



# **Pre-meeting Advisory Board**

**August 5, 2008**

**Presentation**

**12:15 pm**

**Cocoon House**

**Compass Health**

**By: Nancy Fairbanks**

## MEMORANDUM

DATE: July 24, 2008  
TO: NSMHA Advisory Board  
FROM: Chuck Benjamin, Executive Director  
RE: August 14, 2008 Board of Director's Agenda

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Please find for your review and comment the following that will go before the Board of Directors at the August 14, 2008, NSMHA Board of Directors Meeting.

### **Action Items for Board of Directors meeting August 14, 2008**

To approve NSMHA-COMPASS HEALTH-SKAGIT-FBG-08-09. The purpose of the contract is to provide outreach, medication management, GAX assessments and short term therapy for adults and older adults at risk of hospitalization in Skagit County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$123,249.

To approve NSMHA-COMPASS HEALTH-SNOHOMISH-FBG-08-09. The purpose of the contract is for transition services from inpatient facilities into outpatient for adults and families in Snohomish County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$104,786.

To approve NSMHA-COMPASS HEALTH-ISLAND-FBG-08-09. The purpose of the contract is to provide prevention of children/youth hospitalization and out of home placements. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$40,000.

To approve NSMHA-EVERETT HOUSING AUTHORITY HOPE OPTIONS-FBG-08-09. The purpose of the contract is for an Intervention Specialist working with vulnerable adults with mental illness in Snohomish County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$35,435.

To approve NSMHA-SAN JUAN COUNTY HEALTH AND COMMUNITY SERVICES-FBG-08-09. The purpose of the contract is for mental health services in the school setting for children and families in San Juan County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$20,000.

To approve NSMHA-SENIOR SERVICES OF SNOHOMISH COUNTY-FBG-08-09. The purpose of the contract is for in-home Geriatric Depression Screening for adults over 60 years in Snohomish County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$38,650.

To approve NSMHA-SNOHOMISH COUNTY HUMAN SERVICES-FBG-08-09. The purpose of the contract is short-term case management and prevention services for people with high utilization of emergency services in Snohomish County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$66,000.

To approve NSMHA-TULALIP TRIBES-FBG-08-09. The purpose of the contract is to provide holistic traditional and mental health services to children and families. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$81,840.

To approve NSMHA-TRAINING RESOURCES IN PARTNERSHIP-FBG-08-09. The purpose of the contract is to provide parent support/empowerment groups and individual coaching. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$48,411.

To approve NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC-DD-FBG-08-09. The purpose of the contract is to provide a skill building group with people with developmental disabilities. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$5,000.

To approve NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC GATEKEEPER -FBG-08-09. The purpose of the contract is to provide the elder Gatekeeper project providing mental health and support services to at-risk older adults in Whatcom County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$33,309.

To approve NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC RAINBOW-FBG-08-09. The purpose of the contract is to provide payment for the lease on the new facility for Clubhouse activities; the lease payment is for .72 portion of a 12 month lease agreement. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$26,422.

To approve NSMHA-WHATCOM COUNSELING AND PYSCHIATRIC CLINIC-OUTREACH-FBG-08-09. The purpose of the contract is to provide outreach and engagement services to the un-enrolled in acute care settings and at the Behavioral Health Triage in Whatcom County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$106,000.

To approve NSMHA-CATHOLIC COMMUNITY SERVICES SKAGIT-FBG-08-09. The purpose of the contract is to provide outreach services for children in the elementary and middle school in the eastern geographic area of Skagit County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$24,500.

To approve NSMHA-NORTHWEST YOUTH SERVICES-FBG-08-09. The purpose of the contract is to provide an expansion of mental health services to children/youth and families in Whatcom County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum of \$36,640.

To approve NSMHA-STILLAGUAMISH TRIBE-FBG-08-09. The purpose of the contract is to provide an expansion of mental health services and life skills training. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$20,000.

To approve NSMHA-SUN COMMUNITY SERVICES-FBG-08-09. The purpose of the contract is to provide housing and mental health supports to consumers discharged from inpatient facilities and jails. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration for this contract is \$57,500.

To approve NSMHA-SEA MAR-FBG-08-09. The purpose of the contract is to provide integrated care in a health care setting in Whatcom County. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$54,077.

To approve NSMHA-*bridgeways*-FBG-08-09. The purpose of the contract is to provide staff, support services, related utilities, and other services to include transportation to/from housing appointments required to adequately provide intensive support services. The duration of the contract is October 1, 2008 through September 30, 2009 with a maximum consideration of \$ 44,851.

CC: Charles R. Benjamin  
County Coordinators  
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration  
117 North First St., Suite 8  
Mt. Vernon, WA 98273  
August 5, 2008  
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the July 2008 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Comments from the Public –5 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Monthly Committee Reports
  - a. Executive Director's Report – Chuck Benjamin – 5 minutes
  - b. Finance Committee – Mary Good – 5 minutes
  - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
  - d. QMOC Report – Mary Good – 5 minutes
  - e. Ombuds Snapshot
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
  - a. Consent Agenda
  - b. Action Items
  - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
  - a. Co-Occurring Disorders Conference Update
13. Adjournment

**NOTE:** The next Advisory Board meeting will be September 2, 2008, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)**  
**MENTAL HEALTH ADVISORY BOARD**  
**July 1, 2008**  
**1:00 to 3:00**

<b>Present:</b>	Arthur Jackson, Marie Jubie, James Mead, Andrew Davis, Candy Trautman, Russ Sapienza, Joan Lubbe and Mary Good, Chuck Albertson, Darcy Hocker
<b>Excused Absence</b>	TerryAnn Gallagher and Catherine Ellis
<b>Absent:</b>	Tom Richardson
<b>Staff:</b>	Chuck Benjamin, Margaret Rojas, Greg Long and Barb Jacobson, recording
<b>Guests:</b>	Rebecca Clark, Otis Gulley, Susan Lange; and Chuck Davis, Ombuds and Jerry Schneider from Jet Computer

**MINUTES**

<i>TOPIC</i>	<b>DISCUSSION</b>	<i>ACTION</i>
<b>CALL TO ORDER, INTRODUCTIONS</b>		
Chair Mead	The Chair called the meeting to order at 1:17 pm. Introductions were made. Chuck Davis introduced Susan Lange as the new Ombuds person who started today. Cmdr Slack gave a pre-meeting presentation on the Snohomish Regional Drug Taskforce of Snohomish County.	Informational
<b>REVISIONS TO THE AGENDA</b>		
Chair Mead	Chair Mead asked if there were any revisions to the agenda. James moved Ombuds to after minutes.	Informational
<b>APPROVAL OF MINUTES</b>		
Chair Mead	The May minutes were reviewed. A motion was made to approve the minutes as amended, seconded and motion carried.	Informational Motion carried
<b>COUNTY COORDINATOR REPORT</b>		
Rebecca Clark	<p>Rebecca acknowledged that Island County is starting to use their 1/10 of 1 percent monies. They are going to increase their juvenile and adult drug court dockets to weekly. They are advertising for coordinators for the Family Dependency Court, which is required by the sales tax initiative. They are going to have a school based mental health professional program similar to what is operating in Skagit County. They received a housing grant from CTED. She met with their new jail transition program coordinator this morning.</p> <p>San Juan is hiring a new substance abuse prevention coordinator. They are working on getting the 1/10 of 1 percent initiative implemented. Their mental health program for children was discussed.</p> <p>Skagit County had a Mental Health Advisory Board retreat in May and identified funding priorities for the millage funds, which will be education, outreach and</p>	Informational

	<p>stigma reduction. This would aid programs already supported by NAMI, as well as, supported employment, children and family, etc. They start a 40 hour Peer Counseling training tomorrow being spearheaded by Jeri LaFollette, NSMHA and Skagit Valley College. They are planning a two-day meeting they are calling “Mental Health Substance Abuse Healthcare” summit September 11-12. The discussion for this summit began around issues raised by Skagit Valley Hospital and their concerns about meeting patient needs. The idea is to bring together individuals from mental health, substance abuse and traditional healthcare providers in Skagit County to ensure all are aware of what each is doing and try to implement a process to provide as seamless as possible services. Skagit started a supported employment contract in January that primarily serves our mental health court and jail transitions clients but they are also providing services to other therapeutic clients that include family and juvenile drug court. She provided some statistics on the Peer Connections Center. Their school mental health professional program has been implemented in almost all Skagit County schools. They also started in January funding a staff person from family services who attends the “At risk” youth courts and “Children in Need of Services (CHINS)” that links families to services.</p> <p>Marie mentioned that the Board attended the Skagit Mental Health Court and said that she appreciates the service this provides to help consumers and still have them be responsible for themselves.</p>	
<b>COMMENTS FROM THE PUBLIC</b>		
	None mentioned.	Informational
<b>COMMENTS AND CORRESPONDENCE FROM THE CHAIR</b>		
Chair Mead	None mentioned	Informational
<b>NEW BUSINESS</b>		
Chair Mead	On page 9 of last minutes James notes under the Finance Committee Marie is looking to start up the “Continue 2 Continue (C2C)” and it was tabled pending further research and she has asked for funding to help with this. A motion was made to pay up to \$500 of the needed funding, seconded and motion carried with one abstention, Marie.	Informational  Motion Carried
<b>MONTHLY COMMITTEE REPORTS</b>		
	<b>Executive Director’s Report</b>	
Chuck Benjamin Jerry Schneider	Chuck handed his time over to Jerry Schneider who will provide a brief overview of what they are doing regarding the Information Systems (IS) review they are doing for the region.	Informational

	<p>Chuck acknowledged that Jerry is from Jet Computer and they are conducting an IS system review. Chuck acknowledged it is important to have consumer input in this process. Chuck mentioned that Jerry has a background in mental health and IS</p> <p>Jerry provided a handout and noted that Sound Data and the Raintree System is the main system that is in use. The focus of the review is to propose ways to improve the system as we go forward and move to fee for service. Jet is making site visits to providers to gather data needs and issues to provide a report to North Sound Mental Health Administration (NSMHA) with recommendations. He discussed some of the things encountered so far such as costs and difficulty in changing data that needs to be collected. The deadline for a final draft is early September.</p> <p>Chuck noted that it has been made clear that we are not interested in changing software from Raintree. Chuck noted that we need to know the truth so that even though NSMHA is paying for this study there is confidentiality in that only Jet Computer will know who is saying what. NSMHA only needs to know what is working and not working.</p> <p>Jerry notes that he will be here after the meeting as well for any other questions. Information can also be found on the NSMHA website.</p> <p>Chuck said the preliminary Federal Block Grant (FBG) plan for October 1, 2008, through September 30, 2009, has been submitted according to what is currently happening. He added it may have to be amended depending on the outcome of spending this year.</p>	
	<b>Finance Committee</b>	
Mary Good	<p>Mary gave the committee report and brought a motion forward for approval by the full Board to take expenditures to the Board of Directors for approval, seconded and motion carried.</p> <p>Co-Occurring Disorders Conference is in Yakima September 29-30 Andrew, Russ, James and Darcy from the Advisory Board will be going. Scholarships for this were discussed and the number to grant will be four (4) Advisory Board Members and six (6) additional individuals. Marie made a motion to sponsor a total of 10 scholarships, seconded and motion carried with 4 abstentions, Andrew, Russ, James and Darcy.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p>
	<b>Executive Committee/Agenda Committee</b>	
Charles Albertson	<p>Charles noted that Bruce Kadar and Darcy Hocker have been approved for the membership to Quality Management Oversight Committee (QMOC)/Quality Management Committee (QMC) combined. Mental</p>	<p>Informational</p>

	health funding was also discussed. There is a motion to approve the new QMOC/QMC Committee members, seconded and approved with one abstention.	Motion carried
	<b>Quality Management Oversight Committee (QMOC) Report</b>	
Mary Good	<p>The <b>draft</b> minutes were distributed and all will review as desired.</p> <ol style="list-style-type: none"> <li>1. The meetings were held May 28, 2008 and June 25, 2008.</li> <li>2. The May minutes were approved as amended and June minutes are still draft.</li> <li>3. Announcements (see <b>draft</b> minutes for details) <ol style="list-style-type: none"> <li>a. New Chair was announced in May – Anne Deacon.</li> <li>b. There was an Integrated Provider meeting at the Skagit Train Station June 10<sup>th</sup>.</li> <li>c. Cindy mentioned in May that administrative audits are being done and all providers have passed to date.</li> <li>d. Skagit Wraparound Pilot training will be held in May and June.</li> <li>e. In June, Cindy said providers need to ensure intake appointments are scheduled within 14 days and hospital discharge appointments need to be set within 7 calendar days.</li> <li>f. In June, Cindy said Interfaith will close their door for new clients from June 25 – July 3<sup>rd</sup>.</li> <li>g. In June, Greg said the Mental Health Division audit went well with only two corrective actions.</li> </ol> </li> <li>4. Reports given at the meeting (refer to <b>draft</b> minutes)</li> <li>5. Floor was opened for discussion.</li> </ol> <p>The next meeting will be July 23, 2008, and will be the first combined Quality Management Oversight Committee and Quality Management Committee meeting.</p> <p>A motion was made to accept the report, seconded and motion carried.</p>	Informational
	<b>Ombuds/QRT Report</b>	
Chuck Davis	Chuck Davis presented his snapshot report.	Informational
<b>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</b>		
	<b>Introduction and Action Items</b>	
Chuck Benjamin	The major item going forward is the report Chuck will present to the Board of Directors (BOD) on July 10 <sup>th</sup> regarding the Prosecuting Attorney (PA) fee issue. He	Informational



notes the report will say NSMHA does not feel we should pay attorney fees. He said he may recommend to the BOD to pass a motion for BOD members to go back and ask their respective counties if they would be willing to pay the legal costs of people who reside in their county but whose hearings are held in another county. The heart of the issue is the locations of the Evaluation and Treatment (E&T) facilities (one in Skagit and one in Snohomish) with a total of 31 beds that get used by individuals throughout the region. Another factor that will come into play is what the local hospitals decide to do about creating psychiatric inpatient beds. There is one hospital in Whatcom, two in Skagit and two in Snohomish. Arthur asked if this may create problems within the counties because those who have passed the 1/10 of 1 percent sales tax initiative may have extra funds to accommodate the costs where other counties may not. Whatcom would be the most financially impacted by this. There are no inpatient facilities in Island or San Juan. Chuck said he had hoped elected officials would step in and put a stop to this but that is not going to happen. Therefore, his report will go forward and he feels it may cause some animosity on the BOD. Arthur asked what the PA proposed to do if the answer is no. Chuck said he claims he will just stop showing up and there will be no PA available at any mental health ITA hearing. Chuck said this is in conflict with his responsibility and NSMHA has pointed this out to him and he is quoted in the paper as saying "he does not care what the law says". Candy asked Chuck to summarize the issue and he said the issue is the location of the E&T that is utilized by all counties within the region. He said once a person is detained at the E&T for more than 72 hours a hearing must be held and these are what the PA is objecting to providing, because not all hearings are for individuals from Skagit County. Chuck said the crux of the issue for the PA, Public Defender and Public Health Director is why unfunded mandated services should be performed. Arthur asked if any other PA are waiving and Chuck said no but if the BOD passes a motion to take the issue back to their respective counties, the BOD members would discuss this with their respective PA. Chuck said the motion may also include the idea that the two officers of the BOD call a regional meeting of the PA chaired and facilitated by the officers of the BOD. Andrew asked what would happen if the PA did not show up for one of the hearings. Chuck said it would depend on what the judge did. Chuck said he does not know what may happen but hopes that all involved will make an appearance and depending on who does/does not show a decision will be rendered pending what is said by those present. The only way the issue can be addressed is if the judge shows up and Arthur said the

	<p>judge will show based on his/her docket schedule. Chuck is consulting with NSMHA's attorney and NSMHA is prepared to go to court over this. Further discussion followed. Chuck said we will just have to wait and see what the outcome will be. Chuck acknowledged this Advisory Board has already taken the stand that funds should not be diverted from consumer services to pay legal costs.</p> <p>Chuck mentioned already taken by the BOD at the <b>“Special Meeting”</b> for approval. Chuck acknowledged he had mentioned these to the Advisory Board at an earlier date.</p> <ol style="list-style-type: none"> <li>1. Accepting the amendments to NSMHA's Medicaid and State Only Contracts; this provided \$103 million more in “state only” money.</li> <li>2. Two agencies in the Federal Block Grant (FBG) gave a total of \$28,000 back and these funds were re-allocated, which accounts for all the other actions listed in the memorandum.</li> </ol>	
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**COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS**

Island	Candy mentioned most of what they discussed was previously given by Rebecca Clark in the County Coordinator report. She met the new jail transition person. She mentioned Sheriff Mark Wells was a guest and they had a good question and answer session. Jackie is the department administrator and she is working hard to get everything organized.	Informational
San Juan	No representative present.	Informational
Skagit	Next meeting not until September	Informational
Snohomish	<p>Marie said no announcements were made. Their May meeting minutes were reviewed and approved. Committee reports on the “mission statement and By-Laws” were given and they will be reviewed for comment. She is on the Program for Assertive Community Treatment (PACT) Board and they have fidelity standards to meet and she is working with this group. She mentioned the Behavioral Health and Tribal Conferences and said both were good. She acknowledged the visit to the Skagit County Mental Health Court. She mentioned Ken Stark replaced Janelle Sgrignoli.</p> <p>She mentioned she went to Volunteers of America (VOA) to attend the “Academy of Suicidaligy” training and demonstrated the working of the Crisis Line.</p> <p>She announced August 5<sup>th</sup> is the NAMI picnic.</p>	Informational
Whatcom	Andrew announced that he resigned as Chair of the Whatcom Mental Health Advisory Board.	Informational

	<p>Andrew was accepted to the Community Emergency Response Team (CERT) Program. The training for this program is during the Whatcom Advisory Board so he reluctantly resigned as Chair.</p> <p>There will be a fireworks stand that benefits the Health Support Center.</p> <p>He said a replacement for Gary Williams has not been completed but they are still working toward their goal. Russ said Terry Hines is filling in for Gary in some areas. Chuck mentioned that Jackie Mitchell will meet with the county coordinators in Gary's place.</p> <p>Andrew mentioned July 22<sup>nd</sup> the Sales Tax Initiative Committee is approaching the County Council to get the 1/10 of 1 percent tax passed.</p> <p>The Human Race was discussed.</p> <p>Russ said Rainbow Center new building lease has been signed and it will be located where the old "House of Orient" used to be on Holly street. They are having a picnic on July 9<sup>th</sup> at Lake Paddon. On July 7 and 15 there will be some demolition work on the current center building.</p>	
<b>COMMENTS FROM THE PUBLIC</b>		
	Nothing else mentioned.	Informational
<b>OTHER BUSINESS</b>		
Chair Mead Andrew Davis	<p>Jerry Schneider is here if anyone wants to meet with him.</p> <p>We will conduct an RSVP for the August meeting to ensure a quorum will be present.</p> <p>The Advisory Board retreat we are waiting to hear about Gary Williams being able to facilitate.</p>	Informational
<b>ADJOURNMENT</b>		
Chair Mead	<p>Candy made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 3:08 pm.</p> <p>The next meeting will be held on Tuesday, August 5, 2008, in the NSMHA Conference Room.</p>	<p>Informational</p> <p>Motion carried</p>