

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION
COUNTY AUTHORITIES EXECUTIVE COMMITTEE**

November 10, 2016
1:30 PM

AGENDA

1. **Call to Order; Introductions – Chair Dahlstedt**
2. **Revisions to the Agenda – Chair Dahlstedt**
3. **Approval of Minutes of October 13, 2016, Motion #16-88 – Chair Dahlstedt..... 5-10**
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Presentation of findings from regional Have Your Say Cafes – Julie de Losada.....Tab 1**
8. **Report from the Advisory Board – David Kincheloe, Chair.....Tab 2**
9. **Committee Reports.....Tab 3**
10. **Report from the Executive DirectorTab 4**
 - **Presentation on North Sound BHO’s Proposed 2017 Operating BudgetTab 5**
11. **Report from the Finance OfficerTab 6**
12. **Report from the Governance Operations Committee**
 - **Consent Agenda – Ken Mann – Motion # 16-89**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health Organization’s claims paid from October 1, 2016 through October 31, 2016 in the amount of \$12,768,610.65. Payroll for the month of October in the amount of \$267,629.75 and associated employer benefits in the amount of \$170,319.86.

13. Action Items
2016 Budget Transfer

This motion is to account for additional revenue and expenses from our fund balance. This will allow North Sound to continue to make payments without interruption to providers, counties and inpatient facilities.

Motion #16-90

To approve the increase in annual appropriations by \$27,000,000

Increase Use of Fund Balance \$11,000,000

Increase Revenue Medicaid \$16,000,000

Increase Expenses Agency/County/Other Services \$24,000,000

Increase Expenses Inpatient Payments \$3,000,000

Professional Service Contract

Cumming Construction/Management to assist in the development and implementation of the Behavioral Health Facilities Plan for the region

Motion #16-91

To approve the following contract:

NORTH SOUND BHO-CUMMING-PSC-17

Contract details for Motion #16-91

NORTH SOUND BHO-CUMMING-PSC-17 for the purpose of assisting the region in the development and implementation of the Behavioral Health Facilities Plan. The maximum consideration is up to \$100,000 with the term of the contract October 20, 2016 through September 30, 2017.

School Based Services

The following contracts are being amended to include funding for school based services in Skagit County. The Contractors will provide ongoing year-round school-based, behavioral health interventions in Mount Vernon, Burlington Edison, and Sedro Woolley school districts to students in grades 9-12 and their families.

Motion #16-92

To approve the following contracts:

NORTH SOUND BHO-COMPASS HEALTH-MEDICAID-16-18 Amendment 2

NORTH SOUND BHO-COMPASS HEALTH-BHSC-16-18 Amendment 2

NORTH SOUND BHO-SEA MAR-MEDICAID-16-18 Amendment 1

NORTH SOUND BHO-SEA MAR-BHSC-16-18 Amendment 1

Contract details for Motion #16-92

NORTH SOUND BHO-COMPASS HEALTH-MEDICAID-16-18 Amendment 2 for the purpose of adding school based services in Skagit County. The increase to this contract is \$257,223 with a new maximum consideration of \$53,331,895 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

NORTH SOUND BHO-COMPASS HEALTH-BHSC-16-18 Amendment 2 for the purpose of adding school based services in Skagit County. The increase to this contract is \$25,440 with a new maximum consideration of \$11,737,256 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

NORTH SOUND BHO-SEA MAR-MEDICAID-16-18 Amendment 1 for the purpose of adding school based services in Skagit County. The increase to this contract is \$208,092 with a new maximum consideration of \$12,262,404 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

NORTH SOUND BHO-SEA MAR-BHSC-16-18 Amendment 1 for the purpose of adding school based services in Skagit County. The increase to this contract is \$20,581 with a new maximum consideration of \$2,814,589 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

County Administrative Contracts

The administrative contracts are provided to the counties for the purpose of working with the North Sound BHO in community relations, regional planning and service access.

Motion # 16-93

To approve the following contracts:

NORTH SOUND BHO-ISLAND COUNTY-ADMINISTRATION-17

NORTH SOUND BHO-SAN JUAN COUNTY-ADMINISTRATION-17

NORTH SOUND BHO-SKAGIT COUNTY-ADMINISTRATION-17

NORTH SOUND BHO-WHATCOM COUNTY-ADMINISTRATION-17

Contract details for Motion #16-93

NORTH SOUND BHO-ISLAND COUNTY-ADMINISTRATION-17 for the purpose of providing delegated functions for the North Sound BHO. The maximum consideration for this contract is \$332,706 with the term of the contract January 1, 2017 through December 31, 2017.

NORTH SOUND BHO-SAN JUAN COUNTY-ADMINISTRATION-17 for the purpose of providing delegated functions for the North Sound BHO. The maximum consideration for this contract is \$332,298 with the term of the contract January 1, 2017 through December 31, 2017.

NORTH SOUND BHO-SKAGIT COUNTY-ADMINISTRATION-17 for the purpose of providing delegated functions for the North Sound BHO. The maximum consideration for this contract is \$478,092 with the term of the contract January 1, 2017 through December 31, 2017.

NORTH SOUND BHO-WHATCOM COUNTY-ADMINISTRATION-17 for the purpose of providing delegated functions for the North Sound BHO. The maximum consideration for this contract is \$498,867 with the term of the contract January 1, 2017 through December 31, 2017.

Ratification

The following motions are being presented to the North Sound BHO Executive Committee for ratification. The contracts went into effect when signed by all parties (“effective date”) and are fully enforceable. These contracts will terminate if not ratified by the Executive Committee at their next regular meeting after the contracts effective date.

Pregnant and Parenting Women

The contracts below are being presented for ratification. At the March 10, 2016 Board of Directors meeting the intent was to approve these contracts, however, the Pregnant and Parenting Women (PPW) contracts were inadvertently left out of Motion #16-35.

Motion #16-94

To ratify the following contracts:

NORTH SOUND BHO-EVERGREEN SERVICES-SABG-16-17

NORTH SOUND BHO-BRIGID COLLINS-SABG-16-17

Contract details for Motion #16-94

NORTH SOUND BHO-EVERGREEN SERVICES-SABG-16-17 for the purpose of providing Pregnant and Parenting Women (PPW) Housing Support in Snohomish County. The maximum consideration for this contract is \$78,240 with the term of the contract April 1, 2016 through June 30, 2017.

NORTH SOUND BHO-BRIGID COLLINS-SABG-16-17 for the purpose of providing Pregnant and Parenting Women (PPW) Housing Support in Whatcom County. The maximum consideration for this contract is \$31,305 with the term of the contract April 1, 2016 through June 30, 2017.

Professional Service Contracts

The Professional Service Contracts (PSC) below are for the following services:

- Lake Whatcom provides transitional housing and janitorial services for the BHO
- Dr. Keith Brown is our consulting Medical Director

Motion #16-95

To ratify the following contracts:

- NORTH SOUND BHO-LAKE WHATCOM CENTER-HOUSING-PSC-17
- NORTH SOUND BHO-LAKE WHATCOM CENTER-JANITORIAL-PSC-17
- NORTH SOUND BHO-BROWN-PSC-16-18

Contract details for Motion #16-95

NORTH SOUND BHO-LAKE WHATCOM CENTER-HOUSING-PSC-17 for the purpose of providing transitional housing for individuals discharging to Whatcom County from Western State Hospital. The maximum consideration on this contract is \$36,000 with the term of the contract January 1, 2017 through December 31, 2017.

NORTH SOUND BHO-LAKE WHATCOM CENTER-JANITORIAL-PSC-17 for the purpose of providing janitorial services at the North Sound BHO. The maximum consideration on this contract is \$45,000 with the term of the contract January 1, 2017 through December 31, 2017.

NORTH SOUND BHO-BROWN-PSC-16-18 for the purpose of providing consultation as the North Sound BHO Medical Director. The maximum consideration on the contract is \$230,000 with the term of the contract October 31, 2016 through September 30, 2018.

North Sound BHO’s Mission, Vision & Values Statements..... Tab 7

These have been updated to reflect the input from the discussion at the October 13th meeting of this committee.

Motion #16-96

To approve the North Sound Behavioral Health Organization’s Mission, Vision and Values Statements as presented.

14. Adjourn

Next meeting: December 8, 2016

**NORTH SOUND BEHAVIORAL HEALTH ORGANIZATION
COUNTY AUTHORITIES EXECUTIVE COMMITTEE**

October 13, 2016

1:30 PM

MINUTES

Executive Committee Members Present:

Ken Dahlstedt, Skagit County Commissioner, North Sound BHO Executive Committee Chair
Jill Johnson, Island County Commissioner
Ken Mann, Whatcom County Council member
Regina Delahunt, representing Whatcom County Executive, Jack Louws
Anji Jorstad, representing Snohomish County Executive, Dave Somers
Robert Knoll, representing Snohomish County Council member, Brian Sullivan
Tyler Verda, representing Snohomish County Council member, Hans Dunshee
David Kincheloe, North Sound BHO Advisory Board Chair

Executive Committee Members Present by Telephone:

Jamie Stephens, San Juan County Council member

Staff Present:

Joe Valentine, Betsy Kruse, Alexandra Nazimiec, Christopher Allen, Eddie Wai, Bill Whitlock, Annette Calder

Guests: Julie Styrna, Kelly Kohnken

1. Call to Order; Introductions

Chair Dahlstedt called the meeting to order and welcomed everyone; introductions were made. Betsy noted that Christopher Allen is our new Quality Specialist working on Co-Occurring Disorders and Alexandra Nazimiec, new Quality Specialist working on Intensive Programs and Access to Services. The Executive Committee welcomed Christopher and Alexandra.

2. Revisions to the Agenda

None

3. Approval of Minutes of September 8, 2016

Chair Dahlstedt asked if there were any changes to the minutes of September 8, 2016; there were none. Jill Johnson moved approval, seconded by Ken Mann, all in favor, Advisory vote: in favor, **motion carried, #16-80.**

4. Comments & Announcements from the Chair

None

5. Reports from Members

None

6. Comments from the Public

None

7. Report from the Advisory Board

David stated the Advisory Board met on Tuesday, October 11th and received a presentation from Snohomish County Office of Homeless and Community Services supervisor Debbi Knowles, Charles de Elena addressed the Advisory Board on the Performance Improvement Project, formulating legislative priorities, reviewed BHO Mission, Vision and Values, updated the group on the Poem and Poetry contest noting they have chosen the winners in each category and now will be printed for distribution. David's report is located behind Tab 1. David was thanked for his report.

8. Committee Reports

Chair Dahlstedt noted the Planning Committee and Quality Management Oversight Committee reports were located behind Tab 2.

9. Report from the Executive Director

Joe introduced Eddie Wai, our Data Base Administrator and Eddie provided a brief description of his position. The Executive Committee welcomed Eddie. Joe directed the group to Tab 3 and reviewed the Executive Directors report that included Behavioral Health Integration discussion, 2013-2016 Strategic Plan Dashboard, Medication Assisted Treatment at Stillaguamish Tribe and Swinomish Tribe, 2016 Tribal Behavioral Health Conference, North Sound Accountable Community of Health and new staff at the BHO. Discussion took place throughout.

Jill Johnson expressed concerns about the Accountable Community of Health and its lack of elected representation on its board noting that there is already a structure in place for managing this through the BHO and is concerned that the funding is getting eaten up in duplicative administrative costs. Discussion touched on treatment options, tribal treatment providers, availability of providers in rural areas, chemical dependency and opioid epidemic, etc. Joe was thanked for his report.

10. Report from the Finance Officer

Bill directed the group to Tab 4 and reviewed the Finance Officer report with the group explaining the variances. Bill noted we would be bringing a budget adjustment to the Executive Committee next month. Discussion took place on insurance premiums and why our rates went up after transitioning to a BHO and taking on Substance Use Disorder services; L&I hours and increased risk are definitely part of it.

11. Report from the Governance Operations Committee

- **Consent Agenda – Ken Mann – Motion # 16-81**

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Ken Mann noted he reviewed the claims and payroll presented today and moved approval of the Consent Agenda, seconded by Jill Johnson, all in favor, Advisory vote: in favor, **motion carried, #16-81.**

To review and approve the North Sound Behavioral Health Organization's claims paid from September 1, 2016 through September 30, 2016 in the amount of \$13,933,162.71. Payroll for the month of September in the amount of \$262,337.67 and associated employer benefits in the amount of \$157,653.88.

12. Action Items

Motion #16-82

To approve the updated North Sound BHO Rate Schedule. This will change the opiate substitution treatment to a daily case rate of \$14.95 a day. This will mirror the King County rate and process.

Joe directed the group to Tab 5 and explained the rate increase in motion #16-82. Ken Mann moved approval, seconded by Jill Johnson, all in favor, Advisory vote: in favor, **motion carried, #16-82.**

Opiate Outreach Services

Outreach to and contacts with individuals who are experiencing an opioid use disorder (OUD) and who use opioids intravenously, in order for the individual to enter substance use disorder (SUD) treatment and/or medication assisted treatment (MAT). This service includes street outreach activities, education, motivational interviewing, barriers reduction, and assistance to apply for federal entitlement programs. Referrals include assessment, medication assisted treatment, SUD treatment, medical care, syringe exchanges, and daily life supports such as food, clothing and shelter.

Motion #16-83

To approve the following SABG contracts for the period of September 1, 2016 to June 30, 2017

- NORTH SOUND BHO-PHOENIX RECOVERY SERVICES-SABG-16-17
- NORTH SOUND BHO-SNOHOMISH COUNTY HUMAN SERVICES-SABG-16-17
- NORTH SOUND BHO-ISLAND COUNTY HUMAN SERVICES-SABG-16-17
- NORTH SOUND BHO-WHATCOM COUNTY HUMAN SERVICES-SABG-16-17

Joe provided an overview of Motion #16-83 and discussion touched on the Naloxone not being paid for as part of the grant funding; each County does it a little bit differently. David mentioned that Washington State doesn't distribute Naloxone to drug users and suggested that is something that the BHO could explore. Three needle exchange programs do distribute it but not all of them. Discussion ensued on options available and approaching MCO's regarding providing services. Jill Johnson moved approval of motion #16-83, seconded by Ken Mann, all in favor, Advisory vote: in favor, **motion carried, #16-83.**

Contract details for motion #16-83:

NORTH SOUND BHO-PHOENIX RECOVERY SERVICES-SABG-16-17

For the provision of SABG services in Skagit County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$75,000.

NORTH SOUND BHO-SNOHOMISH COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Snohomish County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$90,000.

NORTH SOUND BHO-ISLAND COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Island County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$68,745.

NORTH SOUND BHO-WHATCOM COUNTY HUMAN SERVICES-SABG-16-17

For the provision of SABG services in Whatcom County for the term of September 1, 2016 through June 30, 2017 with a maximum consideration of \$75,000.

Crisis Prevention and Intervention Teams

The purpose of the Crisis Prevention and Intervention Teams is to provide community outreach and engagement to individuals who are experiencing a behavioral health crisis or who are believed to be

suffering from significant behavioral health symptoms which are interfering with activities of daily living. These individuals may be referred to the CPIT via themselves, family, friends, law enforcement, emergency medical services, or others. Prompt attempts will be made to engage them in order to reduce the likelihood of the need for more intense interventions. Last year, North Sound Behavioral Health Organization worked with our Crisis providers to pilot an integrated CPIT program in Skagit County. In addition to outreach for mental health crises, this pilot also is designed to provide crisis outreach services to those individuals with a primary Substance Use Disorder (SUD). The integrated model will now expand to Whatcom and Snohomish counties.

Motion #16-84

To approve NORTH SOUND BHO-COMPASS-BHSC-16-18 Amendment 2 Compass Health will add crisis services (CPIT, Crisis Prevention Intervention Team). This part of the contract will be cost reimbursement based on actual expenditures, 30% State funds, 70% SABG funds from September 2016 to June 2017. Funding from July 17 through March 2018 will be 100% state funds. This is to add Substance Use Disorder Crisis Stabilization services (crisis outreach) to their contract. This amendment is a funding increase of \$1,114,369 for a new maximum amount of \$11,301,266.98.

Joe discussed the purpose of motion #16-84 and this funding amendment. Ken Mann asked why Compass Health is getting this contract and Joe explained Compass Health has the existing contract for this and that the expansion was bid out last year; Compass Health was the successful bidder. Discussion touched on the number of calls related to SUD versus mental health and instances of co-morbidity. Joe said we could run data to see what the number show for each team.

Jill Johnson moved approval of motion #16-84, seconded by Anji Jorstad and opened for discussion. Ken Mann said he wanted to explain why he was going to vote no on this one. Ken said he supports the program but he has an ongoing problem with Compass Health, stating in recent months he has told Compass Health if they didn't address some of the operational challenges of a facility in Bellingham that he would not be able to support any contracts that they had. Ken said that he finds himself in that situation now; noting that he doesn't like doing it, however going forward until the problem is resolved he cannot support them. Ken said he was not going to ask anyone else to vote no this time, maybe next time if he doesn't see positive changes with their operations. David Kincheloe asked if this was regarding the recovery center and Ken confirmed it was. David noted that Ken has been trying to address this for years and wished him good luck. Ken Mann thanked David and said he was going to start increasing his pressure every way he can. Chair Dahlstedt called for the vote; 7 in favor, 1 opposed, Advisory vote: in favor, **motion carried, #16-84.**

PATH

Motion #16-85

To approve the following DBHR state contracts for PATH (Projects for Assistance in Transitioning from Homelessness) services.

- DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-SNOHOMISH
- DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-WHATCOM

Joe explained the PATH contracts. Jill Johnson moved approval, seconded by Tyler Verda, all in favor, Advisory vote: in favor, **motion carried, #16-85.**

Contract details:

To approve DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-SNOHOMISH for providing PATH Services in Snohomish County, for the term of October 1, 2016 through September 30, 2017 with a maximum consideration of \$167,001.

To approve DSHS-DBHR-NORTH SOUND BHO-PATH-16-17-WHATCOM for providing PATH Services in Whatcom County, for the term of October 1, 2016 through September 30, 2017 with a maximum consideration of \$51,497.

Motion #16-86

To approve the NORTH SOUND BHO-COMPASS HEALTH-PATH-16-17 for the provision of PATH services in Snohomish and Whatcom counties. The term of this contract is October 1, 2016 through September 30, 2017 with a maximum consideration of \$480,309.

Jill Johnson moved approval, seconded by Tyler Verda, 7 in favor, 1 opposed, Advisory vote: In favor, **motion carried, #16-86.**

FYSPRT – Family Youth System Partner Round Table

To represent the North Sound BHO region as the Family, Youth, System Partner Roundtable (FYSPRT); a required community oversight function of the T.R. Settlement Agreement and related to WISE implementation.

Responsible for organizing and convening the FYSPRT with the goal of developing and implementing the FYSPRT structure in accordance with the DSHS Regional FYSPRT Manual and under the direction of North Sound BHO.

Motion #16-87

To approve Skagit County Interlocal FYSPRT for the term of October 1, 2016 through June 30, 2018 with a maximum consideration of \$101,500.

Julie de Losada explained the FYSPRT and the purpose behind contracting with Skagit County. Jill Johnson moved approval, seconded by Anji Jorstad, all in favor, Advisory vote: in favor, **motion carried, #16-87.**

13. State Auditor’s Office Exit Conference @ 2:30

The Washington State Auditor’s Office will join us at 2:30 to conduct the Exit Conference of our recent audit.

Kelly Kohnken, assistant audit manager and Julie Styrna, audit lead distributed the audit packet and addressed the Executive Committee noting this was a two year accountability audit for 2014 and 2015, Financial statement audit for 2015 and Federal grant compliance audit for 2015. Kelly reviewed the auditor’s opinions with the Executive Committee, noting the summary page lists that this was a clean audit with no findings. Julie reviewed the Management Letter and Exit Recommendations with the Executive Committee. Julie noted some of the recommendations have already been corrected or are in process of being corrected. Kelly noted these documents would be published and noted the website link to view the documents online. Kelly and Julie were thanked for their report.

Joe thanked Bill and his staff for all of their hard work and a clean audit.

14. Introduction and Discussion Items

- **North Sound BHO Mission, Vision and Values Statements**

Joe directed the group to Tab 6 and reviewed the North Sound BHO Mission, Vision and Values Statements with the Executive Committee, discussion ensued. Joe said we would bring this back next month for approval.

- **Recommendations from the Governor’s Behavioral Health Integration Workgroup**
Joe directed the group to Tab 7 and summarized the documents included discussing the early adopter option, mid adopter option, funding models, and an alternative pathway to a fully integrated system. Joe said the BHOs will be discussing this option with the Governor’s office to see if they are open to a third option and perhaps taking it to the Washington State Association of Counties annual conference in November. Group discussion followed on the different options that other BHOs have pursued or are pursuing. Joe said he would continue to update the Executive Committee each month as to how this is progressing. Discussion took place amongst the Committee members as to their experiences in their own counties. Concerns were noted that the most expensive highest utilizers will be left for the counties to pay for and the MCOs would take the easy to serve people. It would be helpful to have a clear understanding of the state’s view on this and to find out why we are not looking at other models instead of just one.

- **Behavioral Health Facilities and Recovery System of Care Plan**
Joe directed the group to Tab 8 and reviewed the Behavioral Health Facilities and Recovery System of Care Plan, asking the legislature for funding over the next two biennium’s, etc. Discussion touched on funding. Jill Johnson said that she definitely supports this but wanted to be very clear that Island County and San Juan County do not have hospitals with stabilization beds and all services cannot be centralized on the I-5 corridor. The smaller counties have residents with needs that are not being addressed. Questions were raised about location, zoning and public concern.

Jamie shared that he agrees fully with the concerns shared by Jill for the two smaller counties. Jamie said Island Hospital is severing its contract with the Lopez Island Clinic the end of next year and the Orcas Clinic effective the end of this year. Joe said that public hospitals are legally required to take anyone who comes to Emergency for treatment, by the EMTALA law. Jill said the North Sound ACH should be talking with the local hospitals about stabilization. Ken Dahlstedt added it is these types of conversations that help keep us moving forward. Ken Dahlstedt said that we really are a five county partnership and we need to help each other.

- **Proposed 2017 North Sound BHO Operating Budget**
Joe noted the proposed 2017 operating budget was located behind Tab 9 and would be formally introduced next month with a presentation then for action at the December meeting. Joe said

15. Adjourn

Ken Dahlstedt thanked everyone for coming and noted the next meeting would be November 10, 2016. The meeting was adjourned at 3:20 p.m.

Respectfully submitted:

Annette Calder
Executive Assistant