

MEMORANDUM

DATE: August 23, 2005
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: September 8, 2005 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the September 8, 2005, NSMHA Board of Directors Meeting.

Consent Agenda

Action Items

Action Items Not Yet Reviewed by the Advisory Board

To review and approve Amendment 4 to NSMHA-APN-04-05 contract. This Amendment removes responsibilities for Inpatient Certification and includes a carve out from APN funding to pay for the services to be provided by another vendor. Will be available at the meeting.

To review and approve Amendment 3 to NSMHA-VOA-04-05 contract. This amendment adds responsibilities and funding for the provision of Inpatient Certification services. Will be available at the meeting.

Introduction Items

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
September 6, 2005
1:00 PM

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the August 2005 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be October 4, 2005 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

August 2, 2005

Present: Marie Jubie, Laurel Britt, Mary Good, Russell Sapienza, Andrew Davis, Charles Albertson, James Mead, Marianne Elgart, Joan Lubbe, Jack Bilsborough, Chris Walsh and Patricia Whitcomb

Absent: Jim King and Tom Richardson

Excused:

Staff: Chuck Benjamin, Margaret Rojas, Debra Jaccard, Wendy Klamp, Greg Long and Rebecca Pate

Guests: Russ Hardison, James Sizemore and Sue Boyle

MINUTES

TOPIC	DISCUSSION	ACTION
CALL TO ORDER, INTRODUCTIONS		
Chair Jubie	Chair Jubie convened the meeting at 1:00 p.m. and welcomed those present. Introductions were made. Russ Hardison gave a report on Sea Mar services and activities. He stated that they work primarily with Hispanic/Latino with the majority of their staff being bilingual.	Informational
REVISIONS TO THE AGENDA		
Chair Jubie	None.	Informational
APPROVAL OF MINUTES		
Chair Jubie	The July 2005 minutes of the Advisory Board meeting were reviewed. A motion was made to approve, seconded and motion carried.	Motion carried
COMMENTS FROM THE PUBLIC		
Sue Boyle Chuck Benjamin Marie Jubie Jack Bilsborough Greg Long Chris Walsh	Sue thanked everyone for the wonderful trip to the Behavioral Health Conference. She and Andrew Davis recently attended training in Peer Counseling/Peer Support Specialists. She said an issue that keeps coming up concerned Ombuds and their independent functionality. Sue stated that a transfer of NSMHA Ombuds out of our building might cause a lack of accessibility by clients and requested that the Board of Directors look at this again and allow the Ombuds to remain where they are located. Chuck Benjamin said that the move of the	Informational

Ombuds is not something that NSMHA wants to do; however, SB 5763 mandates that the Ombuds will not be employees of any RSN and NSMHA's contract from the MHD requires that change to be effective September 1 of this year. Sue asked Chuck Benjamin to help her advocate to the State concerning the move and he said he would. Marie said there is talk of another Ombuds bill.

Marie said the language was added at the last minute before the bill was signed.

Chuck Benjamin said that NSMHA is discussing how the move can be made with the least amount of inconvenience. He said discussion is taking place with Skagit County to move the Ombuds to a County location so they would not lose their retirement benefits. He stated they might be relocated to the Mediation Division of Skagit County.

Jack Bilsborough asked, "Who is the Secretary of DSHS"? Chuck Benjamin stated that Robin Arnold-Williams is the secretary and that MHD, DASA and MAA are under the same umbrella.

Greg mentioned the scorecard survey and asked that all participate and complete it by the end of this month. He stated it is extremely important that everyone express his or her views. The web address is www.nsmha.org/scorecard.

Chris Walsh asked about changes occurring within Compass. He said he noted some major jobs postings in the paper. He also mentioned a flyer he received on local experts training starting in September. Some discussion followed.

Chris mentioned the festival occurring this weekend in Snohomish County. He distributed flyers with information on the event. This is at 1705 Terrace Avenue, Snohomish, Washington or call 360-568-2168 for more details.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Marie Jubie

Marie wrote a paper for the Edmonds Consumer Group. She went to Olympia with Chuck Benjamin and Margaret Rojas for the pilot presentation. NSMHA has won the pilot project and the secure detox facility will be provided through the Pioneer Center North. She had some discussions with various

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legislators concerning issues of concern. She and James Mead will be involved in contract negotiations.

MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin

Chuck stated that an External Quality Review Organization Audit was conducted last year and NSMHA is getting ready to go through another. NSMHA was given a week and a half to provide the information requested.

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NSMHA is waiting for DSHS to release qualifications on HB 1290. He said that NSMHA would have two months to respond.

He said that the Ombuds move is something that NSMHA is being forced to do to meet state requirements.

The state contracts are available and on October 1 NSMHA has to carve out \$285,000 of state only money for the Washington Medicaid Integration Partnership (WMIP). There will be a total of three contracts – Medicaid, State only and Federal Block Grant. Medicaid contract carves out approximately \$6.7 million dollars. State money went up \$13 million and Medicaid went down \$15 million with a loss of \$2 million to NSMHA. If the loss of WMIP is included, the loss could be \$5-9 million. NSMHA is moving forward with litigation. Some discussion followed.

He stated that contract negotiations are beginning and NSMHA's new contract with the state will not allow Associated Provider Network to provide inpatient certification. Discussions are being conducted with Volunteers of America to take on this task.

The pilot project is underway and Pioneer Center North has offered to provide court services transportation for consumers when needed. This facility will have 15-16 secure beds. This facility will be available to all five counties. Skagit, Island and Whatcom have agreed to phase in March 1 and Snohomish and San Juan will follow later. The facility has to be up and running March 1 and Pioneer Center North is paying the tab for renovations above the allotted amount in the pilot project. The facility will be admitting persons with Co-Occurring Disorders. Chuck thanked all five counties for pulling together on this project, which helped make it successful.

Chuck showed the Board the posters that won first, second and third place in the NSMHA poster contest and stated that a total of 107 entries were received.

Finance Committee Report

Mary Good

Mary said the committee met and she passed out expenditures for individuals to review. She asked the Board to recommend forwarding to the Board of Directors for approval. A motion was made to forward, seconded and **motion carried**.

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Motion carried

Executive Committee/Agenda Committee

Marie Jubie

Marie brought forward some other interests for conferences and site visits as the Partners in Crisis Conference has been postponed/canceled. She mentioned the following alternatives:

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- A tour of the new San Juan facility sometime in November
- A Co-Occurring Disorders Conference on September 12-13 in Wenatchee
- An Advocacy Camp 2005 in October

Marie said she wanted to conduct a meeting with the Edmonds Consumer Group, *bridgenways* and Rainbow Center to discuss strategies for the next legislative session.

Russell Sapienza mentioned a meeting occurring Sunday, August 7, at noon at Bellingham Unitarian Fellowship, 1708 I Street, concerning "Recovery Matters, Faces of Recovery" presentation. This is a presentation to reduce stigma and an opportunity for consumers to relate their stories and recovery from mental illness.

Marie reviewed the revised By-Laws with the Board and asked for recommendation to forward to the Board of Directors for approval. Some discussion followed. A motion was made to accept the By-Laws as amended, seconded and **motion carried**.

Motion carried

QMOC Report

Mary Good

1. The committee reviewed the minutes for the last meeting and approved as written.
2. Greg Long gave the Quality Management Department report.

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3. Greg encouraged everyone to complete the survey available on the web at www.nsmha.org/scorecard.
4. Greg said the State reviewed the E&T's and that the Western State Hospital Liaisons are having great success in getting the census down.
5. Terry McDonough reviewed the Utilization Management Dashboard.
6. Diana Striplin reviewed Exhibit P and requested recommendation to take forward to the Board of Directors for approval.
7. Terry McDonough stated that a committee would be forming to develop a new Quality Management Plan. The meetings will be approx 2-2 ½ hours in August, September and October at NSMHA. If interested in attending, contact Terry at 360-416-7013 or terry_mcdonough@nsmha.org and let him know.
8. Greg distributed the policies for Continued Stay and Criteria for Closing an Episode of Care and requested a recommendation to forward to the Board of Directors for approval.
9. Debra Jaccard reviewed the guidelines for ADHD and Dementia and requested recommendation to forward to Board of Directors for approval.
10. Diana Striplin reviewed the Integrated Report for January – June 2005. She requested a recommendation to forward to the Board of Directors for approval.
11. Gary Williams announced that Dr. June LaMarr volunteered to vice-chair QMOC.
12. Greg stated that NSMHA submitted a proposal for an Integrated Crisis Response Pilot Project and was selected as one of two pilots. This project is to be operational by March 1, 2006, and would be similar to involuntary treatment for mental health but for chemical/substance abuse.

Greg informed the Board that all recommendations carried and will go before the Board of Directors.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

	Consent Agenda	
Chuck Benjamin	The monthly financial statement	Informational
	Board of Directors August Action Items Previously Reviewed by the Advisory Board	
	None	Informational
	Board of Directors August Action Items Not Yet Reviewed by the Advisory Board	
	The MHD/Medicaid Contract for September 1, 2005, through August 31, 2006.	Informational
	The State only contract for September 1, 2005, through August 1, 2006. This includes voluntary and involuntary crisis services, Medicaid Personal Care (MPC), residential programs, outpatient/health services and disaster planning response; a transfer of \$285,000 of state only money will go to the Washington Medicaid Integration Partnership.	
	A policy revision for clarification for consumers who are successful on appeal, which states services, will be restarted for that client within 60 days.	
	A contract will go before the Board of Directors for the Ombuds/QRT employment transfer from NSMHA to Skagit County when/if Skagit County Commissioner votes to accept the proposal.	
	Chris Walsh made a motion to forward the consent agenda and items not yet reviewed by the Advisory Board to the Board of Directors, seconded and motion carried.	Motion carried
	Board of Directors August Introduction Items	
	None.	Informational

NEW BUSINESS

Marie Jubie	None.	Informational
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COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	Patricia Whitcomb said that Greg and Margaret gave a presentation on the changes occurring. All were encouraged to participate in the scorecard survey.	Informational
	A lot of discussion occurred around the state only money and the jail services. Greg mentioned that more funds were coming for jail services, which was a nice surprise. Some discussion followed.	

	Mental illness communications were discussed and stated that not all know all avenues to elicit information.	
San Juan	There was no one present; however, Greg stated that San Juan had a small attendance but the presentation on the scorecard was given.	Informational
	Greg said that San Juan is concerned about services for non-Medicaid consumers and they are comfortable about the joint union with Compass Health.	
Skagit	Mary said Skagit would not meet again until September 12. Greg stated that a special meeting was held to discuss the scorecard. Greg said there was good attendance for this special meeting.	Informational
	Mary mentioned the news articles in the Skagit Valley Herald about the Crisis Triage Center.	
Snohomish	Marie said the scorecard was discussed. She said the Snohomish County Crisis system is being restructured temporarily, as well as, some other areas. She stated that Snohomish County would not meet this month.	Informational
	Chuck Benjamin said a proposal is being made by Snohomish County to integrate the involuntary and voluntary services under the direction of Snohomish County. There will be a planning committee meeting to discuss the issue this Thursday at 9 am at the county offices in Everett and depending on the action of the Planning Committee it will go to the Board of Directors in September. He mentioned that Compass Health is also making a proposal to integrate voluntary and involuntary services under Compass Health.	
Whatcom	Greg gave presentation on Evidenced based Practices and the scorecard survey was discussed. A motion was made to send "thank you" letters to Senator Hargrove, Cost Cutters and Haggens for their community support. Senator Brandland, Russ Sapienza, Marianne Elgart, Bruce Radtke and Andrew Davis did a site visit to APN facilities (i.e., Rainbow Center, Catholic Community Services (CCS), Whatcom Counseling & Psychiatric Clinic (WCPC) and Lake Whatcom Center (LWC)) and Andrew's impression was that all was in good order. Particularly noteworthy, was that CCS is going to be building some low income housing in downtown Bellingham. Marianne Elgart elaborated on the project being done by CCS and said the	Informational

architectural work and other arenas of the project were donated pro-bono. She said there would be 140+ long-term units.

COUNTY COORDINATOR REPORT

None present.

Informational

COMMENTS FROM PUBLIC

Marie Jubie

Margaret Rojas invited all to view all the artwork submitted for the poster contest.

Informational

OTHER BUSINESS

None.

Informational

ADJOURNMENT

Chair Jubie

Chair Jubie adjourned the meeting at 2:30 pm.