



# **Pre-meeting Advisory Board**

*January 9, 2007*

## **Presentation**

12:15 pm

North Cascades Secure Detox

# NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

North Sound Mental Health Administration  
117 North First St., Suite 8  
Mt. Vernon, WA 98273  
January 9, 2006, 1:00 PM

## Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the December 2006 Meeting Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
7. Monthly Committee Reports
  - a. Executive Director's Report - Chuck Benjamin – 5 minutes
  - b. Finance Committee – Mary Good – 5 minutes
  - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
  - d. QMOC Report – Mary Good – 5 minutes
8. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
  - a. Consent Agenda
  - b. Action Items
  - c. Introduction Items
9. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
  - a. Request for Agenda Items
  - b. Recognition of Jim King
13. Adjournment

**NOTE:** The next Advisory Board meeting will be February 9, 2007, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration  
MENTAL HEALTH ADVISORY BOARD  
December 5, 2006**

**Present:** Charles Albertson, Chuck Benjamin, Chris Walsh, Russell Sapienza, James Mead, Laurel Britt, Marie Jubie, Tom Richardson, Mary Good and Andrew Davis.  
**Absent:** Patricia Whitcomb, Joan Lubbe, Jim King, Jack Bilsborough, Jim Sizemore and Marianne Elgart.  
**Staff:** Shannon Solar.  
**Guests:** Margaret Rojas and Greg Long.

**MINUTES**

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION</i>
<b>CALL TO ORDER, INTRODUCTIONS</b>		
Chair Albertson	Chair Albertson called the meeting to order at 1:03 p.m.	Informational
<b>REVISIONS TO THE AGENDA</b>		
Chair Albertson	Chair Albertson asked if there were any revisions to the agenda, none were made.	Informational
<b>APPROVAL OF MINUTES</b>		
Chair Albertson	The minutes from the previous meeting were reviewed and a motion was made to approve the minutes. Motion seconded, all were in favor with three abstentions, Tom, Chris and Russell abstained as they were not present.  Chris praised the work done by the contracting/funding workgroup and noted he feels this is a positive change. Tom commented that he was surprised with the collaboration from different perspectives involved in the workgroups and with the rapid evolution of a working model. Chair Albertson noted he enjoyed participating in the meetings and felt he was able to contribute a lot.	Informational          Motion carried
<b>NEW BUSINESS</b>		
Chuck Benjamin	Chuck noted VOA and Sea Mar contracts are expiring this month, NSMHA is proposing a bridge contract for VOA extending until Dec 07, and a bridge contract with Sea Mar going through June 07. The contracts will be the same as similar contracts except for dates. Chuck asked the group if they approve the contracts to go to the Board of Directors, a motion was made to approve the contracts, all were in favor, motion carried unanimously.	Motion carried
<b>MONTHLY COMMITTEE REPORTS</b>		
<b>Executive Director's Report</b>		
Chuck Benjamin	Chuck noted he would like to return his report to the theme of "vision of hope, path to recovery". He feels hope in the direction we are heading with	Informational

contracting/funding changes, and proposed that the Advisory Board support NSMHA's Board of Directors on approving the contracting/funding changes as they will take action on this December 14<sup>th</sup> and the Board will review whatever the Advisory Board proposes. A motion was made to support the planning committee's outcomes on contracting/funding changes. Motion carried unanimously. Tom noted the executive committee made a similar motion. Tom praised Jim King's work chairing the contracting/funding committee, Chuck suggested presenting Jim with a certificate thanking him for his work in this regard, a motion was made to do so, motion carried unanimously.

Motion carried

Motion carried

Chuck noted the RFP for the PACT program went out last month, NSMHA received four letters of intent, two with current providers and two with providers not currently contracted with. Chuck explained that the PACT program provides 100 slots for high-intensity treatment. Greg noted that NSMHA has wanted to set up this program as it is the highest level of service, designed for persons with mental illness who do not do well with traditional treatment. They are given a team of ten people who provide service 24 hrs/day. Chuck noted proposals are due Friday. A review team is being gathered to review proposals. Greg noted this team will have consumer and advocate, as well as, agency reps. Greg noted there are fidelity standards for this program as it is evidence-based. Chair Albertson noted he feels the fidelity standards are unrealistic. Greg explained further about some aspects of how the program works. Greg suggested some Advisory Board members sit on the PACT panel.

Chuck noted concern with vacancies in the Advisory Board and passed out a flier on contact information for people interested in applying. He will be working with County Coordinators to get these vacancies filled.

Chuck noted we need to start advertising how people report fraud and abuse and announced that he is the fraud and abuse officer. Chuck will be presenting later on of what fraud and abuse would be. Chuck noted the pilot steering committee for the secure detox is making a recommendation to use "poor faith voluntary" as a reason to commit individuals to the secure detox. This is recommended in order to increase utilization of the detox. Chuck noted this is important as DASA requires an 86% utilization rate to maintain full funding and we are currently under 85%. Greg explained differences in interpretation of commitment law by CD and MH professionals as they have differing philosophical opinions. James noted it will take a long

time for the two ideals to mesh and noted he will bring a book on commitment used in the late 60's at a future meeting to review. Tom asked if the Advisory Board needs to take action on the under-utilization of the secure detox. Chuck suggested it be reported back to the Advisory Board whether the utilization improves. Margaret invited any who wished to attend the pilot steering committee on Friday from 3:00-5:00. Chris requested a pre-meeting speaker on these issues. Margaret will work to have someone come to the January meeting. The committee voted to move the next meeting to January 9<sup>th</sup>. Margaret noted we will send out notices to remind of the change.

### **Finance Committee**

Mary Good

Mary noted the 2007 budget was reviewed. The finance committee recommended approving the budget to go forward to the Board of Directors. The committee voted to approve the 2007 budget, motion was seconded and all were in favor.

Motion carried

Marie asked James if he would be doing WRAP trainings. James noted he got in contact with WIMART and found out they will set up trainings (facility/materials) and then the facilitator comes in to train. This would be much more cost effective than what was presented in the budget. Along with James, Betty Scott and Joanne Elgin are qualified to do WRAP training. Tom made a change to the motion to approve the budget in view of this, if there is any other funding it can be spent elsewhere. Motion carried unanimously.

Motion carried

Chuck noted a bill for \$125.95 for a room at the Cotton Tree incurred when a consumer did not want to drive home after training. A motion was made to cover the cost of the room, motion passed unanimously.

Motion carried

### **Executive Committee/Agenda Committee**

Tom Richardson

Tom noted the executive committee made a motion to approve the planning committees contracting/funding recommendation, but this was addressed earlier in the meeting. Another motion made at the executive committee was for the Advisory Board to develop an Ad/Hoc legislative committee which would develop a strategy for Advisory Board members to visit the legislature on February 1<sup>st</sup> or 15<sup>th</sup>. Tom noted we do not want to wait until too late in the session to address certain issues. Marie noted this is critical to appeal for sufficient funding for services. Chris noted the importance of being there at the right time. Tom revised his proposal to add an additional date to visit the legislature later. All were in favor of this change. James noted input from consumers can sometimes be devalued as was his experience being on the older

adults panel of the Transformation grant panel and noted when Advisory Board members go down to the legislature they should have organized presentation on what we want.

### **QMOC Report**

Mary Good                      Mary gave a report on the November QMOC meeting.                      Informational

## **ITEMS BROUGHT TO THE BOARD OF DIRECTORS on November 9, 2006**

Chuck Benjamin                      The 2007 NSMHA proposed operating budget,                      Action  
presented last month, needs to be brought forward.  
Chuck noted one position has been transferred from  
Snohomish County to NSMHA which has increased  
the administrative percentage from 5.24 to 5.42. Chuck  
noted all other items in the budget are staying the same.  
A motion was made to approve the 2007 NSMHA  
operating budget. Motion was seconded, unanimously  
approved with two abstentions, Andrew Davis and  
Russ Sapienza.                      Motion carried

### **Consent Agenda (from past meeting)**

Chuck Benjamin                      ***Motion # 06-117***                      Informational

To review and approve North Sound Mental Health  
Administration's claims paid from October 1, 2006  
through October 31, 2006 in the amount of  
\$3,543,314.69. Payroll for the month of October in the  
amount of \$82,117.40 and associated employer paid  
benefits in the amount of \$30,339.14. .

### **Action Items:**

#### **Motion # 06-118**

To review and approve NSMHA-MHD-PATH #0669-  
05079 Amendment I to change the general terms and  
conditions to match those in the state and federal  
contracts, replacing existing General Terms and  
Conditions pages 2-6 with new General Terms and  
Conditions pages 2-8.                      Informational

#### **Motion # 06-119**

To review and approve NSMHA-MHD-PATH #0669-  
05075 Amendment I to change the general terms and  
conditions to match those in the state and federal  
contracts, replacing existing General Terms and  
Conditions pages 2-6 with new General Terms and  
Conditions pages 2-8.

#### **Motion # 06-120**

To review and approve NSMHA-MHD-MHBG  
#0669-05915 Amendment I to change the general  
terms and conditions to match those in the state and  
federal contracts, replacing existing General Terms and  
Conditions pages 2-6 with new General Terms and  
Conditions pages 2-8.

Mr. Shelton made a motion to approve motions 06-118,

06-119, and 06-120, seconded by Mr. Myhr, all in favor, motion carried.

Ms. Sgrignoli made a motion to introduce the proposed Finance and Contracting design for action at the December meeting of this Board, seconded by Mr. Shelton, all in favor, motion carried. (Motion # 06-127).

**Introduction Items:**

Informational

**Motion # 06-121**

To introduce North Sound Mental Health Administration NSMHA-SAN JUAN COUNTY-ADMIN-07 Contract. There is no significant change to the contract language and no monetary change to this contract.

**Motion # 06-122**

To introduce North Sound Mental Health Administration NSMHA-SKAGIT COUNTY-ADMIN-07 Contract. There is no significant change to the contract language and no monetary change to this contract.

**Motion # 06-123**

To introduce North Sound Mental Health Administration NSMHA-ISLAND COUNTY-ADMIN-07 Contract. There is no significant change to the contract language and no monetary change to this contract.

**Motion # 06-124**

To introduce North Sound Mental Health Administration NSMHA-SNOHOMISH COUNTY-SMH-07 Contract. There is no significant change to the contract language and total funding increase/decrease is total funding increase/decrease is still being negotiated/defined and will be available prior to the December 2006 meeting for this contract period.

**Motion # 06-125**

To introduce North Sound Mental Health Administration NSMHA-SNOHOMISH COUNTY-MEDICAID-07 Contract. There is no significant change to the contract language and total funding increase/decrease is still being negotiated/defined and will be available prior to the December 2006 meeting for this contract period.

**Motion # 06-126**

To introduce North Sound Mental Health Administration NSMHA-WHATCOM COUNTY-ADMIN-07 Contract. There is no significant change to the contract language and no monetary change to this contract.

## **NEW BUSINESS**

Chair Albertson No new business was presented.

## **COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS**

Island	No representative present	
San Juan	No representative present	
Skagit	Mary noted Skagit County MH Advisory board did not meet last week. They will meet again on January 14.	Informational
Snohomish	James updated that the jail services program is going well and noted the aging program at Snohomish County has moved into the old county building.	Informational
Whatcom	Russ updated that the triage center is having an opening tomorrow at 3:30 as last week not many were able to attend due to the snowstorm. Greg added there was discussion about children's crisis services in Whatcom County. Tom noted concern with funding children's crisis services and that there was going to be a meeting to join different parties to come up with a strategy to put forward to the legislature. Greg noted Gary Williams requested children's crisis teams in Whatcom County and this will be reviewed at the planning committee.	Informational

## **COUNTY COORDINATOR REPORT**

None present. Informational

## **COMMENTS FROM THE PUBLIC**

Margaret Rojas	Margaret noted problems getting reps from Island and San Juan County to attend and suggested changing the By-laws to have those members present via computer conferencing. Tom noted this was used at the last planning committee and he was impressed with the technology. A motion was made to adjust the By-laws as needed in order for persons who would like to participate in meetings via computer conferencing. Motion was seconded, carried unanimously.	Motion carried
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## **OTHER BUSINESS**

Chair Albertson	Chris made a motion that some Advisory Board funding be used for advertising on behalf of the counties for people to become Advisory Board members. Chuck noted that NSMHA cannot do recruitment. It is up to county coordinators to appoint members. He added that he can suggest this advertisement with county coordinators. Tom amended the motion to approve unless there were other funding sources to use for the advertising. Russ suggested putting the advertisement in other agency newsletters. Marie suggested advertising on city television stations. Motion as amended was seconded, carried unanimously.	Informational  Motion amended and carried
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DRAFT – Not yet approved by the Advisory Board.

Chair Albertson noted nominations of Chair James Mead and Vice-Chair Andrew Davis need to be voted on. A motion was made to approve the nominations, motions carried unanimously.

Motion carried

A motion was made to elect the nominees as Chair and Vice-Chair, motion seconded, carried unanimously.

Motion carried

Marie thanked Chair Albertson for a job well done acting as chair.

## **ADJOURNMENT**

Chair Albertson

The meeting was adjourned at 2:50 p.m.

The next meeting will be held on Tuesday, January 9, at 1:00 p.m.