated intent to implement in 2019 would have to be made by county authorities by September 2017.

Joe discussed the Legislative Draft Language noted above. Discussion followed.

1. Adjourn

Next meeting: May 11th, 2017