



Advisory Board

Pre-meeting

August 4, 2009

12:15 - 1:00

Supported Employment

Presented by

Sunrise Services

MEMORANDUM

DATE: July 27, 2009
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: August 13, 2009, Board of Director's Agenda

Please find for your review the following that will go before the NSMHA Board of Directors at the August 13, 2009, meeting:

NOTE: There will be a revised memorandum available at the meeting. There are numerous contracts that will be introduced at the Board of Directors meeting but contract language is not complete at this time.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

Agenda

**August 4, 2009
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the July 2009 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Ombuds Report
6. Comments from the Public –5 minutes
7. Correspondence and Comments from the Chair – 5 minutes
8. New Business:
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report –5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be September 1, 2009, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

July 7, 2009

1:00 – 3:00

Present:	Skagit: <i>Mary Good</i> Snohomish: <i>Otis Gulley, Arthur Jackson and Marie Jubie</i> Whatcom: <i>Charles Albertson, Larry Richardson and Russ Sapienza</i> Island: <i>Terry Ann Gallagher</i>
Excused Absence:	Island County: <i>Candace Trautman</i> San Juan: <i>Mary Ann Slabaugh</i> Whatcom: <i>Andrew Davis and Darcy Hocker</i> Skagit: <i>Joan Lubbe</i>
Absent:	San Juan: <i>Catherine Ellis</i>
Staff:	<i>Margaret Rojas, Chuck Benjamin and Rebecca Pate, recording</i>
Guests:	<i>Mark MacDonald, Susan Lange, Rebecca Clark and Carolann Sullivan</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS

Chair Jackson	The meeting was convened at 12:55 and introductions were made. There was a pre-meeting presentation regarding “Disaster Preparedness” by Sandy Whitcutt, Quality Specialist with NSMHA.	Informational
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REVISIONS TO THE AGENDA

Chair Jackson	Chair Jackson asked if there were any revisions for the agenda and none were mentioned.	Informational
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APPROVAL OF MINUTES

Chair Jackson	Chair Jackson asked if there were any revisions for the June minutes and none were mentioned. Otis made a motion to approve the minutes as written, Russ seconded and motion carried.	Informational Motion carried
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COUNTY COORDINATOR REPORT

Rebecca Clark	Rebecca gave the report. Island: Nothing new to report. San Juan: Rebecca was unable to make contact with San Juan. Whatcom: Still working on the comprehensive behavioral health plan revision, which guides the 1/10 of 1% funding, with emphasis on criminal justice and program development. Meeting with school districts to determine the needs of students within the schools. Joe Fuller, formerly a DASA prevention person, has joined the Human Services staff. Snohomish: The mental health staff, chemical dependency (CD) staff, providers and Volunteers of America (VOA)	Informational
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	<p>participated in a program called “Snohomish County Project Homeless Connect” on June 30th. Participants were provided the opportunity to obtain screening and first appointment scheduling with VOA, as well as, meet with different providers to discuss services provided. DSHS was also on site to assist people with filling out benefit applications. They are continuing to work on recommendations for sales tax initiative funds.</p> <p>Skagit: Held a Crisis Intervention Training (CIT) in June and 33% of Skagit County law enforcement have completed the training. Their department hosted a two-day advanced motivational interview training for clinicians and CD professionals both inside and outside the county. They continue to meet with Skagit County’s Housing Authority director to work on housing for mental health individuals. They have changed their supported employment program from Sunrise Services to Compass Health through the Mental Health Court. This will not be the same program offered by Sunrise but people will still receive employment services.</p>	
OMBUDS REPORT		
Susan Lange	Susan provided the snapshot and the information was in the members manila folders.	Informational
COMMENTS FROM THE PUBLIC		
Chair Jackson	The Chair deferred this option until later.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Jackson	The Chair had no comments.	Informational
NEW BUSINESS		
Chair Jackson	<p>The Chair asked for any new business.</p> <p>Terry Ann mentioned she has an Emotional Freedom Technique (EFT) therapist who has aided her very successfully in dealing with her Post Traumatic Stress Disorder (PTSD). Arthur suggested sending information to Rebecca for distribution to the full Board.</p>	Informational
MONTHLY COMMITTEE REPORTS		
Executive Director’s Report		
Chuck Benjamin	<p>Chuck acknowledged a lot is occurring. He said the External Quality Review Organization (EQRO) is coming in November..</p> <p>He mentioned the conflict with Skagit County and the letter of intent to withdraw from the RSN the end of the year.</p> <p>He added DSHS has issued NSMHA a 180-day notice to not renew our contract, which is required by current contract. He affirmed there are several options that can be taken but</p>	Informational

	<p>NSMHA’s intention is to remain an RSN. The state must notify NSMHA by October 1st of their decision.</p> <p>He added NSMHA hopes to remain an RSN. He acknowledged there are several options that could occur.</p> <p>He encouraged all to stay calm and not to panic.</p> <p>It is hoped to have a September court date to resolve the Skagit County issue. Chuck affirmed court cost issues are a statewide concern.</p>	
	Finance Committee	
Mary Good	Arthur suggested deferring discussion of these meetings due to time constraints. The Board agreed.	Informational
	Executive/Agenda Committee	
Charles Albertson	Arthur suggested deferring discussion of these meetings due to time constraints. The Board agreed.	Informational
	Quality Management Oversight Committee (QMOC) Report	
Marie Jubie	<p>QMOC Brief</p> <ol style="list-style-type: none"> 1. The meeting was held June 24, 2009, and the May summary was approved as written. 2. Cindy announced an ad hoc workgroup will be developed to create a non-clinical Performance Improvement Project as required by the State. 3. Old Business: <ol style="list-style-type: none"> a. Rehab Case Management code issue was discussed b. Charter Revisions 4. Fiscal Policy for Flex Funds #3046.00 was provided to the group as an FYI. 5. Cindy reviewed the External Quality Review Organization (EQRO) 2008 summary report and stated the full report was available for viewing on the MHD website. She acknowledged EQRO will return November 4-6, 2009 to audit NSMHA. 6. ICRS Policy 1705.00 – Domestic Violence was reviewed and motion carried to recommend approval with one minor change. 7. The Chair opened the floor for “Open Forum” and nothing was mentioned. 8. The next meeting will be July 22, 2009, from 1-3. 	Informational
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	The motions below will go before the Board of Directors for Action July 9, 2009.	Informational

Motion #09-072

To approve *NSMHA-LAKE WHATCOM CENTER-PACT-07-09 Amendment 2*. The contract is for the provision of a half a PACT team (50 slots) in Whatcom County. This is a fidelity based program funded through state only funds. The term of this Amendment is July 1, 2009 to September 30, 2009. Funding for this program is from the Program for Alternative Living (PALS) savings. The maximum consideration for this contract is \$175,000.

Motion #09-073

To approve *NSMHA-San Juan-Jail Services- 07-09 Amendment 2*. The purpose of this amendment is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this Agreement is July 1, 2009 through September 30, 2009. Maximum consideration is for this amendment is \$11,250.

Motion #09-074

To approve *NSMHA-Island-Jail Services- 07-09 Amendment 2*. The purpose of this amendment is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this Agreement is July 1, 2009 through September 30, 2009. Maximum consideration is for this amendment is \$11,250.

Motion #09-075

To approve *NSMHA-Skagit-Jail Services-07-09 Amendment 2*. The purpose of this amendment is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this Agreement is July 1, 2009 through September 30, 2009. Maximum consideration is for this amendment is \$18,024.

Motion #09-076

To approve *NSMHA-Snohomish-Jail Services-07-09 Amendment 1*. The purpose of this amendment is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this Agreement is July 1, 2009 through September 30, 2009. Maximum consideration is for this amendment is 106,862.

Motion #09-077

To approve *NSMHA-Whatcom-Jail Services-07-09 Amendment 2*. The purpose of this amendment is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this agreement is July 1, 2009 through September 30, 2009. Maximum consideration is for this contract is \$29,294.

	<p>Motion #09-078 To approve <i>NSMHA-SKAGIT COMMUNITY ACTION AGENCY-OMBUDS-09-11</i> for the purpose of regional Ombuds services. The term of this Agreement is July 1, 2009 through September 30, 2011. The maximum consideration for this contract is \$289,162.</p> <p>Otis made a motion to recommend approval of Motions #09-072 – 09-078, Mary seconded and motion carried.</p> <p>Motion #09-082 To approve <i>NSMHA-RAINTREE-08-09 Amendment 1</i> for the provision of software licensing and hosting services for the NSMHA Consumer Information System (CIS). The term of this amendment is July 1, 2009 through September 30, 2009. The maximum consideration of this amendment is \$42,200.</p> <p>Russ made a motion to recommend approval of Motion #09-082, seconded and motion carried with one negative.</p> <p>Motion #09-083 To approve <i>NSMHA-ISLAND-ADMINISTRATION-09 AMENDMENT 2</i> for the provision of the budget reduction of 10% on county administration contracts prorated to 5% on the remainder of the contract. The term of this contract is January 1, 2009 through December 31, 2009. The reduced allocation for this amendment is \$2,851 for a new maximum consideration on this Agreement of \$54,169</p> <p>Motion #09-084 To approve <i>NSMHA-SAN JUAN-ADMINISTRATION-09 AMENDMENT 2</i> for the provision of the budget reduction of 10% on county administration contracts prorated to 5% on the remainder of the contract. The term of this contract is January 1, 2009 through December 31, 2009. The reduced allocation for this amendment is \$2,460 for a new maximum consideration on this Agreement of \$46,744</p> <p>Motion #09-085 To approve <i>NSMHA-SKAGIT-ADMINISTRATION-09 AMENDMENT 2</i> for the provision of the budget reduction of 10% on county administration contracts prorated to 5% on the remainder of the contract. The term of this contract is January 1, 2009 through December 31, 2009. The reduced allocation for this amendment is \$3,065 for a new maximum consideration on this Agreement of</p>	<p>Motion carried</p> <p>Motion carried</p>
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	<p>\$58,228 Motion #09-086 To approve <i>NSMHA-WHATCOM-ADMINISTRATION-09 AMENDMENT 2</i> for the provision of the budget reduction of 10% on county administration contracts prorated to 5% on the remainder of the contract. The term of this contract is January 1, 2009 through December 31, 2009. The reduced allocation for this amendment is \$3,499 for a new maximum consideration on this Agreement of \$66,473</p> <p>Russ made a motion to recommend approval of Motions #09-083 – 09-086, Mary seconded and motion carried.</p> <p>New contract added to memorandum To approve <i>SKAGIT COUNTY - NSMHA Interlocal Cooperative Agreement</i> for the provision of a state grant match for fidelity Wraparound Services in Skagit County. The term of the Agreement is July 9, 2009 through June 30, 2010. The maximum consideration for this Agreement is \$35,000.</p> <p>Chuck said the last item is new and has no motion number but needs to go to the Board of Directors for action. Marie made a motion to recommend approval, Mary seconded and motion carried.</p>	<p>Motion carried</p> <p>Motion carried</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	Terry Ann said she has not been present at meetings recently due to moving and thanked Island County representatives for assistance in moving. She had nothing to report.	Informational
San Juan	No representative present.	Informational
Skagit	Mary said no meeting was held.	Informational
Snohomish	<p>Otis said they are recruiting more members and application for Fred Plappert to NSMHA Advisory Board is in the process.</p> <p>Marie said she participated in the Crisis Intervention Training (CIT) conducted in Snohomish County.</p>	Informational
Whatcom	<p>Russ said they are still talking with Bellingham Housing Authority for location of Rainbow Center and it looks like they will be located in the Harmony House building. He said there was no June meeting. Larry added Whatcom is still working on prioritizing spending of sales initiative funds.</p> <p>Margaret will write a “thank you” letter regarding supplanting sales tax initiative funds to Senator Hargrove.</p>	<p>Informational</p> <p>Write letter to Senator Hargrove</p>
COMMENTS FROM THE PUBLIC		
Chair Jackson	The Chair asked for any comments from the public.	Informational

	<p>Otis said he toured VOA and was extremely impressed with their facilities. He added he was able to attend a meeting regarding the closing of the Clubhouse and realized they are working hard to shift people from the Clubhouse to the Drop-In Center. He said he advocated for Jaye Kropp to get her job back because of her skills.</p> <p>Laurel said through the transitional program she was employed at the court house in Everett and with cuts she has lost her job, which is disappointing.</p> <p>Chuck said changes will occur at the Drop-In Centers and they will become close to the Clubhouse level. He added employment services will be available through Drop-In Centers and membership is not required. Chuck affirmed two clubhouses cost more to operate than it will cost to operate three Drop-In Centers in three counties.</p>	
OTHER BUSINESS		
<p>Chair Jackson Otis Gulley</p>	<p>The Chair asked for any other business.</p> <p>Otis mentioned the “fun day”. Arthur said at this time with all that is occurring this should be deferred. Charles made a motion to table it for six weeks, Larry seconded and discussion followed. Arthur said with budget cuts this should possibly be deferred. Larry suggested doing a potluck/carpool in the fall. The vote was called for tabling it for six weeks and discussing later. The motion carried.</p> <p>Arthur suggested getting a card for Andrew and sending it to him. Larry made a motion to purchase a card, seconded and motion carried.</p> <p>Otis said he would like to visit Western State Hospital (WSH). A motion was made to schedule a site visit to WSH next year, seconded and three voted for, three against and one abstained. The Chair broke the tie and voted for the site visit; therefore, motion carried.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p> <p>Motion carried</p>
ADJOURNMENT		
<p>Chair Jackson</p>	<p>The meeting adjourned at 2:23. The next meeting will be August 4, 2009.</p>	<p>Informational</p>