



Advisory Board

Pre-Meeting

April 6, 2010

12:15

By

Jim Cozad

**Opportunity Council of Whatcom
County**

MEMORANDUM

DATE: March 23, 2010
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: April 8, 2010, Board of Director's Agenda

Please note the following item will go before the Board of Directors at their April 8, 2010, meeting.

To approve NSMHA-BROWN-PSC-10 for the provision of Psychiatric Consultation for NSMHA. The term of this agreement is January 1, 2010 through December 31, 2010. The maximum consideration for this Agreement is \$36,000.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

**April 6, 2010
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the November 2009 Meeting Minutes, Chair – 5 minutes
4. Ombuds/Quality Review Team (QRT) Report
5. Brief Announcements – 3 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Old Business:
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – 5 minutes
 - c. Executive Committee/Agenda Committee – 5 minutes
 - d. QMOC Report – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be May 4, 2010, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

March 2, 2010

1:00 – 3:00

Present:	Island: <i>Terry Ann Gallagher</i> Skagit: <i>Mary Good and Susan Ramaglia</i> Snohomish: <i>Arthur Jackson, Otis Gulley, Marie Jubie and Fred Plappert</i> Whatcom: <i>Russ Sapienza, Dary Hocker and Larry Richardson</i>
Excused Absence:	Island: <i>Candace Trautman</i> Whatcom: <i>Charles Albertson</i>
Absent:	Skagit: <i>Joan Lubbe</i>
Staff:	<i>Chuck Benjamin, Greg Long, Margaret Rojas and Rebecca Pate</i>
Guests:	<i>Laurel Britt and Chuck Davis</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS		
Chair Jackson	<p>The Chair convened the meeting at 1:07 and introductions were made.</p> <p>There was a pre-meeting presentation by Greg Long was given regarding Performance Measures. The following was presented:</p> <p>Greg distributed a handout regarding Performance Measures (PM), which are required by NSMHA’s contract with the State. He stated these must be presented and discussed with the Regional Advisory Board. He acknowledged that three (3) Regional PM and two (2) Statewide Performance Improvement Projects (PIP) must be done within a given year. He reviewed the state requirements for PM. Greg reviewed 7 possible recommendations for PM and stated 3 must be recommended by March 31st.</p> <p>The following recommended measures were presented:</p> <ol style="list-style-type: none"> 1. Inpatient Diversion rates: Dispatches whose outcome is other than detention or refer to voluntary inpatient services – Inpatient Utilization 2. Crisis Respite Bed Utilization: Services in Least Restrictive Environment 3. Co-Occurring Disorders are Identified – Quality of Services 4. Seclusion and Restraints – Self Direction. Greg mentioned when this was a PIP numbers went down but they have shown an increase over time. He mentioned NSMHA would like to have this to see the numbers go back down. 	Informational

	<p>Measures discussed for possible development in the future:</p> <ol style="list-style-type: none"> 1. Referral to Primary Care Provider at Intake – Care Coordination and Continuity/Consume Health. 2. Coordination of Care with Primary Care Providers – Care Coordination and Continuity/Consumer Health. 3. Home Based Services for Children and Youth – Community Based Services. <p>Greg sought feedback from the Advisory Board for their recommendations that can be presented to the Planning Committee. The Advisory Board input was as follows:</p> <ol style="list-style-type: none"> 1. Arthur stated if the first three (3) were recommended it would impact #4. 2. Susan said differences in population would be affected depending on their issues (i.e., out-of-control). 3. Chuck and Greg acknowledged that 1-4 are the primary ones that NSMHA would like to focus on because the future project development are not possible at this time. <p>Arthur asked if more was needed from Advisory Board. Greg said if further comments needed to be made they should be made at Quality Management Oversight Committee.</p>	
REVISIONS TO THE AGENDA		
Chair Jackson	The Chair asked for any revisions to the agenda and travel to Olympia, training sessions and site visits were added.	Informational
APPROVAL OF MINUTES		
Chair Jackson	The Chair asked for any revisions to the February minutes. A motion was made to approve the minutes as amended, seconded and motion carried.	Informational Motion carried
OMBUDS/QUALITY REVIEW TEAM (QRT) REPORT		
Chuck Davis	Chuck provided the Ombuds snapshot and QRT report. Chuck mentioned they have and are continuing to experience difficulty with their phone system. He said if people have been trying to call after hours he apologizes for any difficulties consumers may be experiencing. He said day before yesterday they installed new software system and hardware server system and promised Chuck their calls would come directly to them instead of routing through Community Action Agency.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Jackson	The Chair stated a comment was to be received about the individual that came previously regarding housing problem. Margaret will follow up on this issue for the next meeting.	Informational Margaret will follow up before next meeting.

NEW BUSINESS		
Chair Jackson	<p>The Chair mentioned travel to Olympia and acquisition of a bus for NAMI Day. The Chair said Finance Committee discussed discontinuing the bus charter and opting for 4-5 people carpooling three or four times throughout the legislative session. Discussion followed.</p> <p>The other issue was the Wellness Recover in Action Program (WRAP) training and the WA Behavioral Health Conference (BHC) and how many slots would be recommended.</p> <p>Fred mentioned he spoke with a charge nurse at Stevens and was told they are considering closing their psych beds. In the public meeting regarding the merge with Swedish, there was discussion to close the beds at Stevens and it was acknowledged that any closure must go through the hospital commissioners. Chuck said NSMHA would follow up on this.</p>	<p>Informational</p> <p>Chuck will follow up on possible psych bed closures at Stevens Hospital</p>
OLD BUSINESS		
Chair Jackson	<p>The Chair asked for any old business and Otis mentioned the County Auditors meeting/presentation was very successful and developed into 11 additional presentations throughout the region.</p> <p>He mentioned he is working with Volunteers of America (VOA) on issues and VOA will be conducting a pre-meeting at the Advisory Board. Rebecca confirmed VOA is already on the pre-meeting schedule.</p>	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	<p>Chuck said a lot is still going on regarding legislation and the fiscal impact is finally being discussed. He mentioned the House and Senate budgets do not agree; however, they are both better than the Governor's budget. He added I-960 to override the 2/3 majority vote for tax increases was done, which may help. He said the Medicaid and State only cuts are still unknown but NSMHA is guessing \$2.2 – \$2.5 million will be the State only cut. He stated Medicaid budget would remain neutral but this only means there may not be a cut in funding but there are and will be more people seeking services. NSMHA will have to serve these additional individuals with no increase in Medicaid funding and the benefit package is not changing.</p> <p>He said a review is ongoing regarding Crisis Review System with a good outcome. He said things that have been recommended will be difficult to fund with the budget cuts so recommendations will be discussed to determine what will be done. He added he is talking broadly now but when a full report is received a presentation will be given to the Advisory Board.</p>	Informational
	Finance Committee	
Mary Good	Mary reported that the committee met and discussed sponsoring two WRAP trainings at a total cost of \$1,828.00 plus mileage.	Informational

	<p>This would be an increase of \$328 above already allocated \$1,500. A motion was made to approve the additional funding, seconded and motion carried with one abstention.</p> <p>Mary said the Behavioral Health Conference (BHC) was discussed and the committee recommended funding 15 slots. Rebecca will provide past costs information at next month's meeting so the full Board can make an informed decision. It was asked if a number was desired for Board members.</p> <p>A clean and track changes version of the revised reimbursement and travel policies will be completed and presented next month for discussion and approval.</p>	<p>Motion carried</p> <p>Rebecca gather information for past costs for BHC</p> <p>Rebecca provide clean and track changes policies</p>
	Executive/Agenda Committee	
Chair Jackson	<p>Arthur mentioned Fred and Otis are new appointees to Quality Management Oversight Committee (QMOC). He asked they leave the room for discussion of their applications.</p> <p>The committee was informed Charles sent an email to Rebecca stating he would be stepping down from the Advisory Board but will remain as a member of QMOC.</p> <p>Site visits were mentioned with two optional dates. Rebecca will send out another email confirming with the full Board their date preference. She will then contact Rainbow Center and Lake Whatcom Center to confirm the visit.</p>	<p>Informational</p> <p>Charles Albertson is resigning</p> <p>Rebecca will confirm site visits</p>
	Quality Management Oversight Committee (QMOC) Report	
Marie Jubie	<p>Marie gave the following report:</p> <ol style="list-style-type: none"> 1. The meeting was held February 24, 2010, and the January summary was approved as written. 2. The following announcements were made: <ol style="list-style-type: none"> a. Updated rosters will be sent via email as an attachment b. Greg stated NSMHA is going through a significant organizational development initiative c. All NSMHA plans are being consolidated into one regional plan (i.e., Leadership Team, Quality Management, Strategic, Housing and Employment Plans) d. Anne welcomed Cindy Ainsley as the new <i>bridgeways</i> representative 3. The following Quality Issues were discussed: <ol style="list-style-type: none"> a. Policy Subcommittee report b. Quality Management Decision Making Process c. Utilization Review Improvement Process d. Performance Measures e. Quality Management Plan Update f. Medicaid Personal Care (MPC) 4. The next meeting will be March 24, 2010, from 1-3. 	<p>Informational</p>

	<p>She mentioned San Juan is open to others attending the meeting that occurs the third Monday of the month. Barbara will be extending an invitation regarding this to the NSMHA Advisory Board.</p>	
Skagit	<p>Susan said Jail Mental Health meetings are continuing. They are meeting with Catholic Community Services (CCS) for the mental health program and At Risk Youth Services (ARYS) case manager and therapists. The 1/10 committee met and will be trying to expand services for these programs.</p> <p>The county is interviewing for an office assistant/receptionist.</p> <p>The Mental Health Court team is changing because a therapist is leaving to go to Compass Health in Island County.</p> <p>They are organizing the next three-day Crisis Intervention Training (CIT), which may occur in May.</p> <p>They have been participating in the crisis review.</p>	Informational
Snohomish	<p>Marie has been officially invited by Barbara LaBrash to attend one of their local Advisory Board meetings.</p> <p>Services have started for outpatient and outreach programs for Mental Health and Chemical Dependency funded under the 1/10th of 1% sales tax.</p> <p>On February 17th, the Sales Tax board approved the recommendations of the Request for Proposal (RFP) committee regarding funding for Prevention/Intervention Services and Wellness. The successful applicants were the Edmonds School District for Prevention/Intervention Services and Compass Health/Molina for the Wellness Trainers. Contracts are currently being developed.</p> <p>Planning is underway for the next Project Homeless Connect, scheduled for June 29, 2010 at Cascade High School in Everett.</p> <p>Molina sent an email invite for all to attend the ribbon cutting April 15th at Compass Health on Broadway.</p>	Informational
Whatcom	<p>Russ said they did not meet last month but will meet March 8th, at St. Luke's Educational Center in Bellingham at noon. They are in the process of having a new employment specialist at Rainbow by the name of Jim Gilchrist. He said Sharon Sumner will be speaking at the Depression/Bi-Polar Support Alliance meeting March 9th at 7 pm at 1212 Indian Street in Bellingham. He said NAMI Whatcom is having an annual member meeting. He added Rainbow Center had a fundraiser which resulted in over \$600.00.</p>	Informational

	<p>Larry said NAMI Whatcom has new interim leadership of Mrs. Haggan. He mentioned the mental health budget added Crisis Intervention Training to their budget. Otis asked Larry to invite the new NAMI leadership to the VOA presentation. Larry said they might rather have Otis attend one of their educational meetings.</p> <p>Russ said they are having a Homeless Connect at Depot Square from 9-4 on March 4th.</p>	
COMMENTS FROM THE PUBLIC		
Otis Gulley	<p>Otis mentioned he has worked hard on some things to go present in Washington, D.C. He explained why he is driven to advocate for persons with disabilities and plans to invite someone from the Board to go with him to Washington, D.C. He briefly acknowledged what his plans are regarding his proposed trip.</p>	Informational
OTHER BUSINESS		
Chair Jackson	<p>The Chair asked for any other business and nothing was mentioned.</p>	Informational
ADJOURNMENT		
Chair Jackson	<p>Larry made a motion to adjourn, seconded and motion carried.</p> <p>The meeting was adjourned at 2:31 and the next meeting will be April 6, 2010.</p>	<p>Motion carried</p> <p>Informational</p>