

1. **Call to Order and Introductions** – Chair Dahlstedt
2. **Revisions to the Agenda** – Chair
3. **Approval of December 8th, 2016, Minutes, Motion #17-01** – Chair Dahlstedt.....**Tab 1**
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board**.....(available at meeting).....**Tab 2**
8. **Committee Report**.....(available at meeting).....**Tab 3**
 - **QMOC**
 - **Planning Committee** (*December Meeting was canceled*)
9. **Report from the Executive Director** ...(available at meeting).....**Tab 4**
10. **Report from the Finance Officer**(available at meeting).....**Tab 5**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from December 1, 2016 through December 31, 2016 in the amount of \$21,957,400.39. Payroll for the month of December in the amount of \$282,235.24 and associated employer benefits in the amount of \$182,995.54.

Consent Agenda – Ken Mann – Motion # 17-02 (available at meeting).....**Tab 6**

11. Report from the Governance Operations Committee

12. Action Items

For Executive Committee Approval

Dedicated Marijuana Accounts

The funding is provided for prevention, intervention and treatment for youth. The counties have submitted plans for the usage of the funds for the designated purpose. We are in midst of negotiating the prevention strategies for each county.

- Island County proposal includes the following: Evidence Based Practice “PAX Good Behavior Game at seven (7) Elementary Schools; Big Brothers & Sister funding match; Care Manger for Oak Harbor School District; Natural High (science based program) at middle & high schools.
- San Juan County proposal includes the following: develop and establish an Orcas Island Prevention Coalition utilizing the “Communities that Care (CTC) support system.
- Skagit County proposal includes the following: Community-based mentoring for youth transitioning into middle/high school; Implement “where everyone belongs” in Anacortes middle schools, a welcoming & transition program for incoming 6-7th graders; a self-designed mentoring program for middle schoolers in the Burlington School District; Communities that Care (CTC) in Anacortes; Strengthening Families a family skills training program in Conway & LaConner School Districts; Social Norms & Social Marketing Prevention Program, countywide;
- Snohomish County proposal includes the following: Student Support Advocates is a case management model that connects students & families with a multitude of resources along with Evidence Based Practices such as Teen Intervene, Good Behavior Game and Source of Strength, a suicide prevention program.

Whatcom County proposal includes the following: Evidence Based Practices for school based prevention services, such as Strengthening Families, Incredible Years, Communities that Care and Social Norming.

Motion # 17-03:

- NORTH SOUND BHO-ISLAND COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is **\$245,000** with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SAN JUAN COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is **\$161,000** with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SKAGIT COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is **\$270,000** with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SNOHOMISH COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is **\$983,456** with the term of the contract December 1, 2016 through March 31, 2018.

- NORTH SOUND BHO-WHATCOM COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$288,000 with the term of the contract December 1, 2016 through March 31, 2018.

Engagement Specialists

The funding is being provided to fund the hiring of engagement specialist and develop processes that will reduce the number of no shows at the provider offices. The current allocation of engagement specialist is as follows:

- CCSNW-SUD Services-7.65 FTE-1.87 Whatcom; 1.87 Skagit; 2.81 Snohomish; Mental Health Services 1FTE: .5 Whatcom; .5 Skagit;
- Compass Health-Mental Health Services-7.5 FTE throughout the region
- Evergreen Recovery: SUD Services -4 engagement specialists FTE's 1 in detox, 1 in Lynwood outpatient, 2 in Everett outpatient, plus .05 supervisors. Evergreen also has a .5 billing FTE added to their contract.
- Phoenix Recovery: SUD Services 1 FTE engagement specialist Skagit
- Sunrise Services-Mental Health Services- 3 FTE's- 1 in Snohomish, 1 in Skagit, .5 in Whatcom, .5 in Island, plus .15 program manager and .1 supervisor

Motion # 17-04:

- NORTH SOUND BHO-CCSNW-MEDICAID-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$549,015 for a new maximum consideration of \$19,932,360 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-COMPASS HEALTH-MEDICAID-16-18 Amendment 4 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$412,605 for a new maximum consideration of \$53,815,689 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-EVERGREEN RECOVERY-MEDICAID-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$446,160 for a new maximum consideration of \$10,243,248 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-PHOENIX RECOVERY-MEDICAID-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$74,565 for a new maximum consideration of \$2,386,485 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SUNRISE SERVICES-MEDICAID-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$293,280 for a new maximum

consideration of \$14,347,056 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

- NORTH SOUND BHO-CCSNW-BHSC-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$54,300 for a new maximum consideration of \$1,825,296 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-COMPASS HEALTH-BHSC-16-18 Amendment 4 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$40,815 for a new maximum consideration of \$11,378,952.98 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-EVERGREEN RECOVERY-BHSC-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$44,130 for a new maximum consideration of \$2,364,762 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-PHOENIX RECOVERY-BHSC-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$7,380 for a new maximum consideration of \$765,396 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SUNRISE SERVICES-BHSC-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$29,010 for a new maximum consideration of \$1,408,770 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

Substance Abuse Block Grant (SABG)

The funds are being provided for workforce development to increase the number of Chemical Dependency Professionals (CDP) within the region. Specifically for the individuals with graduate degrees to receive their CDP in two (2) quarters.

- Bridgeways one (1) employees
- Compass Health 19 employees
- Snohomish County one (1) employee
- Unity Care NW two (2) employees

Motion # 17-05:

- NORTH SOUND BHO-BRIDGEWAYS-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$1,860 with the term of the contract January 1, 2017 through June 30, 2017.

- NORTH SOUND BHO-COMPASS HEALTH-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$35,220 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-SNOHOMISH COUNTY-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$1,860 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-UNITY CARE NW-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$3,710 with the term of the contract January 1, 2017 through June 30, 2017.

Electronic Health Record (EHR)

The funding is being provided to continue the work on the development of EHRs within the respective organizations Phoenix Recovery and Center for Human Services (CHS).

Motion # 17-06:

- NORTH SOUND BHO-PHOENIX RECOVERY-PSC-16 Amendment 2 for the purpose of continuing the development of an EHR to enable data submission to the BHO. The increase to the contract is \$10,000 for a new maximum consideration on this contract is \$50,000 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-CHS-PSC-16-17 for the purpose of continuing the development of an EHR to enable data submission to the BHO. The maximum consideration on this contract is \$50,000 with the term of the contract December 1, 2016 through June 30, 2017.

WISe

This is an 8% expansion of WISe slots in the region, expansion is as follows:

- Catholic Community Services (CCSNW)
 - a. Skagit – 2 expansion slots, 32 total
 - b. Whatcom – 2 expansion slots 52 total
- Compass Health
 - a. Island – 10 expansion slots, 18 total
 - b. Snohomish – 2 expansion slots, 122 total

Motion # 17-07:

- NORTH SOUND BHO-CCSNW-WISe-16-18 Amendment 1 for the purpose of increasing WISe slots in Skagit and Whatcom Counties. The increase to this contract is \$102,000 for a new maximum consideration of \$6,976,800 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

- NORTH SOUND BHO-COMPASS HEALTH-WISE-16-18 Amendment 1 for the purpose of increasing the WISE slots in Island and Snohomish counties. The increase to this contract is \$612,000 for a new maximum consideration of \$1,162,800 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

Proteus Consulting

Proteus Consulting conducted the North Sound BHO HIPAA Security Risk Analysis in 2016. We anticipate the work at the provider level to be of the same caliber and provide actionable measures for network provider compliance with the HIPAA Security Rule CFR 164.308(a)(1)(i).

Motion # 17-08:

- NORTH SOUND BHO-PROTEUS CONSULTING-17 for the purpose of conducting a HIPAA Security Risk Analysis at each of our provider agency offices where ePHI is stored, transmitted and/or processed. The estimated maximum consideration on this contract is \$130,000 with the term of the contract from January 16, 2017 through December 31, 2017.

Revised Fee Schedule/Rate Adjustment

There are two rate adjustments in the Fee Schedule-

- The first is the addition of 14% to the SUD rates starting 4/1/16 to 12/31/16 and going forward. This is to account for the lower productivity rate and higher no show rate originally used in our rate model. Our original rates were set with the mental health productivity rates.
- The second rate adjustment is a 4% COLA for both SUD and mental health starting 1/1/17. We also adjusted the mental health Master's rate to be the same as the SUD Master's rate starting 1/1/17.

Proposed Revised Fee Schedule Motion #17-09.....TAB 7

To approve the revised fee schedule/rate adjustments as presented, 14% increase for Substance Use Disorder providers and a 4% Cola for the mental health Master's level clinicians.

For Executive Committee Ratification

Ideal Balance

Ideal Balance will be providing outpatient treatment in Snohomish County for individual who are on medication assisted treatment (Buprenorphine). The start date of this contract is retroactive to April 1, 2016, when the transfer of SUD services occurred.

Motion # 17-10:

- NORTH SOUND BHO-IDEAL BALANCE-MEDICAID-16-18 for the purpose of providing substance use disorder outpatient services in Snohomish County. The maximum consideration of this contract is \$640,000 with a term of April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-IDEAL BALANCE-BHSC-16-18 for the purpose of providing substance use disorder outpatient services in Snohomish County. The maximum consideration of this contract is \$25,000 with a term of April 1, 2016 through March 31, 2018.

13. Introduction Items(available at meeting).....TAB 8

▪ **Letter to Congressional Delegation regarding Replacement of the Affordable Care Act**

Governor Inslee has sent a letter to the state’s congressional delegation [attached] urging them to vote against repeal of the ACA unless adequate replacement policies are developed that would continue affordable health care access for the persons who would lose their coverage. A sample letter to Representatives Larsen and DelBene that could be signed by our Executive Committee is loosely modeled on the Governor’s letter which is attached for discussion. If there is consensus on what the elements of such a letter would be, this could either be introduced for approval at the February Executive Committee meeting, or the Executive Committee could authorize the Chair to sign a revised letter on their behalf.

14. Adjourn

Next meeting: February 12, 2016