

MEMORANDUM

DATE: August 24, 2006
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: September 14, 2006 Board of Director's Agenda

Please find for your review and comment the following that has been/will be discussed with the Board of Directors and brought forth at the September 14, 2006, NSMHA Board of Directors Meeting.

Consent Agenda

To review and approve North Sound Mental Health Administration's claims paid from July 1, 2006 through July 31, 2006 in the amount of \$(will be available at the meeting). Payroll for the month of June in the amount of \$(will be available at the meeting) and associated employer paid benefits in the amount of \$(will be available at the meeting).

To review and approve North Sound Mental Health Administration's claims paid from August 1, 2006 through August 31, 2006 in the amount of \$(will be available at the meeting). Payroll for the month of June in the amount of \$(will be available at the meeting) and associated employer paid benefits in the amount of \$(will be available at the meeting).

Action Items

NSMHA-Sea Mar FBG #06-07 amendment to the scope of work to include the additional money awarded to hire a full time bi-lingual MHP for the integration of physical and mental health care at the Bellingham clinic. The additional funding is \$25,000.00 for a total of \$51,984.00

NSMHA-Whatcom County #06-07 FBG amendment to the scope of work to include the additional money awarded to the elder-gatekeeper program. The additional monies will enhance the project by providing an increase in outreach and engagement services for the elderly at risk. The additional funding is \$15,000.00 for a total of \$33,309.00.

To approve the contract # 06-07 NSMHA-bridgeways FBG for the federal fiscal contract year 06-07. This ongoing grant will increase the number of consumers served in the Unit 9 project transitioning patients from Western State Hospital back into the community. The total funding is \$26,000.00

To approve the contract # 06-07 NSMHA-Whatcom County Rainbow Center FBG for the federal fiscal contract year 06-07. This ongoing grant will be used to expand hours of operation of the Rainbow Center to include evenings and weekends which will meet the requirements of the ICCD certification. The total funding is \$39,000.00.

To approve the contract # 06-07 NSMHA-Compass Health FBG for the federal fiscal contract year 06-07. This one time grant is for Compass Health to fund one bed for adolescents who are not covered by Medicaid in the 12 bed Adolescent E&T Facility. Total funding for the grant is \$141,000.00

To approve the contract # 06-07 NSMHA-Training Resources in Partnership FBG for the federal fiscal contract year 06-07. This ongoing grant is to fund parent support groups in three (3) counties, the project will provide Parent Partners to families in the catchment area. The total funding for this grant is \$37,000.00.

To approve the contract # 06-07 NSMHA-San Juan County Health and Community Services FBG for the federal fiscal contract year 06-07. This ongoing grant will be used to provide mental health assessments, short-term counseling, and consultation services to uninsured and underinsured school age children and their families. The total funding for this project is \$20,000.00.

Action Items not yet reviewed by the Advisory Board

The Board of Directors passed the motions listed below July 13, 2006.

Motion # 06-056

To review and approve North Sound Mental Health Administration's claims paid from June 1, 2006 through June 30, 2006 in the amount of \$3,621,384.81. Payroll for the month of June in the amount of \$72,086.18 and associated employer paid benefits in the amount of \$22,555.70.

Motion # 06-057

To approve the DSHS-NSMHA PATH Contract Amendment. This Amendment corrects an administrative error; total fiscal impact is a decrease of \$20.00 (twenty dollars).

Motion #06-058

To review and approve NSMHA-Keith Brown Personal Service Contract for NSMHA Medical Director. The purpose of this contract is to provide medical consultation, attend monthly quality management meeting, represent NSMHA at State and Regional meetings and participate in the grievance and appeals processes. The term of this contract is July 1, 2006 through December 31, 2007. Maximum consideration is \$56,000.

Motion #06-059

To review the NSMHA-APN-Medicaid Contract. This contract requires APN to provide medically necessary mental health services for all enrollees in accordance with the Medicaid State Plan. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$27,213,038.86.

Motion #06-060

To review the NSMHA-APN State Mental Health Contract. The purpose of this contract is to provide quality community mental health services in accordance with the Recovery and Resiliency Model. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$11,414,193.00.

Motion #06-061

To review the NSMHA-Island-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$37,500.00.

Motion #06-062

To review the NSMHA-San Juan-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$37,500.00.

Motion #06-063

To review the NSMHA-Skagit-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$59,453.00

Motion #06-064

To review the NSMHA-Snohomish-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$341,858.00.

Motion #06-065

To review the NSMHA-Whatcom-Jail Services Contract 06-07. The purpose of this contract is to ensure the coordination and provision of outpatient mental health services for those coming out of jail. The term of this contract is September 1, 2006 through June 30, 2007. Maximum consideration is \$94,135.00

Motion #06-066

To review the NSMHA-Sea Mar-FBG Contract. To provide services in accordance with NSMHA's State Approved Plan. Criterion Goal Objective 1,1,4 to increase services to ethnic minorities and fund a Behavioral Health Technician. The term of this contract is October 1, 2006 through September 30, 2007. Maximum consideration is \$26,984.00.

Motion #06-067

To review the NSMHA-Snohomish-FBG Contract. To provide services in accordance with NSMHA's State Approved Plan. Criterion Goal Objective 1,1,1 to increase services for adults in inpatient or other acute care settings to outpatient care, as well as, to identify and assist those at risk for hospitalization, incarceration or recurring crisis episodes without services or means to pay for such services. The term of this contract is October 1, 2006 through September 30, 2007. Maximum consideration is \$66,000.00.

Motion #06-068

To review the NSMHA-Whatcom-FBG Contract. To provide services in accordance with NSMHA's State Approved Plan. Criterion Goal Objective 1,1,5 to increase services to Older Adults. Will provide case finding, engagement, mental health services and referral services for at-risk older adults and conduct a minimum of six Gatekeeper trainings annually. The term of this contract is October 1, 2006 through September 30, 2007. Maximum consideration is \$18,309.00.

Motion #06-069

To review the NSMHA-Tulalip-FBG Contract. To provide services in accordance with NSMHA's State Approved Plan. Criterion Goal Objective 1,1,3 to increase services for American Indians and provide mental health treatment for American Indians from a holistic approach. The term of this contract is October 1, 2006 through September 30, 2007. Maximum consideration is \$81,840.00.

Motion #06-070

To review the NSMHA-APN-FBG Contract. To provide services in accordance with NSMHA's State Approved Plan. Criterion Goal Objective 1,1,1 to increase services for adults in inpatient or other acute care settings to outpatient as well as to identify those at risk of hospitalization, incarceration or recurring crisis episodes without services or means to pay for such services. Criterion Goal Objective 3,1,1 to increase services for children, promoting Recovery and Resiliency to low-income clients to transition to outpatient services. The term of this contract is October 1, 2006 through September 30, 2007. Maximum consideration is \$426,280 for CGO 1,1,1 and \$46,587.00 for CGO 3,1,1.

Motion #06-071

To review the NSMHA-Jarvis-Contract. The purpose of this contract is for consultation and the development of a financial model for funding outpatient services as well as developing data for contracting for clinical services models. The term of this contract is July 13, 2006 through October 31, 2006. Maximum consideration for this contract shall not exceed \$20,000.

Motion #06-072

Mr. Shelton moved to approve the modified job description for the Quality Manager, seconded by Mr. Sievers, all in favor, **motion carried.**

Motion #06-073

Mr. Shelton moved approval of the revised Contract Coordinator/Legislative Liaison job description, seconded by Mr. Williams, all in favor, **motion carried.**

Motion #06-074

Mr. Shelton moved as of 7/13/06 the RSN start paying the Involuntary Treatment Act filing fees, seconded by Mr. Sievers, Vice-Chair Dahlstedt as for comments and Mr. Sievers said that no retro-active fees be collected, Vice-Chair Dahlstedt called for the vote, all in favor, **motion carried.**

Motion #06-075

Motion to adopt policy #1537 regarding medical clearance criteria for ITA assessment. Mr. Williams explained the policy and QMOC is recommending approval. Mr. Williams said this establishes a baseline to see if people are going to be screened for ITA assessment and those who should be seen for medical assessment first. Moved, seconded, all in favor, **motion carried.**

Motion #06-076

Motion to adopt policy #1538 regarding Notification of Service Termination by Provider. This is a new policy that requires providers to give consumers written notification of termination of services. Moved by Mr. Shelton, seconded by Mr. Myhr, all in favor, **motion carried.**

Motion #06-077

Motion to adopt policy #1713 regarding ICRS System Shift Change Protocol regarding crisis services shift change. This clarifies roles and responsibilities of staff during a shift change. QMOC is recommending approval. Moved by Mr. Shelton, seconded by Mr. Myhr, all in favor, **motion carried.**

Motion #06-078

Ms. Sgrignoli moved approval of the Planning Committee recommendation of Federal Block Grant funding, seconded by Mr. Myhr, all in favor, **motion carried.**

Action taken at the Special Board of Directors meeting on August 15th**Motion #06-079**

To review and approve the MHD-NSMHA-Medicaid Contract #0669-01989. Whereby this contract requires NSMHA to operate a Prepaid Inpatient Health Plan for medically necessary mental health services for all enrollees in accordance with the Medicaid State Plan. The term of this contract is September 1, 2006 through June 30, 2007. Estimated financial consideration is \$39,335,338. (Please note that WMIP will be deducted monthly based on the number of enrollees. Current estimate is a minimum of \$3,163,385.64 will be deducted for WMIP clients, reducing estimated financial consideration to \$36,171,952.36)

Motion #06-080

To review and approve the MHD-NSMHA State Mental Health Contract #0669-02157. Whereby NSMHA agrees to provide state funded mental health services for the period of September 1, 2006 through June 30, 2007. Services include involuntary and voluntary crisis services, Medicaid Personal Care (MPC), residential programs, outpatient services, jail services and disaster planning and response. Estimated financial consideration \$17,351,686.

Motion #06-081

To review and approve the NSMHA-CCSNW Chemical Dependency Case Management Contract for chemical dependency case management services to be provided to detainees released from the North Cascade Secure Detoxification Center. The contract term is August 16, 2006 through December 31, 2006. Maximum consideration is \$23,884.50

Motion #06-082

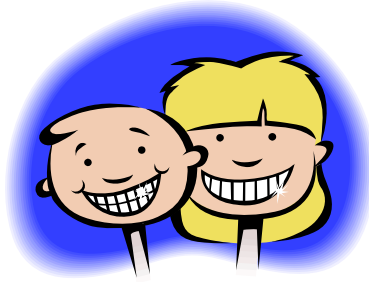
To review and approve the purchase of a new phone system from Northwest Computer not to exceed \$21,939.40. In order to comply with MHD's Request For Qualifications Customer Service Tracking Requirements, this system best meets our needs within available resources.

Introduction Items

None.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

Tentatively scheduled



Pre-meeting Advisory Board

September 5, 2006

Presentation

12:15 pm

Faces of Recovery Project

By

Lyle Stork

With

Rainbow Center, Bellingham

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room**

117 North First St., Suite 8

Mt. Vernon, WA 98273

September 5, 2006

1:00 PM

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the June 2006 Minutes and July 11 Special Meeting Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - i. Tribal Expenditures for Charles and Marie
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - MATCH Policy renaming – James Mead
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be October 3, 2006, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

June 6, 2006

Present: Mary Good, Jack Bilsborough, Joan Lubbe, James Mead, Charles Albertson, Jim Sizemore, Marianne Elgart, Chris Walsh and Andrew Davis
Absent: Patricia Whitcomb, Laurel Britt and Jim King
Excused: Russ Sapienza, Catherine Ellis, Tom Richardson and Marie Jubie
Staff: Chuck Benjamin, Margaret Rojas, Greg Long, Charissa Fuller and Rebecca Pate
Guests: Melody Generate, Susan Ramaglia, Sue Boyle, Nancy Jones, Jolynn Sjostrom and Chuck Davis

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Albertson	Chair Albertson convened the meeting at 1:15 pm and welcomed those present; introductions were made. Bill Waters of Rose House in Tacoma gave the pre-meeting presentation on clubhouses. He provided a better understanding of how a true/good clubhouse assists members to become a functioning member of the community and obtain employment. Chuck said he was pleased to welcome Charissa Fuller, Quality Specialist, to NSMHA. Chuck stated she would be filling one of the new positions the Board of Directors approved so NSMHA can meet Requests for Qualifications (RFQ) standards. Charissa provided a little background on herself.	Informational
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REVISIONS TO THE AGENDA

Chair Albertson	The Chair asked if there were any revisions/additions to the agenda. None mentioned.	Informational
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APPROVAL OF MINUTES

Chair Albertson	Chair Albertson asked if there were any corrections/additions to the minutes. A motion was made to approve the minutes as written, seconded and motion carried.	Action Motion carried
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COMMENTS FROM THE PUBLIC

Margaret Rojas	Margaret said Pete Feigal was coming back to Washington the last week in June for the Exemplary Awards and will be speaking in Whatcom, Snohomish and San Juan counties. Chair Albertson mentioned the folders provided and requested all members take the material inside, which provides information on upcoming events, etc. but leave the folders.	Informational
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CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Albertson	Chair Albertson provided a copy of a letter on another “atypical medicines” meeting occurring June 21. If any consumers wish to send a letter supporting open access, they are encouraged to do so. Please send them to Dr. Daniel Lessler, Washington State Health Care Authority, PO Box 91132, Seattle, Washington 98111-9232.	Informational
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MONTHLY COMMITTEE REPORTS

Executive Director’s Report

Chuck Benjamin	<p>The APN contract expires August 31, 2006. Chuck revised their current contract and built in all the new state and federal requirements that would outline the Requests for Proposals (RFP) contract that the Mental Health Division (MHD) released. A negotiating team had been established by NSMHA and APN; however, APN has agreed to accept the draft contract as revised resulting in no need for negotiations. Chuck stressed that the Planning Committee has a subcommittee studying the NSMHA contract and will be reporting to the Board of Directors by December 2006. If there are going to be any changes, this gives NSMHA six months to implement changes because the contract goes through June 30, 2007.</p> <p>Chuck announced that Wendy Klamp is no longer with NSMHA and NSMHA wishes her the best in any future endeavors. She will be missed.</p> <p>Chuck stated that children’s crisis services have been an issue for some time and remains an issue. He mentioned that Fairfax has been threatening to stop serving ITA adolescents but Fairfax has finally backed off. This is an ongoing issue approximately every 18 months.</p> <p>Chuck said NSMHA is in discussions with Compass Health and Snohomish County to look at an E&T for children. There is some capital money from the state that is available for start up and capital costs. NSMHA is drafting a proposal to address the conflict of keeping north children here close to their families and the fact that NSMHA believes the children are not coming back, as well as should be, from Fairfax and King County has the same feeling. NSMHA is in negotiations with King County on this proposal. So far, King County seems to be interested in our proposal. If we proceed by ourselves, it would be a facility split between ITA children and voluntary children. If we go with King County, it would probably be all ITA children. This is contingent on</p>	Informational
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whether NSMHA receives the funds. The proposal has to be submitted by June 9. In light of what is occurring with children's services, NSMHA is re-establishing the Children's Policy Executive Team (CPET) that is a cross system with children's administration, counties, NSMHA, developmental disabilities, JRA, schools and others. NSMHA is also trying to get the Tribes involved in this effort to focus on continuance of children's services within this region and trying to address gaps/barriers from one system to another and understanding each systems criteria. Randy Hart, the new Children's Administrator Director, for Region 3 is very committed to this endeavor, as is NSMHA, which is good news.

A workgroup has been established to examine the copious amounts of paperwork that providers have to complete. Chuck believes the outcome will be that nearly all the documentation required is federal and state and very little is from NSMHA. The good news to this is at the last Mental Health Taskforce, the issue of paperwork was presented. The Taskforce requested Richard Kellogg, Director of the Mental Health Division to look into it. Mr. Kellogg is going to form a statewide workgroup to look at streamlining paperwork. The bad news is unless changes can be made in their agreement and waiver with Center for Medicaid and Medicare (CMS) all the federal paperwork regulations are going to stay. Chuck said paperwork could be streamlined but is unsure how much could be taken away because along with all the paperwork is the process of getting the required information. NSMHA is developing a flowchart, which will specifically illustrate what the issues are.

Chuck stated NSMHA has another workgroup on authorization reviews, as NSMHA is now under a Corrective Action Plan from MHD, because they are not pleased with how service authorizations are being performed. In the past, NSMHA gave the providers the Clinical Care Standards criteria and as long as a person met those criteria they could start services and NSMHA assumed that was our authorization because services were based on that criteria; however, the state says it cannot be done that way. NSMHA has to review every file to assure the services being provided and access are adequate. Chuck said NSMHA is seeing where people are not receiving the services needed or they are not getting the adequate level of service needed when NSMHA reviews are performed. Some discussion followed.

Chuck said Margaret is accepting nominations for the Exemplary Service Awards and the nomination form can be found on the NSMHA website www.nsmha.org. Chuck encouraged everyone to look at advocates, clinicians, programs, or providers that you really feel have done something around cross systems collaboration or recovery and resilience and make your nominations known so these people can be recognized.

Chuck announced the poster contest has begun and the theme is “Reaching for Recovery”. He requested that everyone encourage consumers to submit their entries.

Another issue facing NSMHA is the filing fees for the Involuntary Treatment Act. Chuck stated that Skagit and Snohomish Counties are asking that NSMHA start paying the filing fees of \$200/ITA filing for mental health services and that would cost NSMHA approximately \$500,000/year out of our current revenue and this would come from direct services. So far NSMHA’s attorney has suggested that NSMHA is not legally obligated to pay and the only addition the attorney has made is should the Board of Directors decide to use state only money, this would be an appropriate use of state only money. The Board of Directors (BOD) will be addressing this on Thursday at 1:30. Chuck received a letter from Skagit County that they would be present to address the BOD but he does not know if Snohomish County would be present. There are four options the BOD could consider:

- Choose not to pay,
- Choose to pay but use “state only” money, which would take away from any non-Medicaid services that NSMHA could provide,
- Choose to have NSMHA pay only for those individuals who are non-residents of the respective counties, or
- Choose to have this return to the counties and make this a county-to-county issue and let them decide the course of action to take.

Some discussion followed.

Chuck announced that NSMHA will receive \$325,000 more funding for Federal Block Grant but a plan has to be submitted by July 5 to MHD before the funds can be used. There are criteria that have to be followed, which is not very flexible. The BOD Planning Committee will be meeting Friday, June 9 from 1:30-4:30 in the NSMHA conference room to develop the plan, which has to be approved by the Advisory Board and BOD. Chuck encouraged any

Advisory Board member that could attend. Some discussion followed.

Jack Bilsborough asked, “Does the liquidated damages mentioned in Motion #06-043 apply to the whole base cost or does that remove liquidated damages throughout the contract?” Chuck said it only changes what is being done with liquidated damages. It is not being called liquidated damages anymore. Before when the state issued liquidated damages for RSNs over their bed cap, the state kept all that money, which was in the multi-millions. The money still goes into the state; however, 50% of that money goes to the state and 50% of that money goes back out to the RSNs who were under their bed allocations. Historically, NSMHA has been under our bed allocations. NSMHA is receiving a more equitable bed allocation, which should allow us to remain under our census. This would allow NSMHA to receive some of the revenue other RSNs would be paying for being over census.

Finance Committee Report

Mary Good

Mary stated the expenditures were normal for the month. The beginning budget balance was \$28,590. We have currently spent \$4,152.62 leaving a balance of \$24,437.48. Expenditures for the Behavioral Health Conference would probably come out in July with the bus expense probably showing in August. A motion was made to forward to the Board of Directors for approval, seconded and **motion carried**.

Informational

Motion carried

Executive Committee/Agenda Committee

Mary Good
Charles Albertson
Chuck Benjamin

Mary gave the report in Tom and Marie’s absence. The July meeting of the Finance and Executive Committees is canceled due to the holiday; however, the **Advisory Board will hold a special meeting on July 11 at 11:00 to vote on and approve the Federal Block Grant (FBG) plan.**

Informational

A site visit to Compass Health Whidbey Island, Alchemy and Cookie Creations will follow the special meeting. The site visit would be done through carpools or rental of an Airporter, depending on number of people going.

Charles Albertson stressed it was very important to attend the **special meeting** because a quorum is required to vote on and approve the FBG plan. Chuck Benjamin said the state requires any FBG plan go through the region’s Advisory Board and Board of Directors for approval.

QMOC Report

Mary Good

Mary said QMOC was canceled due to not having a

Informational

Board of Directors representative present.

Ombuds Report

Chuck Davis
Greg Long
James Mead

Chuck gave a comprehensive PowerPoint report for Spring 2006. Informational

Chuck mentioned the handout concerning documents completed by clinicians. He stated most of these could be found in client records. He said it appears the more paperwork required; results in less services for the client. Some discussion followed.

Greg stated NSMHA is looking at the paperwork issue with the Dick Jarvis consulting firm. Greg stated this issue was raised at the Transformation Grant proceedings and MHD said they would look into the issue. Greg stated there is a real push being done towards electronic medical records to alleviate the paperwork. James said electronic records were really being pushed at the Transformation Grant meetings. He said that Home and Community Services has been doing this for some time with great success. He said the start up is difficult but once the process is going it works great.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin May expenses and payroll. Informational

Board of Directors June Action Items Previously Reviewed by the Advisory Board

Chuck Benjamin None.

Board of Directors June Action Items Not Yet Reviewed by the Advisory Board

Chuck Benjamin **Motion # 06-043** Informational

To review DSHS Contract # 0569-79682, Amendment 4, State Mental Health Contract. This amendment removes the requirements for incentive funds and liquidated damages. The State-only fund payments are also increased for the months of July and August 2006.

Motion #06-044

To review DSHS Contract # 0569-79567, Amendment 4, Prepaid Inpatient Health Plan. This amendment includes minor changes to the data certification requirements and process. Changes also include increases to the Medicaid and Washington Medicaid Integration Partnership (WMIP) Per Member Per Month (PMPM) rates as well as add definitions for Supported Employment.

The Post Traumatic Stress Disorder (PTSD) Guidelines are being submitted as approved by Quality

Management Committee (QMC), October 20, 2005, and Quality Management Oversight Committee (QMOC), October 26, 2005. It is coming from QMOC as a recommendation for approval by the Board of Directors as a NSMHA clinical guideline.

A motion was made to move all three of the above to the Board of Directors for approval, seconded and **motion carried** with one abstention. Motion carried

Board of Directors May Action Items Not Yet Reviewed by the Advisory Board
 Chuck Benjamin **Motion # 06-042** Informational
 To review the Working Capital Advance Agreement from DSHS Division of Finance. The total amount Advanced remains the same as last year at \$110,426. Motion carried.

Board of Directors June Introduction Items
 Chuck Benjamin This is a technical change to rectify an error/oversight in the Volunteers of America (VOA) Crisis Services Contract. This change brings the VOA Contract into alignment with the Snohomish County and APN Contracts. The specific change is to delete mandatory Crisis/DCR outreaches to specified facilities and place the screen responsibility on the VOA Crisis Triage Clinicians to determine when outreaches are necessary. NSMHA, VOA, APN and Snohomish County staff is in agreement with this change. Informational

NEW BUSINESS

Greg Long Greg said the state has a new modality treatment called High Intensity Treatment (HIT). Greg stated the RSN changed the name from HIT due to the stigmatizing label and changed it to “MATCH” (Matched Application of Treatment for Consumers with High Needs) but the providers objected to that name. The providers agreed to accept the name given to the policy by the Advisory Board. James said this process would allow Case Managers to act on high intensity treatment immediately. James brought this to the Board for approval of a name and it was tabled until next month. Informational
 James Mead Tabled till next month

Sue Boyle said it was mentioned at NAMI Day in Olympia that a high number of individuals qualified for this type of service. Some discussion followed.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island None present. Informational

San Juan None present. Informational

Skagit Mary Good said Crisis Intervention Team training, the Informational

Triage Center and the Secure Detox were discussed. She said a joint meeting would be held with Substance abuse and mental health individuals on Thursday at noon in the Family Resource Center at Catholic Community Services.

Snohomish

James said Tom Sebastian spoke about clubhouses and said current state modality does not require meeting the International Center for Clubhouse Development (ICCD) standards. Compass Health uses the current state modality. Tom said there were no references in the RFP or RFP process to the ICCD standards. If in the future it becomes a requirement, the significant changes would be made. James spoke with Judy in Olympia concerning this issue. Judy said she recognized the state requirements do not meet the ICCD standards but whoever writes the contract could put in whatever they want and say they would have to follow the ICCD standards. Judy told James the MHD would be working on that and making changes in requirements that would equal the ICCD standards requirements. She told James in the interim period whoever the contractor is for clubhouse wants to follow the ICCD standards, they must be followed or the contract has to be given to someone else.

Informational

Greg Long provided information on things covered at the last NSMHA Advisory Board meeting.

NAMI reported the newsletter would be out the end of May.

The Everett Community College held a Health and Wellness Fair May 31.

Nancy Jones reported jail services project is up and running. She announced the jail service project has been nominated by the Department of Corrections for a national award.

Whatcom

Andrew said Whatcom did not meet in May so there was not a report.

Informational

COUNTY COORDINATOR REPORT

Nancy Jones

Nancy stated they did not meet so there was not report.

Informational

COMMENTS FROM PUBLIC

None mentioned.

Informational

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

Chris Walsh
Greg Long

Chris Walsh would like to have a speaker from the E&Ts at the pre-meeting to answer some questions.

Informational

Nancy Jones
Joan Lubbe
James Mead
Jim Sizemore

Greg said NSMHA could arrange for Carol Kerr-Ragan to come.

Nancy requested someone come and report on how the jail services project is progressing sometime in early fall.

Joan mentioned an excellent article in the Seattle PI, either Thursday or Friday, concerning a mother whose son had fallen through the cracks of the mental health program. Joan stated this client had been at the E&T at one time.

James stated the Transformation Grant study is looking at different ways to allocate funds to provide better services to the consumers. James said Ken Stark is all for getting rid of layers within the program that prevent getting the services for the clients.

Jim stated education efficiency improvement would not remedy the problem.

ADJOURNMENT

Chair Albertson

Chair adjourned the meeting at 2:54 pm.

Special Advisory Board Meeting - Federal Block Grant Proposals
July 11, 2006
NSMHA Conference Room
11:00 – 12:00

Present: Laurel Britt, Jack Bilsborough, Chris Walsh, Chuck Albertson, Chuck Benjamin, Joan Lubbe, Russ Sapienza, Jim King, James Mead, Marie Jubie, Jim Sizemore, Greg Long, Margaret Rojas, Bill Whitlock and Shannon Solar.

Excused Absence: Tom Richardson.

Convene

The meeting was convened at 11:05 a.m. Chuck noted the purpose of the meeting is to review decisions for Federal Block Grant (FBG) funding. There are two decisions that need to be made: whether to approve the Planning Committee's recommendation to continue current FBG funding, and whether to approve the Planning Committee's recommendations on how to spend the additional \$318,000 in FBG funding.

Jim King made a recommendation to approve the Planning Committee's recommendation to continue funding projects already funded by FBG funds.

Jim clarified the Planning Committee includes Advisory Board members. Greg noted that James Mead is on the committee.

Greg noted the federal government is requiring the state to go through a more formal process to make sure there is more consumer input. On a yearly basis there will be a process with the Advisory Board and Planning Committee to review the use of FBG dollars. Greg noted the RSN sent out requests for proposals and received 18 back, which were reviewed by staff to ensure the proposals met the funding guidelines for use of Federal Block Grant funds. There are funding guidelines the proposals have to meet, for example, it cannot be used for programs funded by Medicaid.

Jim asked James if anything was approved at planning committee he had reservations on and James noted there was not.

Bill Whitlock noted that some of the Developmental Disability (DD) services are state plan and some are not. Jim noted this plan was built as an ability to get access. Greg noted this is being recommended as the state has put in statewide access to care standards and we want to serve people who are developmentally disabled that do not meet access to care standards but have mental health needs.

Chris Walsh asked if the increase in FBG funding would happen every year. Chuck noted the reason for the increase was that the state decided to fund based on population. Chris noted that if we start funding a program we would want to continue funding it.

Jim made a motion to approve the planning committee's recommendations. James seconded the motion. Discussion was held as Jack Bilsborough asked Greg to go over each recommendation made by the planning committee. They are as follows:

- 1.) To support a proposal from *bridgeways* to do transitional housing.

- 2.) To support Compass Health in setting up a children's E&T – Greg noted NSMHA and King County have submitted a joint proposal to transform the Mukilteo E&T into a children's only E&T. All 12 beds should be for involuntary treatment. The funding would be one-time for initial startup costs, giving us one bed for nine months. Chris asked for a breakdown of these expenses. Bill agreed to provide that.
- 3.) To support DDD-proposed funding for a skill-building project.
- 4.) To support North Sound Parent Council – the purpose of these parent groups are to divert kids from entering hospitals, helping families to manage trouble youths. It is modeled after Pierce County and the woman who started the program there, Fay Jassaud, is now in our region. Structure is an issue that needs to be worked out as Fay submitted the proposal on her own.
- 5.) To support San Juan Human Services proposal to restart contracting with the school districts to provide counseling to children in the school system. Greg noted this is a particular issue in San Juan as people are scattered over islands and providers have difficulty getting staff over there.
- 6.) To support Sea Mar's proposal to expand on existing funding to hire a staff person to work in the primary care clinic in Bellingham. Greg noted this fits in trying to get primary health care integrated with mental health care services and is projected to serve about 90 people.
- 7.) To support Whatcom County's proposal to expand Rainbow Center's hours of service, meet International Center for Clubhouse Development (ICCD) standards and start billing Medicaid for their services. This would promote a fully certified clubhouse.
- 8.) To support Whatcom County's proposal to expand an already existing Elder/Gatekeeper program run by WCPC. Marie noted this is a good program because sometimes Gatekeepers are the only individuals elderly people see.

Jim reiterated the motion to approve the planning committees recommendation to use the additional FBG funding on these eight items. All were in favor, none were opposed and **motion carried**.

Jack noted he welcomed the opportunity to approve the usage of increased funding.

Greg thanked all and noted this would go to the Board of Directors on Thursday, July 13, 2006.

Chuck announced that all were welcome to participate in the judging of the posters at 2:00 p.m. on Thursday, July 13, 2006.

Chuck also announced a critical incident is currently being investigated related to a laptop being stolen out of the car of a Sound Data employee with Personal Health Information (PHI) and the state has been notified.

Adjourn

The meeting was adjourned at 11:45 a.m.

Note

The regularly scheduled meeting for August was canceled.

Next Meeting

The next meeting will be September 5, 2006, in the NSMHA Conference Room from 1-3 p.m.