

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING  
February 10, 2011  
1:30 PM**

**AGENDA**

Page #/Tab

1. **Call to Order; Introductions – Chair Kershner**
2. **Revisions to Agenda – Chair Kershner**
3. **Approval of Minutes– Chair Kershner Motion #11-001**
  - **To review and approve the minutes December 9, 2010 ..... 4-11**
4. **Comments & Announcements from the Chair**
5. **Reports from Board Members**
6. **Comments from the Public**
7. **Report from the Advisory Board – Candy Trautman, Chair**
8. **Report from the Executive/Personnel Committee – Dave Gossett, Chair**
9. **Report from the Quality Management Oversight Committee – Anne Deacon, Chair**
10. **Report from the Planning Committee – Regina Delahunt, Chair**
11. **Report from the Executive Director – Chuck Benjamin, Executive Director**
12. **Report from the Finance Officer – Bill Whitlock, Fiscal Officer ..... Tab 1**
13. **Report from the Finance Committee – Ken Stark, Chair**
14. **Consent Agenda – Finance Committee**

<p>All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.</p>
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**Motion #11-002**

To review and approve North Sound Mental Health Administration’s claims paid from December 1, 2010 through December 31, 2010 in the amount of \$6,493,803.56. Payroll for the month of December in the amount of \$114,980.09 and associated employer paid benefits in the amount of \$57,218.07.

**Motion #11-003**

To review and approve North Sound Mental Health Administration's claims paid from January 1, 2010 through January 31, 2010 in the amount of \$3,987,956.67. Payroll for the month of January in the amount of \$109,702.96 and associated employer paid benefits in the amount of \$53,332.18.

**15. Action Items**

**Motion #11-004**

To Approve **NSMHA-COMPASS HEALTH-MEDICAID-09-11 AMENDMENT 4** for the purpose of removing all references and funding for the Crisis Respite Services in Skagit County and Snohomish County.

The transfer of services and funding will be allocated to the NSMHA-COMPASS HEALTH- SNOHOMISH COUNTY TRIAGE CENTER -MEDICAID-11 on February 28, 2011 (Reduction of \$306,205).

The termination of crisis respite services in Skagit County shall take effect on March 28, 2011 (Reduction of \$70,140).

The reduction to the Compass Health Medicaid contract is \$376,345.

**Motion #11-005**

To Approve **NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 4** for the provision of removing all references and funding for the Crisis Respite Services in Skagit County and Snohomish County.

The transfer of services and funding will be allocated to the NSMHA-COMPASS HEALTH- SNOHOMISH COUNTY TRIAGE CENTER -SMHC-11 on February 28, 2011 (Reduction of \$46,600).

The termination of crisis respite services in Skagit County shall take effect on March 28, 2011 (Reduction of \$21,240).

The reduction to the Compass Health State contract is \$67,840.

**Motion #11-006**

To Approve **NSMHA-COMPASS HEALTH-SNOHOMISH COUNTY TRIAGE CENTER-MEDICAID-11** for the provision of mental health stabilization and substance abuse sobering serves in the Snohomish County Triage Center. This is a co-funded program with Snohomish County Human Services. The consideration on this Agreement is \$489,928. The term of this Agreement is February 28, 2011 through September 30, 2011.

**Motion #11-007**

To Approve **NSMHA-CH- SNOHOMISH COUNTY TRIAGE CENTER -SMHC-11** for the provision of mental health stabilization and substance abuse sobering serves in the Snohomish County Triage Center. This is a co-funded program with Snohomish County Human Services. The consideration on this Agreement is \$93,320. The term of this Agreement is February 28, 2011 through September 30, 2011.

**Motion #11-008**

To Approve **NSMHA-PIONEER HUMAN SERVICES-MEDICAID-11** for the provision of providing Mental Health Crisis Stabilization and sobering services in Skagit County. The consideration for this Agreement is \$108,993.75. The term of this Agreement is March 29, 2011 through June 30, 2011.

**Motion #11-009**

To Approve **NSMHA-PIONEER HUMAN SERVICES-SMHC-11** for the provision of providing Mental Health Crisis Stabilization and sobering services in Skagit County. The consideration for this Agreement is \$20,760.72. The term of this Agreement is March 29, 2011 through June 30, 2011.

**Motion #11-010**

To approve **SNOHOMISH COUNTY-NSMHA-SNOHOMISH COUNTY TRIAGE CENTER-11** for the provision of transmitting \$395,833 of sales tax dollars to fund the Snohomish County Triage Center. The term of this Agreement is February 28, 2011 through December 31, 2011

**Motion #11-011**

To approve **DSHS-DCFS-NSMHA-INTERLOCAL AGREEMENT-11** for the provision of transmitting \$80,000 to NSMHA to co-fund the Skagit Fidelity Wraparound Team and the research being conducted by the University of Washington. The term of this Agreement is February 1, 2011 through June 30, 2011.

**16. Introduction Items**

None

**17. Adjourn**

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING  
December 9, 2010  
1:30 PM**

**MINUTES**

**Board Members Present:**

Kathy Kershner, Whatcom County Council member, NSMHA Vice Chair  
Ken Dahlstedt, Skagit County Commissioner  
Marylou Eckart, designated alternate for Snohomish County Council member, Stephanie Wright  
Arthur Jackson, Chair of the NSMHA Advisory Board  
June LaMarr, designated alternate for the The Tulalip Tribes, Sheryl Fryberg  
John Dean, Island County Commissioner  
Barbara LaBrash, designated alternate for San Juan County Council member, Bob Myhr  
Dave Gossett, Snohomish County Council member  
Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon  
Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen

**Staff Present:**

Chuck Benjamin, Bill Whitlock, Margaret Rojas, Annette Calder

**Guests:**

TJ, Ms. Gulley, Jill Dace, Marie Jubie, Jackie Henderson, Anne Deacon, Chuck Davis, Cammy Hart-Anderson, Otis Gulley, Mike Manley

**1. Call to Order; Introductions**

Kathy Kershner called the meeting to order at 1:30, welcomed everyone and introductions were made.

**2. Revisions to Agenda**

Vice Chair Kershner stated that the appointment of Board members for 2011/2012 was discussed in Executive/Personnel committee. Ms. Kershner noted that she was willing to move up from vice chair to chair; discussion followed and Chuck stated that if we followed the current format, Snohomish County would be vice chair. Dave Gossett stated he was willing to be vice chair.

Vice Chair Kershner asked for nominees for both positions there were none. Mr. Dahlstedt moved that the position of Chair be filled by Kathy Kershner, and position of Vice Chair be filled by Dave Gossett for calendar years 2011 and 2012; seconded by Mr. Dean, all in favor, **motion carried (#10-158)**.

Vice Chair Kershner directed everyone to the correspondence received and summarized both for the group. The first was a letter from Charles Albertson stating his resignation from the Advisory Board and that he wishes NSMHA well. The second was from the parents of the person killed in Whatcom County at the Lake Whatcom Residential and Treatment Center in 2010. The father is raising some significant points that he wanted the Board to be aware of. Vice Chair Kershner stated that Chuck was aware of this and is looking into any responsibility that NSMHA may have. Vice Chair Kershner asked if there were any questions about the letters or if anyone had any concerns or comments; there was none.

### 3. Approval of Minutes

Vice Chair Kershner asked if there were any changes to the minutes of October 14, 2010 and November 18, 2010, there were none. Mr. Gossett moved approval of both, seconded by Mr. Dahlstedt, all in favor, **motion carried (#10-144)**.

### 4. Comments & Announcements from the Chair

Vice Chair Kershner announced in January a two day work session of the Board of Directors would be held on Wednesday, January 12<sup>th</sup>, from 1:00-5:00 in the NSMHA offices, and Thursday, January 13<sup>th</sup>, 8:00-12:00 with representatives from the contracted providers, then from 1:00 to 5:00 with staff and counties. January 13<sup>th</sup> the work session will take place at the Mount Vernon Police Station, 1805 Continental Place. The work session is open to the public.

### 5. Reports from Board Members

Dave Gossett said that Marie Jubie has been involved with this organization for more than a decade and has done some incredible work. She is a force for the mentally ill, not only in this region, but this state. Marie has spent a lot of time in Olympia working on behalf of the mentally ill. He said she is strong in her beliefs but also is fair and listens. He said he has really enjoyed working with Marie. He said he had a plaque to present Marie.

Chuck Benjamin said he would like to say a few words. He noted that he and Marie both started with NSMHA around the same time and he is thankful that Marie is staying on some of NSMHA's committees. Chuck noted that while he and Marie have not always agreed, Marie is always willing to listen to others and compromise. Chuck also shared a story about a time he and Marie met with legislators in Olympia and how Marie had relationships established with legislators, even those outside of our region. Dave Gossett presented the plaque: "Marie, A fearless advocate, a compassionate human being and a friend forever. Thank you for your service and may you always have marble dust at your feet."

Marie said when she first started she was real ornery and would negotiate with Chuck. She said because of Chuck's leadership she has been able to move forward with her recovery. She thanked everyone for being so kind and supportive. Arthur commented that he enjoyed serving on the Advisory Board with Marie and knew she was a competent vice chair that he could count on. He stated that she was very passionate and fair in her actions with a tremendous degree of reason. He noted that he was also glad that she would be continuing with her advocacy.

Vice Chair Kershner noted that she reserved the right to revisit this agenda item throughout the meeting.

### 6. Comments from the Public

- **Otis Gulley:** addressed the Board about his gratefulness on what the mental health system did for his daughter who will speak to the Board later today. Secondly, Arthur has visited the five counties of our Region, had help from Susan and Ken, has assisted to build up the system and help in the blank spots. Otis stated he recently visited the San Juan County Advisory Board and he appreciated that Barbara LaBrash allowed him to do that. He said that he appreciates Jackie Henderson and Barbara LaBrash for their hard work. He noted that the providers are all working hard to help persons with disabilities. Otis said that he really appreciates Chuck Benjamin and the NSMHA staff because of their hard work and everything they do for people with disabilities. Otis said he is extremely thankful and said that persons with disabilities should be proud to have these people working so hard for them and their recovery.
- **Ms. Gulley:** addressed the board and thanked for everything that was done for her to become drug and alcohol free.

- **TJ:** address the Board regarding the Peer Connection Center, that she had started a petition to keep it open and it went missing. Chuck said we did receive it along with letters supporting keeping it open. Said she also wants to go to NAMI Day in January.
- **Ombuds Fall 2010 Presentation:** Chuck Davis provided a comprehensive presentation on the Ombuds Fall data for 2010. Questions and answers took place. Chuck was thanked for his report.

## 7. Report from the Advisory Board – Arthur Jackson, Chair

Arthur Jackson reported:

- The Advisory Board met on December 7<sup>th</sup>.
- Minutes from October were approved as written
- Reports were received from:
  - Ombuds/Quality Review Team (QRT) Snapshot
  - Finance Committee
  - Executive Committee
  - Quality Management Oversight Committee (QMOC) for October and November
  - Executive Director
  - County Advisory Board members' reports
- The “Season of Giving” will take place in Whatcom County, Friday, December 10<sup>th</sup>, from 12-8 at O'Donnell's Flea Market on Cornwall Avenue.
- The Advisory Board 2011 budget, meeting presentations, Quality Management Oversight Committee (QMOC) representation, asset allocations and appointment of new officers were discussed. Candy Trautman, Chair, MaryAnn Slabaugh, Vice Chair
- A recommendation motion was made and approved for the Board of Directors to approve the Professional Services Agreements and Compass Health Medicaid and SMHC contract amendments being presented today.
- Julie de Losada came requesting any parent, grandparent, or care coordinator interested in serving on the Children's Policy Executive Team (CPET) that meets on the third Wednesday of each month to please send their information to Margaret so a charter can be sent to them for review.
- The next meeting will be February 8<sup>th</sup>.
- Arthur stated this is his last meeting with this board, he has enjoyed being here, enjoyed the commitment and it has been a pleasure and experience working with all. Thanked all for welcoming him on this Board.

Arthur was thanked for his report. Chuck noted Arthur has done a really nice job.

## 8. Report from the Executive/Personnel Committee – Dave Gossett, Chair

Discussed the budget and that is later on this agenda.

## 9. Report from the Quality Management Oversight Committee – Anne Deacon, Chair

Anne Deacon reported on two meetings:

October QMOC Brief:

- The meeting was held October 27, 2010, and the July summary was approved as written. The September summary was approved as amended.
- The following announcements were made:
  - None made at this time
- Advisory Board report was given
- The following Quality Issues were discussed:
  - Funding Reductions

- External Quality Review Organization (EQRO) Follow Up
- Regional Performance Measure Targets
- Direct Referrals by Outpatient Staff to Psychiatric Units
- Allen Marr Reviews
- Program for Assertive Community Treatment (PACT) Review
- Western State Hospital (WSH) Review
- There were no policies from QMOC Policy Subcommittee for review/approval.
- Regional Integrated Crisis Response System (ICRS) Policy Subcommittee Report
  - Policy 1707.00 – “Crisis System Clinical Dispute Resolution” was approved as revised/presented.
  - Policy 1719.00 – “Utilization of Crisis Stabilization for Hospital Discharge Planning” was tabled until further study was conducted for clarity.
- The next meeting will be November 24, 2010, from 1-3.

#### November QMOC Brief:

- The meeting was held November 24, 2010, and the October summary was approved as written.
- The following announcements were made:
  - Governor’s office has put out list of cuts.
- Advisory Board report was given
- The following Quality Issues were discussed:
  - State Model for Assessment and Treatment Plan
  - Service Efficiencies
  - Expedited Assessment Requests
  - Impairment Code in Consumer Information System
- Policies from QMOC Policy Subcommittee
  - Critical Incident Policy
- Policies from Integrated Crisis Response System (ICRS) Policy Subcommittee
  - Policy 1722.00 – Involuntary Treatment (Detention) Placement
- The next meeting will be December 22<sup>nd</sup>.

Anne was thanked for her report.

#### **10. Report from the Planning Committee**

Regina Delahunt reported:

- The Planning Committee met in November and December. At the November meeting, the bulk of it was devoted to the reductions that this board acted on at the special meeting in November
- December meeting discussed the social detox RFQ that went out yesterday and are due January 7<sup>th</sup>.
- Discussed how to plan for additional mental health system funding reductions that are coming. Stakeholder meetings are in process of being scheduled, first one likely to be January 7<sup>th</sup>
- Potential for making changes in the way we use the FBG funds. One issue facing us is how to continue to support the peer centers. Discussed the potential of using FBG dollars to support peer centers, although this will take away funding for other important programs/services
- Closing of PALS beds, complications in finding placements for some individuals and the Region is working through that. Plans to have everyone discharged by January 1<sup>st</sup>, 2011.

Regina was thanked for her report.

#### **11. Report from the Executive Director – Chuck Benjamin, Executive Director**

Chuck addressed the Board regarding the 2011 Budget, noting it is hard to plan knowing there are further reductions coming. He stressed the importance of the stakeholder meetings so that we can educate

legislators. Chuck noted that last week he was part of a presentation to the Office of Financial Management. He took that opportunity to show how our funding is allocated; we have already 97.01% committed to mandated services by federal and state requirements. 2.99% funding allocated to other programs like peers centers. Chuck said he also needs to say that he is going to miss Marie.

Chuck also noted that he will miss Commissioner John Dean and Council member Bob Myhr, both have been very helpful, active and supportive. Their advocacy will be missed and we'll miss you. Thank you for the time you have been able to commit to us.

Jackie Henderson said she is really going to miss John. She said that he has been a great boss, and it has been an honor and privilege to work for him. Jackie noted that staff members are in mourning that John is leaving. Jackie thanked him for all he did for Island county and the Region, also those that can't always speak for themselves.

John said thanks to Jackie and he feels the same about her. He said he keeps telling people there are different roles in life and you just change chairs. Although it will be sad leaving boards like this, it will be nice to be a citizen that is informed.

Kathy read the plaque: "John, with gratitude and appreciation of your service to the North Sound Regional Support Network. Your strong advocacy has helped North Sound Mental Health Administration maintain our vision of hope and provide paths to recovery for persons with mental illness. Thanks to your meaningful efforts, persons with mental illness have benefitted throughout our region and throughout the state of Washington." John thanked everyone.

Ken Dahlstedt said he had the privilege to serve with both John and Bob and wants to personally thank them for their work and also for passing the 1/10<sup>th</sup> of 1% sales tax to help provide a safety net.

## **12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer**

Bill Whitlock reported:

- The Federal Block Grant and PATH (Project for Assistance in Transition from Homelessness) grant were low, \$276,598 and \$69,031. We think these are timing variances. The DDD billings are also behind with a timing variance of \$119,685. We are four months behind in receiving the DDD funds. State funds have a permanent negative variance of \$695,495. Interest revenue was lower than budgeted due to the low interest rates. The negative variance is \$59,013. Overall the revenues were a little higher in 2010 due to the low forecast of Medicaid funding in the NSMHA budget.
- Inpatient billings for September had some problems. Duplicate billings with no credits and no Medicare cross over claims. It will be reissued. Still have delayed claims issues. Not sure when they will get caught up.
- Medicaid eligible clients have stayed about the same since July. We have not seen the 10% projected increase in clients.
- Questions and answers took place throughout Bill's presentation.

Bill was thanked for his report.

## **13. Report from the Finance Committee – Ken Stark, Chair**

Ken Stark reported:

- The committee met today, reviewed payroll and claims before the board today for October and November, stating that Snohomish County and NSMHA are working on the triage facility that Snohomish County will transfer their money to NSMHA for NSMHA to hold a single contract with



Compass Health. Snohomish County and NSMHA will continue to work together to work out the single contract and joint monitoring.

Ken was thanked for his report.

#### **14. Consent Agenda – Finance Committee**

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

##### **Motion #10-145**

To review and approve North Sound Mental Health Administration's claims paid from October 1, 2010 through October 31, 2010 in the amount of \$6,599,419.49. Payroll for the month of October in the amount of \$108,733.44 and associated employer paid benefits in the amount of \$50,040.49.

##### **Motion #10-146**

To review and approve North Sound Mental Health Administration's claims paid from November 1, 2010 through November 30, 2010 in the amount of \$4,290,619.87. Payroll for the month of November in the amount of \$112,453.12 and associated employer paid benefits in the amount of \$43,514.72.

Mr. Stark moved approval of motions **#10-145** and **#10-146**, seconded by Mr. Dahlstedt, all in favor, **motion carried.**

#### **15. Budget Hearing**

##### **Public Comment and Board Approval of the 2011 NSMHA Operating Budget**

Vice Chair Kershner said the Board would accept public comment on the NSMHA Budget. Chuck noted that there has been media coverage about the E&T closure. No other comments were received.

##### **Motion #10-147**

To approve the 2011 NSMHA Operating Budget

Mr. Gossett moved approval of motion **#10-147**, seconded by Mr. Stark, all in favor, **motion carried.**

#### **16. Action Items**

##### **Motion #10-148**

To approve NSMHA-TURNER HR SERVICES-PSC-11 for the provision of Human Resource Consultation. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$15,000.

Mr. Dahlstedt moved approval of **#10-148**, seconded by Ms. LaBrash, all in favor, **motion carried.**

##### **Motion #10-149**

To approve NSMHA-BROWN M.D.-PSC-11 for the provision of Medical Director Consultation. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$36,000.

Mr. Gossett moved approval of **#10-149**, seconded by Mr. Stark, all in favor, **motion carried.**

##### **Motion #10-150**

To approve NSMHA-LWC-PSC-11 for the provision of janitorial services. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$14,097.42.

Mr. Dahlstedt moved approval of **#10-150**, seconded by Mr. Dean, all in favor, **motion carried**.

**Motion #10-151**

To approve NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 6 for the provision of removing the mobile outreach funding from this Agreement. This will reduce the funding by \$12,282 through June 30, 2010.

**Motion #10-152**

To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 AMENDMENT 6 for the provision of removing the mobile outreach funding from this Agreement. This will reduce the funding by \$64,470 through June 30, 2010.

Chuck explained motions #10-151 and #10-152. Ms. LaBrash moved **#10-151 & #10-152**, seconded by Ms. Delahunt, all in favor, **motion carried**.

**Motion # 10-153**

To approve COMMUNITY HEALTH PLAN-NSMHA-GAU-09-10 AMENDMENT 1 for the provision of extending the contract through December 31, 2011. The new maximum consideration on this Agreement is \$213,600.

**Motion #10-154**

To approve NSMHA-Compass Health-GAU-09-10 for the provision of extending the contract through December 31, 2010. Compass Health remains at 48 slots at \$200 per slot per month for a maximum consideration on this Agreement is \$115,200.

**Motion #10-155**

To approve NSMHA-Interfaith-GAU-09-10 for the provision of extending the contract through December 31, 2010. Interfaith remains at 15 slots at \$200 per slot per month for a maximum consideration on this Agreement is \$36,000.

**Motion #10-156**

To approve NSMHA-Sea Mar-GAU-09-10 for the provision of extending the contract through December 31, 2010. Sea Mar remains at 26 slots at \$200 per slot per month for maximum consideration on this Agreement is \$62,400.

Chuck provided explanations for motions #10-153, #10-154, #10-155, and #10-156. Ms. LaBrash moved approval of **#10-153, #10-154, #10-155, and #10-156**, seconded by Mr. Stark, all in favor, **motion carried**.

**Motion #10-157**

To approve NSMHA-LWC-SMHC-09-11 Amendment 3 for the provision of flexible funding in the amount of \$7,000 for the period of December 1, 2010 through June 30, 2011. The flexible funding is for two individuals placed from the PALS program to cover medication expenses not included in their residential treatment payment. The new maximum consideration on this Agreement is \$3,428,327.

Moved by Ms. Delahunt, seconded by Mr. Stark, opened for discussion, all in favor, **motion carried**.

**Motion #10-158**

**NSMHA-SNOHOMISH COUNTY**

Bill Whitlock noted this is a correction to the Snohomish County contract that was passed in November. Moved by Mr. Stark, seconded by Mr. Gossett, all in favor, **motion carried**.

## **17. Introduction Items**

None

Ken Dahlstedt asked Chuck about the meeting with OFM and if there was any discussion about the consolidation of RSNs. Chuck explained OFM did bring it up and discussion followed on how smaller counties are hard pressed to meet all the requirements and serve the needs of the covered lives. Chuck said it was his impression that OFM is going to pursue decreasing the number of RSNs. Ken Stark spoke about the moves the state is making in regards to healthcare reform, we as a board needs to start discussions on what is going to be the role of counties and RSNs in healthcare reform. It was agreed to start this discussion at work session in January.

## **18. Adjourn**

The meeting was adjourned at 3:00 p.m.

Respectfully submitted:

Annette Calder  
Executive Assistant