



Advisory Board

Dignity and Respect

12:00

by

Margaret Rojas

MEMORANDUM

DATE: April 2, 2012

TO: NSMHA Advisory Board

FROM: Greg C. Long, Interim Executive Director

RE: April 12, 2012, Board of Director's Agenda – **Cancelled**

Note: As of March 27, 2012, there are no items going before the NSMHA Board of Directors (BOD) for approval. **The BOD cancelled their April 12, 2012, meeting.**

cc: County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

**April 10, 2012
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February Meeting Minutes, Chair – 5 minutes
4. Ombuds Report – Semi-Annual
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business
 - a. 2012 Behavioral Healthcare Conference – Sponsor how many?
 - b. Meeting Schedule
 - c. A brief report on Health Care Integration efforts in Whatcom County
7. Old Business
 - a. Planning Site Visits – New REACH Center; Skagit Valley Hospital Care Center
 - b. Planning Board Retreat
8. Monthly Committee Reports
 - a. Interim Executive Director's Report – Greg Long – 5 minutes
 - b. Finance Committee – Fred Plappert – 5 minutes
 - c. Executive Committee/Agenda Committee – Candy Trautman – 5 minutes
 - d. Quality Management Oversight Committee (QMOC) Report – 5 minutes
9. Items To Be Brought Forward To The Board of Directors –, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Post Traumatic Stress Disorder (PTSD) and Addictions Seminar report – Mark McDonald
13. Adjournment

NOTE: The next Advisory Board meeting will be June 5, 2012, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

February 7, 2012

1:00 – 3:00

Present:	Island: <i>Candy Trautman</i> Skagit: <i>Joan Lubbe, Jeannette Anderson and Susan Ramaglia</i> Snohomish: <i>Fred Plappert and Carolann Sullivan</i> Whatcom: <i>Russ Sapienza, Larry Richardson, David Kincheloe and Mark McDonald</i>
Excused Absence:	San Juan: <i>Mary Ann Slaubaugh</i>
Absent:	Whatcom: <i>Hill Cummings</i>
Staff:	<i>Chuck Benjamin, Greg Long and Barbara Jacobson</i>
Guests:	<i>Otis Gully</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS		
Chair Trautman	The meeting was called to order at 1:10 pm and introductions were made. It was mentioned that Cindy mellendar, Elisia Clayton and David Sager from Whatcom County Mobile Outreach Team (MOT) gave a pre-meeting presentation on their MOT Program. Carol Totten, Beth Gould and Larry Van Dyke gave a pre-meeting presentation on the Skagit County MOT Program.	Informational
REVISIONS TO THE AGENDA		
Chair Trautman	Candy asked for any revisions to the agenda. David requested the email notification regarding meetings state the beginning time of 12:00 for the pre-meeting followed by the regular meeting at 1:00 pm. He stated he would like to be present for the pre-meetings and having this information in the body of the email would be beneficial to him. He noted he serves on the taskforce for integrating healthcare in Whatcom County. He added Whatcom County is operating under many federal grants to integrate primary healthcare and behavioral healthcare in each others venue. He will finish this discussion under other business and discuss a National Alliance on Mental Illness (NAMI) class. Jeanette would like to add under new business a site visit to the new Skagit REACH Center. Candy added under new business Quality Management Oversight Committee (QMOC) membership and Finance/Executive Committee membership recruitment.	Informational
APPROVAL OF MINUTES		
Chair Trautman	Candy asked for any revisions to the minutes from December; corrections are made and there is a motion to accept as amended, seconded and motion carried.	Motion carried

OMBUDS REPORT		
Kim Olander-Mayer	Kim is not able to attend today to report; however, her report is attached. Please let Kim know of any questions you may have.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Trautman	<p>Candy noted at the Executive Meeting held earlier today chose to postpone planning the site visits and the Board Retreat due to Margaret's absence today. They will both be on April's agenda and one suggestion is to visit the new REACH Center (Peer Center). Another possibility is the Skagit Valley Hospital Care Center. Candy noted she attended a presentation on the Skagit Valley Hospital Care Center that will open in mid-April. Hopefully, both sites could be visited on the same day.</p> <p>Candy stated if members have attended something funded by us please plan to give a report. Mark noted that he went to a seminar on Post Traumatic Stress Disorder (PTSD) and addictions and gave a brief overview. He will report out next meeting.</p>	<p>Informational Add site visit(s) to Reach Ctr. Skagit Valley Hospital Care Ctr. & Board Retreat to next agenda</p> <p>Mark rpt on Seminar he attended</p>
NEW BUSINESS		
Chuck Benjamin	<p>Chuck stated the Poster/Poetry Contest judging will be at the Board of Directors (BOD) meeting on March 8th and Chuck asked for the Advisory Board to please attend and participate in the judging.</p> <p>Chuck noted there is a Retirement Celebration for him on March 8th as well following the Board meeting and there is a community reception and a no host dinner at Max Dale's following that. We will send out a notice next week with the details.</p>	<p>Informational Poster/Poetry Contest judging Mar. 8</p> <p>Retirement celebration for Chuck Mar. 8</p>
Chair Trautman	Candy noted the QMOC Committee has three vacancies and she would like all to know that advocates serving on this Board can and do have an impact on the system. David volunteered to serve on this board and we will send out membership information to him. Some discussion followed.	David volunteered to serve on QMOC
OLD BUSINESS		
Chair Trautman	None.	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	<p>Chuck noted we are waiting on the legislature for news on budget reductions. Key committees have had hearings on reductions of the past to mental health and chemical dependency and what will lessen the impact. There are different efforts going on to look at revenue packages, such as, a sales tax increase or income tax; which may need to go to ballot, this would delay the start of funds coming in if passed. An email will be sent out regarding the schedule.</p> <p>In looking at Healthcare Reform, we are recommending a regional approach and we are taking this to the counties; beginning with Island County tomorrow. He believes the best approach is for each county</p>	<p>Informational</p> <p>Send out email of schedule.</p>

	<p>to do their own and meld together. Whatcom and Snohomish have started local efforts to work on it for two years or more. Talking about what a regional healthcare alliance would look like and it includes Accountable Care Organization (ACO).</p> <p>Healthcare Authority (HCA) stated early on they would prefer a national health plan with mandatory enrollment. Centers for Medicaid and Medicare Services have already ruled HCA cannot do that.</p>	
	Finance Committee	
Fred Plappert	<p>Financial statements for December and January are up for review and we will end the year under budget. The expenditures were pretty straight forward. There was a motion from committee for the full Board to accept the expenditures and move forward to the Board of Directors for approval and motion carried.</p> <p>David said he is already going to the National Alliance on Mental Illness (NAMI) National Conference and would be willing to report to the Board. However, Larry and Susan also plan to attend. It was suggested to send Susan and Larry to NAMI National Conference with funding of \$1,000. Another suggestion was to put a package together for some to go for one day only with lunch provided. Susan said she would pay her own way to NAMI National so someone else could go. Candy said she wanted to suggest paying for Susan and Larry's registration. David suggested sponsoring 5 individuals.</p> <p>Much discussion occurred and the Board agreed to sponsor 5 for the Tribal Conference (Joan, Jeanette, Mark, and Fred want to attend) this year. David suggested reducing Behavioral Healthcare Conference (BHC) attendees to 12 and Co-Occurring Disorders (COD) Conference to 8.</p> <p>After more discussion about NAMI, David made a motion to pay Susan and Larry's registration fee for NAMI National Conference for \$210 and \$235 and 8 people for one day for \$150-\$200/day; sponsor 5 for Tribal Conference; sponsor 12 for BHC; sponsor 8 for COD and unknown number for Systems of Care Institute or other conference. Motion was seconded and carried.</p> <p>Russ would like to attend NAMI or BHC; several other board members expressed interests in either or both and this will come up again on the April agenda.</p>	<p>Informational</p> <p>Motion carried.</p> <p>Motion carried</p>
	Executive/Agenda Committee	
Chair Trautman	Candy said there is no report.	Informational
	Quality Management Oversight Committee (QMOC) Report	
Greg Long	Greg gave a brief overview of the meeting and noted the three Performance Measures (PM) chosen to improve services in our region were reported on. One was diversion from hospital inpatient, which improved. Another was to increase utilization of the crisis stabilization units and triage beds; this one did not show improvement	Informational

	<p>as we had a large change in this program and we were unable to track; we have changed the funding mechanism and revamped two of the programs, which should result in improvement. The third was to increase co-occurring disorders identification rate to capture how widespread it is in the region. We discovered the measure in the statewide impairment kind was for Chemical Dependency, which was quite high standard. We decided to change this PM to obtain a broader indication of how widespread Chemical Dependency through all the people our Region serves.</p> <p>Greg stated that Fred had suggested that Novartis pharmaceuticals be scheduled to come to give a presentation on psychiatric advance directives at an Advisory Board pre-meeting.</p> <p>The External Quality Review Organization (EQRO) report from the independent auditors of health plans was received; overall a very positive audit with two minor corrective actions. We must have a policy that states we do not use seclusion and restraint in outpatient programs and we must track interpreter service requests in the region.</p> <p>It was noted that Brad Berry from Consumer Voices Are Born (CVAB) will be joining QMOC as a new provider in our region.</p>	<p>Schedule Norvatis for pre-meeting</p>
<p>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</p>		
<p>Introduction and Action Items</p>		
<p>Chuck Benjamin</p>	<p>Chuck presented the following:</p> <p>Motion #11-126 included NSMHA-SNOHOMISH COUNTY-PSC-12 this contract only was cancelled for \$136,764.00 for maintenance of Mukilteo Evaluation and Treatment (E&T) Facility. Snohomish County informed NSMHA they will continue to maintain the E&T but bill Compass Health for those services. This funding will be transferred from Snohomish County to Compass Health via a contract amendment.</p> <p>COUNTY Signed by Executive Director in December 2011 To approve WHATCOM COUNTY-NSMHA-INTERLOCAL AGREEMENT-11, AMENDMENT 1 for the provision of local funding for the Whatcom County Triage Center and Whatcom Counseling and Psychiatric Clinic (WCPC) Rainbow Center. The term of this Amendment is January 1, 2012 through December 31, 2012. Consideration on this Amendment is \$411,156 for a maximum consideration on the Agreement of \$697,156.</p> <p>STATE CONTRACT To approve NSMHA-WCPC-SMHC-11-13, AMENDMENT 1 for the provision of passing through the Whatcom County Rainbow Center funding to WCPC. The term of this Amendment is January 1, 2012 through December 31, 2012. Consideration on this Amendment is \$96,451 for a maximum consideration of \$7,356,633.96 on this Agreement.</p>	<p>Informational</p>

	<p>CRISIS TRIAGE To approve NSMHA-WCPC-CRISIS TRIAGE-11-13, AMENDMENT 1 for the provision of passing through the Whatcom County Crisis Triage funding to WCPC. The term of the Amendment is January 1, 2012 through December 31, 2012. Consideration on this Amendment is \$ 314,705 for a maximum consideration of \$1,092,150.38 on this Agreement.</p> <p>Fred made a motion to approve the above items to go forward to the Board of Directors for approval, David second motion carried.</p>	<p>Motion carried</p>
<p>COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS</p>		
<p>Island</p>	<p>Candy stated she did not have a report because they did not meet.</p>	<p>Informational</p>
<p>San Juan</p>	<p>No representative present.</p>	<p>Informational</p>
<p>Skagit</p>	<p>Joan stated Skagit County did not meet.</p>	<p>Informational</p>
<p>Snohomish</p>	<p>Fred stated a meeting was held last month and a Request for Proposals (RFP) for \$120,000 was released of 1/10 of sales tax for youth outpatient mental health treatment. Mental Health Board proposed to start April of this year has had some problems. District Court judges have not agreed to support the formation of the Board as currently proposed. Items of concern by the judges have been identified and addressed by the workgroup. The judges will review; however, other issues may be yet unidentified. If the judges cannot support the Court by the later this year, there will be consideration of funding a free prosecution diversion program. Snohomish County Mental Health Advisory Board will have a joint meeting with Substance Abuse Board on February 15th at Compass Health. They are looking into combining both Boards.</p>	<p>Informational</p>
<p>Whatcom</p>	<p>No one had a report to give.</p>	<p>Informational</p>
<p>COMMENTS FROM THE PUBLIC</p>		
<p>Chair Trautman</p>	<p>Candy asked for any comments from the public and none were mentioned.</p>	<p>Informational</p>
<p>OTHER BUSINESS</p>		
<p>Chair Trautman</p>	<p>David stated NAMI offers classes on Peers, Family Members and Healthcare Professionals and he is certified by NAMI National to teach all three of these classes. He added he is certified to teach the teachers for the Family and Professional classes. He mentioned he and Bonita Bowen will be teaching a Family to Family class in March on Wednesday evenings for about 3 hrs for 12 weeks. These classes are free at St. Luke’s Educational Center. Please call 360-671-4950 to register for the March class. Maximum class size is 25.</p> <p>Susan mentioned that NAMI Skagit is also starting a class February 16th. Call Susan for more information.</p> <p>Chuck mentioned the 4 finalists for Executive Director on February 23 from 4-5 to meet candidates. Location TBA.</p> <p>Chuck noted he wore Mary’s tshirt in honor of her today!</p>	<p>Informational</p>

DRAFT not yet approved by Advisory Board

	Chuck acknowledged he liked working with the Advisory Board and will miss it. It was the best in his career and he had the most satisfaction here. He mentioned his retirement celebration will be March 8 th and an invitation will be sent out.	Send out email about Chuck's retirement.
ADJOURNMENT		
Chair Trautman	Fred made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 3:10 The next meeting will be April 3, 2012.	Informational Motion carried