

MEMORANDUM

DATE: February
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: March 10, 2005 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the March 10, 2005, NSMHA Board of Directors Meeting.

Note: There was no February Board of Directors meeting due to legislative activity and lack of a quorum. Motion information was unavailable at the time of mailing. It will be available at the meeting.

Consent Agenda

Action Items

Action Items Not Yet Reviewed by the Advisory Board

Motion #05-003 – To approve the NSMHA-MHD PATH Contract #0469-56334, amendment 2. The purpose of the amendment is to revise the budget to increase spending on personnel and reduce spending on supplies.

Motion #05-004 – To approve the NSMHA-Compass-04-05 (PATH) contract, amendment 1. The purpose of the amendment is to revise the budget to increase spending on personnel and reduce spending on supplies and to reauthorize expenditure of some additional funds left over from the previous funding cycle.

Motion #05-005 – To approve the NSMHA-MHD PATH Contract #0569-69142. The contract provides a grant award of \$32,386 to provide services to the homeless in Whatcom County.

Motion #05-006 – To approve the NSMHA-WCPC-04-05 (PATH) contract. The contract provides grant funding to Whatcom Counseling to provide services to the homeless in Whatcom County.

Motion #05-007 – To approve the NSMHA-APN-04-05 contract, amendment 2. The purpose of the amendment is to reflect changes made to NSMHA's contract with the state, including providing updated funding information.

Motion #05-008 – To approve the NSMHA-Sea Mar-04-05 contract, amendment 2. The purpose of the amendment is to reflect changes made to NSMHA's contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-009 – To approve the NSMHA-VOA-04-05 contract, amendment 2. The purpose of the amendment is to reflect changes made to NSMHA's contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-010 – To approve the NSMHA-Snohomish-04-05 contract, amendment 2. The purpose of the amendment is to reflect changes made to NSMHA's contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-011 – To approve the NSMHA-San Juan-04-05 contract, amendment 2. The purpose of the amendment is to reflect changes made to NSMHA’s contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-012 – To approve the NSMHA-Skagit-04-05 contract, amendment 3. The purpose of the amendment is to reflect changes made to NSMHA’s contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-013 – To approve the NSMHA-Island-04-05 contract, amendment 3. The purpose of the amendment is to reflect changes made to NSMHA’s contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-014 – To approve the NSMHA-Whatcom-04-05 contract, amendment 3. The purpose of the amendment is to reflect changes made to NSMHA’s contract with the state, including providing updated funding information based on decisions of the NSMHA Board.

Motion #05-015 – To approve NSMHA-_____-04-05 PSC contract. The contract establishes NSMHA’s Human Resources consulting services for 2005.

To be introduced by Finance Committee: To approve the NSMHA budget reduction. The purpose of this reduction is to meet CMS and BBA rules.

Introduction Items

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
March 1, 2005
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February 2005 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
 - a. Terry Clark – Compass Health – Automation of Access Line – 10 minutes
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be April 5, 2005 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

February 1, 2005
DRAFT

Present: Jim King, Tom Richardson, Mary Good, Marie Jubie, James Mead, Charles Albertson, Patricia Whitcomb, Chris Walsh, Joan Lubbe, Jackie Abell, Anne Gresham, John Patchamatla
Absent: Patricia Little, Bruce Radtke
Excused: Jack Bilsborough
Staff: Deirdre Ridgway, Wendy Klamp, Chuck Benjamin, Greg Long and Rebecca Pate
Guests: Laurel Britt, Betty Scott, Tom Sebastian

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Jubie	<p>Chair Jubie convened the meeting at 1:05 p.m. and welcomed those present. Introductions were made.</p> <p>Betty Scott provided a pre-meeting presentation on Teen Screening. You can contact Betty with any questions at teenscreen@childpsych.columbia.edu, www.teenscreen.org, or bscott@telcomplus.net.</p> <p>Marie requested that all turn off cell phones to prevent distractions.</p>	Informational
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REVISIONS TO THE AGENDA

Chair Jubie	None noted. Tom Richardson announced that he and Chuck Albertson would have to leave early for another meeting.	Informational
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APPROVAL OF MINUTES

Chair Jubie	The January 2005 minutes of the Advisory Board meeting were reviewed. A motion was made to approve as written, seconded, and motion carried .	Motion carried
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COMMENTS FROM THE PUBLIC

Chris Walsh Chuck Benjamin Charles Albertson Marie Jubie Tom Richardson Jim King Tom Sebastian	<p>Chris stated he appreciated representatives from Snohomish County that explained that consumers could opt out of WMIP. Molina is not covering one-half of the medications for consumers that Chris cares for at his facility or half the mental health medications consumers take. Chris stressed that all consumers should opt out of Molina plan. Chris said they would not even cover the generic version. Some discussion followed. Chuck said that he will be attending a community Medicaid Integration Advisory Committee meeting Thursday and asked if he could share this</p>	Informational
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information. Some consumers are having difficulty with Molina in dealing with their pharmacy (Pharm America), which is one of the largest in the United States. Chuck requested that Chris provide him with a brief report concerning these issues. The Ombuds are receiving complaints about not having received the information about the WMIP so consumers could opt out. They are automatically being enrolled, which is not what they desire and have to jump hoops to get out of the system. Chris said not to call Molina to opt out but to call someone within your county Human Services. Chris told Chuck he would provide a packet for his use.

Charles Albertson said at the Board retreat it was discussed that consumers speak as a public service on television/radio to inform the public about some of our issues and sway them when voting was involved. Charles requested that everyone go to their respective counties and seek consumer stories for these events. Charles said that Compass had to close the drop in center and Marie said that Snohomish County was going to provide some funds to keep it going for a short while. Charles gave all his email address for contacting: caalbertson@msn.com and please email if you have anyone interested in the video production discussed earlier.

Chris expressed disagreement with Compass's handling of the closing of the Bailey Center without consulting others. Chuck said this closing was not part of the formal proposal for service reduction. Chuck said the North Sound Mental Health Administration (NSMHA) heard nothing publicly but Greg said rumors were circulating concerning this. Jim said the contract between Compass and NSMHA entitled Compass to make any changes Compass desired. Chuck disagreed and said the contract has reporting requirements especially on anything to be closed or the layoff of more than five (5) people. Chuck said these are to be reported before action is taken. Chuck said sanctions could be done for failure to report. Some discussion followed.

Tom Richardson shared that two or three nights ago in Bellingham the sixth annual recognition dinner for Rainbow Center was held for members who had volunteered more than 20 hours a week for the last year. There were approximately 100 in attendance. Tom said Whatcom County is not showing any interest in cutting back much needed services. Whatcom is looking for ways to expand. Tom feels to some extent that local politics decides where the money goes.

Tom Sebastian was asked to address the Bailey Center. Tom said the center was started in 1998 with Federal funds. Compass has been told that these funds can no longer be used as they have for the past 16 years. These funds now have to be used strictly for managed outreach services. The down side to this is that fewer people will be able to be served. Public has showed some interest since the closing and private trust, other entities and Compass are doing a fundraiser in March specifically for that program. Chris asked if Compass had mis-managed the funds or if regulations changed? Tom said apparently the regulations changed. Chris said he would like to see the reasons why these funds can no longer be used in this manner.

Mary asked why Betty Rogers was laid off and Tom said that part of this is due to budget cuts. Some discussion followed.

Joan asked about the closing of O'Leary House. Tom said most of the process is complete and O'Leary House closed as of last Monday and Luther Children's Crisis Center has been closed. Tom said that they looked at all their contracts and terminated those that were not meeting the amount of expenditures Compass was incurring. A daytime component of Snohomish County pre-school program was affected. Fred Rock is gone from Compass. Greg expressed concerns over the loss of Betty Rogers. Jim asked if contracts would ensure that services were provided? Jim also said that contracts should have been studied more closely before the cuts were made. Marie said she is concerned about the children due to closing Martin Center and Bailey Center. Chuck expressed that there would be good and bad as a result of the cuts. Some discussion followed.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Marie Jubie	The Martin Luther King Day, NAMI trip to Olympia, was a good success. HB1005 is a consumer bill that Marie has been involved in that deals more with consumer rights. HB1290 is a bad bill that Marie has worked against. Senator Hargrove is working on a good bill. Marie will be going to Olympia every Wednesday, some Thursday's and some with Chuck Benjamin. She attended the Board of Directors retreat.	Informational
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MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin Tom Richardson	Chuck talked about the EQRO review and discussed receiving NSMHA's final report. There were 235 items scored and anything that scored below a three (3) required corrective action plan. NSMHA has only four (4) items where a corrective action plan is needed.	Informational
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These are:

- Liability for payment
- Training of staff and providers
- Assurances of adequate capacity to services
- Verifying the addresses and timeliness of data (related to this is timeliness of certification)

These corrective action plans are already in some form of implementation. Chuck said if the state information would be available and EQRO said that would not be provided unless requested. NSMHA has requested this information.

Chuck said NSMHA is facing liquidated damages for the first time since 2001 at Washington State Hospital because of being over census. These damages are \$440/day per person. If this continues, NSMHA will have difficulty paying liquidated damages. NSMHA is working with providers to assess the problems and resolve them. Part of this is due to the departure of Debbie Page. Santiago Iscoa is still a liaison with WSH and Diana Striplin is temporarily filling Debbie's place. Debbie's loss is felt greatly, as well as, lack of residential services due to reduction down to 16 beds. Further discussion followed.

Chuck reviewed the legislative session that includes the following:

- HB1005 – creates a consumer or advocate run mental health services delivery system
- HB1058 – provisions for mental health treatment for minors (does not change what is being done just clarifies how it would be done)
- HB1082 – reorganizing the provisions concerning mental health services (youth)
- HB1274 – provides a business and occupational tax credit for the provision of mental health services
- SB5188 – creates the children's mental health protection advisory committee
- SB2257 – revises the provisions related to mental health treatment for minors (co bill for HB1058)
- SB5450 – is a parity bill in the Senate.

The parity bill passed the House Friday with a 65-27 margin. There was more discussion concerning parity.

Chuck said HB1290 sponsored by Representatives Cody, Bailey, Campbell, Hinkle, Green, Appleton, Linville, and Kenny totally rewrites the community mental health act, as we know it today. Key changes are:

- Anywhere “county” is mentioned “county” is struck out and is replaced with “Regional”
- Before there had to be a minimum population of people to be served, which has been struck
- In striking out county, they say Regional Support Network or other entities can enter into competitive bidding to provide services at this level (this is referred to as the “Molina” bill)

Some discussion followed.

Chuck said that next month’s pre-meeting would deal with the legislative issues.

Chuck said that NSMHA is putting together a statement on the “State only” public mental health funding crisis as it affects the North Sound. NSMHA is spending \$7.3 million on non-Medicaid services currently. NSMHA receives \$2.7 million (\$2.2 million “State only” and \$490,000 Federal Block Grant Dollars) that can be used to serve non-Medicaid. NSMHA is \$4.6 million below funding just to serve non-Medicaid at the same level we do today even with the fix. If the distribution formula stays the same, NSMHA would still be below funding for services. NSMHA is requesting the State legislature take into consideration of how “State only” monies will be distributed. To some extent this has been done. NSMHA is going to stress that the legislature not forget about us during this new legislative session.

Finance Committee Report

Mary Good

A meeting was held this morning and all was in order. Mary made a motion that it be forwarded to the Board of Directors for approval, seconded, motion carried.

Motion carried

Executive Committee/Agenda Committee

Marie Jubie
Joan Lubbe
Chuck Benjamin

Marie said attending the Tribal Conference and the Behavioral Health Conference were discussed as possible “all aboard” trips. If there are any suggestions for pre-meeting activities/all aboard trips, please let Marie or Deirdre Ridgway know. Joan said that perhaps the Triage Center could be discussed in the future. There are changes occurring within NSMHA

due to resignations/retirements. Chuck stated the Executive Committee of the Board has frozen the positions of Judy Susia, pending her retirement, and the OCA Manager/Tribal Liaison. He mentioned that Chuck Davis presented an idea for consideration to fill the Ombuds/QRT positions and the Management Team is listening. The Management Team will probably move forward with Chuck Davis's suggestion. Dennis Regan has become a full-time hire in the IS Department. Chuck added he would attend a meeting with the Tribes this month to discuss how NSMHA could maintain Tribal relations. Chuck said he would attempt to take on the Tribal side of the OCA position and NSMHA would like to continue the Tribal Conference but that would entail more participation on the part of the Tribes.

Some discussion followed concerning the combination of the Ombuds/QRT positions and Chuck's attempt to take on the Tribal part.

Chuck stated that NSMHA is looking at creating a Consumer Affairs Coordinator position with the approval of the Board of Directors.

Chuck said the Recovery Conference went well with approximately 260 attendees but not as many consumer participants as in the past. This conference focused on Co-Occurring Disorders with a lot of clinical CEU's. The Recovery Conference is part of the budget reductions being considered.

Sam Magill facilitated the Board of Directors retreat. The retreat discussed all the issues facing the Region. When the Board went into session the Board passed a resolution charging Chuck, NSMHA, the providers, the counties and whoever else that wants to participate of designing an integration model, that if implemented, could be done in Snohomish County. The WSAC legislative papers state that NSMHA is looking at this and hoping the state will look at it. NSMHA will be holding a meeting Friday afternoon to discuss options. At the Board retreat, Gary Williams expressed interest to Chuck on doing a pilot program in Whatcom County to include the medical, chemical dependency and mental health components without an HMO. Conducting an analysis after two (2) years involving the following:

- Here is an Integration Project in Snohomish County with an HMO and one in Whatcom County without an HMO.

- How much is Molina taking for administration and profit? Whatcom is putting how much money toward direct services.
- More important, what are the consumer outcomes?

The Board approved this and it will be a huge task to undertake because they want it for this legislative session. The plan is to provide a paper with what is planned now and over time what NSMHA would like to accomplish and get the legislature to buy into it. Jim advised to have some capital/line item for emergencies. Some discussion followed.

QMOC Report

Mary Good

There was no written Quality Management Report but Wendy Klamp advised the committee of all the changes that are occurring within NSMHA.

Informational

Carol Kerr-Ragan gave a comprehensive PowerPoint presentation on the E&Ts on the efforts on corrective actions dealing with restraints and seclusions.

A subcommittee was formed to review the charter and provide feedback to the committee on how the committee can make improvements/changes to be a better functioning group.

Terry McDonough provided a draft of the 2nd Biennial Quarterly Report for review and submission to the Board of Directors for approval. The committee noted a few changes. A motion was made to submit it to the Board for approval with changes.

Greg Long distributed the Utilization Management Dashboard and reviewed it with the committee.

Wendy Klamp provided some training on the Seven Pillars to improve Quality Management and they were:

- Risk Management
- Quality Assurance
- Quality Improvement
- Utilization Management
- Utilization Review
- Credentialing
- Performance-Based Contracting

Wendy briefly covered the 2004 Mental Health Statistical Improvement Project (MHSIP) survey results.

Greg provided an update on the Transition Study.

Linda Carlson introduced herself as the new Director of Care Crisis Response Services of Volunteers of America replacing Karen Kipling who was promoted to Vice President of Planning and Development. Wendy said there are some Advisory Board vacancies, as well as, some Advisory Board members who have not been attending QMOC and she asked Board members to look at their areas and perhaps appoint alternates so a good representation would be at the meetings.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

	Consent Agenda	Informational
Chuck Benjamin	There will be no Board meeting in February due to the lack of a quorum. At the March 10 meeting, the usual expenditure report of NSMHA will be going forward. There will be legislative position paper for the Board to endorse so NSMHA can speak on behalf of the five (5) counties.	
	Board of Directors January Action Items Previously Reviewed by the Advisory Board	
Chuck Benjamin	None.	Informational
	Board of Directors January Action Items Not Yet Reviewed by the Advisory Board	
Chuck Benjamin	The Board approved MHD Contract, Amendment 3.	Informational
	Board of Directors January Introduction Items	
Chuck Benjamin	None.	Informational

NEW BUSINESS

Marie Jubie None.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	Patricia Whitcomb expressed that Island County feels that cuts should be made based upon utilization of services. She said Island County will be keeping an eye on the results come July. They would like to hear from all who are in danger of being cut and receive more information than previously provided.	Informational
San Juan	Anne Gresham said an open house was held last Saturday at the new facility.	Informational
Skagit	Jim King said there are four clients enrolled in the jail diversion program and there is a substitute judge due to vacation of the regular judge. Skagit is working on a lease agreement for the new triage center at a location near Haggen's in Burlington and it looks extremely	Informational

promising. Joan said the powers that be in Burlington are behind the Triage Center.

Jim thanked John Patchamatla for his years of service on the Advisory Board on behalf of Snohomish County, as this is his last day.

Snohomish	Marie said the November minutes were passed. A Legislative agenda has been created and is awaiting passing from the County Council. They held elections and passed the PATH grant. Marie provided a report on the Martin Luther King Day NAMI trip to Olympia. The closing of Bailey Center was discussed. Marie will go to Olympia with <i>bridgenways</i> staff for a housing day on Thursday. Marie helped with interviewing for Debbie Page's position.	Informational
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John Patchamatla said he would remain an active advocate for Snohomish County. He hopes to continue to serve on the Snohomish County Advisory Board.

Whatcom	No one present because representatives had to leave early due to prior commitment.	Informational
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COUNTY COORDINATOR REPORT

	No one present.	Informational
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COMMENTS FROM PUBLIC

	None.	Informational
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OTHER BUSINESS

Marie Jubie	Marie asked if there were any new agenda items and none were mentioned.	Informational
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ADJOURNMENT

Chair Jubie	Chair Jubie adjourned the meeting at 3:02 pm.	
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