

MEMORANDUM

TO: NSRSN Board of Directors and All Interested Parties
FROM: Melinda Bouldin, NSRSN Office Manager
RE: Meeting Information
DATE: January 16, 2001

Please note the next meeting of the NSRSN Board of Directors will be held on:

**Thursday, January 25, 2001
North Sound Regional Support Network
Conference Room
117 North First Street, Suite 8
Mt. Vernon, WA
1:30 PM**

The Board of Directors Packet is attached for your review. I look forward to seeing you there.

For Special Disability accommodation needs, please call Melinda at (360) 416-7013, ext. 222 at least 48 hours in advance, if possible.

**NORTH SOUND REGIONAL SUPPORT NETWORK
BOARD OF DIRECTORS MEETING**

**North Sound Regional Support Network
Conference Room
117 North First Street, Suite 8
Mt. Vernon, WA
January 25, 2001
1:30 PM**

AGENDA

1. Call to Order; Introductions – Chair
2. Revisions to the Agenda – Chair
3. Approval of December Minutes – Chair **(TAB 1)**
4. Comments & Announcements from the Chair
 - 2001 Committee Assignments
5. Board Discussion – Chair

“What are our top goals for mental health services as you see your role as a member of the NSRSN Board for 2001?”

6. Comments from the Public
7. Report from the Advisory Board – Dan Bilson, Chair
8. Report from Executive/Personnel Committee – Dave Gossett, Chair
9. Report from the Planning Committee –
10. Report from QMOC Committee – Andy Byrne, Chair
11. Report from the Executive Director – Chuck Benjamin, Executive Director
 - NSRSN Staff Activities Reports **(TAB 2)**
12. Report from the Fiscal Officer – Bill Whitlock, Fiscal Officer **(TAB 3)**

13. Consent Agenda – Chuck Benjamin, Executive Director

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one motion of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

The NSRSN Board of Directors moves to approve the Consent Agenda:

Motion #01-001 To review and approve NSRSN claims paid from December 1, 2000 to December 31, 2000. Total dollar amount of warrants paid in December 2000 \$3,179,888.63. Total December payroll of \$70,027.79 and associated benefits in the amount of \$23,560.58. **(TAB 4)**

14. Action Items – Marcia Gunning, Contracts Compliance/Financial Services Manager

Motion #01-002 to approve Contract NSRSN-Snohomish MICA-01, effective February 1, 2001 through July 30, 2002, with Snohomish County authorizing Snohomish County to use these funds to improve services to youth and adults with Co-Occurring disorders within Snohomish County by purchasing Chemical Dependency Specialist Case Manager Services, outreach services and engagement services to individuals who have been hospitalized in psychiatric units due to mental health and substance abuse and to purchase trainings and on-going case consultations to all Compass case management staff regarding dually diagnosed individuals and substance abuse symptoms and treatment strategies. Maximum consideration shall not exceed \$142,817. **(TAB 5)**

Motion #01-003 to authorize NSRSN Executive director to enter into contract with department of Developmental Disabilities (DDD) for add-on supports and services for people with mental health and developmental disabilities, effective January 1, 2001 through July 31, 2001. Maximum consideration shall not exceed \$225,000. **(TAB 6)**

Motion #01-004 to authorize NSRSN Executive Director to enter into contract NSRSN-APN-99-10-01 Amendment 6 with the Associated Provider Network for enhanced crisis prevention and intervention services to individuals with developmental disabilities and mental illness, effective January 1, through July 31, 2001. Maximum consideration shall not exceed \$225,000. **(TAB 7)**

15. Motions Not Yet Reviewed by the Advisory Board – Rhea Miller, Chair
Motion #01-IN01 to introduce the NSRSN 2001-2003 Strategic Plan
16. Executive Session - Chair
17. Reconvene - Chair
18. Adjournment - Chair

NOTE: The next Board of Directors meeting is scheduled for Thursday, February 22, 2001, at the North Sound Regional Support Network, 117 North 1st Street, Suite 8, Mt. Vernon, WA, 98273 at 1:30 PM.

**NORTH SOUND REGIONAL SUPPORT NETWORK
BOARD OF DIRECTORS MEETING**

**NSRSN Conference Room
117 N. First Street, Suite 8
Mt. Vernon, WA
December 7, 2000
1:30 PM**

MINUTES

Board Members Present:

Rhea Miller, Chair, San Juan County Commissioner
Andy Byrne, Alternate for Ward Nelson, Vice Chair, Whatcom County Council
Dan Bilson, Chair, NSRNS Advisory Board
Jim Teverbaugh, Alternate for Bob Drewel, Snohomish County Executive
Susan Neely, Alternate for Kirke Sievers, Snohomish County Council
Bob Hart, Skagit County Commissioner
Rick Larsen, Snohomish County Council
Gary Ramey, Alternate for Rae Anne Cleveland, Tulalip Tribes
Joe Johnson, Nooksack Tribe
Mike Shelton, Island County Commissioner

NSRSN Staff Members:

Chuck Benjamin, Beckie Bacon, Melinda Bouldin, Annette Calder, Sharri Dempsey,
Marcia Gunning, Anne Hoffman, Dolores Holtcamp, Greg Long, Francene Thompson,
Bill Whitlock

Guests:

Rod Elin, Mary Good, Tom MacIntyre, Josselyn Winslow, Gregory Gerst, Bob LeBeau,
JoAnn Angevine, Jane Relin

1. Call to Order; Introductions – Chair

Rhea Miller called the meeting to order at 1:30 PM. Introductions were made.

2. Revisions to the Agenda – Chair

Chair Miller stated the Nominating Committee report will follow the Advisory Board report.

3. Approval of August Minutes – Chair

Ms. Miller stated on page 7 of the October minutes her comments should read “health had failed”.

**A motion was made and seconded to approve the minutes as amended.
Motion carried.**

4. Comments & Announcements from the Chair

- New employees at the NSRSN

The Chair welcomed new employees to the NSRSN; they are as follows:

Chuck Benjamin, Executive Director

Melinda Bouldin, Office Manager

Anne Hoffman, Ombuds

Elaine Price, Receptionist

- The Chair expressed thanks to Board members Bob Hart and Rick Larsen for their dedication and service to the NSRSN and the mental health system, presented both with Certificates of Appreciation and wished them well in their future endeavors.
- Chair Miller stated that with Bob Hart leaving a new Chair of the Planning Committee is needed and asked for volunteers. Ward Nelson was volunteered in absentia as he is the Chair of the Strategic Planning Subcommittee of the Planning Committee and has served as Bob Hart’s alternate.
- Chair Miller presented the proposed meeting dates for 2001; it was suggested to change the November date to the 8th and the December date to the 6th to accommodate those members who also serve on the Northwest Regional Council Board of Directors. The 2001 meeting calendar was adopted as amended.
- Ms. Miller referred members to a list of potential dates for the 2001 Board Conference, discussion followed. The 2001 Board Conference will be held in February.

5. Board Discussion – Chair

The Chair reviewed the protocols for the question:

"What are some of the challenges for mental health and the Holiday Season?"

Andy Byrne stated that his experiences both professionally and personally are that holidays remain a time of family and friends, with a hope and celebration that things will be better in the future, particularly with family. When thinking of mental illness, two factors come to mind; poverty and loneliness. He feels this is a difficult time for lots of us, especially for those struggling with unique challenges of mental illness and hopes for improvement in the future.

Bob Hart shared that any of us who have experienced a tragic loss or trauma during the holiday season have it revisited every year. It is very hard to get past it and loneliness only compounds this difficult time.

Dan Bilson expressed that historically, during the holiday season the suicide rate goes up, especially among the mentally ill. He added that although it would be a challenge, it would greatly benefit each county to start a program similar to the Rainbow Center in Whatcom County. Dan encourages all county council members to endorse such programs for they give the consumers a place to go and something to do, as well as helping to eliminate some of the loneliness.

Bob Hart added another thing partially related to the holidays is during this time of year we are dealing decreased daylight. It can be difficult for those with and without mental illness, limited daylight affects some more than others.

Mike Shelton said that instead of the holidays being a relaxed, reflective time as in years past, in today's culture the holidays have become a stressful, hurried time rather than a time of celebration. We need to make an effort to turn our attention outward to those who need us during the holidays instead of focusing on ourselves.

Joe Johnson commented that emotions are stirred by memories, and those that come to mind easiest are the ones that were most painful. This is a time that we need to think of others. At the Nooksack Tribe a hotline has been set up for those in need. Joe stated that he has a list of phone numbers of people he will be checking on at different intervals during the holidays, as do counselors at the Nooksack Tribe.

Gary Ramey related that for people with co-occurring disorders, depression, chemical dependency disorders, etc., instead of the holidays being a time of family closeness and gathering, they become a time of family members getting drunk and fighting, along with all the other stressors of the holidays makes this a very difficult time for some. We need to make ourselves more available to those in need during the holidays.

Rhea Miller shared a story about a family member that had been diagnosed with dissociative identity disorder just before Thanksgiving. A phone call to this person regarding routine questions about Thanksgiving dinner was overwhelming and the questions hard to answer at this time. Some of the most ordinary simple

things become extremely difficult for those dealing with mental illness. Rhea expressed that it is unreasonable to expect the holidays to be perfect because they never are.

6. Comments from the Public

Greg Gerst shared some thoughts regarding challenges for mental health during the holiday season.

Mr. Gerst stated that 'Comments from the Public' should be in another place on the agenda and suggested that perhaps it could be moved or another 'Comments from the Public' could be added to the end of the agenda in the event that someone would like to comment on reports given after this placeholder on the agenda.

Josselyn Winslow addressed the group regarding Medicaid Waiver and funding for assisted living and distributed copies of a newspaper article, copy attached. She advised the group of a meeting being held on Monday, December 18 for families and providers of Alzheimer's patients.

7. Report from the Advisory Board – Dan Bilson, Chair

Mr. Bilson reported on:

- December 13, 2000 JLARC meeting;
- Invited Board members to attend the next Advisory Board meeting for a presentation on Children's Services;
- Site visit to Western State Hospital;
- Election of Chair and Vice Chair of the Advisory Board for 2001;
- Ombuds Services and request that the Board of Directors revisit the possibility of contracting out Ombuds services; and
- Consumer To Work Training.

Mr. Bilson brought forth from the Advisory Board a recommendation that the NSRSN Board of Directors approve the December Consent Agenda and the motions presented for action.

8. Report from Executive/Personnel Committee – Dave Gossett, Chair

There was none.

9. Report from Planning Committee – Bob Hart, Chair

Mr. Hart reported the following:

- Older Adults Report being presented today;

- Planning Committee recommended approval of the 2000-2003 Strategic Plan and will present to the Board of Directors for approval; and
- Children's acute care facility.

10. Report from QMOC Committee – Andy Byrne, Chair

Mr. Byrne reported on the following:

- QMOC recommended approval of extending CHAP funding;
- Ombuds quarterly report;
- Tribal Liaison report on upcoming Tribal Mental Health Conference in April;
- Sea Mar Quality Assurance Plan;
- Quality Management Plan 2001;
- Concurrent Review report; and
- Critical Incidents Policy and Procedure.

11. Report from the Executive Director – Chuck Benjamin, Executive Director

Mr. Benjamin briefly reviewed the staff activities reports under Tab 2 of the notebooks.

Mr. Benjamin reported on the following:

- MHD Audit and NSRSN Exit Audit on December 15;
- North Sound E & T rated 100% compliant in MHD Audit;
- Complaint and Grievance Policy being revised
- Tribal Statewide Mental Health Conference in April 2001;
- Statewide WAC revision committee;
- MHD response to JLARC and NSRSN response to JLARC;
- Emergency contract for State funding for Developmental Disabilities;
- MHD proposed change to mental health funding; and
- NSRSN 2001 budget.

Presentation on Older Adults Report – Greg Long, Assistant Director/Planner

Greg Long distributed copies of the Older Adults Report and made a presentation on the report.

12. Report from the Fiscal Officer – Bill Whitlock, Fiscal Officer

Mr. Whitlock commented on the report as presented under Tab 3 of the Board books.

Mr. Hart shared with the group his experience with the finance committee over the past few years. He said in the beginning things were a shambles. Mr. Hart

wanted to thank NSRSN accounting staff for the wonderful job they have done working with the finance committee and getting things in order, putting checks and balances into place, the fact that we have clean audits, etc. He added that he hopes who ever takes over for him continues to work with the staff and recognize the fine work they are doing.

13. Consent Agenda – Chuck Benjamin, Executive Director

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one motion of the Board of Directors with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

Motion #00-051 to review and approve NSRSN claims paid from October 1, 2000 to October 31, 2000. Total dollar amount of warrants paid in October 2000 \$2,943,955.67. Total October payroll of \$67,626.08, and associated benefits in the amount of \$21,707.23. **(TAB 4)**

Motion #00-052 to review and approve NSRSN claims paid from November 1, 2000 to November 30, 2000. Total dollar amount of warrants paid in November 2000 \$3,007,247.45 Total November payroll of \$69, 209.51 and associated benefits in the amount of \$19,448.97. **(TAB 5)**

Motion #00-053 to authorize NSRSN Executive Director to enter into Contract NSRSN-WCPC Rainbow-CP-00, Amendment 1 between the North Sound Regional Support Network (NSRSN) and Whatcom Counseling & Psychiatric Clinic (Rainbow Activity Center). **(TAB 6)**

A motion was made and seconded to approve the Consent Agenda. Motion carried.

14. Action Items – Chuck Benjamin, Executive Director

Motion #00-054 to authorize the NSRSN Recommended 2001 Annual Budget. **(TAB 7)**

Mr. Hart, Chair of the NSRSN Board of Directors Finance Committee, stated the Advisory Board brought two motions to the finance committee recommending replacing motions 00-054 and 00-055. Mr. Hart made a motion to replace motion 00-054 with motion 00-054a increasing the Advisory Board line item from \$20,000 to \$30,000.

Moved, seconded, discussion, all in favor, motion carried.

Motion #00-055 to authorize the NSRSN Advisory Board Proposed 2001 Budget. (TAB 8)

Mr. Hart, Chair of the NSRSN Board of Directors Finance Committee, made a motion to withdraw motion 00-055 introduced in October, and substitute 00-055a withdrawing the Advisory Board Proposed 2001 Budget.

Moved, seconded and all in favor, motion carried.

Motion #00-056 to authorize NSRSN Mental Health Services Contract Schedule Policy, as follows: (TAB 9)

As the NSRSN contracts with State of Washington Department of Social and Health Services Mental Health Division for the provision of Integrated Mental Health Services on a fiscal year biennial basis (July through June), AND as the NSRSN sub-contracts with one or more qualified Mental Health Agencies to provide quality mental health services in compliance with Federal, State and NSRSN requirements, it shall be the policy of the NSRSN to sub-contract the Integrated Community Mental Health Program(s) on a calendar 2-year cycle (January through December).

Moved and seconded, all in favor, motion carried.

Motion #00-057 to approve adding \$62,000 from to Snohomish County annual allocation, effective January 1, 2001, in order to add a full-time CDMHP due to increased ITA Detentions and ITA Investigations workload. Funding source: NSRSN 2000 interest earnings. (TAB 10)

Moved and seconded, all in favor, motion carried.

Emergency Motion #00-058 to authorize the Executive Director to enter into contract #NSRSN-APN-99-10-01, Amendment 6 between North Sound Regional Support Network and the Associated Provider Network for CHAP services effective January 1,2001 through June 30,2001. Maximum consideration shall not exceed \$345,462. (TAB 11)

Marcia read the motion into the record, it was moved and seconded, all in favor, motion carried.

Emergency Motion #00-059 to authorize the NSRSN staff to develop a plan for utilizing Inpatient Emergency Pool (IPEP) for FY 2001 and submit to the Mental Health Division for approval no later than December 31, 2000. **(TAB 12)**

Moved, seconded, discussion, chair called for the vote, all in favor, motion carried.

15. Motions Not Yet Reviewed by the Advisory Board – Chuck Benjamin, Executive Director

Motion #00-IN17 to introduce Contract NSRSN-Snohomish MICA-01, effective February 1, 2001 through July 30, 2002, with Snohomish County authorizing Snohomish County to use these funds to improve services to youth and adults with Co-Occurring disorders within Snohomish County by purchasing Chemical Dependency Specialist Case Manager Services, outreach services and engagement services to individuals who have been hospitalized in psychiatric units due to mental health and substance abuse and to purchase trainings and on-going case consultations to all Compass case management staff regarding dually diagnosed individuals and substance abuse symptoms and treatment strategies. Maximum consideration shall not exceed \$142,817. **(TAB 13)**

Motion #00-IN18 to introduce NSRSN Planning Committees recommended 2001-2003 Goals and Objectives. **(TAB 14)**

16. Other Business

There was none.

17. Executive Session

There was none.

18. Adjournment

The meeting was adjourned at 2:55 PM.

Respectfully submitted,

Annette Calder

NSRSN STAFF ACTIVITIES REPORT

January 25, 2001

TOPIC	PROGRESS
Office Manager's Report – Melinda Bouldin	
Meetings	Office Manager attended the Washington Counties Insurance Fund (WCIF) Board meeting on January 17, 2001 in Yakima. Issues included were approval of final plan designs for the new self insured's pool, and timelines for implementation of the program.
Departmental Work Plan	Support Staff met and established departmental goals for 2001, including implementation of a working central filing system, and the merger of currently used databases into one administrative database. Upcoming training plans were also discussed.
Employee of the Quarter	Nominations have been received for Employee of the Quarter and the presentation will be made at the January 25, 2001 meeting of the Board of Directors.
Human Resources	Office Manager will evaluate the need for a safety program for the NSRSN office, including but not limited to bloodborne pathogen training for QRTs and Ombuds, and evaluating the new OSHA regulation regarding ergonomics in the workplace.

NSRSN STAFF ACTIVITIES REPORT
January 2001

TOPIC	PROGRESS
Contracts Compliance and Financial Services	
DDD/RSN Contract::	<ul style="list-style-type: none"> • Collaboration and negotiations with DDD regarding DDD/NSRSN contract for services to individuals with mental health and developmental disabilities.
Contract Reconciliation:	<ul style="list-style-type: none"> • Financial reconciliation of all contracts process occurring.
Fiscal Year-End:	<ul style="list-style-type: none"> • Preparation of year-end financial statements and various financial processes
Emergency Inpatient Funding Plan:	<ul style="list-style-type: none"> • Active team member/participant in the development of Emergency Inpatient Funding Allocation Planning process and development of Child Crisis Care Center and MICA Adolescent Recovery Residential Programs submitted to MHD.
Request for Proposals:	<ul style="list-style-type: none"> • Prepared and will publish 1/31/01 RFQ's for NSRSN Child Crisis Center and MICA Adolescent Recovery Residential Programs once Plans have been approved by MHD. Worked with DCFS, county and NSRSN clinical staff in the design and development.
Annual Work Plan:	<ul style="list-style-type: none"> • Developed Draft 2001 Contracts/Finance Department Work Plan
Admin Audits:	<ul style="list-style-type: none"> • On-site Administrative, Financial and Quality Management Audits conducted at Rainbow Resources January 11 and 12 and Tulalip Tribes on January 29 and 30.

NSRSN STAFF ACTIVITIES REPORT

January 25, 2001

TOPIC	PROGRESS
Assistant Director/Planner's – Greg Long	
Community Hospital Support Proposal	The NSRSN submitted a proposal to MHD requesting \$360,000 to support two RFQs, a Children's Crisis Center and expansion of adolescent residential co-occurring disorder programs. MHD will be reviewing this proposal over the next two weeks. NSRSN staff in conjunction with other potential funding sources are starting to design the RFQ.
State Hospital Bed Reduction Planning Process	Five NSRSN staff have met with MHD other RSN staff to determine the impact on specific consumers and community programs of the state's proposal to close 147 hospital beds and PALS (100 beds). An assessment team has met with specific consumers to determine the resources and programming that would be needed to return these consumers to the community.
Grievances	NSRSN had meetings around two grievances. A work group of the Quality Management Oversight Committee is meeting to revise the NSRSN Complaint and Grievance Policies. NSRSN and APN staff along with consumer advocates are meeting to simplify this policy and clarify definitions
4-E Waiver	NSRSN staff continue meeting with DCFS and APN staff to develop a 4-E Waiver Plan. Staff s from the NSRSN and DCFS met with the national consultant for this program. The 4-E Waiver is needed to protect current DCFS funding going into joint children's mental health programs. It may also give greater flexibility in how programs are funded and developed.
DDD Mental Health Service Expansion	The Division of Developmental Disabilities is expanding services to individuals with developmental disabilities and mental illnesses as part of the statewide agreed order. APN is requesting funding for planning from DDD to expand these services.

Sexual Minority Workgroup	NSRSN staff, Diana Striplin and Mike Page, are continuing to work with a community advisory group to improve services to sexual minorities. Currently, a survey, community forums, and staff training are being planned for 2001.
Level of Care Manual	NSRSN staff are meeting to refine the Level of Care Manual for the new contract. Revisions will be done by July 1, 2001.

NSRSN STAFF ACTIVITIES REPORT
January 25, 2001

TOPIC	PROGRESS
Management Information Systems – Christine Austin and Michael White	
Reconciliation with manual counts and database Counts	Work began on written instructions for how to fill out the Involuntary Detention Report, varying definitions is the main reason why our hand counts are not matching our electronic counts.
Procedures for balancing activities from agencies to RSN were documented	Verification continues between agencies and RSN. The next step was taken this month to document verification between RSN and MHD counts. Preliminary indications are very good.
CIS Meeting will be this month	The data coordinators within each agency will meet as the Consumer Information Services Group, on January 23, 2001.

NSRSN STAFF ACTIVITIES REPORT
January 25, 2001

TOPIC	PROGRESS
Clinical/Quality Assurance – Francene Thompson	
Clinical/Quality Management	<ul style="list-style-type: none"> ▪ The NSRSN Quality Management Plan 2001 has been completed and will be presented to QMOC at their January meeting. It is expected that the plan will be ready for Board of Directors consideration at the February 2001 meeting. ▪ In coordination with the NSRSN MIS Department, improvements continue to be made in our ability to generate meaningful reports to support quality management activities. The Clinical/Quality Manager attends meetings of the Consumer Information System Group, with information system personnel from provider agencies and the BDS liaison, in order to target data challenges and focus on resolution of selected issues as, “Data Elements of the Month.” System integrity is continuously improving and NSRSN utilization/capacity management capabilities refined. ▪ Administrative On-Site Reviews are being conducted at Rainbow Resources and the Tulalip Tribe in Snohomish County during the month of January. The Clinical/Quality Manager coordinates with the Fiscal/Contracts Department and works closely with the Quality Review Team in performing these audits and in the process of requiring corrective actions as required. ▪ The Quality Management Team is meeting with representatives of Region III Division of Developmental Disabilities representative to design an integrated crisis response process that will ensure appropriate services to DDD consumers served by our ICRS in North Sound. The product of these planning meetings promises to highlight a variety of issues that will enhance NSRSN’s crisis planning capacity for all mentally ill consumers served by the Region. ▪ DMIO (Dangerous Mentally Ill Offender) services are now being rendered to three participants recently released from correctional institutions to NSRSN. Two of these consumers are receiving outpatient services, including medication management, case management, and residential services in their communities of choice, while a third is in treatment at Western State Hospital. The NSRSN Regional DMIO Committee is well attended by participants from various allied systems with whom the mental health system

	is collaborating to ensure that DMIO's receive the types of community supports most likely to maximize their success in the community.
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NSRSN STAFF ACTIVITIES REPORT
January 25, 2001

TOPIC	PROGRESS
Consumer Affairs/Tribal Liaison – Sharri Dempsey	
Tribal Liaison	<ul style="list-style-type: none"> • The Tribal Mental Health Conference development is in full swing. Presenters and Keynote speakers have been confirmed and conference brochure is in final stage of being completed. Conference “Year of the Tribal Child” will feature: <ul style="list-style-type: none"> • Clayton Small Ph.D., Albuquerque, New Mexico “Healing the Young Men” • Linda Jones, Manager - beda?chelh, The Tulalip Tribes ICW Program • Diane Vendiola, Co-author “Gathering of Wisdoms”, Swinomish Tribal Mental Health • Jennifer Clarke, Ph.D., Post Traumatic Stress Disorder and Tribal Children • Steve Bogan, MSW DASA, Funding Tribal Co-Occurring CD/MH Programs • Hank Levine, M.D., Psychiatrist • Tom Broughton, M.D., Child Psychiatrist, Board Certified Pediatrician, “PTSD and Pharmaceuticals” • Gary Ramey, MSW, Teen Suicide Intervention • Greg Hipskind, M.D., Ph.D., Neurobiology of ADHD <p style="text-align: center;"><i>*Above is just a short sampling of the presenters for the conference.</i></p> <p style="text-align: center;"><i>*DASA has given the conference \$1000 to help, many thanks from the tribes and NSRSN.</i></p> <ul style="list-style-type: none"> • Tribal Liaison will be providing an overview of the ongoing development of NSRSN and Tribal Collaboration in Region III during the IPAC State Wide Meeting on the January 10 & 11th

Consumer Affairs

- The 5th edition of the NSRSN “Around the Sound” will be sent to the printer on January 22nd, 2001.
- There will be a working retreat for Ombuds, QRT, and Advisory Board Liaisons to OCA departments on January 19, 2001. This retreat will focus on “Function Independence” both definition and the operational functions of definition. The completion of the definition will be brought forth to both Advisory Board and the Board of Directors during the February and March board meetings.

NORTH SOUND REGIONAL SUPPORT NETWORK
NSRSN Board of Directors
Approval Form

TO: NSRSN Board of Directors
FROM: Charles R. Benjamin, Executive Director
DATE: January 16, 2001

Action Requested: The NSRSN Board is asked to approve **Motion #01-001**

Approval Date: January 25, 2001

Source of Request: Bill Whitlock, Fiscal Officer

Motion: To review and approve NSRSN claims paid from December 1, 2000 to December 31, 2000. Total dollar amount of warrants paid in December 2000 \$3,179,888.63. Total December payroll of \$70,027.79 and associated benefits in the amount of \$23,560.58.

Background: Will be reviewed by Board Finance Committee on January 25, 2001.

Fiscal Implications: We do not anticipate exceeding the annual budget.

Attachment(s): No

Executive Recommendations: XXXX Approve _____ No Recommendation
_____ Further Review Required

Charles R. Benjamin Executive Director

NORTH SOUND REGIONAL SUPPORT NETWORK
NSRSN Board of Directors
Approval Form

TO: NSRSN Board of Directors
FROM: Charles R. Benjamin, Executive Director
DATE: January 16, 2001

Action Requested: The NSRSN Board is asked to approve **Motion #01-002**

Approval Date: January 25, 2001

Source of Request: Marcia Gunning, Contracts Compliance / Fiscal services Manager

Motion: Contract NSRSN-Snohomish MICA-01, effective February 1, 2001 through July 30, 2002, with Snohomish County authorizing Snohomish County to use these funds to improve services to youth and adults with Co-Occurring disorders within Snohomish County by purchasing Chemical Dependency Specialist Case Manager Services, outreach services and engagement services to individuals who have been hospitalized in psychiatric units due to substance abuse and to purchase trainings and on-going case consultations to all Compass case management staff regarding dually diagnosed individuals and substance abuse symptoms and treatment strategies. Maximum consideration shall not exceed \$142,817.

NSRSN Board of Directors carved \$250,000 from the 1999-2001 PHP revenue for Board authorized innovative/special projects. Snohomish County is requesting the Board authorize release of those dollars "allocated" for Snohomish County in order to purchase Co-Occurring Disorders/MICA Services and training from Compass Health.

Attachment(s): Yes

Executive Recommendations: XXXX Approve _____ No Recommendation
_____ Further Review Required

Charles R. Benjamin, Executive Director

NORTH SOUND REGIONAL SUPPORT NETWORK
NSRSN Board of Directors
Approval Form

TO: NSRSN Board of Directors
FROM: Charles R. Benjamin, Executive Director
DATE: January 16, 2001

Action Requested: The NSRSN Board is asked to approve **Motion #01-003**

Approval Date: January 25, 2001

Source of Request: Greg Long, Assistant Director/Planner

Motion: To introduce NSRSN Planning Committee's recommended 2001-2003 Goals and Objectives.

The NSRSN has been struggling with the development of outcomes for the last few years. NSRSN Staff believes that if the NSRSN Board of Directors identifies the focus/direction of our Mental Health Service Delivery System for the next 2 to 5 years and adopts three to five system goals that address the overarching focus/direction identified, objectives to accomplish the goals and meaningful and measurable outcomes can be developed. Once the goals have been adopted, logical objectives and clear outcomes should follow.

Attachment(s): Yes

Executive Recommendations: XXXX Approve _____ No Recommendation
_____ Further Review Required

Charles R. Benjamin, Executive Director

NORTH SOUND REGIONAL SUPPORT NETWORK

NSRSN Board of Directors
Introduction Form

TO: NSRSN Board of Directors
FROM: Charles R. Benjamin, Executive Director
DATE: January 25, 2001

Introduction: Motion **#01-IN01**

**Board Action
Request Date:** February 22, 2001

Source of Request: Greg Long, Assistant Director/Planner

**Background
Information:** The Planning Committee of the NSRSN is submitting to the NSRSN Board of Directors the draft Strategic Plan for 2000-2003. This plan was developed by a sub-committee of the NSRSN Planning Committee and updates the NSRSN 1997-9 Strategic Plan. The Committee was chaired by Ward Nelson. The new plan identifies nine (9) service priorities and 34 objectives for the next three years.

Attachment(s): Yes

Executive Recommendations: **Approve** **No Recommendation**
XXXX **Further Review Required**

Executive Director (Signature)