

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING  
NSMHA Conference Room  
Mount Vernon, WA  
March 11, 2010  
1:30 PM**

**AGENDA**

Page #/Tab

1. Call to Order; Introductions – Chair Myhr
2. Revisions to Agenda – Chair Myhr
3. Approval of Minutes– Chair Myhr motion #10-010
  - To review and approve the minutes January 14, 2010 ..... 3-6
4. Comments & Announcements from the Chair
5. Reports from Board Members
6. Comments from the Public
7. Report from the Advisory Board – Arthur Jackson, Chair
8. Report from the Executive/Personnel Committee – Dave Gossett, Chair
9. Report from the Quality Management Oversight Committee – Anne Deacon, Chair
10. Report from the Planning Committee – Regina Delahunt, Chair
11. Report from the Executive Director – Chuck Benjamin, Executive Director
12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer ..... Tab 1
13. Report from the Finance Committee – Ken Stark, Chair
14. Consent Agenda – Finance Committee

<p>All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.</p>
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**Motion #10-011**

To review and approve North Sound Mental Health Administration’s claims paid from January 1, 2010 through January 31, 2010 in the amount of \$4,372,429.90. Payroll for the month of January in the amount of \$112,993.83 and associated employer paid benefits in the amount of \$46,185.04.

**Motion #10-012**

To review and approve North Sound Mental Health Administration's claims paid from February 1, 2010 through February 28, 2010 in the amount of \$5,339,178.80. Payroll for the month of February in the amount of \$106,392.60 and associated employer paid benefits in the amount of \$42,607.62.

**15. Action Items****Motion #10-013**

To approve NSMHA-MCPP-PSC-09-10 AMENDMENT 1 for the provision of continuing the consulting services of MCPP on the regional crisis review. The amount of this amendment is \$10,000 for a new maximum consideration of \$40,000. The end date of this Agreement remains June 30, 2010.

**16. Introduction Items**

None

**17. Adjourn**

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING  
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**MINUTES**

**Board Members Present:**

Bob Myhr, San Juan County Council member, NSMHA Chair of the Board of Directors  
John Dean, Island County Commissioner  
Ken Stark, designated alternate for Snohomish County Executive, Aaron Reardon  
Regina Delahunt, designated alternate for Whatcom County Executive, Ward Nelson  
Anne Deacon, designated alternate for Whatcom County Council member, Kathy Kershner  
Arthur Jackson, NSMHA Advisory Board Chair

**Staff Present:**

Chuck Benjamin, Bill Whitlock, Annette Calder

**Guests Present:**

Mike Manley

**1. Call to Order; Introductions – Chair Myhr**

Bob Myhr opened the meeting at 1:30. Mr. Dahlstedt moved to appoint Bob Myhr chair for NSMHA Board of Directors for 2010 and 2011; seconded by John Dean, all in favor, **motion carried (#10-008)**.

**2. Revisions to Agenda – Chair Myhr**

Chair Myhr asked if there were any revisions to the agenda, there were none. He noted the following committee appointments:

Mr. Dahlstedt moved to appoint Kathy Kershner, Whatcom County as Vice Chair, seconded by Mr. Dean, all in favor, **motion carried (#10-009)**.

Chair Myhr noted the following appointments:

Executive Personnel Committee: Bob Myhr, Ken Dahlstedt, and Dave Gossett-chair

Finance Committee: John Dean, Kathy Kershner, Ken Stark-chair

Planning Committee: John Dean, Mike Cooper, Regina Delahunt-chair

Quality Management Oversight Committee: Jackie Henderson and Anne Deacon-chair

**3. Approval of Minutes– Chair Myhr**

Chair Myhr asked if there were any revisions to the December minutes, there were none. Mr. Dahlstedt moved approval of the minutes December 10, 2009, seconded by Mr. Dean, all in favor, **motion carried (#10-001)**.

**4. Comments & Announcements from the Chair**

Chair Myhr stated he is looking forward to serving all to the best of his ability in the coming year (or two years if re-elected in November). Chair Myhr also announced to save the date for NSMHA's Tribal Mental Health conference, May 13<sup>th</sup> at the Skagit Resort in Bow, Washington.

## **5. Reports from Board Members**

Ken Stark mentioned that a group went through scoring 17 different proposals for treatment and outreach programs asking for 1/10<sup>th</sup> of 1% sales tax dollars. He said it was a really busy day and is excited about the decisions made, noting some good programs are being funded.

Ken Dahlstedt said Skagit County has consolidated the senior services and human services groups under one department. Jennifer Kingsley will head that department. Maile-Acoba is moving back to Hawaii and taking a position with a community action agency.

## **6. Comments from the Public**

Mike Manley said there is legislation under consideration that would make permanent the supplantation feature of the 1/10<sup>th</sup> of 1% sales tax and understands the motivation for that in these difficult times. Mike said he wants this Board to take careful consideration of this legislation and the impact it would have on this system, noting that this revenue source was to help this system. He said he looks forward to the deliberations of this Board in regards to this legislation.

Commissioner Dahlstedt said he agrees that this is a slippery slope and that counties were to use the funds to enhance and improve the substance abuse and mental health services to citizens also said that developmentally disabled population should also be included, but they are not. He does not want to see the money eaten up by general operations. Skagit County's intent is to keep this money for its original intent. Commissioner Dahlstedt thanked Mike Manley for bringing this issue forward.

Anne Deacon said the ACHS is aware of it, following it closely and crafting a response. Do have local legislators in this region who have been opposed to supplanting from the start.

Ken Stark noted the Governor's office is supporting supplantation; brief discussion ensued.

## **7. Report from the Advisory Board – Arthur Jackson, Chair**

Arthur Jackson reported:

- The Advisory Board met on January 5<sup>th</sup> and had a pre-meeting presentation by Eve Brown from the Skagit County Peer Connections Drop-In Center.
- Minutes from December were approved as written.
- The Board discussed an email tree for developing legislative agenda for this session. The Advisory Board is again sponsoring a bus to go to Olympia, January 18<sup>th</sup>, to educate legislators.
- An invitation was extended for an Advisory Board representative to attend the Mental Health Planning Advisory Council meeting January 13<sup>th</sup>. Fred Plappert will go to represent the Advisory Board.
- The Advisory Board discussed cross pollination with other local Advisory Boards. The members will discuss this with their respective local Advisory Boards and report back next month.
- Reports were received from:
  - Ombuds
  - Executive Director
  - Finance Committee
  - Executive Committee
  - Quality Management Oversight Committee (no report – no December meeting)
  - County Advisory Board members' reports
- Briefly mentioned policies regarding Advisory Board expenses and asked all to review policies and be prepared to discuss next month.
- Marie Jubie was nominated as the new Vice Chair.
- Next meeting is February 2, 2010.

Arthur was thanked for his report.

**8. Report from the Executive/Personnel Committee – Dave Gossett, Chair**

Bob Myhr said the committee met today but had nothing to report.

**9. Report from the Quality Management Oversight Committee – Anne Deacon, Chair**

Anne Deacon said QMOC did not meet in December.

**10. Report from the Planning Committee – Regina Delahunt, Chair**

Regina Delahunt reported the Planning Committee has not met since the last meeting of this Board.

**11. Report from the Executive Director – Chuck Benjamin, Executive Director**

Chuck Benjamin reported:

- Working on leadership team development.
- How to handle capacity funded programs in a way that does not detrimentally affect the providers.
- Governor’s budget: supplemental budget released which will restore 4.1 million to mental health which will reduce the amount of our reduction a little bit.
- Working on peer centers development.
- Wraparound grant for Skagit County. Dr. Eric Bruns of the UW will be here at the February meeting to address the Board and will have a meeting after the Board meeting for anyone who would like more information.
- Sad news is Cindy Ainsley no longer with NSMHA and he is choosing not to fill the Quality Manager position at this time; is going to step back and determine what we really need. The RSN has had a Quality Manager position since its inception and it really hasn’t ever worked out. Is going to review the needs and will come back to the Board with a recommendation.

Mr. Benjamin was thanked for his report.

**12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer**

Mr. Whitlock reported:

- The current year revenue and expense report has some variances. The state funds short fall of \$1,150,917 is a permanent variance caused by the budget cuts. The Detox pilot is a permanent variance of \$23,889 because the program was cancelled June 30, 2009. FBG (Federal Block Grant), PATH (Program for Assistance in Transition from Homelessness) and DDD (Division of Developmental Disabilities) variances are mostly timing differences. The interest variance of \$40,259 is a permanent variance. The Professional Services variance of \$131,511 is a permanent variance mostly due to legal costs. The utility, insurance and rental variances are permanent.
- We will be requesting a budget transfer in March or April to clean up the line items variances.

Mr. Whitlock was thanked for his report.

**13. Report from the Finance Committee – Ken Stark, Chair**

Ken Stark stated the Finance Committee met today, reviewed all claims before the Board and recommend approval of all.

**14. Consent Agenda – Finance Committee**

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### **Motion #10-002**

To review and approve North Sound Mental Health Administration's claims paid from December 1, 2009 through December 31, 2009 in the amount of \$5,334,443.94. Payroll for the month of December in the amount of \$113,128.44 and associated employer paid benefits in the amount of \$42,954.59.

Ken Stark moved approval of motion **10-002**, seconded by John Dean, all in favor, **motion carried**.

### **15. Action Items**

#### **Motion #10-003**

To approve NSMHA-COMPASS HEALTH-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Compass Health has been allotted 48 slots at a rate of \$200 per slot per month for \$9,600 per month.

#### **Motion #10-004**

To approve NSMHA-INTERFAITH CLINIC-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Interfaith has been allotted 6 slots at a rate of \$200 per slot per month for \$1,200 per month.

#### **Motion #10-005**

To approve NSMHA-SEA MAR-GAU-09-10 for the provision of mental health services to people on General Assistance Unemployable. This program is in collaboration with Community Health Plan of Washington. The term of this Agreement is December 1, 2009 through December 31, 2010. Sea Mar has been allotted 26 slots at a rate of \$200 per slot per month for \$5,200 per month.

Chuck Benjamin provided an explanation of motions 10-003, 10-004 and 10-005. Ms. Deacon moved approval of motions **10-003**, **10-004** and **10-005**, seconded by Mr. Stark, all in favor, **motions carried**.

#### **Motion #10-006**

To approve NSMHA-SUNRISE SERVICES-COMMUNITY SUPPORT-MEDICAID 08-09 AMENDMENT 1 for the provision of amending the hourly rate from 17.11 to 22.75 for the period between November 2008 through June 2009. The increase is \$22,501.96 for a maximum consideration of \$138,871.87.

#### **Motion #10-007**

To approve NSMHA-SUNRISE SERVICES-COMMUNITY SUPPORT-SMHC-08-09 AMENDMENT 1 for the provision of amending the hourly rate from 17.11 to 22.75 for the period between November 2008 through June 2009. The increase is 21,174.20 for this Agreement for a maximum consideration of \$130,677.57.

Chuck Benjamin provided an explanation for motions 10-006 and 10-007. Mr. Dahlstedt moved approval of motions **10-006** and **10-007**, seconded by Mr. Stark, all in favor, **motions carried**.

### **16. Introduction Items**

None

### **17. Adjourn**

Chair Myhr adjourned the meeting at 1:57.