



Advisory Board Pre-Meeting

**Peer Connections
Skagit County**

January 5, 2010

12:15

by

Eve Brown

MEMORANDUM

DATE: December 24, 2009

TO: NSMHA Advisory Board

FROM: Chuck Benjamin, Executive Director

RE: January 7, 2010, Board of Director's Agenda

Please be advised the following will go before the Board of Directors at the January 7, 2010 meeting.

To approve NSMHA-COMPASS HEALTH-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Compass Health has been allotted 40 slots at a rate of \$200 per slot per month for \$8,000 per month.

To approve NSMHA-INTERFAITH CLINIC-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Compass Health has been allotted ? slots at a rate of \$200 per slot per month for \$?per month.

To approve NSMHA-COMPASS HEALTH-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Compass Health has been allotted ? slots at a rate of \$200 per slot per month for \$? per month.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

**January 5, 2010
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the December 2009 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
7. Old Business:
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - i. Previous recommendations regarding Clinical Guidelines and Quality Management Biennial Work Plan & Summary
 - b. Finance Committee – 5 minutes
 - c. Executive Committee/Agenda Committee – 5 minutes
 - d. QMOC Report – 5 minutes
 - e. Nomination Committee – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
13. Adjournment

NOTE: The next Advisory Board meeting will be February 2, 2010, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD
December 1, 2009
1:00 – 3:00

Present:	Island: <i>Candace Trautman and Terry Ann Gallagher</i> Skagit: <i>Mary Good</i> Snohomish: <i>Otis Gulley and Marie Jubie</i> Whatcom: <i>Russ Sapienza and Larry Richardson</i>
Excused Absence:	San Juan: <i>Mary Ann Slabaugh</i> Skagit: <i>Joan Lubbe</i> Snohomish: <i>Fred Plappert and Arthur Jackson</i> Whatcom: <i>Darcy Hocker and Charles Albertson</i>
Absent:	San Juan: <i>Catherine Ellis</i>
Staff:	<i>Margaret Rojas, Chuck Benjamin, Cindy Ainsley and Rebecca Pate</i>
Guests:	<i>Chuck Davis and Kim Olander</i>

MINUTES

TOPIC	DISCUSSION	ACTION
-------	------------	--------

CALL TO ORDER AND INTRODUCTIONS		
Marie Jubie	Marie convened the meeting in the Chair's absence and introductions were made. Chuck Davis introduced the new Ombuds person, Kim Olander. The Advisory Board held their annual holiday potluck from 12 – 1.	Informational
REVISIONS TO THE AGENDA		
Marie Jubie	Marie asked for any revisions to the agenda and none were made.	Informational
APPROVAL OF MINUTES		
Marie Jubie	Marie asked for any revisions to the November minutes. Candace made a motion to approve the minutes as written, seconded and motion carried.	Informational Motion carried
OMBUDS REPORT		
Chuck Davis	Chuck gave the Ombuds snapshot report. He said contact with Latinos is up to 5% and believes their outreach may be working well. He said they would like to conduct more Quality Review Team (QRT) visits just to see how things are going. They would like to review WMIRT results and research areas of interest.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Jackson	The Chair was an excused absence.	Informational
NEW BUSINESS		
Marie Jubie	Marie asked for any new business and nothing was mentioned.	Informational
OLD BUSINESS		
Marie Jubie	Marie asked for any old business and nothing was mentioned.	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	Chuck said it will be requested to approve the proposed 2010 operating budget by the Board of Directors (BOD) in December. He said this budget will probably need to be amended with the	Informational

	<p>further budget cuts. He requested a recommendation from the Advisory Board for BOD approval. Discussion followed. Chuck gave a brief review of the PowerPoint presentation given to the BOD in November for clarification. Otis made a motion to recommend approval, Candace seconded and motion carried.</p>	Motion carried
	Finance Committee	
Mary Good	<p>Mary said the committee met and reviewed the expenditures. It was reported a refund was put back into the budget for the two days lodging previously charged for Margaret. All other expenditures were straight forward. A motion was made to recommend approval of expenditures by the BOD, seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p>
Otis Gulley	<p>Otis requested mileage reimbursement for mental health first aid training at Compass in February 2010. This will be discussed further in January.</p>	
	Executive/Agenda Committee	
Marie Jubie	<p>The representative position of Catherine Ellis was discussed and a letter will be drafted and sent to Barbara LaBrash with a copy to Catherine. Larry made a motion to draft the letter regarding Catherine and inquire about a replacement, seconded and motion carried.</p> <p>The video equipment held at Whatcom Counseling and Psychiatric Clinic (WCPC) was discussed as to where it is stored and how it is being used. Margaret is going to research the contractual requirements to ensure it is being appropriately used. Margaret will draft a letter to be sent to WCPC once she has researched the specific contract language.</p> <p>The issue regarding public speaking was discussed. More research will be done and report back in January.</p>	<p>Informational</p> <p>Draft letter to Cty. Coord.</p> <p>Motion carried</p> <p>Draft letter to WCPC</p>
	Quality Management Oversight Committee (QMOC) Report	
Marie Jubie	<ol style="list-style-type: none"> 1. The meeting was held November 25, 2009, and the October summary was approved as amended. 2. The following announcements were made: <ol style="list-style-type: none"> a. Compass recently did well on their licensing audit. b. Chuck D. mentioned Kim Olander is up as Susan Lange's replacement. c. Snohomish County is preparing Request for Proposals (RFP) to be released. d. Sea Mar is moving to their new Everett location e. Chris Tobey will replace Rebecca Clark for Skagit County. f. Provider One implementation has been postponed to March or April. g. Cindy announced the External Quality Review Organization (EQRO) review went well and NSMHA received positive feedback. 	Informational

	<p>h. Greg stated the “Strategic Planning” survey is complete with over 500 responses. A draft is being prepared to go before the Planning Committee.</p> <p>3. Old Business:</p> <p>a. Charissa updated the committee on the Re-authorization elements.</p> <p>b. Mike Watson mentioned housing concerns and Greg mentioned NSMHA is considering a housing forum early next year.</p> <p>4. The following Quality Issues were discussed:</p> <p>a. Clinical Practice Guidelines links</p> <p>b. Quality Management Work Plan Report Summary</p> <p>c. Quality Management Plan 2010-2013</p> <p>d. New Utilization Review Interpretive Guidelines Tool</p> <p>5. The December meeting is cancelled. The next meeting will be January 27, 2010, from 1-3.</p> <p>Cindy was present to give a brief presentation on the revised Clinical Guidelines. She asked for a recommendation of approval by the BOD. Otis made a motion to recommend approval by the BOD, Candace seconded and motion carried.</p> <p>Cindy gave a brief presentation on the Quality Management Biennial Work Plan Summary and full report. Cindy asked all to review and submit questions/inquiries to her at cindy_ainsley@nsmha.org or 360-416-7013. She stated NSMHA is working on the next plan and would welcome any feedback. Otis made a motion to recommend approval by the BOD, Terry Ann seconded and motion carried.</p>	<p>Motion carried</p> <p>Motion carried</p>
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	Chuck said the only item going before the BOD is the 2010 proposed budget. Margaret mentioned there may be some amendments to the Medicaid contracts regarding incorporating PACT programs. Some discussion followed.	Informational
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	Candace said they discussed whether representatives should be giving the county reports. Island has created a new and probably last program helping uninsured individuals receive help and it is called “Community Counseling Connection” – creating healthy connections for emotional wellness. This program was created with the 1/10 funds and will be headed up by Beth Plush. Candace said the school counseling and transitional housing programs are utilizing more funds than initially anticipated and that is why this newest program is the last to be developed. She stated with budget cuts Island will not be developing any more new programs because of the extra cost utilized by the school counseling and transitional housing programs. Terry Ann added	Informational

	<p>an interesting meeting was held with Leon, the head of the program, and a transitional housing recipient and received encouragement. She added Jackie has to conduct meetings the Prosecuting Attorney to decide what counselors who are testifying in juvenile cases are/are not allowed to say in court hearings. She added Dan Bonds's parenting classes are going well with 6-7 families involved.</p>	
San Juan	<p>San Juan has contracts out for school based mental health services being provided with 1/10th money. Each district is doing things a little differently. Community based mental health services provided with 1/10th money is moving forward for implementation for individual with no insurance. San Juan does not currently have anyone doing mental health evaluations for General Assistance Unemployable (GAU) individuals. The person that was doing this is no longer available and San Juan is looking for someone to provide for this need.</p>	Informational
Skagit	<p>Mary said they have not met yet so she had nothing new to report at this time. There next meeting will be held jointly with Substance Abuse.</p>	Informational
Snohomish	<p>Marie said they had discussions with people involved with "Project for Assistance in the Transition of Homelessness (PATH)". She said the new director of the Program for Assertive Community Treatment (PACT) program is Fred Rock. Snohomish is supplanting more 1/10th funds into legal costs. December 7th is the reception for county boards. NAMI Snohomish is having their holiday get together December 10th. Otis added they will be having elections for new officers.</p>	Informational
Whatcom	<p>Russ said they are seeking two new members for their local Advisory Board. He mentioned Ruby Erickson passed recently through criminal acts. They will be having someone come and speak on this incident. NAMI holiday potluck will be December 10th at 6:30 at St. Luke's Health Education Center. Larry said the 1/10th budget has been finalized and contracts are being done with major improvement in school counseling. Russ added Rainbow Center had their open house last month.</p>	Informational
COMMENTS FROM THE PUBLIC		
Marie Jubie	<p>No public attendees.</p>	Informational
Otis Gulley	<p>Otis spoke as a citizen on behalf of his daughter. He said she has been in a facility for homeless women. She is experiencing difficulties with her current living situation and he has called Catholic Community Services regarding this situation. He is concerned her issues are not being handled appropriately and added he fears the process is taking too long and she may decompensate. Otis added previously he has been pleased with services provided by the region agencies. Chuck recommended his daughter call Ombuds.</p>	

<p>Terry Ann Gallagher</p>	<p>He mentioned another contact he made that has sought help for substance abuse but does not appear to meet qualifications.</p> <p>Terry Ann requested the director of Skagit Valley Hospital Care Center be sent a copy of the current poster.</p>	
<p>OTHER BUSINESS</p>		
<p>Marie Jubie</p> <p>Larry Richardson</p>	<p>Marie asked if there was any other business.</p> <p>Larry recommended presentations by Page Chance, from homeless advocacy group in Bellingham, which helps homeless people without a driver's license or ID get help in obtaining one. The other recommendation is a person that works with people in a program that assists people regarding re-entry program. His name is Jim Cozad with the Whatcom County Health Department.</p>	<p>Informational</p>
<p>ADJOURNMENT</p>		
<p>Marie Jubie</p>	<p>A motion was made to adjourn, seconded and motion carried. The meeting was adjourned at 3:00 and the next meeting will be January 5, 2010.</p>	<p>Informational Motion carried</p>