

Tribal Mental Health Conference
May 13, 2015

Opioid Epidemic

Snohomish County's Response



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Snohomish County Human Services 1

Introduction

- Snohomish County's Challenges
- Prevention Efforts
- Medication Assisted Treatment Options
- Intervention and Education Opportunities
- Detoxification Services
- Naloxone (Narcan) Distribution
- Community Partners

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Challenges:

- Limited Prevention Programming
- Insufficient Medication Assisted Treatment Slots
- Inadequate Detox Beds
- Limited Inpatient Treatment Resources
- Narrow Criminal Justice Diversion Options
- Limited Availability of Narcan (Naloxone)

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Prevention Evidence- Based Efforts

- Student Support Advocates
 - Support high risk students and their families
- Results
 - Reduced School Discipline Issues
 - Improved Attendance
 - Engaged in Mental Health/Substance Use Treatment
 - Improved Grades
 - Linked to Homeless Prevention Services
- Early Childhood Prevention
 - Evergreen Recovery Centers
 - Prevention services with children while mothers are in treatment

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Intervention and Education Opportunities

- Snohomish County Jail
 - Overdose Risk Education
 - Opiate Information Card
 - Medicaid/Apple Health Enrollment
 - Substance Use Treatment
 - Linkage to Services Upon Release

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Expanding Medication Assisted Treatment Options:

- Methadone Slots increased
 - 500-750 Per Clinic - Three Clinics
- Funded 4th Methadone Clinic
- Development of Suboxone Programs
- Availability of Vivitrol (Naltrexone)

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DETOX

- Medical Detox
 - Evergreen Recovery Centers
 - 16 Beds
 - 960 (unduplicated) treated in 2014
 - 75% of admits reported heroin as primary drug used
- 2nd Medical Detox
 - Evergreen Recovery Centers
 - 16 Beds
 - To Open January 2016

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Naloxone (Narcan) Distribution Project

- Goal:
 - Save lives that would otherwise be lost to opiate overdose
 - Providing Snohomish County law enforcement personnel with naloxone
 - Equipping County contracted agencies and other partners with naloxone
 - Train 300+ to administer (nasal spray) naloxone by June 15
- **StopOverdose.org**

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Community Partners

- Partnerships are Key:
 - Social Service Providers
 - Tribal Governments
 - Health District/Medical Professionals
 - Judicial System/Law Enforcement
 - Drug Courts/Treatment Alternatives to Prosecution
 - Clean Needle Exchange
 - School Personnel
- Grass Root Organizations
 - Recovery Café
 - Change Addiction Now (CAN)

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Questions for the Presenter?

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