

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

May 9, 2013  
1:30 PM

**AGENDA**

Page #/Tab

1. **Call to Order; Introductions – Chair**
2. **Revisions to Agenda – Chair**
3. **Approval of Minutes–Motion #13-015**
  - **To review and approve the minutes April 11, 2013 ..... 8-14**
4. **Comments & Announcements from the Chair**
5. **Reports from Board Members**
6. **Comments from the Public**
7. **Ombuds Report ..... Tab 1**
8. **Report from the Advisory Board – Candy Trautman, Chair**
9. **Report from the Executive/Personnel Committee – Chair**
10. **Report from the Quality Management Oversight Committee – Rebecca Clark, Chair**
11. **Report from the Planning Committee – Anne Deacon, Chair**
12. **Report from the Executive Director – Joe Valentine, Executive Director..... Tab 2**
13. **Report from the Finance Officer – Bill Whitlock, Fiscal Officer ..... Tab 3**
14. **Report from the Finance Committee – Ken Stark, Chair**
15. **Consent Agenda – Finance Committee Motion #13-016**

<p>All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.</p>
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To review and approve North Sound Mental Health Administration's claims paid from April 1, 2013 through April 30, 2013 in the amount of \$5,001,280.16. Payroll for the month of April in the amount of \$124,432.61 and associated employer paid benefits in the amount of \$66,615.04.

## **16. Action Items**

### **Motion #13-016**

#### **Professional Service Contract (PSC)**

*The consulting contract is to facilitate and develop the processes and outcomes of stakeholder input into the redesign of the North Sound Integrated Crisis Response Services system.*

NSMHA-GBS NORTHWEST CONSULTING-PSC-13 for the provision of facilitating and consulting on the regional crisis redesign processes. The term of this agreement is May 15, 2013 through December 31, 2013. The maximum consideration on this agreement shall be up to \$25,000.

### **Motion #13-017**

#### **JAIL TRANSITION SERVICES**

*The following amendments are being presented to transfer funding to facilitate drawing down all jail transition service funding. Island and Skagit counties are unable to spend their funding by June 30, 2013 which requires a transfer of funding to Snohomish and Whatcom counties.*

NSMHA-ISLAND COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 1 for the purpose of decreasing the funding for this agreement by \$43,000 for a maximum consideration of \$91,427.00.

NSMHA-SKAGIT COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 1 for the purpose of decreasing the funding for this agreement by \$27,000 for a maximum consideration of \$130,500.

NSMHA-SNOHOMISH COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 1 for the purpose of increasing funding to this agreement by \$15,000 for a maximum consideration of \$706,679.97.

NSMHA-WHATCOM COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 1 for the purpose of increasing funding to this agreement by \$55,000 for a maximum consideration of \$290,578.

## **17. Introduction Items**

*The following contracts are being amended for the period of July 1, 2013 through September 30, 2013. The purpose of the amendment is to bridge the contracts through October 1, 2013 and to provide the proposed funds for the next biennium. Department of Social and Health Services (DSHS) will be amending NSMHA contracts in June to provide the funding to continue with the services identified in the following amendments.*

### **Motion #13-018**

#### **Medicaid Contracts (PIHP)**

NSMHA-BRIDGWAYS-MEDICAID-11-13 AMENDMENT 3 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-CATHOLIC COMMUNITY SERVICES NW-MEDICAID-11-13 AMENDMENT 3 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-COMPASS HEALTH-MEDICAID-11-13 AMENDMENT 5 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-INTERFAITH-MEDICAID-11-13 AMENDMENT 4 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-LAKE WHATCOM CENTER-MEDICAID-11-13 AMENDMENT 4 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SEA MAR-MEDICAID-11-13 AMENDMENT 3 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SNOHOMISH COUNTY-MEDICAID-11-13 AMENDMENT 4 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SUNRISE SERVICES-MEDICAID-11-13 AMENDMENT 4 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-VOLUNTEERS of AMERICA-MEDICAID-11-13 AMENDMENT 1 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-WHATCOM COUNSELING and PSYCHIATRIC CLINIC -MEDICAID-11-13 AMENDMENT 3 for the purpose of providing Medicaid funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

#### **Motion #13-019**

#### **State Mental Health Contracts (SMHC)**

NSMHA-BRIDGWAYS-SMHC-11-13 AMENDMENT 2 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-CATHOLIC COMMUNITY SERVICES NW-SMHC-11-13 AMENDMENT 2 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-COMPASS HEALTH-SMHC-11-13 AMENDMENT 4 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-INTERFAITH-SMHC-11-13 AMENDMENT 2 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-LAKE WHATCOM CENTER-SMHC-11-13 AMENDMENT 2 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SEA MAR-SMHC-11-13 AMENDMENT 2 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SNOHOMISH COUNTY-SMHC-11-13 AMENDMENT 4 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SUNRISE SERVICES-SMHC-11-13 AMENDMENT 4 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-VOLUNTEERS of AMERICA-SMHC-11-13 AMENDMENT 1 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-WHACOM COUNSELING and PSYCHIATRIC CLINIC-SMHC-11-13 AMENDMENT 4 for the purpose of providing State funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

#### **Motion # 13-020**

##### **Crisis Triage**

NSMHA-COMPASS HEALTH-SNOHOMISH CRISIS TRIAGE-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-PIONEER HUMAN SERVICES- SKAGIT CRISIS CENTER-11-13 AMENDMENT 1 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-WHATCOM COUNSELING and PSYCHIATRIC CLINIC-WHATCOM CRISIS CENTER-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

#### **Motion # 13-021**

##### **Crisis Services for individuals with Developmental Disabilities**

NSMHA-COMPASS HEALTH-DD CRISIS SERVICES-11-13 AMENDMENT 1 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-VOLUNTEERS of AMERICA-DD CRISIS SERVICES-11-13 AMENDMENT 1 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

**Motion #13-022**

**Jail Transition Services**

NSMHA-ISLAND COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SKAGIT COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-SNOHOMISH COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-WHATCOM COUNTY-JAIL TRANSITION SERVICES-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

**Motion #13-023**

**Program for Assertive Community Treatment (PACT)**

NSMHA-COMPASS HEALTH-SNOHOMISH PACT-11-13 AMENDMENT 3 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-COMPASS HEALTH-SKAGIT PACT-11-13 AMENDMENT 3 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

NSMHA-LAKE WHATCOM CENTER-WHATCOM PACT-11-13 AMENDMENT 3 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$.

**Motion #13-024**

**Mental Health Block Grant (MHBG)**

**Island County**

NSMHA-ISLAND COUNTY-MHBG-13-15 for the provision of developing a homeless service center in Island County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$320,000.

**San Juan County**

NSMHA-SAN JUAN COUNTY-MHBG-13-15 for the provision of court ordered treatment to Non-Medicaid individuals in San Juan County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$60,000.

NSMHA-COMPASS HEALTH-MHBG-13-15 for the provision of mental health services to Non-Medicaid individuals in San Juan County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$20,000.

**Skagit County**

NSMHA-CVAB REACH PEER CENTER-MHBG-13-15 for the provision of peer center services in Skagit County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$363,330.

**Snohomish County**

NSMHA-EVERETT HOUSING AUTHORITY-MHBG-13-15 for the provision of housing stabilization services to older adults in Snohomish County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$80,172.

NSMHA-SENIOR SERVICES-MHBG-13-15 for the provision of in home geriatric depression screening in Snohomish County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$174,392.

NSMHA-SENIOR SERVICES-MHBG-13-15 for the provision of peer support services to older adults in Snohomish County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$86,898.

NSMHA-COMPASS HEALTH-BAILEY PEER CENTER-13-15 for the provision of providing peer center services in Snohomish County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$300,000.

NSMHA-SUNRISE SERVICES OUTREACH-MHBG-13-15 for the provision of outreach services to rural Snohomish County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$217,316.

**Whatcom County**

NSMHA-OPPORTUNITY COUNCIL ADULT-MHBG-13-15 for the provision of adult housing support services in Whatcom County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$104,696.

NSMHA-OPPORTUNITY COUNCIL YOUTH-MHBG-13-15 for the provision of youth housing support services in Whatcom County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$104,696.

NSMHA-SUN COMMUNITY SERVICES-MHBG-13-15 for the provision of transitional housing services in Whatcom County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$120,000.

NSMHA-WCPC RAINBOW RECOVERY CENTER-MHBG-13-15 for the provision of peer center services in Whatcom County. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$100,000.

**Tulalip Tribes**

NSMHA-TULALIP TRIBES YOUTH SERVICES-MHBG-13-15 for the provision of youth and family cultural activities. The term of this agreement is July 1, 2013 through June 30, 2015 with a maximum consideration of \$150,000.

**Motion #13-025**

**Skagit County Community Action Agency (SCCAA) Ombuds Contract**

NSMHA-SCCAA-OMBUDS-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$ .

**Motion #13-026**

**Wraparound**

NSMHA-CATHOLIC COMMUNITY SERVICES NW-WRAPAROUND-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$ .

NSMHA-COMPASS HEALTH-WRAPAROUND-11-13 AMENDMENT 2 for the purpose of providing funding to bridge the contract through September 30, 2013. The increase to funding provided through this amendment is \$ for a maximum consideration of \$ .

**Motion #13-027**

**Professional Service Contract (PSC)**

*The following contracts are being introduced as start-up contracts for our new providers and those providers entering into a new geographic area and/or service provision. The funding will be used to acquire facilities, hire personnel, build an IT/IS infrastructure and any other appropriate costs in developing their individual programs.*

NSMHA-EDUCATIONAL SERVICE DISTRICT 189-PSC-13 for the provision of funding to develop the infrastructure needed to begin providing children’s Medicaid covered services in Island, San Juan, Skagit and Whatcom counties. The term of this agreement is June 13, 2013 through December 31, 2013. The maximum consideration is \$

NSMHA-CENTER for HUMAN SERVICES-PSC-13 for the provision of funding to develop the infrastructure needed to begin providing children’s Medicaid covered services in South Snohomish County. The term of this agreement is June 13, 2013 through December 31, 2013. The maximum consideration is \$

NSMHA-SUNRISE SERVICES-PSC-13 for the provision of funding to develop the infrastructure needed to begin providing adult Medicaid covered services in Island County. The term of this agreement is June 13, 2013 through December 31, 2013. The maximum consideration is \$

NSMHA-SEA MAR-PSC-13 for the provision of funding to develop the infrastructure needed to begin providing intensive outpatient services in Snohomish County. The term of this agreement is June 13, 2013 through December 31, 2013. The maximum consideration is \$

**18. Discussion Items**

**18.1 State Budget**

Both the House and Senate Budget proposals include cuts to state funding for RSN services as a result of assumed savings from the expansion of Medicaid eligibility in 2014. The Executive Director will brief the Board on some of the possible negative impacts from these proposals.

**19. Adjourn**

Next Meeting: June 13, 2013

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

**April 11, 2013**

**1:30 PM**

**MINUTES**

**Board Members Present:**

Dave Gossett, Snohomish County Council member, NSMHA Board of Directors Chair

Kathy Kershner, Whatcom County Council member

Candy Trautman, NSMHA Advisory Board Chair

Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon

Jill Johnson, Island County Commissioner

Mark McDonald, NSMHA Advisory Board Vice Chair

Regina Delahunt, designated alternate for Whatcom County Executive, Jack Louws

**Staff Present:**

Joe Valentine, Greg Long, Bill Whitlock, Margaret Rojas, Annette Calder

**Guests:**

None

**1. Call to Order; Introductions – Chair Gossett**

Chair Gossett opened the meeting at 1:30 and welcomed everyone; introductions were made.

**2. Revisions to Agenda – Chair Gossett**

Chair Gossett asked if there were any revisions to the agenda and noted that the next meeting of this Board is scheduled for May 9 which conflicts with the Washington State Association of Counties (WSAC) annual conference, and noted the Board would discuss this at the end of the meeting to determine if it would be a conflict for members.

**3. Approval of Minutes**

Chair Gossett asked if there were any changes to the minutes of March 14, 2013; there were none. Kathy Kershner moved approval, seconded by Ken Dahlstedt, all in favor, **motion carried, #13-010.**

**4. Comments & Announcements from the Chair**

Chair Gossett stated he had no comments or announcements today.

**5. Reports from Board Members**

Chair Gossett asked if there were any reports from Board members. Ken Stark said that Snohomish County is recruiting for a Research Investigator 1 position and posted it on NeoGov website as well as the County's own website. The made a job description based on what person will do and are receiving responses.

**6. Comments from the Public**

Chair Gossett asked if there were any comments from the public; there were none.



## **7. Report from the Advisory Board – Candy Trautman, Chair**

Candy Trautman reported:

Advisory Board Brief – April 2, 2013

- The Advisory Board met on April 2nd and the following items were discussed/approved:
  - The agenda has been revised to include a time allotment for each item and the order of business was updated to keep action items together.
  - The minutes for March were approved as submitted.
  - The Advisory Board Retreat is set for July 9, 2013 at the Burlington Library.
  - The members who went to VOA for a site visit gave a brief overview of their visit.
- The following reports were given:
  - Ombuds Spring 2013 Report
  - Executive Director
  - Finance/Executive Committee
    - Recommendation of approval for expenditures to move forward to the Board of Directors.
  - Planning Committee
  - Quality Management Oversight Committee
  - Individual County Representatives
- The Advisory Board is actively working on membership issues.
- The next meeting will be May 7, 2013.

Candy was thanked for her report.

## **8. Report from the Executive/Personnel Committee – Chair Gossett**

Chair Gossett reported the committee met today, all items before the board today was reviewed and discussed a process to conduct a 360° review of Joe Valentine, Executive Director.

## **9. Report from the Quality Management Oversight Committee**

Greg Long reported the QMOC met on March 27<sup>th</sup> and received the following reports:

### **• Critical Incident Report**

Kurt Aemmer reviewed the report for the 3rd and 4th quarter of 2012 and NSMHA is finding that with the state having redefined the categories now more than 50% of the incidents NSMHA is reporting are considered media events.

### **• Second Opinion Report**

Kurt Aemmer reviewed the report for the 3rd and 4th quarter of 2012. In that period there were 2 requests in the first quarter and 4 in the second quarter. They were all completed within the required 30 day timeline.

### **• NSMHA Strategic Plan and Goals**

The Plan lays out seven strategic goals of which the first 3 are top priority; organizational structure and healthcare reform, access to quality services and peer support. For each goal there are several strategies and then several tasks are being developed for each strategy. Greater emphasis is going to be focused on cultural competency, peer support, evidence-based practices, work force development, outcomes, tribal mental health and integration of care with the primary health care system.

### **• Match of Ethnicity with Staff Expertise**

NSMHA collects data on ethnicity as individuals self-identify at intake. This data can help as a guide to determining needed language competence in the region. NSMHA also collects the data on language expertise of provider staff. NSMHA needs to focus on increasing services to these underserved populations; Joe suggested one method may be to increase the use of peer specialists in these demographics.

- **Conversion to DSM V**

The new DSM V (Diagnostic and Statistical Manual 5) will become publically available in May 2013 after nearly a decade in the planning. The DSM V builds upon DSM IV, but there are significant changes. The state is implementing a workgroup to focus on implementing the DSM V and provider staff will need to be trained to this update.

- **Discharge Options for WSH**

Sunrise Services requested this be addressed at QMOC noting concern over there being minimal supervision/support to those discharged from WSH in our regions placements compared to the level of support and supervision they receive when there. PACT and IOP based on the individual sometimes do not have enough oversight and the need to address the pressure to take individuals out of WSH to these less restrictive options that are not adequate at times. Residential stability is a key factor in keeping individuals stable in the community and needs to continue to be a focus.

Greg was thanked for his report.

## 10. Report from the Planning Committee

Greg Long reported the Planning Committee met on March 22<sup>nd</sup> and reviewed the following:

- **Proposed 2013 RFQ Award Recommendations**

The Request for Qualifications for outpatient services was presented to Planning Committee with the final recommendations from prior processes. The charts showed the Full-Time Equivalent (FTE) that is being proposed for each provider; this allows NSMHA to make sure there will be enough staffing for the services proposed in each county. Of the twelve providers that submitted proposals eleven were recommended with Therapeutic Health Centers not being picked up.

The Planning Committee asked if startup funds would be available for the new providers or providers that are expanding to new counties; NSMHA will have some funding for this. The Planning Committee recommended this go forward to Advisory Board and Board of Directors as presented for final approval.

- The next meeting will be April 19, 2013.

Greg was thanked for his report.

## 11. Report from the Executive Director

Joe Valentine directed the group to Tab 1 and reported:

### Update on Legislation and Budget

- **Senate Budget:** assumes about \$20 million in savings related to state funding for mental health services as a result of the expansion of the Medicaid population. Our preliminary concern is that this number is over-estimated and will lead to a reduction in state dollars which will affect crisis services, ITA, the E&T, residential services, and outpatient services to non-Medicaid person.
- **HB 1522/SB 5732: *Improving behavioral health services provided to adults in Washington State.*** This is the DSHS initiated legislation to improve behavioral health outcomes through expansion of evidence based practices, procuring additional enhanced facility services, and increased timeliness of psychiatric hospital discharges. Also creates a broad based task force to advise the department on implementation. The cost estimate for the “Enhanced Services Facilities” is \$1.5 million. *This Bill is still moving forward and is funded in both the Governor’s and Senate budget proposals.*
- **SB 5282: *Creating a statewide data base of mental health commitment information.*** Requires the regional support networks in the state and the department of social and health services to forward complete historical mental health commitment information retained by the organization to the department of licensing and the Washington state patrol criminal history division for purposes of consolidation of the information. We support this legislation as an alternative to the current process

in which law enforcement must contact local RSN and ITA providers in conjunction with gun permit checks. We have been flooded with such requests lately as a result of increased media attention.

- **HB 1777/SB 5480 *Accelerating changes to mental health involuntary commitment laws.*** Moves up the date to implement new provisions related to evaluation of persons under the involuntary treatment act from July, 2015 to July, 2014. *Funding to address the anticipated increases in detention hearings and hospitalizations is included in both the Governor's and Senate budget proposals.* [see next item]

### **Funding for additional inpatient services**

In response to both the acceleration of ITA law changes as well as the growing problem of persons with mental health crises being “boarded” in community hospitals, DSHS is proposing to fund 3 additional E&Ts – two in Western Washington and one in Eastern Washington – to address the impact. They requested cost data from us regarding the former NSMHA E&T in Sedro Woolley. We shared that it was more costly to operate the Sedro Woolley E&T than the Mukilteo E&T due to increased transportation costs. Although the Sedro Woolley facility could be made operational again with minimal effort, the location is not ideal from the standpoint of distance from the I-5 corridor. We may receive additional inquiries from the state regarding our interest in re-opening it.

The Legislature is also interested in exploring ideas for providing funding for additional inpatient beds and/or alternative community based resources. On April 11, I participated in a conference call with Representative Cody, legislative staff, and representatives from the Spokane and Greater Columbia RSNs to provide ideas and suggestions.

### **Regional Health Alliance (RHA)**

A “Project Design” subcommittee of the RHA met on Monday, April 1 to begin developing a concept proposal for an “Emergency Department (ED) Diversion Project”. The RHA selected this as the first project for the RHA to take on. The goal is to work with existing or planned ED Diversion projects in the region who are interested in collaborating with other efforts. The Project Design committee is looking to use an existing ED Diversion Project that has been in place in Central Oregon for 4 years as a model. The proposal calls for meeting with stakeholders in the different counties to solicit interest and ideas for the RHA effort.

### **Children’s Mental Health Stakeholder Forums**

NSMHA staff and County Coordinators have begun holding the planned series of local stakeholder forums to gather input that will help us in the design of the planned RFP for Intensive Children’s Mental Health Services. The first forum was held in Mount Vernon on March 29 and received a positive review in the Skagit Valley Herald [copy of article in this tab]. The 2<sup>nd</sup> forum was held in Darrington yesterday, a schedule of all of the remaining forums is also provided behind the Executive Director’s report. Over a 100 persons have registered so far for these forums, and 130 have completed our on-line survey.

### **Tribal Mental Health Conference**

The planning for the May 14-15 North Sound Tribal Mental Health Conference is almost complete with all of the panel speakers now lined up. The theme of the conference this year is on using the metaphor of the “Canoe Journey” to highlight using traditional Tribal cultural practices and looking at the needs of the whole person in healing practices. Special areas of emphasis will be on looking at the intersection between mental illness and chemical dependency and increasing resiliency among youth. A copy of the brochure is included behind the Executive Director’s report tab; Board members are encouraged to attend.

### **Impact of Affordable Care Act “Parity Requirements” on RSN Services**

State staff has received clarification from CMS that the current restrictions on behavioral health services benefits in the “Healthy Options” managed care contracts – 12 visits for adults and 20 for children – are not

consistent with the parity requirements of the ACA. The state will need to work with both the Managed Care Plans and the RSNs to ensure that both current Medicaid enrollees, as well as those that will be in the Medicaid expansion group, have parity in their behavioral health service benefits with their medical care benefits. This may result in additional service requirements for the RSNs.

### **Development of Detailed Care Coordination Agreement with Molina**

Key representatives from Molina met with NSMHA staff last Friday to begin working with us on the development of a detailed care coordination and data sharing agreement for the Healthy Options enrollees it serves. They expressed a commitment to apply some of the lessons learned from the Washington Medicaid Integration Project to improve coordination with the RSN.

### **Changes in Board of Directors Meeting Agenda Structure**

We'll be adding a "Discussion Items" element to Board agendas to allow time for discussion of strategic plan updates and other critical issues.

Joe was thanked for his report.

### **12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer**

Bill Whitlock directed the group to Tab 2 and reported:

- This is the March 2013 financial report. The FBG (Federal Block Grant) has a negative variance of \$15,089; this is a timing variance. The Jail service revenue has a negative variance of \$7,307; this is a permanent variance. The Medicaid revenue is \$668,846 more than projected so far in 2013.
- On the expense side we have negative variances of \$16,908 in Small Tools, \$408 in the Operating Rentals and Leases budget, \$916 in Repair and Maintenance. The capital expenditures of \$24,700 are from a computer purchases that arrived in December and the bills were paid in January. Overall we are \$683,147 under budget for 2013.
- The North Sound responded to the DBHR audit. We filed our amended biannual quarterly revenue and expense report on 3/25/13 for the period ended 6/30/12. There were a couple minor changes is reconciling revenue with the state reports and one expense report we broke out residential room and board from residential treatment. We are working on the last issue of collecting county ITA court costs.
- We are asking for a budget amendment for the 2012 NSMHA operating budget. Increase the capital budget by \$25,000 and decrease professional services by \$25,000. This is to cover the purchase of three computer servers.

Bill was thanked for his report.

### **13. Report from the Finance Committee – Ken Stark, Chair**

Ken Stark reported the committee met today, reviewed payroll and claims for the month of March before the Board today. The committee also reviewed the budget transfer request and will make a motion to do so. The finance committee also reviewed and approved the Cost Allocation Plan.

Ken Stark moved approval of the Consent Agenda, motion #13-011, seconded by Kathy Kershner, all in favor, **motion carried, #13-011.**

#### **Motion # 13-014**

To increase the NSMHA operating capital budget by \$25,000, and decrease professional services by \$25,000 in the 2012 budget.

Ken Stark moved approval of motion #13-014, seconded by Kathy Kershner, all in favor, **motion carried, #13-014.**

#### **14. Consent Agenda – Finance Committee Motion #13-011**

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve North Sound Mental Health Administration's claims paid from March 1, 2013 through March 31, 2013 in the amount of \$5,966,197.45. Payroll for the month of March in the amount of \$124,368.34 and associated employer paid benefits in the amount of \$60,902.76.

#### **15. Action Items**

##### **Motion #13-012**

##### **2013 Request for Qualifications (RFQ) Award Approval**

To approve the RFQ recommendations as presented and give NSMHA the authority to negotiate terms and conditions with the potential providers with the goal of ensuring sufficient network capacity and individual/family choice. NSMHA will present the negotiated contracts for introduction on August 8, 2013 and for final approval on September 12, 2013. The negotiated contracts will commence on July 1, 2013 for the Evaluation and Treatment Center and for outpatient services on October 1, 2013.

Joe discussed motion #13-012 with the Board stating staff is requesting approval for the RFQ awards. This information was reviewed by the Board last month as well as the County Coordinators, Advisory Board and the Planning Committee with no changes recommended. Joe explained the process each provider will go through in order to contract with NSMHA and laid out the expectations. Joe said since the E&T has to start July 1, that contract will be negotiated first. There are two new providers, Northwest Educational Services District and Center for Human Services and we may do start up contracts with them.

Kathy Kershner moved approval, seconded by Ken Stark, all in favor, **motion carried, #13-012.**

##### **Motion #13-013**

##### **Skagit County Community Action Agency (SCCAA) Ombuds Contract**

SCCAA has requested an increase in funding to fully fund the two Full Time Equivalent (FTE) staff in the Ombuds program. The funding on this Agreement was never increased to account for two FTE in the program due to hiring and staffing issues at the beginning of the contract period.

To approve NSMHA-SCCAA-OMBUDS-11-13 AMENDMENT 1 for the purpose of increasing the funding on this Agreement by \$12,000, of which 89% is Medicaid and 11% State funds. The new maximum consideration on the Agreement is \$265,016. The term of this agreement remains the same.

Joe explained motion #13-013 is due to increase in FTEs and referral to fully fund the contract. Stark, Johnson, Chair Gossett called for the vote, 7 in favor, 0 opposed, **motion carried, #13-013.**

#### **16. Introduction Items**

##### **16.1 Mental Health Block Grant (MHBG) Request for Proposals (RFP) update**

The RFP was released on March 25<sup>th</sup> and NSMHA has received a total of 20 letters of interest. The letter of interest does not obligate the agency to submit a proposal. However, due to the number of letters received NSMHA will be surveying the agencies to determine how many proposals each agency will be submitting, they are not restricted in number. This will help us thoughtfully plan for the evaluation team's time in reviewing the proposals. The evaluation team will consist of Advisory Board members, County Coordinators and NSMHA staff.

The proposals are due on April 15<sup>th</sup>, the county coordinators will review the proposals on April 23<sup>rd</sup> to provide guidance to the evaluation team on whether the proposals meet the needs within their respective counties. The evaluation team is scheduled to convene on April 24<sup>th</sup> -25<sup>th</sup> to evaluate the proposals and their recommendations will be presented to the Advisory Board and Board of Directors in May for approval.

Margaret Rojas provided an overview of the process to the Board of Directors and said that due to the State changing the timeline for the contracting period NSMHA will bring contracts to the Board in June for approval.

## **17. Discussion Items**

### **17.1 Follow up to the February 14, 2013 Board Strategic Planning Session**

On February 14, the Board held a day long strategic planning session in which it identified key issues for NSMHA Staff and County Coordinators to focus on in the coming year in conjunction with the NSMHA Strategic Plan. NSMHA Staff and County Coordinators reviewed the list of issues developed by the Board and identified and prioritized specific strategies within the NSMHA Strategic Plan that would address these issues. The plans to implement these strategies will be incorporated into the NSMHA Strategic Plan Work Plan. The list of issues and strategies are being presented to the Board for review and discussion.

Joe directed the group to Tab 4 and reviewed the table with the Board. Joe said we will need to prioritize the list as all cannot be addressed simultaneously.

### **17.2 Proposed Outcome of Crisis System Redesign**

Greg Long directed the Board to Tab 5 and discussed the proposed outcome of the crisis system redesign with the group. People are very concerned about community safety as well as the safety of the individual in crisis. Greg said it would help to intervene earlier and not have people enter high level, expensive services. Ken Stark said # 1 is the process outcome and things like #4 and parts of #5 and parts of #3 are strategies in order to increase the use of triage centers or other services. Ken Stark said he agrees with everything under outcomes. Under #11 follow up is really talking about the transition services and we will need to develop measures such as stable housing after triage, etc. Discussion ensued. Jill asked if the items are in numerical order for clarity or are they weighted; Greg stated they are not weighted but the group did feel community safety was important.

Dave asked if other members would be at the WSAC Conference on May 9<sup>th</sup> besides him and Ken Dahlstedt and if this would cause issues with having a quorum; Joe offered that NSMHA could conduct a Doodle Poll and reschedule if needed.

## **18. Adjourn**

The meeting was adjourned at 2:20 p.m.

Respectfully submitted:

Annette Calder  
Executive Assistant