

2017 NORTH SOUND REGIONAL OPIOID SUMMIT BREAKOUT NOTES

ISLAND/SAN JUAN COUNTIES' BREAKOUT NOTES

Ideas for next steps

- Need more Medication Assisted Treatment (MAT) prescribers
- Workforce – CDP, MH, Deputies (Island & San Juan)
- Need Housing (Island & San Juan)
- Need more flexible Tx options (Camano & San Juan)
- Island County has opioid outreach
- Take-back ordinance (Whatcom Pharmacy)
- Pharmacy Stewardship program; community environmental health (cehstrategies.com)

Education

- Grandparents raising grandchildren
- Pharmacist consult; pain is normal
- Narcan prorating [sliding scale?]
- Community education

- [?] # of supply legislation
- Chronic relapsing disease model
- Skilled TA needed to implement MAT for incarcerated persons

SKAGIT COUNTY BREAKOUT NOTES

- Stewardship Ordinance? Secure long-term funding for pharmacy take-back – no cost –
- Develop ? - someone will pay – probably Rx ? no evidence
- Law Justice Center – are we going in direction of bridging programs (w MAT)?
- Change: Open to MAT; how to ??? in new MAT policies. Compelled to do it. Ideal Options committed to warm handoff for initial (free to jail)
- Can't go into Oxford House?
- Oxford's current policy is house by house
- Fair housing – Can't exclude medication; must figure out how to handle.
- Sedro and Mt Vernon Oxford's both OK suboxone (not methadone)
- Youth use. How do we get Narcan in the hands of youth?
- Smart Center working with schools, have request for 800,000 targeting prevention in schools; targeting family. Lacking youth treatment, none for male youth in 5 regions [counties?]
- What's the best place to go for people we pick up?
- Detox/Skagit (Friday AM)
- ER (starts suboxone on weekend); \$973.00 to take someone to ER if fit for jail [?]
- New Evergreen detox/inpatient
- Facebook pays; getting info out...
- get a web page similar to Snohomish – working to gather that info
- What are total numbers for those using across Skagit? Hard to know.
- C-PIT team (co-occurring)
- Who runs Skagit Breaking? Put an ad in it....

- an Opioid Coalition [?]
1. Need for Outreach. Partnering with law, hospitals (Snohomish had to build a system) Have a start with Embedded Social Worker
 2. Social Worker communicating with attorneys, assisting with a multitude of issues
 3. Need Embedded Social Worker in jail; call CD providers if law enforcement finds ???

Mobile unit that could go to where they need ?????

- Jail services > MAT policy for people coming into jail already on MAT. Ideal Options would take warm hand-off.
 - Would inmate coming out find housing? Sober housing may preclude MAT; Fair Housing may preclude exclusions. Have to figure out how to accommodate.
 - Youth use > How to get Narcan into hands of youth, 10th grade HYS results are alarming. Skagit looking at data and EBPs or Best Practice, staff response, locking residential Tx facility.
 - Best option, patrol officers are running into people using every day take people on street to ER, costs \$973 to take someone to ER for fit for jail [?]
 - CPIT info needs to get out into community
 - LE meeting to discuss opioid outreach
1. Law enforcement and outreach (idea of CHART and GRACE)
 - a. Diversion and triage
 - b. Embedded SW has had positive impact re: stigma; SW communicates with public defender
 - c. LE could call someone in Tx to see what options are available > Clearinghouse for information about Tx services
 2. Moving forward w Stewardship Ordinance
 3. MAT in the new correctional facility; policies around MAT in the jail. Need for transition planning and care coordination for people leaving jail.
 4. New regional Evergreen (need for increased inpatient Tx)
 - Stewardship ordinance discussion
 - New Justice Center and potential for “bridge” services; “warm hand-off” to Ideal Options
 - Housing options for those on MAT
 - Youth outreach – Skagit Co PH, North Sound BHO, schools, UW SMART Center
 - Discussed role of police departments – How they can link with services. IP/Detox – Evergreen new facility
 - How do we get word out to people about available services, Facebook, website, “Skagit Breaking,” central resource hub
 - Mobile unit development – intervention
 - Skagit has mobile needle exchange – Phoenix Recovery

SNOHOMISH COUNTY BREAKOUT NOTES

Diversion program starting in old work release building (want more info)

2 buildings at Sno Co Jail

Carnegie – One stop service center (CD, MH, employment) exiting jail > going right in

Work release space – Sno Co Diversion Center

- Individual homeless, SUD, working w ESW
- Throughout county
- Waiting for supportive housing, Tx or detox
- Open to individuals working w ESWs not only OUD
- Initial plan is ESW

Housing that does not accept people on MAT

- Education important
- How do we implement that?
- Need to work w landlords to educate on MAT
- Oxford House model for MH clients
- Smaller housing programs who work w MH (YWCA)
- How many living(?) units needed currently?
- Heard 20-40k for all spectrums (?)
- Two 16-bed SUD Tx @ DJJC – no adult IP in Sno Co (130 beds – underutilized currently for youth)
- Cities w ESWs: Lynnwood/Edmonds, Marysville, Arlington (Everett)
- Detox won't take methadone maintenance (ERC). Culture shift needs to occur.
- Prescribers lacking in Sno Co – We need providers to prescribe as we move more towards MAT
- Nurse Care Manager very integrated part of recovery
- Nurse practitioner, PA's, etc. want to provide services & how do we advocate for change on #s of patients (no regulation on # of opioids prescribed yet limit on suboxone Rx)
- Local County Council can raise limit (suboxone) > clinic set up as a methadone clinic style
- Fewer opportunity for selling (subs) when lockbox provided
- 11/7 planning commission vote for additional OPT facility in Everett
- Incident Command Center (response to Opioid Crisis) multi-agency coordination – addressing the silos of agencies – working together
- Meth still prevalent in society – ESWs still treat meth users same way opioid users are
- Opioid stories much more prevalent; so many people affected directly
- How will current plans Snohomish County be integrated with Accountable Communities of Health (ACH)? Unsure at this point –
- Snohomish County wants to share things that are working w other counties
- Working with local jurisdictions eventually
- Inpatient Tx providers seem to be resistant to MAT clients
-

GAP > Family Groups?

- Family education needed in our communities
- Holding family outreach groups?
- Setting boundaries, education

Narcan for free? Needle exchange is free. Insurance covered. Medicaid covered 1X/year

Doing

- ❖ Diversion/Carnegie – homeless
- ❖ Repurpose DJJC – Adult IP
- ❖ Incident Command Model to address opiate epidemic; multi-agency coordination; collaboration (LEESW Jail)

Gaps

- ❖ Housing providers zero MAT

- ❖ Prescribing providers
- ❖ Inpatient providers accepting clients on MAT Tx
- ❖ Community education

TRIBAL PARTNERS' BREAKOUT NOTES

Goodwill is willing to come out to programs to facilitate job training

- Bringing community resources on-site
- Will Goodwill help to find employment? (w MAT and criminal history?)
- 2nd chance employers: need a list of employers who hire MAT individuals

Interested in learning more about discharge planning from jails

- Services are contracted out
- Is there any coordination of care back from jail to community? – Yes, the gap is community to jail. Trying to coordinate w contracted provider, locate that person.

Looking for new EHR to help with integration of primary/SUD/MH/methadone/all aspects of health.

- Working toward total care of a person.
- Information sharing
- Need to ID SUD residential that accepts methadone

How are the Tribes/employees handling stigma about methadone? Education.

Small steps adding naloxone to pharmacy.

Community Leaders

Educating community support groups

Engaging Tribal Elders/Council > results/stories

Harm reduction

How do you give them hope? > give a dream

- Housing
- Counseling
- Job training
- Medical

Developing hope . . .

WHATCOM COUNTY BREAKOUT NOTES

- Need for case management support in combination w MAT programs
- Syringe exchange program is useful for outreach
- Legal and ethical need for Tx in jail
- Medication may continue when stable
- PCP's that don't feel capable
 - Need to engage grant for support
- Need for coordination hub
- Points of engagement – ER, jail
 - Need to connect to extended Tx (SeaMar)
- Transportation barriers connected to school outreach

- Advertise the website for the HOPE project
- Operating outside of an Island mentality “become a conta[minator?]”
- Need for outcomes on pilots
- Community resource network
 - Meeting for coordination (Opportunity Council)
 - How can that be expanded?
- Whatcom Thinktank