

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING  
December 9, 2010  
1:30 PM**

**AGENDA**

Page #/Tab

1. Call to Order; Introductions – Chair Myhr
2. Revisions to Agenda – Chair Myhr
3. Approval of Minutes– Chair Myhr motion #10-144
  - To review and approve the minutes October 14, 2010 .....3-12
  - To review and approve the minutes of November 18, 2010 ..... 13-16
4. Comments & Announcements from the Chair
5. Reports from Board Members
6. Comments from the Public
  - Ombuds Fall 2010 Presentation ..... Tab 1
7. Report from the Advisory Board – Arthur Jackson, Chair
8. Report from the Executive/Personnel Committee – Dave Gossett, Chair
9. Report from the Quality Management Oversight Committee – Anne Deacon, Chair
10. Report from the Planning Committee – Regina Delahunt, Chair
11. Report from the Executive Director – Chuck Benjamin, Executive Director
12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer ..... Tab 2
13. Report from the Finance Committee – Ken Stark, Chair
14. Consent Agenda – Finance Committee

<p>All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.</p>
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**Motion #10-145**

To review and approve North Sound Mental Health Administration’s claims paid from October 1, 2010 through October 31, 2010 in the amount of \$6,599,419.49. Payroll for the month of October in the amount of \$108,733.44 and associated employer paid benefits in the amount of \$50,040.49.

**Motion #10-146**

To review and approve North Sound Mental Health Administration’s claims paid from November 1, 2010 through November 30, 2010 in the amount of \$4,290,619.87. Payroll for the month of November in the amount of \$112,453.12 and associated employer paid benefits in the amount of \$43,514.72.

**15. Budget Hearing ..... Tab 3  
Public Comment and Board Approval of the 2011 NSMHA Operating Budget**

**Motion #10-147**

To approve the 2011 NSMHA Operating Budget

**16. Action Items**

**Motion #10-148**

To approve NSMHA-TURNER HR SERVICES-PSC-11 for the provision of Human Resource Consultation. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$15,000.

**Motion #10-149**

To approve NSMHA-BROWN M.D.-PSC-11 for the provision of Medical Director Consultation. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$36,000.

**Motion #10-150**

To approve NSMHA-LWC-PSC-11 for the provision of janitorial services. The term of this Agreement is January 1, 2011 through December 31, 2011 for a maximum consideration of \$14,097.42.

**Motion #10-151**

To approve NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 6 for the provision of removing the mobile outreach funding from this Agreement. This will reduce the funding by \$12,280 through June 30, 2010.

**Motion #10-152**

To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 AMENDMENT 6 for the provision of removing the mobile outreach funding from this Agreement. This will reduce the funding by \$64,470 through June 30, 2010.

**17. Introduction Items**

None

**18. Adjourn**

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

**October 14, 2010**

**1:30 PM**

**MINUTES**

**Board Members Present:**

Bob Myhr, San Juan County Council member, NSMHA Board Chair  
Ken Dahlstedt, Skagit County Commissioner  
John Dean, Island County Commissioner  
Sharon Freemantle, designated alternate for Snohomish County Council member, Dave Gossett  
June LaMarr, designated alternated for Tulalip Tribes, Sheryl Fryberg  
Arthur Jackson, NSMHA Advisory Board Chair  
Kathy Kershner, Whatcom County Council member  
Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon  
Marylou Eckart, designated alternate for Snohomish County Council member, Stephanie Wright  
Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen

**Staff Present:**

Chuck Benjamin, Bill Whitlock, Dennis Regan, Annette Calder

**Guests:**

Bruce Conseck, Jim Sheffler, Anne Deacon, Katherine Edwards, Andrew Kimball Roe, Otis Gulley, Helen Vanhage, Marti Wall, Robert Hessler, TJ Matteson, Dean Wight, Phil Smith, Mike Manley, Jackie Henderson, Susan Schoeld, Rebecca Clark, Tom Sebastian, Lisa Hanks, Will Honea

**1. Call to Order; Introductions**

Chair Myhr opened the meeting and welcomed everyone; introductions were made. He noted these are difficult economic times. He commented that in San Juan County, a budgetary discussion and the auditors shared that there may be a little glimmer of hope at the end of the tunnel and hopes others begin to experience the same.

**2. Revisions to Agenda**

None

**3. Approval of Minutes**

Chair Myhr asked if there were any revisions to the minutes of September 9, 2010; there were none. Mr. Dahlstedt moved approval, seconded by Mr. Stark, all in favor, **motion carried. #10-096**

**4. Comments & Announcements from the Chair**

Mr. Myhr made comments under item 1.

**5. Reports from Board Members**

None

**6. Comments from the Public**

Otis Gulley addressed the Board asking them to take a moment to reflect on persons with disabilities regarding the need in our communities. Otis said we have the most vulnerable within our communities that are at risk. With potential of the E&T being closed, he knows that community hospitals will have to take up the slack, but wants the Board to know that it is important that the people that are represented there are cared for properly so there is no recidivism. Governor Gregoire and her staff and legislature need to understand that making these decisions have consequences. He noted the importance of services like Jail Services. If these programs are not

taken seriously we are going to have recidivism and potentially more issues and problems. It is real important from his point of view that the Board know we are aware these are tough decisions, and the importance of such services. It is real important that the Board understands the public knows the position the Board is in while making these decisions the community needs to be informed. We need for peers and colleagues to feel safe during the transitions and they understand it logically. Support the County Coordinators; they work very hard to keep everything cohesive. Listen to them so we can lessen recidivism; and we can be part of the solution, not part of the problem.

TJ Matteson addressed the board about the Peer Center. She said that she knows both sides of this, she is a certified nurse; things are getting worse instead of better. TJ said there are too many people that need the Peer Center; don't close it, it's very important to the clients. Chuck noted the proposed cuts do not include the Peer Centers however, we are facing more cuts and he encouraged TJ to keep her advocacy up.

Marti Wall with NAMI Skagit addressed the Board noting she has a son with schizoaffective disorder, and a grandson with several disorders. She asked the Board to please do not close the E&T; the state is closing beds at Western State Hospital. The human factor is that if we can't keep people out of the hospitals by prevention issues, we have to have places to send them. Huge human factor here; not just the people with the mental illness, this includes all of the family and friends too. We have to find a way to convince the legislature to not do just across the board cuts, but to continue serving the people who need it most. From a taxpayer standpoint, it makes much more sense to treat people with mental illness instead of putting them in jail. If the E&T closes, there will be crisis after crisis after crisis and the jails will be impacted. Jails, counties and state will have to pay even more. As a taxpayer, she doesn't want to get paying the big bucks, we need to be funding the programs that work and make sense.

Lisa Hanks who oversees the Peer Connection Center and it started in November of 2007. Many focus groups took place in the community to find out what was needed. The Peer Connection Center is a place for people to gather, to feel safe, to have a meal and continue their recovery. The Center serves approximately 1,400 meals a month. Lisa related a story of an individual who has progressed with his recovery. The Center gets about 25 new people every month. This is a low cost service that helps keep people out of the hospitals, jails and prison. Last quarter, the Center had 214 individuals that were connected with community services (housing, vocational rehab, mental health services, etc). The drop in center is thriving and provides a place for people to begin their recovery process. Lisa noted that spending the time up front with the low cost services it really saves the high cost services and the needs increase so greatly at the far end. On behalf of the Peer Center Lisa thanked the Board of Directors, noting that she knows these are tough decisions and the Board has a strong commitment to the community, and the Peer Center makes a world of difference to peoples' lives and their families.

Tom Sebastian addressed the Board about the E&T and outpatient services for adults in Snohomish County. He said that it would be a mistake to close the North Sound E&T, noting that he is saying this not just as the provider that staffs the E&T, but from a systems perspective. It would be a hard time to lose the involuntary inpatient beds that are available to our community members. Tom stated that the number one reason they have declined admissions over the last two months was due to no beds being available. In addition, while there are very serious logistic issues, particularly for folks that are placed out of county, and the distance from home to the facility need to be considered. Tom said his experience is that once you close a facility it is gone and you won't get it back. He said it is also his experience that community hospitals change their strategic business decisions all the time, and sometimes they are motivated to have inpatient units and other times they are not and they close them. In this case, if those kinds of decisions are made in the future we would be left without any resource and having to start all over again.

Secondly, you will hear about the impact of adults enrolling into the Molina program in Snohomish County. Tom shared that he didn't think any kids or adults programs outside of Snohomish County will be negatively affected because of that dynamic. Tom said he wanted to make it really clear that it is about one million dollars and if we take a one million dollar reduction only for outpatient services for adults in Snohomish County that's

going to have a very dramatic and disproportionate effect on services to those adults. For example, if a million dollars coming into NSMHA; Molina like NSMHA, has to pay inpatient costs, they pay admin, they pay for care coordination, they pay for E&T beds, they pay for residential beds, and then some dollars, 30 to 40 cents on the dollar come out to outpatient providers. This would be directly, be 100% of that million dollars affecting NSMHA enrollees as the providers have seen no decline in demand for services from NSMHA enrollees. He said it is not like the one million dollars has shifted from NSMHA in terms of demand over to Molina. That is not what has happened, there is more demand now than ever for NSMHA clients. Tom said he wanted to make it really clear that if that decision goes forward, Compass Health will be closing sites and programs because of the scale of the dollar amount. Tom thanked the Board for their time.

Catherine Edwards addressed the Board stating that six weeks ago she was homeless with nowhere to go. She was introduced to people at Peer Center through the homeless project at the college. Today, six weeks later, she now has a home, has money, has everything she needs. She said the effect is great and it does affect everybody.

Chair Myhr thanked everyone for providing their input to the Board.

## **7. Report from the Advisory Board**

Arthur Jackson reported:

- The Advisory Board met on October 12<sup>th</sup>.
- Minutes from September were approved as amended with one abstention.
- Reports were received from:
  - Ombuds/Quality Review Team (QRT) PowerPoint Report for April thru September 2010
  - Finance Committee
  - Executive Committee
  - Quality Management Oversight Committee (QMOC) (no report)
  - Executive Director
  - County Advisory Board members' reports
- Marie Jubie, Susan Ramaglia and Darcy Hocker volunteered to serve on the Nominating Committee for recommendations to fill the 2011 Chair and Vice Chair positions.
- The revised 2011 meeting schedule was discussed. The Advisory Board canceled their November meeting and opted to coordinate their meetings with the Board of Directors for 2011, which will be every other month beginning in December.
- Alternate representatives for Quality Management Oversight Committee were discussed and Mark McDonald will be replacing Marie Jubie and Terry Ann Gallagher will be an alternate.
- Chuck gave a PowerPoint presentation on the proposed budget cuts.
- Otis Gulley provided a brief PowerPoint presentation on persons with disabilities.
- The next meeting will be December 7<sup>th</sup>.

Arthur was thanked for his report.

## **8. Report from the Executive/Personnel Committee**

Ken Dahlstedt reported the committee met and had a preview of the budget that will be presented today.

## **9. Report from the Quality Management Oversight Committee**

Anne Deacon reported:

- The meeting was held September 22, 2010, and the September summary was approved as amended
- The following announcements were made:
  - Stacey Alles mentioned a conflict may exist regarding children and adult access to care standards.
  - Greg mention National Council of Behavioral Health sent an email stating the Denver Community Mental Health Center has a pretty sophisticated recovery oriented quality measurement system with the following quality measures in place:

- A level of care system
- Tied the level of care system to how they are ensuring people get the appropriate intensity of care
- Providers rating consumers on progress towards recovery
- Consumers rating their progress towards recovery
- Consumers rating clinical staff
- The following Quality Issues were discussed:
  - Update on QMOC meeting practices
  - Second Opinion Process
  - Out-of-network services
  - Performance Improvement Project (PIP) update
  - QMOC Policy Subcommittee report
- NSMHA/Provider Policy Coordination
- NSMHA Re-organization
- The next meeting will be October 27, 2010, from 1-3.

Anne was thanked for her report.

### **10. Report from the Planning Committee – Regina Delahunt, Chair**

Anne Deacon reported:

- NSMHA facing 8.5 million in budget cuts. None of the cuts were popular, they all impact good people. All aware of the fact that consumers would receive less services and suffer as a result.
- NSMHA provided three options to the Planning Committee. NSMHA took recommendation on how to change line items around. A lot of discussion took place.
- The E&T was a major issue along with the cuts for the next biennium. No one in the room wanted to eliminate the E&T.
- Jail services were discussed and DSHS has recommended to the governor to cut the jail services starting in November and this impacts all of our jails and consumers.
- The committee did recommend some areas that they would like NSMHA to address and come up with a revised budget.
- Issue of Raintree software system being used throughout our region to enter consumer information and also used for billing. The way the providers have been organized to use Raintree is changing and it is costly. The Planning Committee did not have enough information to make a recommendation on that and will discuss at their next meeting.

Anne was thanked for her report.

### **11. Report from the Executive Director – Introduction of the 2011 Proposed NSMHA Operating Budget**

Chuck Benjamin made a comprehensive PowerPoint presentation introducing the proposed operating budget for 2011. In addition to the 2.5 FTEs remaining frozen, NSMHA employees will each take 12 furlough days in 2011; a savings equivalent to one FTE. Many questions and answers took place throughout the presentation. Discussion turned to funding reductions that take effect this year and those that take place next year.

There was great confusion between projected/actual funding and projected/actual reductions compounded by state fiscal year and calendar fiscal year. Chuck then reviewed, line item by line item, the funding options that the Planning Committee worked from. There were many questions and answers throughout the presentation.

Chair Myhr stated that he felt we were at a point in the discussion where he would like Chuck to make a recommendation to the Board of Directors. Chuck recommended going with Option B presented. Chair Myhr asked for comments from the Board. Kathy Kershner asked how much NSMHA had in operating reserves, Bill noted less than six million dollar. Kathy Kershner expressed concerns about the administration funding cuts between the counties and RSN operations and would like to see it equalized. Also asked about Crisis Stabilization, and asked why the counties are taking different percentages of funding cuts. Chuck said it was

because the costs are different and we set a regional rate; and that the smaller facilities cost more to run. Jackie Henderson asked for the Board to consider continuing funding the jails services in some way. Regina commented on the equity of the cuts to the counties, and Chuck said the reason we did it this way is because that particular funding is only in Snohomish County.

John Dean moved approval of Option B, seconded by Ken Stark, opened for discussion. Kathy Kershner recommended an amendment to the motion, that county administration and NSMHA cuts be equalized, seconded by Regina Delahunt, Chair Myhr called for the vote on the amended motion, it was a tie 5-5, therefore motion does not carry. Original motion, chair called for the vote, 9 in favor, 1 opposed, **motion carried. #10-122.**

Chair Myhr thanked everyone for their participation in this very important discussion and decision making process. Chuck was thanked for his presentation.

## **12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer**

Bill Whitlock reported:

- The Federal Block Grant (FBG) and PATH (Project for Assistance in Transition from Homelessness) grant were low, \$294,251 and \$60,823, respectively. We think these are timing variances. The DDD billings are also behind with a timing variance of \$89,764. The state funds negative variance of \$707,856 is not a timing issue. The positive Medicaid income variance of \$4.25 million is due to estimating more of a rate reduction from the actuary study. Interest revenue was lower than budgeted due to the low interest rates. The negative variance is \$59,539. Overall the revenues were a little higher in 2010 due to the low forecast of Medicaid funding in the NSMHA budget.
- We have a couple of issues with the current financial statements. The inpatient billings are only through July. August and September are not included in the information provided. In addition the amounts on the bills were a lot lower than normal. We are tracking the Medicaid population payments from the state. June looks on target. The July, August, September and October look low.
- Attached is the latest Medicaid eligible client information. This shows a significant decrease in from June to July. We are working on this issue.

Bill was thanked for his report.

## **13. Report from the Finance Committee – Ken Stark, Chair**

Ken Stark reported the committee met today, reviewed all claims and payroll before the board today and recommending approval of all. The committee also reviewed the proposed budget. Ken Stark moved approval of the consent agenda, seconded by Ken Dahlstedt, all in favor, **motion carried (10-097).**

## **14. Consent Agenda – Finance Committee**

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

### **Motion #10-097**

To review and approve North Sound Mental Health Administration's claims paid from September 1, 2010 through September 30, 2010 in the amount of \$4,379,771.00. Payroll for the month of September in the amount of \$110,008.32 and associated employer paid benefits in the amount of \$44,050.92.

## **15. Action Items**

### **Motion # 10-098**

To approve entering into an Agreement with a Healthcare Attorney for the provision of consultation, research and rewriting of NSMHA Health Insurance Portability & Accountability Act (HIPAA) Policies and the NSMHA

Business Associate Agreement. The term of this Agreement shall be October 14, 2010 through December 31, 2010 for a maximum consideration of up to \$8,000.

Chuck provided an explanation for motion #10-098, Mr. Dahlstedt moved approval, seconded by Mr. Jackson, 9 in favor, 1 opposed (Ms. Kershner), **motion carried.**

**Motion #10-099**

To approve NSMHA-MCPP CONSULTING-PSC-09 AMENDMENT 3 for the provision of additional funding for consulting services through the end of the calendar year. This amendment shall increase this Agreement by \$5,000 for a new maximum consideration of \$55,000. This Agreement shall terminate on December 31, 2010.

Chuck provided an explanation, Mr. Jackson moved approval, Mr. Dahlstedt seconded, opened for discussion and Kathy Kershner expressed her disapproval stating that when facing budget cuts this work should be done by the competent staff at NSMHA not by consultants, 8 in favor, 2 opposed (Ms. Delahunt & Ms. Kershner), **motion carried.**

**Motion #10-100**

To approve NSMHA-TURNER HR-PSC-10 AMENDMENT 2 for the provision of increasing the Agreement by \$5,000 for a new maximum consideration of \$18,000. The term of this Agreement expires on December 31, 2010.

Chuck provided an explanation, Mr. Dahlstedt moved approval, seconded by Mr. Jackson, 9 in favor, 1 opposed (Ms. Kershner), **motion carried.**

**Motion #10-101**

To approve the Raintree proposal related to Sound Data database breakup. Changes to the NSMHA database need to be made to effectively be able to process the data NSMHA will receive from the providers individually. The process needs to be changed to be able to accommodate the automatic processing of data coming from multiple submitters and the return of processing reports to the respective submitter. Total consideration for this proposal is \$11,560

Chuck provided an explanation, Ms. Kershner moved approval, seconded by Mr. Dean, all in favor, **motion carried.**

**Bob Myhr excused himself from the meeting and Ken Dahlstedt assumed the position of Chair of the Board for the remainder of the meeting.**

**MEDICAID AMENDMENTS:**

**Motion #10-102**

To approve all of the following contracts for the provision of:

1. Pass through language requiring the provider to increase the frequency of excluded provider checks through the Office of the Inspector General's database. This creates an added workload to provider staff. There is no change to the term of this Agreement or the maximum consideration.
2. Budget reductions as specified above and in accordance with the Planning Committee's recommendations to the Board of Directors. The effective date on this Amendment is November 1, 2010, as in accordance with the Board Action today, modified plan B.
3. Replacing the current fee schedule with a new schedule defining outreach services billing codes. Outpatient outreach shall be paid at a higher fee only when outreach is at a psychiatric inpatient unit or jail. The fee schedule shall take effect on January 1, 2011.

<b>Provider</b>	<b>Reduction Amount</b>	<b>Maximum Consideration</b>
NSMHA-BRIDGWAYS-MEDICAID-09-11 AMENDMENT 3	<\$23,696>	\$1,394,094
NSMHA-Catholic Community Services NW-MEDICAID-09-11 AMENDMENT 3	<\$34,576>	\$5,411,222
NSMHA-Compass Health-MEDICAID-09-11 AMENDMENT 4	<\$1,471,614>	\$29,646,405
NSMHA-Interfaith Community Clinic-MEDICAID-09-11 AMENDMENT 3	<\$5,896>	\$631,391
NSMHA-Lake Whatcom-MEDICAID-09-11 AMENDMENT 3	<\$5,304>	\$1,125,966
NSMHA-Sea Mar -MEDICAID-09-11 AMENDMENT 3	<\$45,656>	\$1,552,561
NSMHA-Snohomish County-MEDICAID-09-11 AMENDMENT 1	<\$14,187>	\$418,156
NSMHA-Sunrise Services-MEDICAID-09-11 AMENDMENT 3	<\$120,000>	\$2,672,343
NSMHA-Volunteers of America-MEDICAID-09-11 AMENDMENT 2	<\$38,857>	\$2,667,920
NSMHA -Whatcom Counseling and Psychiatric Clinic-MEDICAID-09-11 AMENDMENT 3	<\$73,198>	\$5,616,284

Chuck provided an explanation of the Medicaid contract changes. Mr. Jackson moved approval, seconded by Mr. Stark and a question that this will be in accordance with Board action today; yes, Chair called for the vote, all in favor, **motion carried (10-102).**

#### **STATE CONTRACT AMENDMENTS:**

##### **Motion # 10-103**

To approve DSHS-DBHR-NSMHA-SMHC-09-11 AMENDMENT 5 for the provision of terminating Special Projects: Jail Transitions Services (JTS), Expanded Community Services (ECS) and Program for Adaptive Living Skills (PALS).

##### **Motion #10-104**

To approve all of the following contracts for the provision of terminating the services above and recommended budget reductions in the follow in areas:

##### **Effective November 1, 2010**

1. Wage Earner – eliminated
2. SNOHOMISH COUNTY WESTERN STATE LIAISON FUNDING REDUCTION OF \$4,104 (Snohomish County);
3. REDUCTION IN FFS SERVICES,
  - a. -2.39% REGIONAL CHILDREN'S OUTPATIENT &
  - b. -2.39% IN ADULT OUTPATIENT IN ISLAND, SAN JUAN, SKAGIT AND WHATCOM COUNTIES,
  - c. -15.58% IN ADULT OUTPATIENT IN SNOHOMISH COUNTY
  - d. -18.85% IN SNOHOMISH COUNTY (all outpatient providers);
4. REDUCTION IN SUPPORTED EMPLOYMENT OF -30.05% (Sunrise & WCPC);
5. FLEX FUND REDUCTION OF -10% (all outpatient providers)
6. REDUCTION OF COUNTY ADMINISTRATIVE FUNDING BY 14.2%

##### **Effective January 1, 2011:**

1. Program for Adaptive Living Skills (PALS)
2. REDUCTION IN ICRS CAPACITY PAYMENTS AND VOA CRISIS/TIRAGE & INPATIENT OF -2.39% IN ALL 5 COUNTIES (Compass Health, WCPC & VOA)
3. Sedro-Woolley Evaluation and Treatment Facility

Provider	Reduction Amount	Maximum Consideration
NSMHA-DSHS-DBHR-NSMHA-SMHC-09-AMENDMENT 5	<\$1,962,667>	\$
NSMHA-ISLAND COUNTY- <b>JAIL SERVICES</b> -09-11	<\$13,875>	\$152,625
NSMHA-SKAGIT COUNTY- <b>JAIL SERVICES</b> -09-11	<\$15,000>	\$165,000
NSMHA-SNOHOMISH COUNTY- <b>JAIL SERVICES</b> -09-11	<\$74,687>	\$709,525
NSMHA-WHATCOM COUNTY- <b>JAIL SERVICES</b> -09-11	<\$22,436>	\$246,792
NSMHA-BRIDGWAYS-SMHC-09-11 AMENDMENT 2	<\$13,992>	\$1,614,372
NSMHA-CCSNW-SMHC-09-11 AMENDMENT 4	<\$35,928>	\$386,766
NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 4	<\$1,270,430>	\$13,119,196
NSMHA-INTERFAITH COMMUNITY CLINIC-SMHC-09-11 AMENDMENT 2	<\$4,968>	\$146,580
NSMHA-LAKE WHATCOM-SMHC-09-11 AMENDMENT 2	<\$93,216>	\$2,232,045
NSMHA-SEA MAR-SMHC-09-11 AMENDMENT 2	<\$16,608>	\$250,026
NSMHA-SNOHOMISH COUNTY-SMHC-09-11 AMENDMENT 3	<\$11,438>	\$3,586,923
NSMHA-SUNRISE SERVICES-SMHC-09-11 AMENDMENT 2	<\$70,192>	\$779,634
NSMHA-VOUNTEERS OF AMERICA-SMHC-09-11 AMENDMENT 2	<\$7,401>	\$892,804
NSMHA-WHATCOM COUNSELING & PSYCHIATRIC CLINIC-SMHC 09-11 AMENDMENT 2	<\$86,958>	\$1,948,561
NSMHA-ISLAND-ADMIN-10	<\$1,215>	\$50,103
NSMHA-SAN JUAN-ADMIN-10	<\$1,021>	\$50,011
NSMHA-SKAGIT-ADMIN-10	<\$1,306>	\$53,858
NSMHA-WHATCOM-ADMIN-10	<\$1,490>	\$61,484

Chuck provided explanations for motions 10-103 and 10-104 and stated the numbers would be changed in accordance with Board action today, Mr. Stark moved motions 10-103 & 10-104, seconded by Mr. Dean, all in favor, **motion carried.**

**Motions 10-105**

**To approve PATH services in Snohomish and Whatcom Counties and will be moved with one motion**

Provider	Amount
To approve DBHR-NSMHA-PATH-10-12 for the provision of PATH services in Whatcom County. This is a homeless outreach grant with Whatcom Counseling & Psychiatric Clinic. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$45,453.	\$45,453
To approve DBHR-NSMHA-PATH-10-12 for the provision of PATH services in Snohomish County. This is a homeless outreach grant with Compass Health. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$138,820.	\$138,820
To approve NSMHA-WCPC-PATH-10-12 for the provision of PATH homeless services in Whatcom County. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$45,453.	\$45,453
To approve NSMHA-COMPASS HEALTH-PATH-10-12 for the provision of PATH homeless services in Snohomish County. The term of this Agreement is October 14, 2010 through June 30, 2012. The maximum consideration for this grant is \$138,820.	\$138,820

Chuck provided an explanation for **10-105**, moved by Ms. Kershner, seconded by Mr. Dean, all in favor, **motion carried.**

**Motion #10-106**

To authorize the Executive Director to enter into agreement with one of our member counties to utilize Medicaid match funding.

Chuck provided an explanation for **10-106**, Ms. Kershner moved approval, seconded by Mr. Dean, all in favor, **motion carried.**

## **16. Introduction Items**

Chuck explained the Intensive Wraparound and CHAP motions and asked for approval to sign when we receive the contracts. He noted this is a shared expense with Children's Administration, the funding will run through NSMHA and monitoring by NSMHA, motions **10-107 through 10-116**, moved by Mr. Dean, seconded by Mr. Stark, all in favor, **motion carried.**

### **Intensive Wraparound:**

#### **Motion #10-107**

To approve an Interlocal Agreement with Division of Family Services – Children's Administration and NSMHA for the provision of Intensive Wraparound Services to replace the current Children's Hospital Alternative Program (CHAP) in Skagit County. The term of this Agreement is December 1, 2010 to June 30, 2011 with a maximum consideration of \$.

#### **Motion #10-108**

To approve NSMHA-CCSNW-INTENSIVE WRAPAROUND-SMHC-10-11 for the provision of Intensive Wraparound Services to replace the current CHAP services Skagit County. The term of this Agreement is December 1, 2010 to June 30, 2011 for a maximum consideration of \$.

#### **Motion #10-109**

To approve NSMHA-CCSNW-SMHC-09-11 AMENDMENT 4 for the provision of removing Children's Hospital Alternative Program from the State Contract and moving the services to a separate contract to serve Skagit County. This Amendment will take effect on December 1, 2010 and shall reduce the consideration by \$ for a new maximum consideration of \$.

#### **Motion #10-110**

To approve NSMHA-CCSNW-INTENSIVE WRAPAROUND-MEDICAID-10-11 for the provision of Intensive Wraparound Services to replace the current CHAP services in Skagit County. The term of this Agreement is December 1, 2010 to June 30, 2011 for a maximum consideration of \$.

#### **Motion #10-111**

To approve NSMHA-CCSNW-MEDICAID-09-11 AMENDMENT 3 for the provision of removing Children's Hospital Alternative Program from the State Contract and moving the services to a separate contract to serve Skagit County. This Amendment will take effect on December 1, 2010 and shall reduce the consideration by \$ for a new maximum consideration of \$.

#### **Motion #10-112**

To approve an Interlocal Agreement with Division of Family Services – Children's Administration and NSMHA for the provision of Intensive Wraparound Services to replace the current Children's Hospital Alternative Program (CHAP) in Island County. The term of this Agreement is December 1, 2010 to June 30, 2011 with a maximum consideration of \$.

#### **Motion #10-113**

To approve NSMHA-COMPASS HEALTH-INTENSIVE WRAPAROUND-SMHC-10-11 for the provision of Intensive Wraparound Services to replace the current CHAP services Island County. The term of this Agreement is December 1, 2010 to June 30, 2011 for a maximum consideration of \$.

#### **Motion #10-114**

To approve NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 10 for the provision of removing Children's Hospital Alternative Program from the State Contract and moving the services to a separate contract

to serve Island County. This Amendment will take effect on December 1, 2010 and shall reduce the consideration by \$ for a new maximum consideration of \$.

**Motion #10-115**

To approve NSMHA-COMPASS HEALTH-INTENSIVE WRAPAROUND-MEDICAID-10-11 for the provision of Intensive Wraparound Services to replace the current CHAP services in Island County. The term of this Agreement is December 1, 2010 to June 30, 2011 for a maximum consideration of \$.

**Motion #10-116**

To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 AMENDMENT 9 for the provision of removing Children's Hospital Alternative Program from the State Contract and moving the services to a separate contract to serve Island County. This Amendment will take effect on December 1, 2010 and shall reduce the consideration by \$ for a new maximum consideration of \$.

**Motion #10-117**

To approve NSMHA-ISLAND COUNTY-ADMINISTRATION-11 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2011 through December 31, 2011. The maximum consideration on this Agreement is \$.

**Motion #10-118**

To approve NSMHA- SAN JUAN COUNTY-ADMINISTRATION-11 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2011 through December 31, 2011. The maximum consideration on this Agreement is \$.

**Motion #10-119**

To approve NSMHA- SKAGIT COUNTY-ADMINISTRATION-11 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2011 through December 31, 2011. The maximum consideration on this Agreement is \$.

**Motion #10-120**

To approve NSMHA-WHATCOM-ADMINISTRATION-11 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2011 through December 31, 2011. The maximum consideration on this Agreement is \$.

Chuck provided explanation for **motions 10-117 through 10-120**, moved by Mr. Dean, seconded by Mr. Stark, all in favor, **motion carried.**

**17. Adjourn**

Ken Dahlstedt thanked everyone for coming noting these are really difficult times. He said the next meeting would be December 9, 2010. The meeting was adjourned at 3:55.

Respectfully submitted:

Annette Calder  
Executive Assistant

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

**November 18, 2010**

**1:30 PM**

**AGENDA**

**Board Members Present:**

Jennifer Kingsley, designated alternate for Skagit County Commissioner, Ken Dahlstedt

**Board Members Present Via Telephone:**

Bob Myhr, San Juan County Council member, NSMHA Chair of the Board of Directors

Dave Gossett, Snohomish County Council member

Marylou Eckart, designated alternate for Snohomish County Council member, Stephanie Wright

John Dean, Island County Commissioner

Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon

Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen

Arthur Jackson, NSMHA Advisory Board Chair

**Staff Present:**

Chuck Benjamin, Greg Long, Bill Whitlock, Dennis Regan, Annette Calder

**Guests:**

Kim Eldred, Donna Konicki, Cindy Ainsley

**1. Call to Order; Introductions – Chair Myhr**

Chair Myhr called the meeting to order at 1:35 and introductions were made. Chair Myhr read into the record the purpose of the meeting of the NSMHA Board of Directors is to:

- Take action on Budget Recommendations from the Planning Committee,
- Amend County Contracts for Jail Services and Administration
- To approve contracts for Expanded Community Services,
- To approve Fee For Service payment re-allocations, and
- To approve payment for Outreach Services.

**2. North Sound Evaluation and Treatment Center**

**Motion #10-121**

To approve NSMHA-COMPASS HEALTH-SMHC-09-11 Amendment 5 for the provision of removing all language regarding the operation of the North Sound Evaluation and Treatment Center (E&T) and the removal of the December 2010 capacity payment for the North Sound E&T, which is now closed. This reduces funding by \$139,380 for the remainder of the contract period. This reduction is effective December 1, 2010.

**Motion #10-122**

To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 Amendment 5 for the provision of removing all language regarding the operation of the North Sound Evaluation and Treatment Center (E&T) and the removal of the December 2010 capacity payment for the North Sound E&T, which is now closed. This reduces funding by \$139,380 for the remainder of the contract period. This reduction is effective December 1, 2010.

Chuck Benjamin provided an explanation for motions **10-121** and **10-122**. Moved by Dave Gossett, seconded by Marylou Eckart, all in favor, **motion carried**.

### **3. Mental Health System Funding Reductions**

#### **State Mental Health Funding:**

**Motion # 10-123** To approve NSMHA-LAKE WHATCOM-SMHC-09-11 Amendment 3 for the provision of reducing the Expanded Community Service program by 9.43%. This restores ECS funding by \$60,460 for the remainder of the contract period. This reduction was effective November 1, 2010.

**Motion # 10-124** To approve NSMHA-COMPASS HEALTH-SMHC-09-11 Amendment 5 for the provision of reducing the Expanded Community Service program by 9.43%. This restores ECS funding by \$52,848 for the remainder of the contract period. This reduction was effective November 1, 2010.

#### **Jail Services:**

**Motion # 10-125** To approve NSMHA-ISLAND COUNTY-JAIL SERVICES-09-11 Amendment 1 for the provision of reducing Jail Service funding by 9.43%. This reduces the maximum consideration on the Jail Service funding to \$161,276 for the remainder of the contract period. This reduction was effective November 1, 2010.

**Motion # 10-126** To approve NSMHA-SKAGIT COUNTY-JAIL SERVICES-09-11 Amendment 1 for the provision of reducing Jail Service funding by 9.43%. This reduces the maximum consideration on the Jail Service funding to \$174,342 for the remainder of the contract period. This reduction was effective November 1, 2010.

**Motion # 10-127** To approve NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-09-11 Amendment 1 for the provision of reducing Jail Service funding by 9.43%. This reduces the maximum consideration on the Jail Service funding to \$756,041 for the remainder of the contract period. This reduction was effective November 1, 2010.

**Motion # 10-128** To approve NSMHA-WHATCOM COUNTY-JAIL SERVICES-09-11 Amendment 1 for the provision of reducing Jail Service funding by 9.43%. This reduces the maximum consideration on the Jail Service funding to \$260,764 for the remainder of the contract period. This reduction was effective November 1, 2010.

#### **County Contracts:**

**Motion # 10-129** To approve NSMHA-ISLAND COUNTY-ADMINISTRATION-10 Amendment 1 for the provision of reducing administrative funding by 5.63%. This reduces funding by \$482 for the remainder of the contract period. This reduction is effective November 1, 2010.

**Motion # 10-130** To approve NSMHA-SAN JUAN COUNTY-ADMINISTRATION-10 Amendment 1 for the provision of reducing administrative funding by 5.63%. This reduces funding by \$522 for the remainder of the contract period. This reduction is effective November 1, 2010.

**Motion # 10-131** To approve NSMHA-SKAGIT COUNTY-ADMINISTRATION-10 Amendment 1 for the provision of reducing administrative funding by 5.63%. This reduces funding by \$518 for the remainder of the contract period. This reduction is effective November 1, 2010.

**Motion # 10-132** To approve NSMHA-SNOHOMISH COUNTY-SMHC-09-11 Amendment 3 for the provision of reducing administrative funding by 5.63%. This reduces funding by \$3,694 for the remainder of the contract period. This reduction is effective November 1, 2010.

**Motion # 10-133** To approve NSMHA-SNOHOMISH COUNTY-MEDICAID-09-11 Amendment 2 for the provision of reducing administrative funding by 5.63%. This reduces funding by \$5,352 for the remainder of the contract period. This reduction is effective November 1, 2010.

**Motion #10-143** To approve NSMHA –WHATCOM COUNTY-ADMINISTRATION-10 Amendment 1 for the provision of reducing funding by 5.63%. This reduces funding by \$591 for the remainder of the contract period. This reduction is effective November 1, 2010.

Chuck Benjamin reviewed the materials with the Board and provided explanations for motions **10-123** through **10-133** and **10-143**. Jennifer Kingsley moved approval of motions **10-123, 10-124, 10-125, 10-126, 10-127, 10-128, 10-129, 10-130, 10-131, 10-132, 10-133 and 10-143**; seconded by Ken Stark, all in favor, **motion carried**.

#### **4. Fee For Service Payment Re-Allocation**

##### **Medicaid Funding:**

**Motion # 10-134** To approve NSMHA-BRIDGWAYS-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will increase funding by \$38,784 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-135** To approve NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will increase funding by \$19,919 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-136** To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 Amendment 5 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will reduce funding by \$24,830 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-137** To approve NSMHA-IINTERFAITH-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will reduce funding by \$5,000 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-138** To approve NSMHA-LAKE WHATCOM-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will increase funding by \$2,914 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-139** To approve NSMHA-SEA MAR-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will increase funding by \$18,381 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-140** To approve NSMHA-SUNRISE SERVICES-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will decrease funding by \$25,170 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

**Motion # 10-141** To approve NSMHA-WCPC-MEDICAID-09-11 Amendment 4 for the provision of fund reallocations based on the fee for service utilization model implemented in 2007. This amendment will increase funding by \$3,750 through June 30, 2011. The term of this Agreement ends on September 30, 2010.

Chuck reviewed the Fee For Service Payment Re-Allocation documents with the group and provided Kim Eldred opportunity to address the Board on behalf of Sunrise Services. Kim addressed the Board regarding the earn-back and respectfully requested that no money be transferred away from Sunrise Services. Donna Konicki also addressed the Board regarding the transfer and earn-back.

Dave Gossett asked about past practice of reallocation of funds; was it reallocated when not utilized or was it available for earn-back. Discussion followed and Dennis stated this recommendation is for future funding starting in January. Regina Delahunt moved approval of motions **10-134, 10-135, 10-136, 10-137, 10-138, 10-139, 10-140, and 10-141**, seconded by Dave Gossett, all in favor, **motion carried**.

#### **5. Fee For Service Outreach Payment**

**Motion #10-142** To approve the agreement made by NSMHA and the providers to change the outreach payment to all locations except those to residential facilities that are owned and/or operated by an agency.

Chuck provided an explanation for the Fee For Service Outreach Payment issue and related NSMHA's recommendation. Jennifer Kingsley moved motion **10-142**, seconded by Arthur Jackson, all in favor, **motion carried**.

#### **6. Adjourn**

Chair Myhr adjourned the meeting at 2:12 p.m.

Respectfully submitted:

Annette Calder  
Executive Assistant