

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

**September 10, 2015**

**1:30 PM**

**AGENDA**

1. **Call to Order; Introductions – Chair Dahlstedt**
2. **Revisions to the Agenda – Chair Dahlstedt**
3. **Approval of Minutes of August 13, 2015, Motion #15-74 – Chair Dahlstedt .....10-17**
4. **Comments & Announcements from the Chair**
5. **Report from Board Members**
6. **Comments from the Public**
7. **Report from the Advisory Board – Mark McDonald, Chair ..... Tab 1**
8. **Committee Reports ..... Tab 2**
9. **Report from the Executive/Personnel Committee – Chair Dahlstedt**
10. **Report from the Executive Director ..... Tab 3**
11. **Report from the Finance Officer ..... Tab 4**
12. **Report from the Finance Committee – Ken Mann, Chair**
13. **Consent Agenda – Finance Committee, Motion #15-75**

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve the North Sound Mental Health Administration’s claims paid from August 1, 2015 through August 31, 2015 in the amount of \$9,023,929.93. Payroll for the month of August in the amount of \$169,587.08 and associated employer benefits in the amount of \$99,498.11.

## **14. Action Items**

### **Professional Service Contract**

The following Professional Service Contract is to hire an expert trainer, Lucy Berliner LCSW of University of Washington, to train on Cognitive Behavior Therapy Plus (CBT+) and Common Elements Treatment Approach (CETA) a Cognitive Behavior Therapy approach for adults. Both are Evidence Based Practices recommended by the NSMHA Training Committee.

#### **Motion #15-76**

To approve NSMHA-BERLINER-PSC-15-16

Contract Details for Motion #15-76

NSMHA-BERLINER-PSC-15-16 for the purpose of providing training to NSMHA regional providers in CBT+ and CETA. The maximum consideration for the agreement is \$60,000 with a term of September 1, 2015 through June 30, 2016.

### **Interlocal Agreement**

The following Interlocal Agreement is with Skagit County to pass through funding for the embedded Chemical Dependency Professional on the Skagit integrated Crisis Prevention and Intervention Team.

#### **Motion #15-77**

To approve SKAGIT COUNTY-NSMHA-INTERLOCAL AGREEMENT 15-16

Contract Details for Motion #15-77

SKAGIT COUNTY-NSMHA-INTERLOCAL AGREEMENT 15-16 for the purpose of providing county funding for the Chemical Dependency Professional to be embedded in the Skagit CPIT. The maximum consideration on this agreement is \$118,266, with the term of the agreement October 1, 2015 to March 31, 2016.

The following amendments are to extend the end date of the contract through March 31, 2016 and provide the funding needed to continue services for the six (6) month period.

### **Evaluation and Treatment Center**

#### **Motion #15-78**

To approve the following contract amendment: NSMHA-COMPASS HEALTH-E&T-13-15 Amendment 3

Contract details for Motion #15-78

NSMHA-COMPASS HEALTH-E&T-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,805,628 with a term of October 1, 2013 through March 31, 2016.

### **Crisis/Triage Centers**

**Motion #15-79**

To approve the following contract amendments:

- NSMHA-COMPASS HEALTH WHATCOM-CRISIS CENTER-13-15 Amendment 4
- NSMHA-COMPASS HEALTH SNOHOMISH-TRIAGE CENTER 13-15 Amendment 3
- NSMHA-PIONEER HUMAN SERVICES-13-15 Amendment 3

Contract details for Motion #15-79

NSMHA-COMPASS HEALTH WHATCOM-CRISIS CENTER-13-15 Amendment 4 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$747,318 with a term of October 1, 2013 through March 31, 2016.

NSMHA-COMPASS HEALTH SNOHOMISH-TRIAGE CENTER 13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,260,870 with a term of October 1, 2013 through March 31, 2016.

NSMHA-PIONEER HUMAN SERVICES-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$799,686 with a term of October 1, 2013 through March 31, 2016.

**Program for Assertive Community Treatment (PACT)**

**Motion #15-80**

To approve the following contract amendments:

- NSMHA-COMPASS HEALTH –SKAGIT PACT-13-15 Amendment 4
- NSMHA-COMPASS HEALTH-SNOHOMISH PACT- 13-15 Amendment 3
- NSMHA-LAKE WHATCOM CENTER-PACT-13-15 Amendment 5

Contract details for Motion #15-80:

NSMHA-COMPASS HEALTH –SKAGIT PACT-13-15 Amendment 4 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$565,950 with a term of October 1, 2013 through March 31, 2016.

NSMHA-COMPASS HEALTH-SNOHOMISH PACT- 13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,121,804 with a term of October 1, 2013 through March 31, 2016.

NSMHA-LAKE WHATCOM CENTER-PACT-13-15 Amendment 5 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$738,840 with a term of October 1, 2013 through March 31, 2016.

*The following amendments are extending the contract end date and increasing capacity as follows:*

- *In Snohomish County Compass Health is expanding from 76 WISE slots to 110 slots on October 1, 2015 and from 110 slots to 120 slots on January 1, 2016*
- *In Skagit County Catholic Community Services NW is expanding from 30 WISE slots to 32 slots on January 1, 2016*
- *In Whatcom County Catholic Community Services NW is expanding from 40 WISE slots to 48 slots on January 1, 2016.*

**Motion #15-81**

To approve the following contract amendments:

NSMHA-COMPASS HEALTH-WISE-14-15 Amendment 3

NSMHA-CCSNW-WISE-14-15 Amendment 3

Contract details for Motion #15-81:

NSMHA-COMPASS HEALTH-WISE-14-15 Amendment 3 for the purpose of extending the end date to March 31, 2016, provide the additional WISE slots and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$2,509,200 with a term of October 1, 2013 through March 31, 2016.

NSMHA-CCSNW-WISE-14-15 Amendment 3 for the purpose of extending the end date to March 31, 2016, provide the additional WISE slots and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,530,000 with a term of October 1, 2013 through March 31, 2016.

**Integrated Dual Disorder Treatment (IDDT)**

**Motion #15-82**

To approve the following contract amendment: NSMHA-SUNRISE SERVICES-IDDT-12-15 Amendment 3

Contract details for Motion #15-82:

NSMHA-SUNRISE SERVICES-IDDT-12-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$174,000 with a term of October 1, 2013 through March 31, 2016.

**Ombuds Services**

**Motion #15-83**

To approve the following contract amendment: NSMHA-SKAGIT COMMUNITY ACTION-13-15 Amendment 1

Contract details for Motion #15-83:

NSMHA-SKAGIT COMMUNITY ACTION-13-15 Amendment 1 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$84,000 with a term of October 1, 2013 through March 31, 2016.

## **Jail Transition Services**

### **Motion #15-84**

To approve the following contract amendments:

NSMHA-ISLAND COUNTY-JAIL SERVICES-13-15 Amendment 3

NSMHA-SKAGIT COUNTY-JAIL SERVICES-13-15 Amendment 3

NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-13-15 Amendment 3

NSMHA-WHATCOM COUNTY-JAIL SERVICES-13-15 Amendment 3

Contract detail for Motion #15-84:

NSMHA-ISLAND COUNTY-JAIL SERVICES-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$22,619.79 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SKAGIT COUNTY-JAIL SERVICES-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$24,455.46 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$107,554.17 with a term of October 1, 2013 through March 31, 2016.

NSMHA-WHATCOM COUNTY-JAIL SERVICES-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$36,577.98 with a term of October 1, 2013 through March 31, 2016.

Included with the funding bridging the Medicaid and State contracts through March 31, 2016 are the following adjustments:

- Crisis Prevention and Intervention Team funding is allocated to Compass Health, for Skagit, Snohomish and Whatcom Counties
- An over the cap adjustment has been added in the amounts of \$4,000,000 in Medicaid and \$2,000,000 in State funding. The providers will have the opportunity earn additional funding by increasing services
- Snohomish County is receiving an increase in funding beginning December 1, 2015 for an additional one (1) FTE Designated Mental Health Professional (DMHP)

## **Medicaid**

### **Motion #15-85**

To approve the following contract amendments:

NSMHA-BRIDGWAYS-MEDICAID-13-15 Amendment 2

NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-13-15 Amendment 5

NSMHA-CENTER FOR HUMAN SERVICES-MEDICAID-13-15 Amendment 2

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 7

NSMHA-INTERFAITH-MEDICAID-13-15 Amendment 3  
NSMHA-LAKE WHATCOM CENTER-MEDICAID-13-15 Amendment 5  
NSMHA-SEA MAR-MEDICAID-13-15 Amendment 4  
NSMHA-SNOHOMISH COUNTY-MEDICAID-13-15 Amendment 3  
NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 4  
NSMHA-VOLUNTEERS OF AMERICA-MEDICAID-13-15 Amendment 5

Contract details for Motion #15-85:

NSMHA-BRIDGWAYS-MEDICAID-13-15 Amendment 2 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$176,682 with a term of October 1, 2013 through March 31, 2016.

NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-13-15 Amendment 5 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,585,080 with a term of October 1, 2013 through March 31, 2016.

NSMHA-CENTER FOR HUMAN SERVICES-MEDICAID-13-15 Amendment 2 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$235,554 with a term of October 1, 2013 through March 31, 2016.

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 7 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services in all five (5) counties. The maximum consideration for the six (6) month period on this agreement is \$12,946,566 with a term of October 1, 2013 through March 31, 2016.

NSMHA-INTERFAITH-MEDICAID-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$339,486 with a term of October 1, 2013 through March 31, 2016.

NSMHA-LAKE WHATCOM CENTER-MEDICAID-13-15 Amendment 5 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,406,274 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SEA MAR-MEDICAID-13-15 Amendment 4 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,388,298 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SNOHOMISH COUNTY-MEDICAID-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for

continuation of services. The maximum consideration for the six (6) month period on this agreement is \$512,574 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 4 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$3,673,818 with a term of October 1, 2013 through March 31, 2016.

NSMHA-VOLUNTEERS OF AMERICA-MEDICAID-13-15 Amendment 5 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,093,461.10 with a term of October 1, 2013 through March 31, 2016.

## State

### **Motion #15-86**

To approve the following contract amendments:

NSMHA-BRIDGWAYS-SMHC-13-15 Amendment 1

NSMHA-CATHOLIC COMMUNITY SERVICES-SMHC-13-15 Amendment 2

NSMHA-CENTER FOR HUMAN SERVICES-SMHC-13-15 Amendment 1

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 6

NSMHA-INTERFAITH-SMHC-13-15 Amendment 1

NSMHA-LAKE WHATCOM CENTER-SMHC-13-15 Amendment 2

NSMHA-SEA MAR-SMHC-13-15 Amendment 2

NSMHA-SNOHOMISH COUNTY-SMHC-13-15 Amendment 3

NSMHA-SUNRISE SERVICES-SMHC-13-15 Amendment 3

NSMHA-VOLUNTEERS OF AMERICA-SMHC-13-15 Amendment 6

Contract details for Motion #15-86:

NSMHA-BRIDGWAYS-SMHC-13-15 Amendment 1 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$23,988 with a term of October 1, 2013 through March 31, 2016.

NSMHA-CATHOLIC COMMUNITY SERVICES-SMHC-13-15 Amendment 2 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$151,104 with a term of October 1, 2013 through March 31, 2016.

NSMHA-CENTER FOR HUMAN SERVICES-SMHC-13-15 Amendment 1 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$30,990 with a term of October 1, 2013 through March 31, 2016.

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 6 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services in all five (5) counties. The maximum consideration for the six (6) month period on this agreement is \$2,606,301.96 with a term of October 1, 2013 through March 31, 2016.

NSMHA-INTERFAITH-SMHC-13-15 Amendment 1 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$27,840 with a term of October 1, 2013 through March 31, 2016.

NSMHA-LAKE WHATCOM CENTER-SMHC-13-15 Amendment 2 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$278,178 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SEA MAR-SMHC-13-15 Amendment 2 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$123,960 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SNOHOMISH COUNTY-SMHC-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$1,044,494 with a term of October 1, 2013 through March 31, 2016.

NSMHA-SUNRISE SERVICES-SMHC-13-15 Amendment 3 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$326,904 with a term of October 1, 2013 through March 31, 2016.

NSMHA-VOLUNTEERS OF AMERICA-SMHC-13-15 Amendment 6 for the purpose of extending the end date to March 31, 2016 and to allocate a six (6) month budget for continuation of services. The maximum consideration for the six (6) month period on this agreement is \$273,079.76 with a term of October 1, 2013 through March 31, 2016.

## **PATH**

The following contracts are for Projects for Assistance in Transition from Homelessness (PATH). DBHR is amending our current PATH (FFY 14-15) contract through March 31, 2016. The funding is prorated for six (6) months. A BHO contract will be offered on April 1, 2016 through September 30, 2016 for the balance of the funding.

The Compass Health contract mirrors the DBHR contract, with pro-rated six (6) month PATH Grant and Match funding with an amendment offered prior to April 1, 2016 for the balance of the funding.

### **Motion #15-87**

To approve the following contract amendments:

DSHS-DBHR-NSMHA-PATH-14-15 Amendment 1

DSHS-DBHR-NSMHA-PATH-14-15 Amendment 1

NSMHA-COMPASS HEALTH-PATH-14-15 Amendment 1

NSMHA-COMPASS HEALTH WHATCOM-PATH-14-15 Amendment 1



Contract details for Motion #15-87:

DSHS-DBHR-NSMHA-PATH-14-15 Amendment 1 for the purpose of providing PATH services in Snohomish County. The funding for this agreement is allocated for six (6) months for a maximum consideration of \$82,998.50 with the term of the agreement October 1, 2014 through March 31, 2016.

DSHS-DBHR-NSMHA-PATH-14-15 Amendment 1 for the purpose of providing PATH services in Whatcom County. The funding for this agreement is allocated for six (6) months for a maximum consideration of \$24,498.50 with the term of the agreement October 1, 2014 through March 31, 2016.

NSMHA-COMPASS HEALTH-PATH-14-15 Amendment 1 for the purpose of providing PATH services in Snohomish County. The maximum consideration on this agreement is \$151,754 with the term of the agreement October 1, 2014 through March 31, 2016.

NSMHA-COMPASS HEALTH WHATCOM-PATH-14-15 Amendment 1 for the purpose of providing PATH services in Whatcom County. The maximum consideration on this agreement is \$57,163.50 with the term of the agreement October 1, 2014 through March 31, 2016.

**LEGAL SERVICES AGREEMENT .....Tab 5**

Engagement Letter with Davis Wright Tremaine LLP for legal consultation on matters relating to HIPAA and CFR 42 Part 2 (Substance Use). NSMHA will provide a \$2,500 retainer with the law firm which will be applied to NSMHA’s bill. Fees for legal services are as follows: \$635 an hour for Rebecca Williams, staff researchers are billed at \$390 or \$295 per hour based on experience.

Our attorney with Davis Wright Tremaine LLP is Rebecca Williams, who is an attorney and Registered Nurse.

**Motion #15-88:**

To approve entering into an agreement with Davis Wright Tremaine LLP for the purpose of legal representation on matters consisting of privacy, security and breach notification compliance and other matters related to HIPAA.

**15. Introduction Items**

**BHO Detailed Plan Executive Summary .....Tab 6**

**Staffing**

To approve the hiring of the Administrative Support Team Supervisor in November 2015 and reclassifying the position from Range 24 to Range 23.

**16. Adjourn**

Next Meeting: October 8, 2015

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

August 13, 2015  
1:30 PM

**MINUTES**

**Board Members Present:**

Ken Dahlstedt, Skagit County Commissioner, NSMHA Board of Directors Chair  
Jill Johnson, Island County Commissioner, NSMHA Board of Directors Vice Chair  
Cammy Hart-Anderson, representing Snohomish County Executive, John Lovick  
Barbara LaBrash, representing San Juan County Council member, Jamie Stephens  
Regina Delahunt, representing Whatcom County Executive, Jack Louws  
Mark McDonald, NSMHA Advisory Board Chair

**NSMHA Staff Present:**

Joe Valentine, Betsy Kruse, Charles De Elena, Annette Calder

**Guests:**

Lisa U'Ren

**1. Call to Order; Introductions**

Chair Dahlstedt called the meeting to order and welcomed everyone; introductions were made.

**2. Revisions to the Agenda**

None

**3. Approval of Minutes of July 9, 2015**

Jill Johnson moved approval of Motion #15-61, seconded by Cammy Hart-Anderson, all in favor, **motion carried.**

**4. Comments & Announcements from the Chair**

Chair Dahlstedt noted he has been working closely with Joe and Skagit County staff to assess the needs for facilities, services, treatment with the relocation of the services on the Northern State Hospital grounds.

Joe introduced Charles De Elena, NSMHAs Quality Improvement Coordinator, and Charles provided some background on himself; he was welcomed by the Board.

**5. Report from Board Members**

Cammy said Snohomish County has started a partnership with jail administration and United Healthcare to provide improved care to inmates.

Regina updated the group on the proposed Whatcom County Jail. There is a 2/10ths of 1% sales tax proposed to help pay for this and it is on the November ballot. Discussion ensued regarding behavioral health needs and services for inmates.

**6. Comments from the Public**

None

**7. Report from the Advisory Board**

The Advisory Board brief is included behind Tab 1.

**8. Committee Reports**

Joe noted the QMOC and Planning Committee briefs are included behind Tab 2.

**9. Report from the Executive/Personnel Committee**

The committee met today prior to this meeting.

**10. Report from the Executive Director**

Joe directed the group to Tab 3 and reviewed the Executive Director's report with the group that included new mental health legislation, state budget, DSHS requirements for BHO plans and NSMHA's planning efforts, North Sound E&T, WISE expansion, NWESD 189 termination of contract, new office facilities for NSMHA, Family Youth System Partner Roundtables (FYSPRTs) and reclassification of NSMHA staff. Discussion took place throughout and Joe was thanked for his report.

**11. Report from the Finance Officer**

Joe noted the Finance Officer's report is included behind Tab 4 and reviewed the July 2015 financial report with the group, noting overall we are under budget for the year. Joe added NSMHA will be funding agencies to hire Engagement Specialists to assist in reducing the no-show rates for our providers. Brief discussion touched on the PALS funding being cut. Joe announced the Washington State Auditor's engagement letter is included behind Tab 4.

**12. Report from the Finance Committee**

Cammy Hart-Anderson reported the committee met today, reviewed payroll and warrants for July as well as the engagement letter from the Washington State Auditors regarding the commencement of the annual audit.

**13. Consent Agenda – Finance Committee, Motion #15-62**

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve the North Sound Mental Health Administration's claims paid from July 1, 2015 through July 31, 2015 in the amount of \$9,940,445.01. Payroll for the month of July in the amount of \$169,261.08 and associated employer benefits in the amount of \$101,206.18.

Cammy Hart-Anderson moved approval of **Motion #15-62**, seconded by Jill Johnson, all in favor, **motion carried**.

#### **14. Action Items**

##### **Skagit Youth Recovery Court**

The following amendment is being provided to embed a mental health professional in the Skagit Youth Recovery Court. This position will see youth who meet access to care and are in need of mental health treatment along with their substance use treatment.

##### **Motion #15-63**

To approve contract amendment: NSMHA-CCSNW-MEDICAID-13-15 Amendment 4

Jill Johnson moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #15-63**.

##### **Contract details for Motion #15-63:**

NSMHA-CCSNW-MEDICAID-13-15 Amendment 4 for the purpose of providing funding for 1FTE Mental Health Professional to work in the Skagit Youth Recovery Court. The increase in funding to this agreement is \$37,512 for a new maximum consideration of \$5,787,624 with the term remaining the same, October 1, 2013 through September 30, 2015.

##### **Policy Revisions**

- **Interpreter Services Policy #3047**

This policy has been updated to reflect changes in the requirements of how NSMHA will pay for Interpreter Services.

- **Consumer Travel Policy #4512**

This policy has been updated to reflect the allowable reimbursement amounts for meals in policy #3031.

##### **Motion #15-64**

To approve the following revised policies: #3047, Interpreter Services including revised rates and #4512, Consumer Travel Policy to align with policy #3031.

Joe provided an explanation of policy changes. Cammy, Jill, all in favor, **motion carried, #15-64**.

##### **State & Medicaid Amendments:**

The following amendments being provided to allocate funding for:

- Lake Whatcom Center for services provided over their funding cap.
- Compass Health for the conversion to a Residential Treatment Facility (RTF) that requires an increase in staffing.

**Motion #15-65**

To approve the following contract amendments:

- NSMHA-LWC-MEDICAID-13-15 Amendment 4
- NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 6
- NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 5

**Contract details for Motion #15-65:**

**Medicaid**

NSMHA-LWC-MEDICAID-13-15 Amendment 4 for the purpose of increasing Medicaid funding by \$45,378 for a new maximum consideration of \$4,996,296 with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 6 for the purpose of increasing Medicaid funding by \$46,138 for a new maximum consideration of \$35,790,607 with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

**State**

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 5 for the purpose of increasing State funding by \$11,534 to a new maximum consideration of \$6,935,504 with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

Joe explained motion #15-65. Regina Delahunt moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #15-65.**

**Program for Assertive Community Treatment (PACT)**

The following amendment is being provided to fully fund the PACT team now that they are completely staffed.

**Motion #15-66**

To approve the following contract amendment: NSMHA-COMPASS HEALTH-SKAGIT PACT-13-15 Amendment 3

**Contract details for motion #15-66:**

NSMHA-COMPASS HEALTH-SKAGIT PACT-13-15 Amendment 3 for the purpose of increasing funding by \$162,000 for a new maximum consideration of \$1,913,053 with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

Joe provided an explanation for motion #15-66. Barbara LaBrash moved approval, seconded by Jill Johnson, all in favor, **motion carried, #15-66.**

**Professional Service Contracts**

The contract below is for the purpose of:

Sunrise Services will be expanding into south Snohomish County opening an office in Mountlake Terrance to serve individuals residing in nearby neighborhoods.

**Motion #15-67**

To approve NSMHA-SUNRISE SERVICES-PSC-15-16

Joe explained motion #15-67. Jill Johnson moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #15-67.**

**Contract details for motion #15-67:**

NSMHA-SUNRISE SERVICES-PSC-15-16 for the purpose of providing startup funds to expand into south Snohomish County where service penetration rates are lowest. The maximum consideration for this agreement is \$415,150 with the term of the agreement July 1, 2015 through March 31, 2016.

The following contract is providing the startup funds for the implementation for the crisis redesign in Skagit, Snohomish and Whatcom Counties. This will enable the providers to hire the necessary staff and infrastructure needed to support the redesigned programs.

**Motion #15-68**

To approve the following contract: NSMHA-COMPASS HEALTH-PSC-15

**Contract details for Motion #15-68:**

NSMHA-COMPASS HEALTH-PSC-15 for the purpose of building the capacity to implement the new elements of the crisis redesign in Snohomish, Skagit and Whatcom counties. The maximum consideration on this agreement is \$292,834 with the term of May 1, 2015 to December 31. 2015.

Joe discussed motion #15-68. Barbara LaBrash moved approval, seconded by Jill Johnson, all in favor, **motion carried, #15-68.**

**Court Liaison**

The following Medicaid and State funded contract amendments are providing the funding to hire 1 Full Time Equivalent (FTE) to provide court liaison work in Skagit County at the North Cascade Evaluation and Treatment Center.

**Motion #15-69**

To approve the following contract amendments:

- NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 6
- NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 5

Regina, Barbara, all in favor, motion carried.

**Contract details for Motion #15-69:**

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 6 for the purpose of hiring a court liaison to work with the E&T and judicial system in Skagit County. The increase to this contract is \$11,454 for a new maximum consideration of \$35,802,061 with the term of the agreement remaining the same, July 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 5 for the purpose of hiring a court liaison to work with the E&T and judicial system in Skagit County. The increase to this contract is \$5,146 for a new maximum consideration of \$6,940,650 with the term of the agreement remaining the same, July 1, 2013 through September 30, 2015.

### **Out of Network Services**

The following amendment is to provide Medicaid funding to Sunrise Services for Out of Network Services for Eating Disorder Treatment. Sunrise will be contracting with the Eating Disorder Clinic directly. By requiring our providers to contract for specialty services, it allows us to use Medicaid funding for the service.

#### **Motion #15-70**

To approve the following contract amendment: NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 3

#### **Contract details for Motion #15-70:**

NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 3 for the purpose of increasing the Medicaid out of network cost reimbursement budget for the month of August and September 2015. The contract is increased by \$76,000 for a new maximum consideration of \$10,487,047, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

Joe discussed motion #15-70. Jill Johnson moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #15-70.**

### **ITA Judicial Court Fees**

To amend the rates which NSMHA uses to reimburse Skagit County for ITA Judicial Costs. The new rate is based on the updated cost information provided by the County for the three day per week court services at the Sedro Woolley E&T. The new rate goes into effect August 1, 2015. Reimbursement rate is: \$950 per case.

#### **Motion #15-71**

To approve the revised reimbursement rate for Skagit County ITA Judicial Court Fees of \$950 per case.

Joe provided an explanation for motion #15-71. Barbara LaBrash moved approval, seconded by Jill Johnson, all in favor, **motion carried, #15-71.**

### **JAIL TRANSITION SERVICES**

These amendments are to allocate the three (3) month funding, July 1, 2015-September 30, 2015 to County Jail Transition Service Contracts.

#### **Motion #15-72**

To approve the following contract amendments:

NSMHA-ISLAND COUNTY-JAIL SERVICES-13-15 Amendment 2

NSMHA-SKAGIT COUNTY-JAIL SERVICES-13-15 Amendment 2

NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-13-15 Amendment 2

NSMHA-WHATCOM COUNTY-JAIL SERVICES-13-15 Amendment 2

Joe explained motion #15-72. Cammy Hart Anderson moved approval, seconded by Jill Johnson, all in favor, **motion carried, #17-72.**

**Contract details for Motion #15-72**

NSMHA-ISLAND COUNTY-JAIL SERVICES-13-15 Amendment 2 for the purpose of increasing this agreement by \$10,483.82 for a new maximum consideration of \$116,654.82 with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SKAGIT COUNTY-JAIL SERVICES-13-15 Amendment 2 for the purpose of increasing this agreement by \$11,334.57 for a new maximum consideration of \$126,122.57 with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-13-15 Amendment 2 for the purpose of increasing this agreement by \$49,849.08 for a new maximum consideration of \$554,690.88 with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-WHATCOM COUNTY-JAIL SERVICES-13-15 Amendment 2 for the purpose of increasing this agreement by \$16,953.12 for a new maximum consideration of \$188,646.12 with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

**Expansion of WISe**

This amendment is to add an additional 40 slots of WISe in Snohomish County. The expansion of WISe slots is now at 80 for a total of 116 slots in Snohomish County.

**Motion #15-73**

NSMHA-COMPASS HEALTH-WISe-PSC-15 Amendment 1 for the purpose of adding additional startup funds to build capacity for the increase of an additional 40 WISe slots in Snohomish County. The increase to this agreement is \$247,950 for a new maximum consideration of \$495,920 with the term of the agreement July 1, 2015 through December 31, 2015.

Joe discussed the expansion of the WISe program. Jill Johnson moved approval, seconded by Barbara LaBrash, all in favor, **motion carried, #15-73**

**15. Introduction Items**

**PROFESSIONAL SERVICE CONTRACT**

The following Professional Service Contract is to hire an expert trainer, Lucy Berliner LCSW of University of Washington, to train on Cognitive Behavior Therapy Plus (CBT+) and Common Elements Treatment Approach (CETA) a Cognitive Behavior Therapy approach for adults. Both are Evidence Based Practices recommended by the NSMHA Training Committee.



NSMHA-BERLINER-PSC-15-16 for the purpose of providing training to NSMHA regional providers in CBT+ and CETA. The maximum consideration for the agreement is \$(to be provided at the meeting) with a term of September 1, 2015 through June 30, 2016.

### **INTERLOCAL AGREEMENT**

The following Interlocal Agreement is with Skagit County to pass through funding for the embedded Chemical Dependency Professional on the Skagit integrated Crisis Prevention and Intervention Team.

SKAGIT COUNTY-NSMHA-INTERLOCAL AGREEMENT 15-16 for the purpose of providing county funding for the Chemical Dependency Professional to be embedded on the Skagit CPIT. The maximum consideration on this agreement is \$118,266, with the term of the agreement October 1, 2015 to March 31, 2016.

Joe discussed the introduction items with the introduction items with the Board of Directors and noted that NSMHA would also be bringing our BHO Plan to the Board in September, prior to submitting to the state in October.

### **16. Adjourn**

Chair Dahlstedt thanked everyone for coming, noting the next meeting would be on September 10th and adjourned the meeting at 2:35 p.m.

Next Meeting: September 10, 2015

Respectfully submitted:

Annette Calder  
Executive Assistant