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## What I'll Cover

- Which opioids are of concern
- Trends in treatment admissions for opioid abuse
- Trends in deaths due to opioids
- Who is dying of opioid overdose
- Strategies for the future

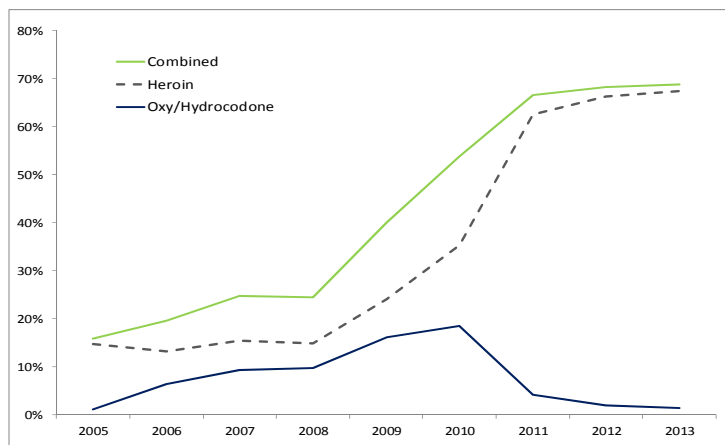
## The Drugs

- Prescription opioids
  - Oxycodone (Oxycontin, Roxicodone)
  - Hydrocodone (Hysingla, Zohydro)
- Heroin
- Treatment
  - Methadone
  - Buprenorphine/naloxone (Suboxone)
- Rescue—naloxone (Narcan)

## The Data

- Washington State Division of Behavioral Health & Recovery, System for Communicating Outcomes, Performance, & Evaluation (treatment admissions data, 2005-2013)
- Washington State Department of Health, Center for Health Statistics (death certificate data, 1990-2013)

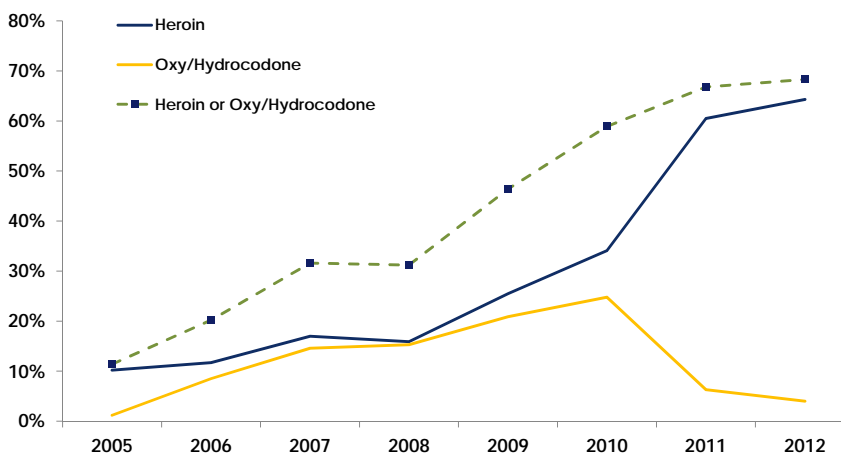
## Adult Detoxification Admissions Due to Heroin &/or Oxycodone/Hydrocodone Snohomish County, 2005-2013



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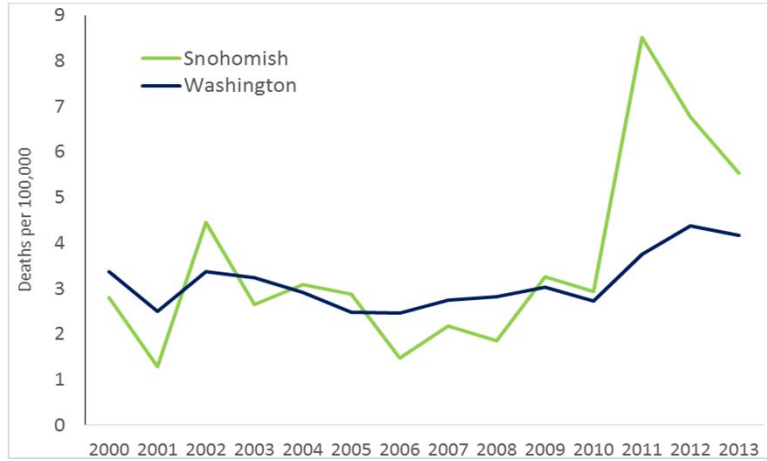
## Percent of Adult Outpatient Treatment Admissions for Heroin or Oxycodone/Hydrocodone Snohomish County, 2005-2012



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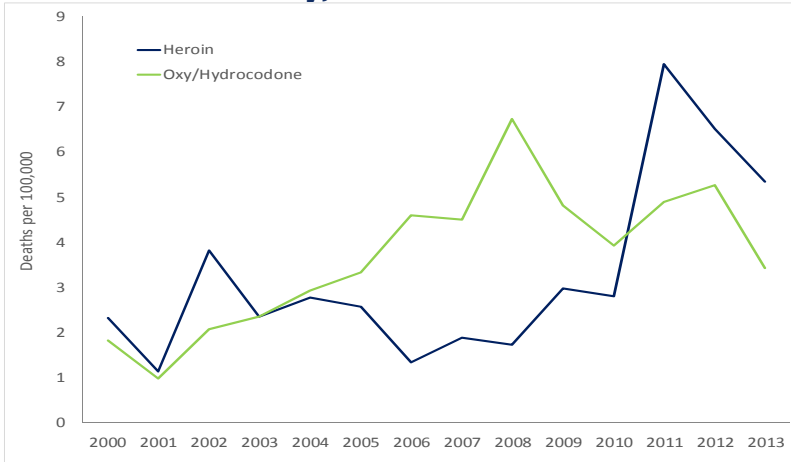
## Confirmed Heroin Deaths Snohomish County, & Washington, 2000-2013



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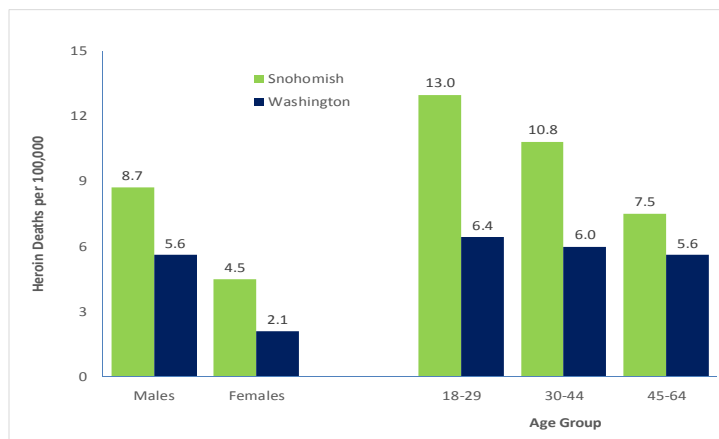
## Confirmed Heroin & Oxycodone/Hydrocodone Deaths Snohomish County, 2000-2013



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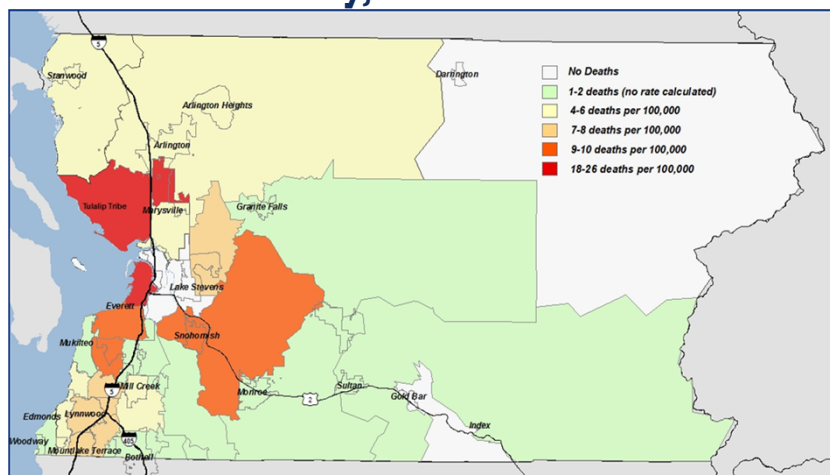
## Heroin-Related Deaths by Sex & Age Snohomish County & Washington State, 2011-2013



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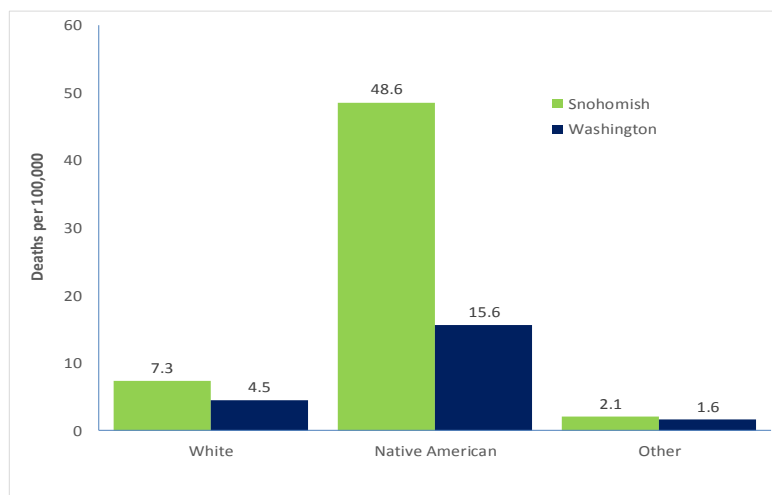
## Heroin Related Deaths by Zip Code Snohomish County, 2011-2013



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## Heroin Deaths by Race Snohomish County & Washington State, 2011-2013



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## Policy Implications/Strategies

- Expand primary prevention efforts, especially where opioid use is highest.
- Expand medication-assisted treatment (e.g., methadone & Suboxone).
- Expand detox capacity, especially to areas outside Everett.
- Implement evidence-based practices for alternative sentencing and treatment in lieu of incarceration.
- Educate community about “Good Samaritan Law” & expand availability of naloxone (“Narcan”) to include opioid users & families, school personnel, all first responders (fire fighters & law enforcement), treatment agencies, & corrections.
- Expand syringe exchanges (venues to get users into treatment & to get naloxone into the user community)

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**Questions?**

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