

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
BOARD OF DIRECTORS MEETING
NSMHA Conference Room
Mount Vernon, WA
August 9, 2007
1:30 PM**

AGENDA

Page #/Tab

1. Call to Order; Introductions – Chair Gossett
2. Revisions to Agenda – Chair Gossett
3. Approval of Minutes– Chair Gossett (motion #07-070) 8-15
 - To review and approve the minutes of the July 12, 2007
4. Comments & Announcements from the Chair
5. Reports from Board Members
6. Comments from the Public
7. Report from the Advisory Board – James Mead, Chair
8. Report from the Executive/Personnel Committee – Mike Shelton, Chair
9. Report from the Quality Management Oversight Committee – Gary Williams, Chair
10. Report from the Planning Committee – Janelle Sgrignoli, Chair
11. Report from the Executive Director – Chuck Benjamin, Executive Director
12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer.....Tab 1
13. Report from the Finance Committee – Kirke Sievers, Chair
 - Recommendation to move funds between accounts (motion # 07-064)

14. Consent Agenda – Dave Gossett, Chair

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

Motion # 07-071

To review and approve North Sound Mental Health Administration's claims paid from July 1, 2007 through July 30, 2007 in the amount of \$4,138,100.01. Payroll for the month of July in the amount of \$95,515.68 and associated employer paid benefits in the amount of \$40,586.95.

15. Action Items

Motion #07-072

For introduction and approval NSMHA-CURRY-SCHWARTZ-EATING DISORDERS-07 for the provision of a three day training on eating disorders to the North Sound providers. The contract is from September 1, 2007 to September 30, 2007. The maximum consideration for this contract is \$11,500.

Motion #07-073

To introduce for review NSMHA-bridgeways-FBG-07-08. The purpose of the contract is for the expansion of services for the Unit 9 outreach project in Snohomish County. The maximum consideration for this contract is \$44,851.

Motion #07-074

To introduce for review NSMHA-COMPASS HEALTH SKAGIT-FBG-07-08. The purpose of the contract is to expand services for adults and older adults in Skagit County. The maximum consideration for this contract is \$74,000.

Motion #07-075

To introduce for review NSMHA-COMPASS HEALTH SNOHOMISH-FBG-07-08. The purpose of the contract is for transition services from jails and inpatient facilities into outpatient for adults and children in Snohomish County. The maximum consideration for this contract is \$200,000.

Motion #07-076

To introduce for review NSMHA-COMPASS HEALTH ISLAND-FBG-07-08. The purpose of the contract is to provide prevention of children/youth hospitalization and out of home placements. The maximum consideration for this contract is \$40,000.

Motion #07-077

To introduce for review NSMHA-EVERETT HOUSING AUTHORITY HOPE OPTIONS-FBG-07-08. The purpose of the contract is for an Intervention Specialist working with vulnerable adults with mental illness in Snohomish County. The maximum consideration for this contract is \$33,000.

Motion #07-078

To introduce for review NSMHA-SAN JUAN COUNTY HEALTH AND COMMUNITY SERVICES-FBG-07-08. The purpose of the contract is for mental health services in the school setting for children and families in San Juan County. The maximum consideration for this contract is \$20,000.

Motion #07-079

To introduce for review NSMHA-SENIOR SERVICES OF SNOHOMISH COUNTY-FBG-07-08. The purpose of the contract is for in-home Geriatric Depression Screening for adults over 60 years in Snohomish County. The maximum consideration for this contract is \$36,360.

Motion #07-080

To introduce for review NSMHA-SNOHOMISH COUNTY HUMAN SERVICES-FBG-07-08. The purpose of the contract is short-term case management and prevention services for people with high utilization of emergency services in Snohomish County. The maximum consideration for this contract is \$66,000.

Motion #07-081

To introduce for review NSMHA-TULALIP TRIBES-FBG-07-08. The purpose of the contract is to provide holistic traditional and mental health services to children and families. The maximum consideration for this contract is \$81,840.

Motion #07-082

To introduce for review NSMHA-TRAINING RESOURCES IN PARTNERSHIP-FBG-07-08. The purpose of the contract is to provide parent support/empowerment groups and individual coaching. The maximum consideration for this contract is \$37,000.

Motion #07-083

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC DD-FBG-07-08. The purpose of the contract is to provide a skill building group with people with developmental disabilities. The maximum consideration for this contract is \$5,000.

Motion #07-084

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC GATEKEEPER -FBG-07-08. The purpose of the contract is to provide the elder Gatekeeper project providing mental health and support services to at-risk older adults in Whatcom County. The maximum consideration for this contract is \$33,309.

Motion #07-085

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC RAINBOW-FBG-07-08. The purpose of the contract is to provide an extension of operational hours to meet the International Clubhouse Certification Development Standards at Rainbow Center. The maximum consideration for this contract is \$30,888.

Motion #07-086

To introduce for review NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC OUTREACH-FBG-07-08. The purpose of the contract is to provide outreach and engagement services to the un-enrolled in acute care settings and at the Behavioral Health Triage in Whatcom County. The maximum consideration for this contract is \$106,000.

Motion #07-087

To introduce for review NSMHA-CATHOLIC COMMUNITY SERVICES SKAGIT-FBG-07-08. The purpose of the contract is to provide an extension of service hours for groups in the elementary and middle school in the eastern geographic area of Skagit County. The maximum consideration for this contract is \$18,000.

Motion #07-088

To introduce for review NSMHA-NORTHWEST YOUTH SERVICES-FBG-07-08. The purpose of the contract is to provide an expansion of mental health services to children/youth and families in Whatcom County. The maximum consideration for this contract is \$36,640.

Motion #07-089

To introduce for review NSMHA-STILLAGUAMISH TRIBE-FBG-07-08. The purpose of the contract is to provide an expansion of mental health services and life skills training. The maximum consideration for this contract is \$35,000.

Motion #07-090

To introduce for review NSMHA-SUN COMMUNITY SERVICES-FBG-07-08. The purpose of the contract is to provide housing and mental health supports to consumers discharged from inpatient facilities and jails. The maximum consideration for this contract is \$48,000.

Motion #07-091

To introduce for review NSMHA-MEAD-FBG-07-08. The purpose of the contract is to provide three Wellness Recovery Action Plan (W.R.A.P.) trainings in the north sound region. The maximum consideration for this contract is \$15,000.

Motion #07-092

To introduce for review NSMHA-SEA MAR-FBG-07-08. The purpose of the contract is to provide integrated care in a health care setting in Whatcom County. The maximum consideration for this contract is \$54,077.

16. Introduction Items

Motion #07-093

To introduce for review the NSMHA-Island-Jail Services Contract 0-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-094

To introduce for review the NSMHA-San Juan-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time. .

Motion #07-095

To introduce for review the NSMHA-Skagit-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-096

To introduce for review the NSMHA-Snohomish-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-097

To introduce for review the NSMHA-Whatcom-Jail Services Contract 07-08. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is October 1, 2007 through June 30, 2008. Maximum consideration is for this contract is unavailable at this time.

Motion #07-098

To introduce for review NSMHA-COMPASS-DDD-07-08 effective 10/01/07 to 6/30/08. This contract is to improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. The term of this contract is October 1, 2007 to June 30, 2008. Maximum consideration for this contract is unavailable at this time.

Motion #07-099

To introduce for review contract NSMHA-COMPASS HEALTH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-100

To introduce for review contract NSMHA-COMPASS HEALTH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Compass and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-101

To introduce for review contract NSMHA-bridgeways-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-102

To introduce for review contract NSMHA-bridgeways-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by bridgeways and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-103

To introduce for review contract NSMHA-SUNRISE SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-104

To introduce for review contract NSMHA-SUNRISE SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sunrise and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-105

To introduce for review contract NSMHA-CATHOLIC COMMUNITY SERVICES-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid children and youth enrollees based on the transition plan mutually agreed upon by Catholic Community Services and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-106

To introduce for review contract NSMHA-CATHOLIC COMMUNITY SERVICES-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid children and youth population and for the provision of non-Medicaid covered mental health services Medicaid children and youth enrollees based on the transition plan mutually agreed upon by Catholic Community Services and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-107

To introduce for review contract NSMHA-SEA MAR-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-108

To introduce for review contract NSMHA-SEA MAR-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Sea Mar and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration is for this contract is unavailable at this time.

Motion #07-109

To introduce for review contract NSMHA-INTERFAITH-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-110

To introduce for review contract NSMHA-INTERFAITH-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Interfaith and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-111

To introduce for review contract NSMHA-LAKE WHATCOM-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-112

To introduce for review contract NSMHA-LAKE WHATCOM-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by Lake Whatcom and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-113

To introduce for review contract NSMHA-WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-MEDICAID-07-09. The contract is for Medicaid covered mental health services to Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NMSHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-114

To introduce for review contract NSMHA- WHATCOM COUNSELING AND PSYCHIATRIC CLINIC (WCPC)-SMHC-07-09. The contract is for the provision of mental health services to the non-Medicaid population and for the provision of non-Medicaid covered mental health services Medicaid enrollees based on the transition plan mutually agreed upon by WCPC and NSMHA. The term of the contract is October 1, 2007 to June 30, 2009. Maximum consideration for this contract is unavailable at this time.

Motion #07-115

To introduce for review contract NSMHA-LAKE WHATCOM-PACT-07-09. The contract is for the provision of a half a PACT team in Whatcom County. This is a fidelity based program funded through state only funds. The term of this contract is September 13, 2007 to June 30, 2009. Funding for this program is from the Program for Alternative Living (PALS) savings. The distribution is as follows;

Start up funding	\$175,000
12 month funding	\$700,000
8 month funding	\$466,667

The maximum consideration for this contract \$1,341,667

17. Adjourn

NOTE: The next Board of Directors meeting will be held on August 9, 2007 at 1:30 p.m. in the NSMHA Conference Room

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
BOARD OF DIRECTORS MEETING
NSMHA Conference Room
Mount Vernon, WA
July 12, 2007
1:30 PM**

MINUTES

Board Members Present:

Bob Myhr, San Juan County Council
June LaMarr, The Tulalip Tribes
James Mead, NSMHA Advisory Board Chair
Regina Delahunt, designated alternate for Whatcom County Executive, Pete Kremen
Janelle Sgrignoli, designated alternate for Snohomish County Executive, Aaron Reardon
Sharie Freemantle, designated alternate for Snohomish County Council member Dave Gossett
Andrew Davis, NSMHA Advisory Board Vice Chair
Maile Keli'ipio Acoba, designated alternate for Skagit County Commissioner Ken Dahlstedt
Jackie Henderson, designated alternate for Island County
Gary Williams, designated alternate for Whatcom County Council member, Ward Nelson

Staff Present:

Chuck Benjamin, Greg Long, Bill Whitlock, Laura Davis, Annette Calder

Guests:

Rodney McMannus, Jim Shreffler, Danielle Fredman, David Black, Jeff Dyer, CeCe Thomas, Jonathan Rosenblum, Bret Catrell, Kristine Clement, Laura Mixon, Jason Blanchere, Marco Sanchez, Mike Watson, Mike Price, Dean Wight, Tom Sebastian, Andy Jones, Theresa Tobin, Laura Petrie, Boon Sureepisarn, Rueben Yancy, Merrily Sloan, Bonnie Edwards, Claudia D'Allegri, Maureen Masterson, David Myers, Eva Covey

1. Call to Order; Introductions – Acting Chair Myhr

Bob Myhr opened the meeting at 1:32 p.m., welcomed everyone and introductions were made.

2. Revisions to Agenda – Acting Chair Myhr

Chair Myhr noted the addition of motion 07-068.

3. Approval of Minutes– Acting Chair Myhr

Chair Myhr asked if there were any changes to the minutes, there were none. Motion to approve as presented by Ms. Sgrignoli, seconded by Mr. Williams, all in favor, **motion carried (#07-062)**.

4. Comments & Announcements from the Chair

None

5. Reports from Board Members

Chair Myhr commented on the NSMHA Tribal Conference and stated he attended as a NSMHA Board member and wanted to emphasize, and have noted in the minutes, that it was an excellent conference and was a great opportunity to see providers, clients community members working together to better the system. He encouraged everyone to attend in the future.

6. Comments from the Public

Andrew Jones from Compass Health Children's Program addressed the Board, noting he has appreciated and relished working for Compass Health and the community; however he is going to be leaving in a couple of weeks, one of three clinicians leaving the children's program. Mr. Jones said he hopes that NSMHA can do what it can in cooperation with Compass Health to do something about the pay scale and keep clinicians in the business. Compass Health hasn't had much luck filling his position and stated that he is leaving a case load of 40 plus families. Mr. Jones said he feels it is important to do what we can to retain staff to work with those in need. Mr. Jones was thanked for his comments.

Bonnie Edwards a clinician from Compass Health in Mt. Vernon stated she is working with adults and is a geriatric specialist. Ms. Edwards has worked with Compass Health for 13 years now in individual therapy. In order to bring forth close to 24 million dollars funding Ms. Edwards along with co-workers went to Olympia and testified to up the pay for clinicians. She stated she is proud of what they accomplished and made the need known to the legislature to make the changes needed. What makes her hopeful is hearing from co-workers that they are not looking for other jobs and can maybe hang in there and continue working in mental health for another couple of years. Ms. Edwards is asking NSMHA that they do what they can to get the money to the providers so staff can be paid a livable wage. Ms. Edwards stated she wants a clear statement from NSMHA as to what NSMHA needs from the various agencies to move this funding through. Also wants a commitment in being proactive in working with the agencies and working with the clinicians to provide implementation for the funding. Ms. Edwards was thanked for her comments.

Maureen Masterson, Compass Health on Whidbey Island, Comprehensive Community Support Clinician, 28 years with Compass Health. Ms. Masterson is here to speak about increased funding that they lobbied for and testified for before the legislature. Ms. Masterson said it is very important to her that quality staffs are maintained in this field. She said clients stay more stable when they know the people they are working with and cannot maintain stability for clients when there are so many turnovers in clinical staff. Ms. Masterson said she is the first person in her family to get a 4 year college degree and she is also the lowest paid, her nieces and nephews make more than her with her 28 years of experience. Ms. Masterson said when she told legislators what she was paid, one turned to her and said she could make more as a stock room manager at Wal-mart than she was currently earning. Ms. Masterson said she has a high expectation that this money moves to the providers and then to staff very quickly; hoping that no delays get in the way of what the legislature intended this money be used for. Ms. Masterson was thanked for her comments.

Marco Sanchez and Claudia D'Allegri of Sea Mar Community Health Centers addressed the Board of Directors regarding the Federal Block Grant Funding recommendations from the Planning Committee. Ms. D'Allegri stated she was here to ask for FBG funding for project that was funded last time. She said Sea Mar is confused about the process and Sea Mar's application was not accurate of what program does. Ms. D'Allegri discussed the kudos received from the Health Recovery Services Administration (HRSA) for integrating primary care and behavioral health; stating HRSA told Sea Mar they are on top of the national effort of integrating primary care and behavioral health. Sea Mar is very concerned about the safety of the clients that they are serving in this program and what will happen to those clients when the funding is cut and Sea Mar has to close the program. Said Sea Mar is confused about what the definition of integration is; thought they were doing what NSMHA views as integration; serves more clients than thought they could with the money received.

Ms. D'Allegri said Sea Mar is also confused about the grievance process and how that works. Asking for help to understand what to do now; doesn't want to drop a program that is making a difference for clients that cannot be served by any other program. Ms. D'Allegri asked please do not penalize Sea Mar for doing a good job and serving people that really need this. Ms. D'Allegri said Sea Mar will do whatever NSMHA says needs to be done to not have to close this program. She said Sea Mar is doing a good job serving people who need

these services; doesn't want to be penalized for doing a good job; will serve more clients, will increase service hours or whatever else NSMHA wants to see done to not have to close a valuable program.

Mr. Sanchez said a great number of mentally ill people end up in the Emergency Room because they do not have the proper access to mental health services. Many mentally ill people end up in Emergency Room because of lack of access and overwhelm the Emergency Room and doctors. Some do not qualify because they make \$2-\$3 more than poverty level and are falling through the cracks. Sea Mar is trying to integrate and serve those who really need it and go without treatment otherwise. Sea Mar's proposal asked for less than they received last year, exceeded the goals listed in the last funding cycle and will increase number served, exceed goals again. Please do not cut the money. Chair Myhr thanked Ms. D'Allegrri and Mr. Sanchez for their comments.

David Myers, case manager at Compass Health Aurora House stated he is here because of concern about the new funds allocated for increasing salaries for front line services providers. In Aurora House one of the things that staff deals with all the time as a stressor is the fact that they do not get paid very much and it is hard to make ends meet. With the new funding coming through as quickly as possible will help to alleviate burden on staff and then staff can focus on clients as they are the most vulnerable in the community and need staff to be focused on the care of the clients. Mr. Meyers said NSMHA needs to get this funding through to the agencies so staff can get the money and continue to focus on their clients and appreciates anything the RSN could do to further this effort. Mr. Meyers was thanked for his comments.

Jonathan Rosenblum, Director of the SEIU1199 Campaign for Quality Mental Healthcare. Mr. Rosenblum hopes the Board of Directors will focus on the opportunity we have to move forward today. Union members are all very proud of work done in this last legislative session to win additional funding to stabilize the workforce and members also know that they could not have done it without the help of other systems including advocates, RSN's, providers, NAMI, etc. in getting legislative leaders to move forward on the compensation funding, vendor rate increase, the increase in funding for chemical dependency treatment feels we have turned the corner in getting legislative leaders to understand that they needed to take action and move forward on this. Mr. Rosenblum stated the union wanted to thank the Board of Directors for they work the RSN did, even it if wasn't specifically on the compensation issue and believes all of our voices together helped to elevate these issues. He said the union recognizes that this is new funding and do expect that everyone will work diligently in following the budget proviso to get this money to providers and staff as expeditiously as possible. Mr. Rosenblum noted appreciation of the letter sent on July 3 regarding the timelines involved in getting providers to tell the RSN how money would be spent within the law. Mr. Rosenblum encouraged everyone to work together while here today to get clarity and move forward on this. Mr. Rosenblum was thanked for his comments.

Tom Sebastian, CEO of Compass Health, said after having received information from NSMHA on what is needed to make this money flow down to the staff, Compass Health is working as diligently as possible to get this done; it is a top priority at Compass Health and the agency is committing its resources to make sure the dollars flow down to the clinicians for all the hard work they do as quickly as possible. Mr. Sebastian stated Compass Health will provide what is needed to do the analysis to fulfill our accountabilities to the State.

Chuck Benjamin thanked clinicians for all the hard work they do, knowing that it is not an easy job and said he knows that clinicians are underpaid. Mr. Benjamin said Jonathan knows that he and NSMHA supported the wage increase. Part of the problem is we are still waiting on information from DSHS/MHD. Mr. Benjamin said the State has reallocated the wage earner increase and now NSMHA gets \$120,000 less than originally stated. King and Peninsula RSN's get the biggest increase, and the two RSN's that are impacted the worst are NSMHA and Greater Columbia. Mr. Benjamin was told by MHD today that the rates are changing again. Mr. Benjamin explained that there are two pots of money involved in this. He said there is State-only money

and also the Medicaid PMPM (per member per month) money that both go into this raise. NSMHA was told this morning that the State gave some of the State-only portion for our region to Molina for WMIP. MHD said this morning that NSMHA will get all state money but not the Medicaid PMPM rate and that Compass Health would have to go to Molina to get that money. Mr. Benjamin said he is hoping that we can still go by the timeline of August 31st as long as we get acceptable transition plans from the providers. Hopefully MHD doesn't change the timeline again. Mr. Benjamin asked for other questions and Jonathan Rosenblum asked for a copy of the guidelines that Tom Sebastian referenced. Mr. Benjamin said we are following the legislature recommendations; discussed direct care staff and listed those classifications covered (direct treatment providers and those that provide direct support, including staff that do scheduling, intake, reception, records keeping and facility maintenance, etc.). He said providers would have to identify all FTE's in those classifications and then demonstrate what percentage of a raise that is. He said the intention of the legislature was a 4% wage increase to wage earners. Mr. Benjamin said the money doesn't equate to 4% but the RSN is going to pass through all the money we receive.

Chair Myhr thanked everyone for their comments.

7. Report from the Advisory Board – James Mead, Chair

James Mead reported:

- The Advisory Board met on July 10th, the meeting was called to order and the minutes from the last meeting were approved as written.
- The Chair added certification presentations to the agenda for Shannon Solar and Nancy Jones.
- There was not a County Coordinator present; Comments from the Chair were presented.
- New Business included upcoming site visits.
- Chuck Benjamin gave the Executive Director's report. During this time, the recommendations of the Federal Block Grant selection committee and Planning Committees regarding the FBG funds were discussed. Mr. Marco Sanchez was present from Sea Mar and made a presentation, the Advisory Board made a motion to leave the recommendations in place as coming from the Selection and Planning Committees, motion was seconded and motion carried. Chuck mentioned the short timeframes given by MHD regarding contracts. A motion was made for the Advisory Board Chair to write a letter to Richard Kellogg copying Doug Porter regarding the short timeframe in which the NSMHA Advisory Board has to review and make recommendations regarding contracts, seconded and motion carried.
- Mary Good presented the Finance Committee report.
- James Mead gave the Executive Committee report. He distributed the revised Advisory Board By-Laws for the Board to review and be prepared to pass at the next meeting if no changes were requested.
- Mary Good gave the Quality Management Oversight Committee report.
- Chuck Davis presented a snapshot report on Ombuds activities.
- Chuck Benjamin presented items that would go before the Board of Directors.
- Each County gave their individual Advisory Board reports.
- A motion was made to the Advisory Board that any acronyms used be followed by a full description of what the acronyms stand for or not use the acronyms. It was suggested a 25 cent fine be imposed for failure to identify acronyms. The motion was seconded, vote was taken and motion carried.
- The meeting was adjourned at 2:55 and the next meeting will be August 7th at 1 pm.
- Invited all to the Snohomish County Advisory Board on September 10th, 5:45 p.m. at the PUD building in Everett.

Mr. Mead was thanked for his report.

8. Report from the Executive/Personnel Committee – Mike Shelton, Chair

Chuck Benjamin stated the Executive Committee did not meet today.

9. Report from the Quality Management Oversight Committee – Gary Williams, Chair

Gary Williams reported:

- The minutes from the last meeting were reviewed and approved with changes.
- North Sound Mental Health Administration (NSMHA) is in the process of hiring a new Quality Manager.
- Program for Assertive Community Treatment (PACT) is proceeding well and should be opening in July.
- Program for Adapted Living Skills (PALS) will be reducing their beds from 120 at Western State Hospital to 30. NSMHA and Compass Health are discussing converting Aurora House to an Alternative Adult Residential Center (AARC) for this program.
- LOCUS/CALOCUS training was held and concerns were expressed regarding requirements.
- Children’s Policy Executive Team (CPET) has released a Request for Proposals (RFP) for a Short-term High Intensity Treatment Plan and Janet stated that Children’s Administration is coming out with a unified release of information form.
- Federal Block Grant (FBG) proposals are due back June 27.
- The Policy Subcommittee brought Policy 1550.00 (Early Periodic Screening, Diagnostic and Treatment Services) that was passed at QMC and a motion was made to recommend Policy 1550.00 and it was passed. Policy 1558.00 (Mental Health Specialist) was approved by the Quality Management Committee. A motion was made to accept the policy and carried.
- Greg provided a report regarding Western State Hospital (WSH).
- Sandy Whitcutt reported on Integrated Crisis Response Services (ICRS) policies 1702.00 (ICRS Outreach Screening, Crisis Line Pre- and Post-Dispatch), 1707.00 (Crisis System Clinical Dispute Resolution) and 1557.00 (Safety Policy) to the committee. She provided the new questions for the Utilization Review tool. She brought attention to 1713.00 (ICRS System Shift Change Protocol). Due to the External Quality Review Organization (EQRO) Policy 1004.00 (Fair Hearing) and Policy 1009.00 (Critical Incident) were revised and fast tracked. A motion was made to acknowledge receipt of this information and carried.
- The meeting was adjourned at 2:30. Chair Williams noted he will not be present at next month’s meeting and asked if it should be canceled for July. No decision was reached.

Mr. Williams was thanked for his report.

10. Report from the Planning Committee – Janelle Sgrignoli, Chair

Janelle Sgrignoli reported:

The NSMHA Planning Committee met on July 6, 2007 and reviewed the recommendations of the Federal Block Grant Request For Proposals Selection Committee. The NSMHA Planning Committee is recommending funding of the following proposals for a total of \$983,000:

bridgeways, Unit 9	\$ 44,851
Compass Health, Skagit Access Services	\$ 74,000
Compass Health, Snohomish County Transition	\$200,000
Everett Housing Authority, Hope Options Program	\$ 33,000
NSMHA, Follow-up on WRAP-Around Services/Eating Disorders	\$ 14,000
San Juan County, Access to Children’s Mental Health Project	\$ 20,000
Senior Services of Snohomish County, Geriatric program	\$ 36,360

Snohomish County Human Services, Case Mgmt/Stabilization	\$ 66,000
The Tulalip Tribes, Traditional Program	\$ 81,840
TRIP, Training Resources in Partnership	\$ 37,000
WCPC, DD Skills Building	\$ 5,000
WCPC, Elder/Gatekeeper Program	\$ 33,309
WCPC, Rainbow Center Staffing	\$ 39,000
WCPC, Outreach & Engagement Project	\$106,000
Catholic Community Services, Outreach in E. Skagit County	\$ 18,000
Compass Health, Island County School & In-home Services	\$ 40,000
Northwest Youth Services, Whatcom Resiliency Project	\$ 36,640
Stillaguamish Tribe, Behavioral Health Program, non-Medicaid	\$ 35,000
Sun Community Services, Sun House Jail Diversion Program	\$ 48,000
WRAP, Wellness Recovery Action Plan	\$ 15,000
Total Funding Recommendations:	\$983,000

Ms. Sgrignoli moved approval of the Federal Block Grant proposals funding recommendations, seconded by Mr. Williams, all in favor, **motion carried (motion # 07-063)**.

11. Report from the Executive Director – Chuck Benjamin, Executive Director

Chuck Benjamin reported:

- Glad to see all the people here today and was glad to have had the dialog we did today.
- RFQ (Request For Qualifications) and transition meetings with the providers going very well. Commended Compass Health for all their collaboration and being open minded in this process; all very positive.
- Discussed the LOCUS/CALOCUS training and will be having ongoing meetings with the
- PACT going well and thanked Compass Health, bridgeways, and Sunrise Services for working through all of this and looking forward to program starting, needed to have more consumers on the advisory board for PACT (Program for Assertive Community Treatment).
- PALS (Program for Adaptive Living Skills) starting January 1, 2008 each RSN will have to start paying for each bed at a rate of \$220-\$300 a day (rate not determined yet). NSMHA will start a half-PACT program in Whatcom County.
- Still interviewing for Quality Manager position
- Testified at Island County hearing for the 1/10th of 1% tax for mental health services; only heard positive comments on it. Another meeting is being scheduled and the commission will take action at that time. Mr. Benjamin noted that Jackie Henderson did a very nice job pulling all of this together.

Mr. Benjamin was thanked for his report.

12. Report from the Finance Officer – Bill Whitlock, Fiscal Officer

Bill Whitlock reported:

- The revenues are in line with the budgets. However, the Federal Block Grants (FBGs) have a negative variance of \$175,864. The Program for Assertive Community Treatment (PACT) has a negative variance of \$238,334 and the Project for Assistance in Transition from Homelessness (PATH) has a negative variance of \$14,017. All of these are timing variances at this time. The Program for Adapted Living Skills (PALS) was not part of the original budget. The administrative expenditures are in line with our current budget. The Agency/County/Other Service Provider's expenditures have a budget variance of \$4,304,443. Most of the variance is due to inpatient expense from last year and the current year. We have paid \$3,734,208.97 in inpatient expense so far this year. We started the "pay as you go" inpatient system in September 2006. WE did not receive any expenses until January 2007. We are also

paying out a lot of our deferred revenue from last year. We had \$1.7 million in deferred revenue at December 31, 2007.

- We received a payment of \$275,325.13 for Western State Hospital Use Reconciliation (beds under cap). We paid the state \$1,657.88 in liquidated damages. We received a net amount of \$273,667.25. The North Sound deducted 5.42% for administration and paid the providers \$258,834.49 in June. This represents the period from September 2006 to March 2007.
- The State Fiscal Auditors completed their audit of the 2006 financial statement on July 6, 2007.
- We have been working on the state budget provisos. There has been a lot of confusion around the interpretation by DSHS/MHD. Their last re-interpretation reduced our region's state-only funds distribution by \$10,000 a month. The state is requiring us to come up with a plan for distributing the funds and we are working with providers to meet this responsibility.

Mr. Whitlock was thanked for his report.

13. Report from the Finance Committee – Bob Myhr, Acting Chair

Bob Myhr reported:

- The finance committee met today, reviewed vouchers and claims, approved everything. Thanked Mr. Whitlock for all his hard work
- **Recommendation to move funds between accounts (motion # 07-064)**

This item tabled until the August meeting of the Board of Directors.

14. Consent Agenda – Bob Myhr, Acting Chair

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

Motion # 07-065

To review and approve North Sound Mental Health Administration's claims paid from June 1, 2007 through June 30, 2007 in the amount of \$4,986,520.20. Payroll for the month of June in the amount of \$97,032.81 and associated employer paid benefits in the amount of \$48,887.15.

Mr. Williams moved approval of the consent agenda, seconded by Ms. Sgrignoli, all in favor, **motion carried.**

Acting Chair Myhr asked Mr. Benjamin to enter into discussion with Sea Mar to see if there are any options for funding their proposal. Mr. Benjamin agreed to do so.

15. Action Items

None

16. Introduction Items

Chuck Benjamin said that staff is asking that introduction items be moved to action items. He said we did not receive these contracts from the State in time to process them in our normal fashion.

Motion #07-066

To introduce for review MHD-NSMHA-PIHP-0669-01989 AMENDMENT 3 for the purpose of adjusting rates of payment for the final period of this contract, and to retroactively adjust payment made by MHD for the month of July 2007.

Motion to approve by Ms. Henderson, seconded by Ms. Sgrignoli, all in favor, **motion carried.**

Motion #07-067

To introduce for review MHD-NSMHA-0669-02157 AMENDMENT 5 for the purpose of adjusting rates and payments for the final period of this contract.

Motion to approve by Ms. Delahunt, seconded by Mr. Williams, all in favor, **motion carried.**

Motion #07-068

To introduce for review NSMHA-VROON VANDENBERG LLP-PSC-07, for a regional 10 day Wraparound Training, Wraparound is a high fidelity based model of service for children the training will be provided by a national Wraparound trainer. The contract period is August 1 - September 30, 2007. The maximum consideration for this contract is \$19,195.

Motion to approve by Ms. Sgrignoli, seconded by Ms. Henderson, all in favor, **motion carried.**

17. Adjourn

Acting Chair Myhr asked if there was any other business, there was none. The meeting was adjourned at 2:35.

Respectfully submitted,

Annette Calder
Executive Assistant

NOTE: The next Board of Directors meeting will be held on August 9, 2007 at 1:30 p.m. in the NSMHA Conference Room