

MEMORANDUM

DATE: December 26, 2007
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: January 10, 2008 Board of Director's Agenda

Please find for your review and comment the following that will go before the Board of Directors at the January 10, 2008, NSMHA Board of Directors Meeting.

Introduction Items for the BOD in January

There are no items going to the Board of Directors that we know of at this time.

Action Items for the BOD in January

There are no items going to the Board of Directors that we know of at this time.

Should anything be received for the Board of Directors, it will be made known to you in a revised memorandum at the meeting.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
January 8, 2008
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the December 2007 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Comments from the Public –5 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
 - e. Ombuds Report – Chuck Davis – 15 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be February 5, 2008, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD
December 4, 2007
1:00 to 3:00

Present:	Mary Good, Marie Jubie, James Mead, Andrew Davis, Russ Sapienza, Chris Walsh, Charles Albertson, TerryAnn Gallagher, Candy Trautman and Joan Lubbe
Absent:	Catherine Ellis, Laurel Britt and Tom Richardson
Staff:	Chuck Benjamin, Margaret Rojas and Rebecca Pate, recording
Guests:	Susan Schoeld, Anne Deacon, Chuck Davis, Mrs. Benjamin and Arthur Jackson

MINUTES

<i>TOPIC</i>	DISCUSSION	<i>ACTION</i>
CALL TO ORDER, INTRODUCTIONS		
Chair Mead	The Chair called the meeting to order at 1:00 pm. Introductions were made. TerryAnn introduced the new member from Island County, Candy Trautman. James welcomed Candy as a new member.	Informational
REVISIONS TO THE AGENDA		
Chair Mead	The Chair asked for any revisions to the agenda. He added the Quality Management Oversight Committee (QMOC) and Planning Committee representation. Andrew requested a report on Raintree and wants to give a presentation on the historic psychiatry exhibition Charles Albertson and he attended.	Informational
APPROVAL OF MINUTES		
Chair Mead	The November minutes were reviewed. James thanked Andrew for covering the meeting in his absence. A motion was made to approve the minutes as written, seconded and motion carried.	Informational Motion carried
COUNTY COORDINATOR REPORT		
Anne Deacon	Anne said some grants were awarded to Snohomish (SnoCo), Whatcom and Skagit counties for housing projects. SnoCo received \$1.2 million for their project “Ladder” which helps foster kids graduate out of foster care and into independent living with housing assistance. This is for kids who no longer have a home to go to or qualify for foster care will now be assisted towards independence. Whatcom \$1.2 million, which she believes is for a homeless center. Skagit received one for \$1,037,700 but she was not sure about their project. These grants are very good for our region. The 1/10 of 1 percent sales tax has passed in Island and Skagit Counties. Skagit has begun to spend funds on some excellent projects. Island will begin to collect funds and has a business plan in place to implement spending of funds and report back to their County	Informational

	<p>Commissioners. San Juan did a preliminary presentation to their Council and they are continuing more formal dialogue with their County Administrator and elected officials to move the project forward.</p> <p>SnoCo had a presentation to the Blue Ribbon Commission. Anne said SnoCo would receive over \$13 million a year if it passes. Anne said a number of projects have been proposed to benefit the community with the funds. The Commission was put together to make recommendations to the Council regarding criminal justice and public safety improvements. The Commission has to have their recommendations to the Council by December 31st. The Blue Ribbon Commission has been hearing public comments over the last week. They have two more hearings scheduled for Wednesday, December 5th – one in Monroe and one in Lynnwood for public comment. If anyone was interested in speaking on behalf of the sales tax in SnoCo, see Anne after the meeting and she'll provide information on the meetings.</p> <p>Through some Federal Block Grant (FBG) funding from NSMHA, SnoCo had a short-term research group perform a study on geriatric mental health access. Getting services for older adults has been an ongoing problem in many counties. This research allowed SnoCo to come up with a number of recommendations and will begin implementing ways to improve the system of access. The 1/10 of 1 percent sales tax was one of the recommendations, which will allow extensive outreach to the older adult population.</p> <p>Anne said colleagues from SnoCo Human Services gave a presentation at the Washington State Association of Counties annual meeting in Vancouver. This presentation spoke about aging readiness and what the populace would be in 2020 and what this means for the public in terms of response. It showed that by 2010 San Juan County will have the highest per capita of older adults than anyone else in Washington.</p> <p>A Secure Detox meeting was held the end of October on how this program is working. The legislature will be hearing a proposal from the Department of Alcohol and Substance Abuse (DASA) at the next legislative session asking for the Secure Detox Program to be extended to 2009.</p> <p>The Community Integration Assistance Program (CIAP) that helps mentally ill offenders being released from prison transition back into the community safely has had its funding significantly cut, which will result in the communities trying to figure out how to help these individuals successfully re-integrate. Chuck said the State is dealing with this by decreasing the time allowed</p>	
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	<p>within the program from 60 months to 30 months. If they decrease the allowed time of participation in the program it will drastically affect the positive outcomes that have been accomplished. James said a need still exists for individuals being released from prison with mental illness. He asked Anne to get some data to him regarding this for the meeting on Thursday of the Blue Ribbon Commission so he could speak about it.</p> <p>Chris said this was one of the best County Coordinator Reports he has heard. It was very informative and he thanked Anne for the good report.</p>	
COMMENTS FROM THE PUBLIC		
Chair Mead	<p>Joan thanked the Advisory Board for inviting Evaluation and Treatment (E&T) staff to go on the site visit to Western State Hospital (WSH). Chris said he toured with the staff and they picked up on ideas to bring back. He was impressed with their outlook and enthusiasm.</p> <p>Russ commented on the positive influence the new Peer Connection Center in Mount Vernon is having and encouraged all to go visit.</p>	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Mead	<p>James said the November meeting discussed representation for the Planning Committee and Quality Management Oversight Committee (QMOC). James said applications were distributed then and he asked all members to get the applications for representation out for interested consumers/advocates to apply to serve on QMOC and the Planning Committee. The Planning Committee charter states the Chair and four members from the Advisory Board can serve, two of which must be consumers. If you are interested in serving, let Margaret Rojas know at 360-416-7013, 1-800-684-3555, or margaret_rojas@nsmha.org. One member is needed for the Planning Committee. James said this is an important committee and it provides a chance for you to reach out to the community.</p>	Informational
NEW BUSINESS		
Chair Mead Chuck Benjamin	<p>James asked Chuck Benjamin to give his presentation on the 2008 proposed NSMHA budget, which will be approved by the Board of Directors, December 13th. He said it was released two months ago but this is the first opportunity to formally present it to the Advisory Board. Chuck emphasized the new programs coming forth which will better serve consumers both adult and children (Program for Assertive Community Treatment (PACT) and the short-term high intensity treatment for children beginning in March 2008).</p> <p>Before the Advisory Board voted on the proposed budget, Michael White came and provided information</p>	Informational

	<p>regarding Raintree about the functions they perform for NSMHA resulting in the costs of the contract.</p> <p>James called for a vote. Chris made a motion to accept the proposed budget, seconded and motion carried. Andrew stated he is willing to accept all but the Raintree portion of the budget.</p> <p>James presented the application of Ms. St. John for membership on the eating disorders workgroup. A motion was made to accept the application, seconded and motion carried.</p>	<p>Motion carried with Andrew unwilling to accept the Raintree portion of the budget.</p> <p>Motion carried</p>
MONTHLY COMMITTEE REPORTS		
Chuck Benjamin	Executive Director's Report	
Chuck Benjamin	The Budget presentation was the Executive Director report for the month.	Informational
	Finance Committee	
Mary Good	<p>The committee met and discussed the 2008 proposed budget. The expenses were straightforward with the exception of expenses for Margaret Rojas. James said Margaret will ask Shari about these to ensure they are not included in the Advisory Board budget. The 2008 budget is \$28,590 and Chuck said if any funds were left from 2007 they would be added to their 2008 budget. Chris asked what Professional Development category consisted of and James said this is for additional conferences that could enhance a member's knowledge and expertise. A motion was made to approve the expenditures with the exception of Margaret's expenses, seconded and motion carried.</p> <p>A motion was made to approve the 2008 Advisory Board budget, seconded and motion carried.</p> <p>James mentioned that monies could be transferred from one area to another within the budget, if necessary.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p>
	Executive Committee/Agenda Committee	
Charles Albertson	<p>They discussed the application form for representation and Charles encouraged all to seek individuals interested in serving.</p> <p>Marie mentioned that the "Continue 2 Continue" is making new posters for "consumer rights" on laminated yellow paper for distribution to all provider facilities. The funding is coming from the Transformation Grant.</p> <p>The nomination committee met and they nominated James for Chair and Andrew for Vice Chair. Marie opened the floor for other nominations and none were made. A motion was made to close nominations, seconded and motion carried. A motion was made to</p>	<p>Informational</p> <p>Motion carried</p>

	accept the recommendations from the nominating committee, seconded and motion carried.	Motion carried
	Quality Management Oversight Committee (QMOC) Report	
Mary Good	<p>November Quality Management Oversight Committee (QMOC) Brief</p> <p>The draft minutes from the meeting are in your manila folder.</p> <ol style="list-style-type: none"> 1. The meeting was convened at 12:35, November 28, 2007. 2. The October 24th minutes were approved with corrections. 3. Several announcements were made. 4. Reports given: <ol style="list-style-type: none"> a. Request for Qualifications (RFQ) Implementation b. Policy Subcommittee c. Consumer Representation – for QMOC committee d. Contingency Planning – regarding fee for service model 5. QMOC orientation binders will be updated. 6. Floor was opened for discussion. 7. Meeting was adjourned at 2:05 and the December meeting was canceled. Next meeting will be January 23, 2008. 	Informational
	Ombuds/QRT Report	
Chuck Davis	Chuck gave the monthly snapshot report on the current statistics regarding Ombuds services and his report was in the members manila file folder. This is in addition to the six month presentation given.	Informational
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	<p>Introduction Items</p> <p>To introduce for review/approval NSMHA-HR BALANCE-PSC-08 for the provision of Human Resource Consultation. The term of the agreement is January 1, 2008 through December 31, 2008. For a maximum consideration of \$10,000.</p> <p>To introduce for review/approval of MHD-NSMHA-PIHP-07-09 AMENDMENT 1 for the provision of technical corrections and new "Termination of RSN Function" language impacting the RSNs. The effective date of this Amendment is January 1, 2008 through September 30, 2009. There is no increase or decrease to the fiscal provisions of this contract.</p>	Informational

	<p>To introduction for review/approval of MHD-NSMHA-SMHC-07-09 AMENDMENT 1 for the provision of technical corrections and new "Termination of RSN Function" language impacting the RSNs. The effective date of this Amendment is January 1, 2008 through September 30, 2009. There is no increase or decrease to the fiscal provisions of this contract.</p> <p>To introduce for review/approval NSMHA-REHABCO-PSC-08 for the provision of janitorial and cleaning services. The term of this agreement is January 1, 2008 through December 31, 2008. The maximum consideration is \$ 6,588.</p> <p>Chuck stated action would be requested of the Board of Directors (BOD) on the above items. A motion was made to approve the above items, seconded and motion carried.</p> <p>Action Items</p> <p>To approve NSMHA-VOA-MEDICAID-08-09 contract. The contract is for the provision of crisis line and inpatient certification services to Medicaid enrollees. The term of the contract is January 1, 2008 to June 30 2009. Total consideration Total consideration will be available at the Advisory Board meeting.</p> <p>To approve NSMHA-VOA-SMHC-08-09 contract. The contract is for the provision of crisis line and inpatient certification services to the non-Medicaid population. The term of the contract is January 1, 2008 to June 30, 2009. Total consideration Total consideration will be available at the Advisory Board meeting.</p> <p>A motion was made to approve the above contracts, seconded and motion carried.</p> <p>To approve the North Sound Mental Health Administration NSMHA-SNOHOMISH COUNTY-MEDICAID-08-09 Contract. The term of the contract is January 1, 2008 to June 30, 2009. Estimated annual funding for this contract is unavailable at this time. Maximum consideration for this contract period will be available at the Advisory Board meeting.</p> <p>To approve the North Sound Mental Health Administration NSMHA-SNOHOMISH COUNTY-SMHC-08-09 Contract. The contract is for the provision of mental health services Involuntary Treatment Act Crisis Services to all citizens of Snohomish County. The term of the contract is January 1, 2008 to June 30, 2009. Estimated annual funding is for this contract is unavailable at this time.</p>	<p>Motion carried</p> <p>Motion carried</p>
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	<p>Maximum consideration for this contract period will be available at the Advisory Board meeting.</p> <p>Chuck stated the two contracts above are 18-month contracts. A motion was made to forward to the BOD with a proviso that the Advisory Board did not have the funding amounts at time of approval, seconded and motion carried.</p> <p>To approve NSMHA-RAINTREE-08-09 for the purpose of the purchases of Concurrent User Licenses; Software Upgrades, Maintenance, and Technical and Staff Support; and ASP services. The term of this agreement is January 1, 2008 through June 30, 2009. Total maximum consideration for this contract is \$253,200.</p> <p>A motion was made to approve this contract, seconded and Chris Walsh reiterated the concerns mentioned earlier regarding the costs of this contract. Charles said this may appear expensive but it being tied together jointly is good. The question was called with one abstention and motion carried.</p>	<p>Motion carried</p> <p>Motion carried</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	Candy said crisis services were discussed. Terry said there was considerable discussion held regarding crisis services. Chris asked if this needed to be brought before the Advisory Board. Chuck said under the County contract it is the obligation of the County to deal with issues of this type and NSMHA is waiting for Island County to hold their meeting. Chuck elaborated on the issue for Chris Walsh. Candy said a lot of change is occurring in Island County due to the passing of the sales tax but things are moving forward.	Informational
San Juan	No representation.	Informational
Skagit	Joan said they will meet next Tuesday jointly with Department of Alcohol and Substance Abuse (DASA). She mentioned a lot is taking place in Skagit County because of the sales tax passage.	Informational
Snohomish	James said they are having their volunteer association appreciation dinner. James said the county coordinator report stated most of what was discussed.	Informational
Whatcom	Russ said they discussed the sales tax. He said there appears to be some apprehension. Chuck said his understanding is they do not want to approve it without taking it before the voters.	Informational
COMMENTS FROM THE PUBLIC		
Chair Mead	Andrew said he and Charles attended a meeting regarding psychiatric abuses being utilized. There were exhibits and he said once he went through the exhibits he realized this was more political and not really psychiatric abuses. He said there was discussion about	Informational

