

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
BOARD OF DIRECTORS MEETING
NSMHA Conference Room
Mount Vernon, WA
April 8, 2010
1:30 PM**

AGENDA

Page #/Tab

1. **Call to Order; Introductions – Chair Myhr**
2. **Revisions to Agenda – Chair Myhr**
3. **Approval of Minutes– Chair Myhr motion #10-014**
 - **To review and approve the minutes March 11, 2010 3-6**
4. **Comments & Announcements from the Chair**
5. **Reports from Board Members**
6. **Comments from the Public**
7. **Report from the Advisory Board – Arthur Jackson, Chair**
8. **Report from the Executive/Personnel Committee – Dave Gossett, Chair**
9. **Report from the Quality Management Oversight Committee – Anne Deacon, Chair**
10. **Report from the Planning Committee – Regina Delahunt, Chair**
 - **Recommendations on Fee For Service budget transfers within agencies Tab 1**
11. **Report from the Executive Director – Chuck Benjamin, Executive Director**
12. **Report from the Finance Officer – Bill Whitlock, Fiscal Officer Tab 2**
13. **Report from the Finance Committee – Ken Stark, Chair**
14. **Consent Agenda – Finance Committee**

<p>All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.</p>

Motion #10-015

To review and approve North Sound Mental Health Administration’s claims paid from March 1, 2010 through March 31, 2010 in the amount of \$4,807,932.23. Payroll for the month of March in the amount of \$106,450.68 and associated employer paid benefits in the amount of \$43,437.30.

15. Action Items

Motion #10-016

To approve NSMHA-BROWN-PSC-10 for the provision of Psychiatric Consultation for NSMHA The term of this agreement is January 1, 2010 through December 31, 2010. The maximum consideration for this Agreement is \$36,000.

Motion #10-017

To approve NSMHA-McTAVISH-PSC-10 Amendment 1 for the provision of Leadership Development Consultation Services. The term of this Agreement is extended to June 30, 2010. The amount of this Amendment is \$13,400 for a total maximum on this Agreement of \$18,400.

Motion #10-018

To approve NSMHA-UNIVERSITY of WASHINGTON-PSC-10 for the provision of a Wraparound Comparison Evaluation by Dr Eric Bruns for non-fidelity Children's Wraparound Services in the Region. The term of this Agreement is April 19, 2010 through December 31, 2010. The maximum consideration on this Agreement is \$76,000.

16. Introduction Items

None

17. Adjourn

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
BOARD OF DIRECTORS MEETING
NSMHA Conference Room
Mount Vernon, WA
March 11, 2010
1:30 PM**

MINUTES

Board Members Present:

Bob Myhr, San Juan County Council, NSMHA Board of Directors Chair
Kathy Kershner, Whatcom County Council, NSMHA Board of Directors Vice Chair
Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon
Jennifer Kingsley, designated alternate for Skagit County Commissioner, Ken Dahlstedt
June LaMarr, The Tulalip Tribes
Arthur Jackson, NSMHA Advisory Board Chair
Jackie Henderson, designated alternate for Island County Commissioner, John Dean
Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen

Staff Present:

Chuck Benjamin, Greg Long, Bill Whitlock, Annette Calder

Guests:

Otis Gulley, Anne Deacon

1. Call to Order; Introductions – Chair Myhr

Chair Myhr called the meeting to order at 1:30; welcomed everyone and introductions were made.

2. Revisions to Agenda – Chair Myhr

Chair Myhr asked if there were any revisions to the agenda; there were none.

3. Approval of Minutes– Chair Myhr

Chair Myhr asked if there were any revisions to the minutes of January 14, 2010; there were none. Mr. Stark moved approval, seconded by Ms. Delahunt, all in favor, **motion carried, 10-010.**

4. Comments & Announcements from the Chair

Chair Myhr officially welcomed Kathy Kershner to the Board and said he looked forward to her regular participation on this Board. Jackie Henderson stated she was excited to see Kathy here on this Board as they used to work together in Island County.

5. Reports from Board Members

Chair Myhr announced the 10th annual NSMHA Tribal Conference, “Every Person Has a Story” is being on Thursday, May 13th. Chair Myhr encouraged all to attend the conference. He also noted that was also the date of the NSMHA Board of Directors meeting for May and said the meeting would likely be held at the Skagit Resort in Bow, same place as the Tribal Conference.

6. Comments from the Public

None

7. Report from the Advisory Board – Arthur Jackson, Chair

Arthur Jackson reported:

- The Advisory Board met on February 2nd and had a pre-meeting presentation by Otis Gulley about “Focus on Persons with Disabilities”.
- Minutes from January were approved as written.
- Fred Plappert provided a report on the Mental Health Planning and Advisory Council meeting he attended regarding the scoring system for the upcoming Federal Block Grants.
- The idea of NSMHA Advisory Board members visiting other local Advisory Board meeting to see how they function was mentioned.
- The Advisory Board discussed and approved their budget for 2010.
- Reports were received from:
 - Ombuds
 - Executive Director
 - Finance Committee
 - Executive Committee
 - Quality Management Oversight Committee (no report – no December meeting)
 - County Advisory Board members’ reports
- Chuck mentioned two contract amendments as an FYI that were approved by the Board of Directors at their January 14th meeting.
- Admission process to Whatcom County Triage Center was discussed.
- Susan Ramaglia mentioned a training group from NAMI Skagit that is prepared to conduct presentations throughout the region.
- The Wellness Recovery in Action Program (WRAP) training was clarified by Joanne Elkins from NAMI Whatcom.
- Arthur mentioned Snohomish County Council on Aging plans to draft a letter to Snohomish County Executive opposing any supplanting or supplanting in general due to supplanting language.

Arthur was thanked for his report. Ken Stark noted that Snohomish County Council did write the referenced letter.

8. Report from the Executive/Personnel Committee – Dave Gossett, Chair

Chair Myhr reported the committee met today, discussed the legislative session and funding. Chair Myhr noted that Kathy Kershner, Vice Chair will be a member of the Executive Personnel Committee, not Finance Committee as stated at the previous meeting.

9. Report from the Quality Management Oversight Committee – Anne Deacon, Chair

Anne Deacon reported:

- The meeting was held January 27, 2010, and the November summary was approved as written. A lot took place and some of the highlights are:
- Compass announced the start of a new Medical Clinic in Bailey Center, which is a partnership with Molina.
- David Small reminded people that the Everett Mall Way Sea Mar Clinic has moved to Claremont Way.
- Inter-rater Reliability was discussed.
- Clinical Practice Guidelines – development of two new guidelines as required by the State each contract period
- Many policies were reviewed and approved.

Anne also reported on the February meeting:

- The meeting was held February 24, 2010, and the January summary was approved as written.
- welcomed Cindy Ainsley as the new *bridgeways* representative
- Anne said there was some very robust discussion at the February meeting, some about the decision making process at QMOC and the consensus model that is followed and how people can be more respectful to each other and hear all view points.
- Utilization Review Improvement Process
- Quality Management Plan Update

Anne was thanked for her report.

10. Report from the Planning Committee – Regina Delahunt, Chair

Regina Delahunt reported:

- The Planning Committee met on Friday, March 5, and were updated on several topics,
- one being the state budget and changes that will be made,
- GAU mental health program operations,
- Brief discussion on Children’s Mental Health Services being carved off from the RSN.
- Crisis Response System Review discussion took place and report is due early April.
- Bulk of the meeting dealt with discussion on program funding shifts requested by the agencies and recommended by NSMHA staff, with modification. Planning Committee passed a motion to approve those funding shifts as proposed by NSMHA staff. We will wait until after the state budget is released to make the actual categorical shifts. The request next month will be retroactive to April.
- Discussed the Consumer Information System Work Plan and it is near completion.

Regina was thanked for her report.

11. Report from the Executive Director – Chuck Benjamin, Executive Director

Chuck Benjamin reported:

- Awaiting the close of the legislative session and budget, approaching all cautiously,
- Crisis System Review is talking about Crisis Stabilization Units (CSU’s) and initially started out with 3, but there wasn’t enough utilization to establish 3 full units, now looking at one full CSU, and two partial CSU’s, will continue to report as this develops
- Leadership Team development taking place at NSMHA to align knowledge, skills and abilities of our staff resources with all of our tasks that we have to do. This is causing some anxiety amongst staff as we know we are facing more budget cuts. Noted his intention in doing this is so we make a good decision when we make a decision we don’t want to make. This will put us in good stead when we have to do that. The budget cuts really impact consumers and providers the most.

Chuck was thanked for his report.

12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer

Bill Whitlock reported:

- We do not have financial statements for the current year, 2010. We are still sorting out the old bills from 2009. We will present 2010 financial statements next month along with a final statement for 2009.
- We are requesting approval of the January and February payments and payroll.
- Working hard on the actuary study and still waiting to find out where we fall in the rate range. Chuck added that NSMHA has asked to match funds to bring in more Medicaid funding and discussed how that would work by using county dollars and then paying the county back plus 10%.

- Chuck added that he is in discussions with the counties to use county funding to obtain Medicaid match funding and thanked the counties for stepping forward on the match funding issue. NSMHA is waiting to hear from DSHS if they will approve the use of match funding.

Bill was thanked for his report.

13. Report from the Finance Committee – Chair to be determined

Ken Stark reported the committee met today and reviewed all claims and expenses paid for January and February and has two motions to bring forward and will do so now; see below.

14. Consent Agenda – Finance Committee

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Motion #10-011

To review and approve North Sound Mental Health Administration’s claims paid from January 1, 2010 through January 31, 2010 in the amount of \$4,372,429.90. Payroll for the month of January in the amount of \$112,993.83 and associated employer paid benefits in the amount of \$46,185.04.

Moved by Ken Stark, seconded by Jackie Henderson, all in favor, **motion carried.**

Motion #10-012

To review and approve North Sound Mental Health Administration’s claims paid from February 1, 2010 through February 28, 2010 in the amount of \$5,339,178.80. Payroll for the month of February in the amount of \$106,392.60 and associated employer paid benefits in the amount of \$42,607.62.

Moved by Ken Stark, seconded by Arthur Jackson, all in favor, **motion carried.**

15. Action Items

Motion #10-013

To approve NSMHA-MCPP-PSC-09-10 AMENDMENT 1 for the provision of continuing the consulting services of MCPP on the regional crisis review. The amount of this amendment is \$10,000 for a new maximum consideration of \$40,000. The end date of this Agreement remains June 30, 2010.

Chuck provided an explanation of Motion 10-013. Ken Stark moved approval, seconded by Regina Delahunt, all in favor, **motion carried.**

16. Introduction Items

None

17. Adjourn

Chair Myhr thanked everyone for coming and adjourned the meeting at 1:56 p.m.