



Pre-meeting Advisory Board

November 7, 2006

Presentation

12:15 pm

JAIL SERVICES

By

JACKIE HENDERSON
Island County
County Coordinator

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
November 7, 2006
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the October 3rd Meeting Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
 - a. Ombuds Report
 - b. QRT Report
7. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
8. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be December 5, 2006, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

October 3, 2006

Present: Chuck Albertson, Chuck Benjamin, Mary Good, James Mead, Joan Lubbe, Marie Jubie, Russell Sapienza, Jim Sizemore, Tom Richardson, Laurel Britt, Andrew Davis, Jim King, James Mead
Absent: Pat Whitcomb, Catherine Ellis, Marianne Elgart, Jack Bilsborough, Jim Sizemore, Marianne Elgart, Chris Walsh
Excused:
Staff: Margaret Rojas, Teri Carter
Guests: Greg Long, Kathryn Donohue, Chuck Davis

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Albertson	The meeting was convened at 1:00 p.m.	Informational
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REVISIONS TO THE AGENDA

Chair Albertson	The Chair asked if there were any revisions/additions to the agenda. A request was made to add pre-meeting discussion after New Business.	Informational
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APPROVAL OF MINUTES

Chair Albertson	Chair Albertson asked if there were any corrections/additions to the September minutes. Revisions included: add Tom Richardson to Excused list (pg 1); Under <i>Other Business</i> , add Andrew Davis as attendee to the QRT program at Bailey’s Center (pg 7, par. 3); revise PACT planning meeting as follows, “Marie stated she was part of the interview process for the PACT Coordinator of MHD.” (pg 7 par. 5). A motion was made to approve the minutes with revisions, seconded and motion carried.	Action Motion carried
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COMMENTS FROM THE PUBLIC

	Margaret Rojas apologizes to the Advisory Board for not getting out the packets ahead of time.	Informational
	Kathy Donohue expressed appreciation for the venue.	

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Albertson	Will begin business	Informational
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MONTHLY COMMITTEE REPORTS

Executive Director’s Report

Chuck Benjamin

Chuck noted that Children’s Policy Executive Team (CPET), have had several meetings with several meeting minutes of other stakeholders regarding disabilities, educational services in addition to parents. Last meeting was about a solidified commitment to serve on this committee and share resources for children and families who have difficulties with the current system. Two main goals for a five years vision for blended funding for a pilot program while working through identifying system barriers.

Informational

Chuck stated that an increase in the Federal Block Grant Funding and some of the things that are being funded are bridgeway’s increase in their transition locations; Rainbow Center will be expanding their hours, funding Compass Health for one bed for the Adolescence Evaluation and Treatment Facility for \$141,000 one-time funding, Training resources for Parent/Partners to Families for \$37,000 covering Snohomish, Skagit Whatcom, San Juan Health and Community Services will be doing assessments, counseling and consultations for uninsured/under insured school-age children, Compass Health & Whatcom Counseling will be working with persons with developmental disabilities focusing on anger management. Currently in Skagit County and hopefully in Snohomish and Island County as well.

Chuck noted that regarding the Planning Committee, Jim King is chairing. The contract funding, a subcommittee of that group. All the data elements have been completed i.e., the number of people who have been served, type of service, and hours of service. The clinical design group just completed last Friday identifying all the different services that will be provided, and are now considering the financial aspects. The first meeting is 10/11, 10/19, 10/23. This is a critical work group and important to have consumer advocate participation. Hopefully we will be taking a proposal for recommendation to the Board of Director’s November meeting. Anyone interested in the financial system design aspects please contact Chuck.

Andrew Davis has volunteered for contract funding design. Mary Good is interested in the financial system design and Marie Jubie, Russell Sapienza as alternate. Charles Albertson is interested but will miss the 10/11 meeting; Chuck will get together with him prior to the 10/19 meeting to review the 10/11 meeting.

Chuck noted that the 2007 Budget will be presented to Board of Directors next week, then the Advisory Board in November.

Mary Good

Finance Committee Report

Mary noted the August Advisory Board expenditures to include reimbursement for NAMI Whatcom. The expense was reviewed and approved at the Finance Committee meeting.

Informational

Mary noted that no Board Report was available because Bill Whitlock was not available.

The question was raised regarding how to use the balance of the budget, approximately \$10,000 before Dec 31.

Motion made by Tom Richardson: That the Advisory Board develop, with staff input, a plan and undertake the expenditure of unspent and unobligated Advisory Board budgeted funds of opportunity, \$10,000, before December 31, 2006. That those funds be spent on one or more of the following projects (not in order of any priority):

1. WRAP Training throughout the Region.
2. County Based Consumer Conference promoting Advisory Board membership and Leadership both locally and regionally.
3. Participation in the Alternative 2006 Conference on Portland of pairs of recovering consumers with experienced leaders and “new blood”. And, further, that because of the shortness of time, we delegate authority to the chair to determine the final priorities, conditions, terms, and allocation of funds.
4. Regional Sensitivity Training concerning the transformation to a consumer led treatment system. (Item 4 added by Jim King)

Motion carried

Motion seconded, discussion as follows:

Jim King noted that he would like to see the Regional Sensitivity Training be added to the motion. (See Item 4) Specifically to do with the transfer of power oriented around consumers controlling the system and the cultural sensitivity that comes with that while interacting and working with people who have mental illness.

Charles Albertson and Kathryn Donahue volunteered to participate in the Alternative 2006 Conference in Portland.

Charles stated that he would like to add a fifth item to the motion, or separate motion, for \$100 to go to

Rainbow members to be able to designate themselves for projects such as make signs for events, issue of conflict of interest was raised by Russell and Andrew.

A call for the question on the motion that is already in place. Motion seconded, all in favor, motion carried.

Motion Carried

The motion for approving the expenditure for reimbursement for the Whatcom NAMI Legislative forum and Finance Committee Report. A motion was made to move the Finance report on to the Board of Directors. Motion seconded, all in favor, motion carried.

Motion carried

Executive Committee/Agenda Committee

Chuck Benjamin

Kathryn Donohue stated that there should be access to meeting notices and possibly update the website with this information for consumers. Motion was made to post a consumer number. Charles asked Margaret to draw up a flyer and post it at Rainbow and at the hospital, Whatcom Counseling and all the health centers.

Informational

Chuck stated a drop in attendance in QMOC and children's meetings has been discussed.

Marie noted the Executive committee approved their expenditure report. A motion was made to accept the Executive Committee report. Motion seconded, all in favor, motion carried.

Motion Carried

QMOC Report

Mary Good

Greg Long stated that a decision was made to combine the QMOC & QMC policy subcommittees to lessen the burden of attending numerous meetings.

Informational

Charles states that one thing they did talk about the Executive Committee meeting was that we all need to promote new people to come to committees whether they are on the Advisory Board or not. We need consumer participation from the community.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin

To review and approve NSMHA's claims paid from September 1-30, 2006 (payroll and benefits). The totals are not available for today's meeting, but will be available for the Board of Directors. They are routine and nothing unusual.

Informational

Board of Directors June Action Items Previously

Chuck Benjamin **Reviewed by the Advisory Board**
A motion was made to move the Consent Agenda as well as Action Items to the Board of Directors for approval. Motion seconded, motion carried. Motion carried

Chuck Benjamin **Board of Directors Action Items Not Yet Reviewed by the Advisory Board** Motion was made to move these items to the Consent Agenda for approval. Motion seconded, all in favor, motion carried. Motion carried
Motion #06-088 Informational

To authorize the Executive Director to approve policies that have reached consensus through NSMHA’s established system.

Motion #06-096
To amend the NSMHA-CCSNW Chemical Dependency Case Management Contract for chemical dependency case management services. This contract was passed by motion 06-081 on August 15, 2006 and the purpose of this amendment is to extend the duration of the contract from December 31, 2006 to June 30, 2007

Motion #06-097
To amend NSMHA-MHD PATH Grant Contract # 0569-82559 Amendment #03. This amendment extends the contract period for 9 months for a new contract end date of June 30, 2007. Section 8.a(5) of the original contract is amended to the following text, "the final invoice for services under this Agreement must be received by MHD no later than August 15, 2007".

Motion #06-098
To amend NSMHA-Compass Health PATH Grant 05-06 Amendment #03. This amendment extends the contract period for 9 months for a new contract end date of June 30, 2007. There is no financial consideration with this amendment. Motion carried

Motion #06-099
To amend NSMHA-Whatcom Counseling & Psychiatric Clinic PATH Grant 05-06 Amendment #03. This amendment extends the contract period for 9 months for a new contract end date of June 30, 2007. There is no financial consideration with this amendment.

Motion #06-100
To review and approve NSMHA-DSHS-PATH contract 0669-05075 with a term of October 1, 2006 through June 30, 2008 and maximum consideration of \$129,003.00. PATH funds are used for outreach and services to persons in Snohomish County who are

chronically homeless and mentally ill.

Motion #06-101

To review and approve NSMHA-DSHS-PATH contract 0669-05079 with a term of October 1, 2006 through June 30, 2008 and a maximum consideration of \$42,250.00. PATH funds are used for outreach and services to persons in Whatcom County who are chronically homeless and mentally ill.

Motion #06-102

To review and approve NSMHA-Compass Health-PATH Contract 06-08, starting October 1, 2006 through June 30, 2008 with a maximum consideration of \$129,003.00. PATH funds are used for outreach and services to persons in Snohomish County who are chronically homeless and mentally ill.

Motion #06-103

To review and approve NSMHA-WCPC-PATH Contract 06-08, starting October 1, 2006 through June 30, 2008 with a maximum consideration of \$42,250.00. PATH funds are used for outreach and services to persons in Whatcom County who are chronically homeless and mentally ill.

Board of Directors Introduction Items

Chuck Davis

Chuck stated that he would like clarification that Dean Wight is leaving Compass. Chuck Benjamin responded that as far as he knew there were some internal changes, but that Dean was still staying on.

Informational

NEW BUSINESS (includes Pre-meeting discussions)

Chair Albertson

Pre-meeting discussion recap, including the unexpended funds and children’s services funds.

Informational

Charles stated that he would like to bring a concern forward. Specifically, how we should contract with Interfaith. The concern was regarding the church funding and if it could be withdrawn if funds were received from NSMHA and then use withdrawn money to support the church instead. There is no guarantee that they won’t do that. The response was that all contracts should be setup to supplement funds rather than supplant. Charles stated that the idea is to encourage community support but should be an augmentation to our contract. Chuck Benjamin suggested that we could also set up our contract with matching funds with stipulations that the matched

funds don't disappear.

Kathryn questions appropriation of money and how the needs of the consumers are met. Chuck Benjamin responds that NSMHA can only contract with licensed agencies and proposals are reviewed and approved per processes. Contract monitoring is in place in part to ensure that services are met per contract.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	No representative present	Informational
San Juan	No representative present	Informational
Skagit	Mary noted Skagit's Triage opening in April 07.	Informational
Snohomish	Discussion regarding Mental Health Court, that there are at least three judges that won't do it. There is still a possibility that we could get Karen Learner as judge, but we would have to pay her.	Informational
	Marie Jubie - Announcement for September 20 th for the Mental Health Transformation Project training on the Recovery and Resiliency by the Volunteers of America.	
	Marie stated that Deanna Dawson from Snohomish County Executive Office, who oversees the Human Services, Law and Justice programs, was available for resources if there were any issues that needed to be brought to the county's attention.	
Whatcom	Marie stated that Nancy Jones announced successes in the jail services process. That October 1-7 is Mental Health Awareness Week. October 5th, is Bi-Polar Day.	Informational
	Andrew Davis stated that Mental Health Advisory Board on 9/11/06 approved the 2007 Mental Health Project.	
	A Compass Health employee's laptop was stolen. There was information on the laptop about consumers, starting from October '05. Most of the information was encrypted, but some was not encrypted. It was thought that it would take more than ordinary talent to retrieve the information from the computer. Corrective Action is being taken by the North Sound Region and by Compass Health.	
	The Triage Center in Bellingham should be open the 3 rd or 4 th week in October. Funds will pool from many sources and many different societies will utilize opening up this facility.	
	Rainbow Center received additional funds on Tuesday. The Elder Program is funded to take extra people on	

because there is a need for it. The Jail Diversion Project is underway.

COUNTY COORDINATOR REPORT

No one present Informational

COMMENTS FROM PUBLIC

Kathryn Donohue Bringing education of the mental health issue to the mass public. Charles Albertson brought up more mental health training for medical doctors Informational

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

James Mead 1990 Congress established the 1st week of Oct as Mental Health Awareness Week. Informational

James stated that he received the following e-mail addressed to Transformation Grant Agents; that they are pleased to announce that on September 28th 2006 the Mental Health Transformation Project submitted to the Federal Substance Abuse and Mental Health Administration Washington’s plan for Mental Health Transformation previously known as Draft Comprehensive Mental Health Plan. Transformation workgroup voted to change the name of this document which is primarily deliverable of year one of the grant implementation to reflect the change of the dynamic nature of the Transformation Project.

James stated that in the letter to Margaret that the group sent back a preliminary draft of the Project and they were all completely thrilled at SAMHSA and what the state of Washington is doing. It was thought to be well ahead of other states that received the grant money.

You can download a copy of the plan on the website www.mhtransformation.wa.org. It’s a very large document so they are not sending it out. You can read that plan on the internet. James stated that he still meets twice a month in Olympia. That this project is working really hard and is consumer driven.

The question was asked, what is the deliverable for this year? What is supposed to happen? James states all of the interviewing and research is about what it is that the consumers want and that is reflected in what was submitted on September 28th. The second year to see how it will be implemented into the system and then the third year and on is evaluating and taking research and feedback from the consumers.

The question was asked regarding how it was going to

DRAFT – Not yet approved by the Advisory Board.

be implemented if that meant it was going to be endorsed by legislation. James stated that it is not Mental Health that is running the program, it is the Governor and they appointed a new director, which was the old director of the Drug and Alcohol Programs, Ken Stark. Ken Stark heads up under the direction of the Governor so there is no DSHS involved in it at all. It is a separate entity unto itself. There are several subcommittees involved in this and the majority of them are consumers. The Transformation Grant Project is very heavy on peer-counseling and the WRAP Program both of those are not only consumer driven but operated by consumers and highly successful.

ADJOURNMENT

Chair Albertson

Chair adjourned the meeting at 2:37 pm.