



Pre-meeting Advisory Board

January 3, 2006

Presentation

12:15 pm

North Sound Integrated Crisis Response Pilot & North Cascade Secure Detox

By

Margaret Rojas, Consumer Affairs Coordinator

and/or

Greg Long, NSMHA Deputy Director

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
January 3, 2006
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the December 2005 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
Nomination Committee Recommendations
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be February 7, 2006 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

December 6, 2005

Present: Mary Good, Andrew Davis, Laurel Britt, James Mead, Marie Jubie, Jim King, Charles Albertson, Russ Sapienza, Chris Walsh, Jim Sizemore and via teleconference Marianne Elgart.
Absent: Patricia Whitcomb
Excused: Jack Bilsborough, Tom Richardson and Joan Lubbe
Staff: Wendy Klamp, Chuck Benjamin, Greg Long and Margaret Rojas
Guests: Sue Boyle, Mike Manley, Fran Benjamin and Chuck Davis

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Jubie	Chair Jubie convened the meeting at 1:00 p.m. and welcomed those present. Introductions were made. Chuck Benjamin gave a Pre-meeting PowerPoint presentation on the 2006 Budget.	Informational
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REVISIONS TO THE AGENDA

Chair Jubie	Marie asked for any revisions and none were mentioned.	Informational
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APPROVAL OF MINUTES

Chair Jubie	The November 2005 minutes of the Advisory Board meeting were reviewed. A motion was made to approve the minutes, it was seconded and the motion carried.	Motion carried
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COMMENTS FROM THE PUBLIC

Margaret Rojas Sue Boyle Chuck Benjamin Jim King Charles Albertson	Margaret mentioned the Recovery Conference coming soon and distributed registration brochures and poster winner note cards for individual use as an anti-stigma campaign for mental health. Sue Boyle from Mount Vernon asked about deaths and assaults recently reported and wanted to know if they were any clients who have recently been released from the E&T's or state hospital and if anything currently being done within the system would affect these individuals. Sue made some comments last month about Compass Health (CH) and asked about sanctioning CH. Chuck Benjamin said that the things mentioned last month were being investigated and that Sue could request	Informational
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sanctions be considered. Jim King asked if the sanctions would come out of client services monies? Jim suggested it be dictated the sanctions come from administrative monies and Chuck said he was not sure it could be dictated. Sue said it would be good to codify that sanctions would not come from consumer services money.

Sue mentioned that a facility like Rainbow Center would be beneficial in the Skagit area. She said that meetings have been held with CH concerning this and several options have been discussed but it appears that will not be happening. She will continue to talk with the North Sound about enacting this mandate. Jim King stated he would provide a CH Board of Directors (BOD) member list and Wendy stated that Sue could obtain it from the CH website. She stated that it is an outrage that a consumer cannot attend the CH BOD meeting.

Sue stated that she had visited the Marysville housing development site and it was a lovely facility. She stated that CH wants to provide a similar facility here in Mount Vernon. Sue said that housing for homeless consumers is needed more than meeting facilities.

Charles Albertson suggested that Sue obtain more than one source of support for a clubhouse within Skagit. He stated that Rainbow Center receives support from the RSN (less than \$80K in Medicaid dollars) and the remaining support comes from Whatcom County and the United Way.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Marie Jubie
Chuck Benjamin
Greg Long
Chris Walsh

Marie stated that it had been a quiet month and had heard a rumor that a clubhouse would be located in the Bailey Center. Chuck stated that any clubhouse has to follow the International Center of Clubhouse Development (ICCD) guidelines. Greg stated that clubhouses are a mandated modality and NSMHA has set up a way to monitor the progress of this provision. Chris asked if there was a timeframe for this mandate to be met and Greg stated it was part of the contract and will be monitored to ensure the services are being provided. Marie stated that she is concerned about consumers not being provided this service. Marie expressed appreciation for the Board's support and vigilance in seeing this accomplished. Jim Sizemore asked if clubhouses would be open to the general public and Chuck stated he would check into it.

Informational

Marie reminded all about the upcoming Recovery Conference and started a sign up sheet for the Advisory Board Retreat for sometime in February or March. For those who were not present and would like to attend, please let Margaret Rojas or Rebecca Pate know so your name can be added to the sign up sheet.

Marie attended the Legislative Mental Health Planning Advisory Council in Spokane with Chuck.

Marie said she visited the *bridgenways* open house and stated it was very nice and the changes were pleasing.

MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin Chuck passed and stated that his Pre-meeting presentation covered his report. Informational

Finance Committee Report

Marie Jubie Marie reported on behalf of Mary Good. The proposed 2006 budget was brought forward with a beginning balance of \$28,590. The projects were discussed and it was proposed changing In-Service from \$4,000 to \$5,000, leave Advisory Board Participation at \$17,000, Consumer Participation at \$5,000 and change Miscellaneous from \$2,590 to \$1,590. A motion was made to approve the budget with changes, it was seconded and the **motion carried**. Informational
Jim King Motion carried

The Advisory Board Retreat was discussed and brought forward to the full Board.

Options were discussed at length on how to utilize the remaining funds and Chuck Benjamin suggested that quarterly reviews be performed next year to prevent the huge leftover at the end of the year. At the regular meeting, Jim King suggested renting out a conference room on Martin Luther King Day (MLK) for a legislative breakfast for educational purposes. The Advisory Board could prepay for reservations, catering and educational materials.

NAMI asked if the Advisory Board would provide the funds to procure the bus for MLK Day and it was brought forward for voting. A motion was made to pay for the bus, it was seconded and **motion carried**. Margaret will coordinate the details with Mary Richardson from NAMI. Motion carried

Executive Committee/Agenda Committee

Marie Jubie
Jim King
Chris Walsh
Wendy Klamp
Charles Albertson

Marie said that several items would be presented for recommendation to the Board of Directors and that Jim King would abstain from the recommendation vote on Rehabco.

Informational

Jim King brought up the RFQ and expense involved in meeting the response to the RFQ. He asked if consumers would be serving on the RFQ process committee/should be actively participating in the RFQ process? It was discussed in Executive Committee and was recommended that it be brought before the Board that a motion be made to have Marie write a letter to DSHS's new director asking what, if any, active participation are consumers playing in the selection of the RFQ. Chris made the motion, it was seconded and Wendy stated that the question has been asked and they have refused to answer until the completion of their procurement process. Wendy affirmed the Board was more than welcome to write the letter their response might not come forth soon.

Jim King made a friendly amendment to the motion that the Advisory Board cc a copy of the letter to the Center for Medicaid and Medicare Services (CMS) to let them know that consumer input is not being actively used in the RFQ process. Chris suggested more people be sent the letter and Charles asked to whom this letter should be sent. It was suggested to send it to Richard Kellogg (the new MHD division director), CMS, Kari Burrell and Senators Hargrove and Cody. A vote was called for and the **motion carried**.

Motion carried

QMOC Report

Wendy Klamp

Wendy said the Utilization Management dashboard and Quality Management Department report was discussed.

Informational

Three major things that occurred were:

- ▶ The Quality Management Plan for 2006 was approved and will go before the Board of Directors (BOD).
- ▶ The policies for Complaint, Grievance, Appeal and Fair Hearing were completed and will go before the BOD.
- ▶ The Clinical Eligibility and Care Standards Manual, which is the level of care standards for the Region, was completed and will go before the BOD.

The High Intensity Treatment program in our region was renamed the MATCH program for dignity and respect of the consumers within the program.

NSMHA has adapted the new State’s Continuity of Care requirements. The state now requires, for example, children who reach the age of majority do not have to change providers when they age out of the child system.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

	Consent Agenda	
Chuck Benjamin	Chuck mentioned there are numerous items going forward to the Board of Directors for approval.	Informational
	APN, Sea Mar, VOA and Snohomish County all have separate contracts for State Mental Health and Medicaid being presented. A motion was made to recommend the above-mentioned contracts and include Skagit, San Juan, Island and Whatcom County Administration contracts, it was seconded and the motion carried.	Motion carried
	Chuck mentioned the 2006 NSMHA budget. A motion was made to recommend approval, it was seconded and motion carried.	Motion carried
	The Federal Block contracts for APN, Sea Mar, Snohomish County, The Tulalip Tribes and Whatcom County were mentioned and a motion was made to recommend approval, it was seconded and motion carried.	Motion carried
	The Personal Services contract with Ms. McCallum was mentioned and these services would cover any personnel issues that might come up throughout the year. A motion was made to recommend approval, it was seconded and motion carried.	Motion carried
	The Rehabco contract is for janitorial services. A motion was made to recommend approval, it was seconded and some discussion followed. A vote was called for and motion carried with Jim King abstaining.	Motion carried
	The next two contracts are for the Recovery and Tribal Conferences being held at the Skagit Resort. A motion was made to recommend approval, it was seconded and motion carried.	Motion carried
	The next contract allows for the move of the Ombuds to Skagit County. A motion was made to recommend approval, it was seconded and motion carried.	Motion carried

Board of Directors December Action Items Previously Reviewed by the Advisory Board

None. Informational

Board of Directors December Action Items Not Yet Reviewed by the Advisory Board

Chuck brought the MHD contracts #0569-79567 and #0569-79682 amendments to the Advisory Board. Informational

Contract #0569-79567, Amendment 1 – NSMHA is recommending the allowable risk reserve be reduced from 5.9% to 5.2%. James made a motion to recommend the reduction for approval, it was seconded and **motion carried**. Motion carried

Contract #0569-79682, Amendment 1 – The initial Telesage incentive is eliminated and a new incentive for state hospital utilization is added. This amendment is being done to correct errors and clarify ambiguous terms. The Advisory Board **did not recommend** approval of this Amendment by the BOD; however, Chuck said the BOD would have to act on this contract Amendment. Did not make a recommendation

Board of Directors December Introduction Items

None. Informational

NEW BUSINESS

None. Informational

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island None present. Informational

San Juan None present. Informational

Skagit The triage center and the vote on the one-tenth of one percent sales tax increase were discussed. Skagit County has a court hearing coming up as some neighbors have sued them over the location of the Triage Center. The Skagit County is going to go before their Board of Commissioners to request that this tax increase go towards mental health and substance abuse. A hearing will be held in mid-January and Skagit County is asking consumers and the public to come and testify at this hearing. The date will be made known as soon as possible. Informational

Snohomish James said that Mike Manley presented the 2006 County Mental Health Budget and jail services plan. He said Greg Long talked about NSMHA Advisory Board. NAMI Snohomish County had a dinner on December 5. Bob LeBeau from Catholic Community Services discussed non-Medicaid case management services. The projected program budget summary for Informational

2006 for mental health was discussed. The Snohomish County Human Services Department Jail Services Program Plan was discussed and Mike Manley will elaborate when he gives the County Coordinator report.

Whatcom

Whatcom discussed a sales tax increase to provide funds for mental health and substance abuse funding. A committee to work on this was formed with Senator Brandland a part of it. A motion was passed to recommend to the RSN the Children’s Mental Health Ad Hoc Committee recommendations. The president of NAMI Whatcom, Larry Richardson, and Curtis Sianchuk from Jansen Pharmaceuticals showed a movie called “Out of the Shadows” about three (3) years in the life of a woman with schizophrenia and it was discussed afterwards. NAMI Whatcom is having a potluck at St. Luke’s Health Education Center from 7-9 on Thursday.

Informational

COUNTY COORDINATOR REPORT

Mike Manley

Mike stated the County Coordinators discussed the Washington Medicaid Integration Project and mental health has been incorporated into the project. Long-term care was to start the first of 2006 and has been postponed with no definite date. Enrollment in the project is lower than predicted. The project is paid on a per client basis with approximately 1,900 clients to date. The secure detox will begin next year and Snohomish County is expecting an impact on their ITA program, which has required hiring two additional ITA staff plus a support staff person to handle the business end.

Informational

Tomorrow something is taking place concerning SB6358, which Mike knew nothing about but is a connection between the mental health system and the state correctional system and it is unclear, what is happening.

Some serious discussions have occurred in Snohomish County on Jail Services and Mental Health Court and further discussions are occurring in the near future. Snohomish County is moving forward with the Jail Services Project and a plan has been submitted a plan to the RSN, which involved hiring additional staff to assist persons coming out of jail.

Snohomish County mentioned that the E&T facility is showing its age of 12 years and some substantial expenses are expected in the future to maintain the facility in workable condition.

Mike encouraged all to keep informed about Medicare Part D and that as of the first of the year Medicaid would no longer be available to individuals on both Medicaid and Medicare for prescriptions. Mike said that Snohomish County is holding an event all day Monday, December 12, at the Everett Events Center to go over Medicare Part D with individuals to discuss the various plans and discover which plan would best suit and sign them up. This needs to happen between now and the end of the year because come January 1 Medicaid goes out of the business of paying for prescriptions for people who are on both Medicaid and Medicare.

Counties are interested in charging filing fees for individuals who are going through the involuntary treatment process. Snohomish County is looking into the charging of fees. Jim King asked if consumers would be charged this fee? Mike said that Snohomish would probably end up paying the fee out of money that would otherwise have been used to purchase services, like county millage or RSN funds. Chuck Benjamin said the NSMHA has received word from Skagit County that this fee would be passed on to NSMHA.

COMMENTS FROM PUBLIC

Greg Long
James Mead

Greg distributed the standards on clubhouses due to some questions raised earlier and stated that the WACs would need to be looked at.

Informational

A telephone conference was conducted with Andy Toulon concerning the Integrated Crisis Responders Pilot Project on December 1. A lot of work was done and it was discovered that more work was needed. The Designated Crisis Responder (DCR) will take over for Designated Mental Health Professional (DMHP) and County Designated Mental Health Professional (CDMHP) beginning sometime after the new year. Transportation issues on how to transport individuals from the various counties were discussed.

James attended a mental health court meeting recently and some nationwide programs were discussed. Some nationwide training programs were discussed and James said that Vancouver, Washington has an excellent program that could conduct training in our area. He said there is no reason to go out of area to hire someone to conduct training in our region. Sgt Delgada is an excellent trainer.

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

Marie Jubie Marie asked if there was any other business and none Informational was mentioned.

ADJOURNMENT

Chair Jubie Chair Jubie adjourned the meeting at 2:58 pm.