



Annual Advisory Board Holiday Potluck

December 9, 2008

12:00



MEMORANDUM

DATE: November 21, 2008
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: November 20, 2008 Board of Director's Agenda

Please find for your review the following that went before the NSMHA Board of Directors at the November 20, 2008, meeting.

Action Items Approved by the Board of Directors at November 20, 2008

Motion #08-114

To approve NSMHA-Vroon Vandenberg LLC-08-09 for the provision of Wraparound training and coaching throughout the region utilizing Federal Block Grant funding. The duration of this Agreement is December 1, 2008 through September 30, 2009 for a maximum consideration of \$6,000.

Motion #08-115

To approve NSMHA-HR Balance-09 for the provision of Human Resources consultation services. The duration of this Agreement is January 1, 2009 through December 31, 2009 for a maximum consideration of \$15,000.

Motion #08-116

To approve NSMHA-Dr Brown-09 for the provision of Medical Director consultation services. The duration of this Agreement is January 1, 2009 through December 31, 2009 for a maximum consideration of \$35,000.

Motion #08-117

To approve NSMHA-LWC-PSC-08-09 for the provision of janitorial services at the NSMHA. The term of this agreement is November 24, 2008 through December 31, 2009, for a maximum consideration of \$13,013.

CC: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
December 9, 2008
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the November 2008 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Ombuds Report
6. Comments from the Public –5 minutes
7. Correspondence and Comments from the Chair – 5 minutes
8. New Business:
 - a. Nominating Committee Recommendations
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be January 6, 2009, in the NSMHA Conference Room.
See you in the New Year

DRAFT – Not yet approved by the Advisory Board.

North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD
November 4, 2008
1:00 to 3:00

Present:	Mary Good, Otis Gulley, Arthur Jackson, James Mead, Marie Jubie, Terry Ann Gallagher, Charles Albertson and Joan Lubbe
Excused Absence	Andrew Davis, Candace Trautman, Russ Sapienza and Catherine Ellis
Absent:	Darcy Hocker
Staff:	Chuck Benjamin, Margaret Rojas, Greg Long and Rebecca Pate, recording
Guests:	Chuck Davis and Jackie Mitchell

MINUTES

<i>TOPIC</i>	DISCUSSION	<i>ACTION</i>
CALL TO ORDER, INTRODUCTIONS		
Chair Mead	The Chair called the meeting to order at 1:08 pm and introductions were made. A pre-meeting presentation was given by Richard Austin on HR 676 – United for National Healthcare.	Informational
REVISIONS TO THE AGENDA		
Chair Mead	Chair Mead asked if there were any revisions to the agenda and Otis added he would like to do a brief presentation on what he learned from the Advisory Board Retreat. Marie added trips to Olympia and Behavioral Health Conference.	Informational
APPROVAL OF MINUTES		
Chair Mead	The October minutes were reviewed. Marie made a motion was made to approve the minutes as written, Otis seconded and motion carried.	Informational Motion carried
COUNTY COORDINATOR REPORT		
Jackie Mitchell	Jackie, acting Whatcom County Mental Health Coordinator, said the Human Services Manager position has been offered and once the County Executive has signed on the dotted line, NSMHA will be notified. They believe the prospective start date will be November 15 th or 16 th maybe even a little sooner. She said they continue to plan for their sales tax initiative funds. They did a Comprehensive Behavioral Health Plan and the first version had ideas of how to spend the funds and the second version will help prioritize the ideas. They came up with six strategies and now they are going to develop programs for these six strategies. They have meetings scheduled with the two Boards of Whatcom County (Mental Health and Substance Abuse Advisory Boards). They have sat down with the executives of each Board and determined a schedule of events that might work, but	Informational

	<p>perhaps it may need to be a little more intensive. She added it was exciting to get both Boards together so the service needs of the whole community can be addressed. She acknowledged this gave both Boards an opportunity to educate each other on the various services offered by each and how they can aid the community together. They are working with Law and Justice Council to develop a successful jail diversion program. They have some components already established thanks to the Jail Transition contract through NSMHA. Whatcom is lacking mental health court and crisis intervention training for law enforcement personnel, medical screening for the Triage Center to better serve the community and expanded capacity for mental health treatment. They hope to develop a resource center for people coming out of these systems so they know where to go for help and how to get help.</p> <p>Snohomish County had a meeting on October 31st with several stakeholders attending including NAMI, VOA, Secure Detox, Senior Services and shelters. They discussed how to provide more effective crisis response services. The potential for a Triage Facility was discussed at this meeting. They decided to devote some resources on jail transition services to the Denny Juvenile Justice Center to incorporate youth. This is just beginning and they are coordinating with health services and in the process of educating probation officers and detention staff regarding the program. More referrals are coming in and they are getting the information out so referrals will come.</p> <p>Island has just starting implementing their transitional housing grant for six mentally ill or substance abuse individuals coming out of jail, prison, or inpatient facility. They are working on hiring a Case Manager by December 1st with the first referrals coming in by January 1st. They are in the process of hiring mental health counselors for the schools.</p> <p>San Juan is working on a presentation to the Council today with hopes of a public hearing on December 2nd. Jackie said San Juan has someone willing to transport people from the ferry to the meeting and contact Barbara LaBrash to arrange transportation. She added Chuck sent a letter of support to all County Council members.</p> <p>Skagit recently had nine law enforcement personnel complete Crisis Intervention Training (CIT), which is 32 hours of training. They were given an overview of the mental health system, treatment resources for mental health and chemical dependency, as well as, crisis de-escalation techniques. She added to date over</p>	
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	<p>one-fourth of Skagit County’s law enforcement officers have completed the training. Joan added this training was funded through the sales tax initiative monies and this was Skagit’s fifth training. Joan acknowledged their goal is to have all law enforcement personnel receive this training. Skagit recently allocated their millage funds with three proposals: 1) \$15,000 to NAMI for continuing program costs, 2) \$10,000 to the Skagit County Jail, Youth and Family Services for mental health treatment in jails and juvenile justice systems, and 3) 2,500 to Compass Health to provide life skills services to individuals with developmental disabilities and mental illness.</p>	
OMBUDS REPORT		
<p>Chuck Davis</p>	<p>Chuck gave his snapshot report. He mentioned the figures on handout are inaccurate and he provided accurate figures. He said they have 35 cases to date.</p> <p>Chuck mentioned they have received several anonymous complaints regarding Serenity House and the Drop-In Center in Everett. He said a meeting was held with appropriate staff to discuss issues of concern. He said the meeting was beneficial and hopes they are heading in the right direction with the new Drop-In Center director.</p> <p>He mentioned they have received a number of complaints regarding Rainbow Center.</p> <p>He said there have been discussions with the Center for Medicaid and Medicare (CMS) regarding individuals with Dementia that cannot be helped through hospitalization being held at Western State Hospital (WSH). WSH has refused to warehouse these individuals and Ombuds are concerned with where these individuals will end up in the community.</p> <p>Chuck said another concern is the Evaluation and Treatment (E&T) Facilities will end up warehousing these long-term individuals.</p> <p>Chuck mentioned they received a call from the Mental Health Division (MHD) yesterday regarding efforts to get an Ombuds at WSH is coming to fruition because Richard Kellogg is entertaining the idea of putting an Ombuds at WSH. James asked what happened to the nursing homes that had secure Dementia units. Chuck B. said they are full. Chuck D. said some of these clients are assaultive and cannot go to nursing homes.</p> <p>James mentioned an issue of a male consumer watching pornography at the Everett location and female consumers not liking it and not coming back. Chuck said he was not aware of this but he would look into it.</p>	<p>Informational</p>

	<p>Chuck B. mentioned that he attended a meeting last week and the House Appropriations Committee has done something new this year. He added they formed a subcommittee called Health and Human Services to address long term care issues. He added this subcommittee consists of some influential legislators: Cody, Kagey, Dickerson, Bryant, Bailey and others. He added last Wednesday they held a hearing where MHD, Regional Support Networks (RSN) and Washington State Hospital Association testified. One issue discussed was inpatient capacity and Dementia clients at WSH being forced out were discussed. He stipulated the need to have some step down facility, such as, what Andy Phillips suggested about turning two wards at WSH into secure nursing home like facilities for Dementia consumers and then Andy was dismissed from employment. He indicated the need for locked, skilled nursing facilities was mentioned and the fact that they need to come up with a new type of license. He said liability issues are another concern. Chuck added this will be a committee to watch. Chuck said he would give Rebecca the information about this committee for distribution to members. Advisory Board members asked if they could go to Olympia and testify at hearings. Chuck acknowledged this would be great but often times the legislature will call a meeting within minutes and not enough advance notice is given to allow people to attend. He added NSMHA would monitor the website and inform members as accurately as possible of meetings/hearings that will occur.</p>	
COMMENTS FROM THE PUBLIC		
	None mentioned.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Mead	The Chair had no comments.	Informational
NEW BUSINESS		
	None mentioned.	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	<p>Chuck gave a PowerPoint presentation regarding the 2009 Proposed NSMHA Budget. A motion was made to accept the Proposed Budget and recommend approval by the Board of Directors, seconded and motion carried.</p> <p>James and the Advisory Board expressed their thanks and appreciation for all of Chuck Benjamin's work while serving with the North Sound Mental Health Administration.</p>	<p>Informational</p> <p>Motion carried</p>

	Finance Committee	
Mary Good	Mary gave her Finance Committee Report and brought forth a motion to approve the expenditures for approval by the Board of Directors. The motion was carried by the full Advisory Board.	Informational Motion carried
	Executive Committee/Agenda Committee	
Charles Albertson	<p>Charles gave his Executive Committee Report.</p> <p>The Behavioral Health Conference was discussed.</p> <p>The nominating committee decided to accept nominations from the floor for officers. James said Andrew would be the new incoming Chair and positions are for a two-year term. Otis nominated Arthur Jackson for Vice Chair. Otis read Arthur’s response as to why he would like to serve on the Board.</p> <p>Marie added that NAMI Day would take place but she wants to make additional trips to Olympia with a maximum of three people. These individuals will discuss topics they want to address with the legislators and everyone will discuss the same topics. Marie suggested going any day other than Wednesday or Friday. She said the legislature will go through April and it is important for us to show a presence. She asked the Board for input. Charles said the best input can be done at hearings.</p> <p>Charles said site visits were discussed and he suggested having a Police Chaplain from Whatcom come here and speak or go to Bellingham and visit. It was suggested to have this person come in February.</p>	Informational
	Quality Management Oversight Committee (QMOC) Report	
Mary Good	<p>Mary gave the following brief and the draft minutes were in the members manila folder.</p> <ol style="list-style-type: none"> 1. June La Marr will be the new QMOC chair beginning in November; Jackie Henderson was thanked for chairing this month. No meeting will be held in December. 2. The External Quality Review Organization (EQRO) completed its review of NSMHA this week. We will receive a report outlining our scores, strengths, and recommendations. We thanked our providers (Compass, Lake Whatcom Center [LWC] and Whatcom Counseling and Psychiatric Clinic [WCPC]) for participating so collaboratively in the Provider Interviews, Clinical Case Study and Encounter Validation portions of this review. 	Informational

	<ol style="list-style-type: none">3. Policy 1524 (Access to Housing and Consumer Choice in Housing) and its attachment, 1524.01, were recommended for approval by QMOC’s policy Subcommittee. This is a policy update as it was over two years old. Policy was approved as updated.4. The Quarterly Ombuds Report was delivered by Chuck Davis and Susan Lange, North Sound Ombuds.5. NSMHA reminded providers of the requirement to not exclude or deny services to individuals with both mental illness and a sex offender designation. Providers must put safety plans in place for their staff and consumer safety.6. NSMHA handed out information received from the state outlining the new Expanded Children’s Mental Health Benefit (fee for service by contracted providers as part of SSB 1088).7. The Snohomish Program for Assertive Community Treatment (PACT) team is requesting referrals as they need to admit six consumers per month into that program. They handed out admission criteria and the screening form; NSMHA referenced the newly developed Intensive Outpatient Program (IOP)/PACT/Expanding Community Services (ECS)/Medicaid Personal Care (MPC) Grid outlining the requirements for each of these Intensive Services Programs.8. Two child-serving provider agencies requested that NSMHA entertain a contract amendment to stop requiring Crisis Mental Health Specialists (CMHS) perform assessments for children, as this is a NSMHA expectation higher than the state’s contractual requirement. These two providers outlined the reasons for this request. NSMHA will review options and return to QMOC for discussion.9. The Capacity Template was handed out for use in responding uniformly to the contract deliverable. This will be sent with a Numbered Memorandum for implementation.10. QMOC reviewed quarterly data on Provider Scheduler Calls going to Voicemail. Aggregate data was shared with the group, and individual provider data was distributed to the QMOC rep for that agency. QMOC decided to re-look at it in three months to see if this is an issue and if so, what benchmark to set.	
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COMMENTS FROM THE PUBLIC		
Margaret Rojas	Margaret reviewed a letter of support prepared by Skagit County regarding the Secure Detox Pilot. She made copies for the Advisory Board to review and added if the Advisory Board wished to support this in some format it could be discussed next month.	Informational
OTHER BUSINESS		
Chair Mead	Nothing mentioned.	Informational
ADJOURNMENT		
Chair Mead	<p>A motion was made to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:55 pm.</p> <p>The next meeting will be held on Tuesday, December 9, 2008, in the NSMHA Conference Room and it will be the annual Christmas potluck.</p>	Informational Motion carried