

## MEMORANDUM

DATE: September 20, 2005  
TO: NSMHA Advisory Board  
FROM: Chuck Benjamin, Executive Director  
RE: October 13, 2005 Board of Director's Agenda

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Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the October 13, 2005, NSMHA Board of Directors Meeting.

### **Informational**

QMOC Clinical Guidelines

### **Consent Agenda**

### **Action Items**

### **Action Items Not Yet Reviewed by the Advisory Board**

### **Introduction Items**

cc: Charles R. Benjamin  
County Coordinators  
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration  
Conference Room  
117 North First St., Suite 8  
Mt. Vernon, WA 98273  
October 4, 2005  
1:00 PM**

**Agenda**

7. Call to Order - Introductions, Chair – 5 minutes
8. Revisions to the Agenda, Chair – 5 minutes
9. Approval of the September 2005 Minutes, Chair – 5 minutes
10. Comments from the Public –5 minutes
11. Correspondence and Comments from the Chair – 5 minutes
12. Monthly Committee Reports
  - a. Executive Director's Report - Chuck Benjamin – 5 minutes
  - b. Finance Committee – Mary Good – 5 minutes
  - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
  - d. QMOC Report – Mary Good – 5 minutes
  - e. Ombuds Report – Chuck Davis – 5 minutes
13. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
  - a. Consent Agenda
14. New Business
15. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
16. County Coordinator Report
17. Comments from Public – 5 minutes
18. Other Business
  - a. Request for Agenda Items
19. Adjournment

**NOTE:** The next Advisory Board meeting will be November 1, 2005 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration  
MENTAL HEALTH ADVISORY BOARD**

September 6, 2005

**Present:** Marie Jubie, Laurel Britt, James Mead, Joan Lubbe, Jim King, Tom Richardson, Mary Good, Pat Whitcomb, Charles Albertson, Andrew Davis, Marianne Elgart, Jack Bilsborough, Jim Sizemore and Russell Sapienza

**Absent:**

**Excused:**

**Staff:** Chuck Benjamin, Margaret Rojas, Greg Long, Deirdre Ridgway, Wendy Klamp and Rebecca Pate

**Guests:** Tom Sebastian, Ken Tam and Jackie Henderson

**MINUTES**

TOPIC	DISCUSSION	ACTION
<b>CALL TO ORDER, INTRODUCTIONS</b>		
Chair Jubie	Chair Jubie convened the meeting at 1:00 p.m. and welcomed those present. Introductions were made. Chair Jubie welcomed Jim Sizemore the new member from Snohomish County. A pre-meeting presentation was give by Ken Tam and Tom Sebastian on PATH Grant Outreach work.	Informational
<b>REVISIONS TO THE AGENDA</b>		
Chair Jubie	None.	Informational
	Marie asked if anyone wished to contribute to the hurricane victims and a hat was passed and funds were to be given to the American Red Cross (ARC). A total of \$115 was raised and the contribution that Marie gets from the Board of Directors will be added and Margaret Rojas will send one check to ARC.	
<b>APPROVAL OF MINUTES</b>		
Chair Jubie	The August 2005 minutes of the Advisory Board meeting were reviewed. A motion was made to pass the minutes as written, seconded and the motion carried.	Motion carried
<b>COMMENTS FROM THE PUBLIC</b>		
James Mead Chris Walsh Charles Albertson Tom Richardson	James distributed a handout effective July 11, of the new DSHS structure system.	Informational

Chris Walsh said he was contacted by FEMA on accepting people from the hurricane disaster. He said his facility would take younger individuals regardless of disability.

Charles Albertson mentioned that he ran across some information on housing capital for low income that can be used for transitional housing. He will research further and Chris Walsh stated he had been involved in that program and would discuss this further with Charles.

Tom Richardson said the director of Rainbow Center, Lyle Stork, was diagnosed with cancer, had surgery and was home recovering. Lyle is looking well and appears that he will fully recover.

### **CORRESPONDENCE AND COMMENTS FROM THE CHAIR**

Chair Jubie

Marie said that DSHS was discussed at a planning committee meeting in Snohomish County and the combination of voluntary and involuntary services. She attended the court date for Washington Medicaid Integration Partnership. She went to DSHS in Olympia to negotiate for the Co-occurring Disorders project. She went to *bridgenways* and the Edmonds Consumer Group to discuss the coalition visit to Olympia. The date for the coalition trip is not known at this time but would probably be on a Tuesday. She and James Mead will be participating in contract negotiations. She will be involved with Mental Health Planning and Advisory Council (MHPAC) meeting; and will also be on MHPAC's. Marie was asked by DASA to participate in the CODIAC committee. She is concerned about medications that are not going to be available for consumers in Medicare Part D and asked that someone discuss this with parties involved.

Informational

### **MONTHLY COMMITTEE REPORTS**

#### **Executive Director's Report**

Chuck Benjamin  
Greg Long

Chuck said that NSMHA has signed the Mental Health Division (MHD) contract and submitted it to MHD. He said that contract negotiations are continuing with all the counties and providers in NSMHA's system.

Informational

Legislative update – NSMHA is still deciding how the “State only” funds will be spent. The scorecard survey has ended and data from it and the integration of crisis and emergency services in Snohomish County will be discussed at the Planning Committee meeting on

Friday, September 16 at Snohomish County Administrative Offices in the Jackson Board Room at 9 am. Greg stated that he and Margaret went to all five counties to discuss the survey. The results show that two items are clearly expressed as priorities:

- Housing and residential services
- People wanting increased funding to serve low-income people who do not/are not yet qualified for Medicaid.

The other top four priorities were:

- Develop more services for children in schools and homes
- Location of services
- Developing services for older adults
- Co-Occurring Disorders

Peer Support services and other similarities wound up at the bottom of the list. Greg said some internal discussion would take place and then it would be presented to the NSMHA Planning Committee. He requested any feedback on this be directed to him. He mentioned that enhancement of jail services was discussed; however, NSMHA knew that other funding would be available for this and that was not included in the survey. Chuck Benjamin stated that Marie Jubie, Tom Richardson and Jim King are on the NSMHA Planning Committee representing the Advisory Board. Greg said a planning process would occur every four years with updates every year. Marie requested a volunteer to serve on this committee. James Mead and Chris Walsh volunteered. Some discussion followed.

Chuck Benjamin said that NSMHA lost its Medicaid Integration Lawsuit and now our focus should be on helping consumers going into WMIP to ensure a smooth transition, ensure consumers are getting the services they need and to track the use of our resources with the pilot. The enrollment is down to 2,087 and the impact for fiscal year 2005 will be \$660,000. Annually, beginning 2006, if enrollment remains the same, the impact will be \$2.6 million. If enrollment ever reaches 6,000, the impact will be \$7 million. The enrollment will fluctuate from month to month, which will impact NSMHA.

Chuck said NSMHA is still awaiting the release of information from DSHS for the Request For

Qualifications regarding HB1290. It appears the October 1 deadline is not going to be met but NSMHA is supposed to have 60 days to respond once we receive the RFQ.

NSMHA is one of the two pilot projects for the secure detox facilities. Chuck stated he is working with the County Coordinators to coordinate with their local committees, which is a good partnership.

The Mental Health Taskforce is meeting again October 18. The issues on their agenda are comparing the '04 and '05 budget levels for mental health. There are a number of things that complicate the issue. It may appear that funding is up; however, it is dedicated funding. Some discussion followed.

There is a federal alert on Medicaid changes and Chuck encouraged all to contact legislators and express their concerns around these issues. One key concern is the movement of case management from service level to administrative cost and this move alone would cut millions/billions from the federal budget.

The Recovery Conference will be held Wednesday, January 11, followed by the NSMHA Board of Directors Retreat. Peter Feigel will be the speaker and came highly recommended by Barbara LaBrash from San Juan County.

The poster contest winners will be presented at the upcoming Board of Directors meeting September 8.

### **Finance Committee Report**

Mary Good

Mary stated that the expenditures were reviewed and she passed them around for the Advisory Board to review. The next big expenditure will be the Co-Occurring Disorders Conference September 12-13.

Informational

Chuck mentioned that the State legislature increased the hospital rates. He said normally the Mental Health Division holds back the inpatient dollars in a pool, which they use to pay the hospital claims. This will still be done but not for the increased rate. The increased rates funding is being passed down to the RSNs. The way the current contract with Associated Provider Network is written that money would have to be passed down to the providers, which is \$747,466. Chuck said that NSMHA would like to propose to the Board of Directors a resolution that this money be put into a reserve account at the RSN level so when

hospital claims come in 18 months the money will be available to pay those claims. Some discussion followed.

A recommendation was made to pass the Advisory Board expenditures to the Board of Directors for approval, seconded and the motion carried.

Motion carried

A recommendation was made for Chuck Benjamin to present to the Board of Directors the creation of a reserve account for the \$747,466 funds to pay for the upcoming hospital rate increase claims. Some discussion followed. Chuck said it would go to the Executive Committee on Thursday and then to the Board of Directors in October. Chuck stated that if this funding does go to the providers, there is the potential for a future payback. Chris Walsh asked for a vote. The recommendation was seconded and the motion carried.

Motion carried

#### **Executive Committee/Agenda Committee**

Tom Richardson

Tom said that Marie would ask two/three members to volunteer for Ad Hoc workgroups for the Utilization Management Dashboard and the Recovery Conference planning committee. Committee assignments were discussed and it was stated that the work of the Advisory Board gets done through these committees/workgroups and recommendations to the NSMHA Board of Directors come from these groups. Tom said the Executive Committee came up with no recommendation for how to get these jobs done more efficiently. Tom said starting in January with new elections it will be discussed who would serve on these committees and he asked the Advisory Board how to proceed. James Mead suggested that a committee sign up sheet should be distributed in January for all Advisory Board members to indicate their preferences for committee assignments for the coming year and the newly elected Chair could then consider people's preferences when making committee assignments in February. That way, all Advisory Board members would know what is expected of them from the beginning in terms of committee work. James suggested that, if necessary, some policies or By-Law changes could be created to resolve the issue of member's responsibilities for carrying out committee work during the year; he also noted that if everyone served on at least two committees, we would have a fair distribution of the workload and all the work would get done. Marie noted that it is sometimes hard

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to get people to serve on the Advisory Board due to transportation issues/disabilities. Transportation/time constraints seem to be a standing issue for many people; however, Chuck Benjamin said that a teleconference could be set up to accommodate individuals who serve on committees but are limited due to transportation/time constraints. Tom said that these suggestions would be taken under advisement at the next Advisory Board Executive Committee meeting and recommendations would be presented to the Board for consideration.

Tom asked Jim King to give a brief overview of the voter demographics previously requested. Jim presented this to the Advisory Board as a whole and said that Political Action Committees (PACs) are very popular within the state of Washington. Tom asked the Executive Committee to have people come and discuss locked/block voting on issues of great concern. Jim said it would be critical to review the year the RSN was created. Jack Bilsborough said that union activity fought against the development of RSNs due to possible job security. Tom asked that Chuck/others involved in legislative issues come to the next Executive Committee meeting and discuss things the Advisory Board can do to accomplish its desires/needs. Chris Walsh said that he is a member of a PAC who contributes to issues of concern.

**QMOC Report**

Mary Good	The QMOC meeting was canceled last month so there is nothing to report.	Informational
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**ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS**

**Consent Agenda**

Chuck Benjamin	The Board of Directors will review NSMHA’s monthly expenditures.	Informational
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**Board of Directors September Action Items Previously Reviewed by the Advisory Board**

Chuck Benjamin	None.	Informational
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**Board of Directors September Action Items Not Yet Reviewed by the Advisory Board**

Chuck Benjamin	To review and approve Amendment 4 to NSMHA-APN-04-05 contract. This Amendment removes responsibilities for Inpatient Certification and includes a carve out from APN funding to pay for the services to be provided by another vendor. Will be available at the meeting.	Informational
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To review and approve Amendment 3 to NSMHA-VOA-04-05 contract. This amendment adds responsibilities and funding for the provision of Inpatient Certification services. Copies of the Amendment will be available at the meeting.

To authorize the NSMHA Executive Director to enter into contract 0569-81757 between NSMHA and DDD effective 10/01/05 to 6/30/07. This contract continues the Department of Social and Health Services Division of Developmental Disabilities (DDD) and Mental Health Division Collaborative Work Plan – improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. Via this contract DDD is purchasing enhanced services for DDD clients. The funding breaks down as follows:

Crisis stabilization services = 19,013.89/month  
Medication monitoring = \$5,505.56/month  
Psychiatric/medication consultation services = \$5,105.56/month

To review and approve NSMHA-APN-DD contract between NSMHA and APN effective 10/01/05 to 06/30/07. This contract continues the Department of Social and Health Services Division of Developmental

Disabilities (DDD) and Mental Health Division Collaborative Work Plan – improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. Via this contract DDD is purchasing enhanced services for DDD clients.

To review and approve NSMHA-VOA-DD contract between NSMHA and Volunteers of America effective 10/01/05 to 06/30/07. This contract continues the

Department of Social and Health Services Division of Developmental Disabilities (DDD) and Mental Health Division Collaborative Work Plan – improve short-term, episodic crisis prevention, interventions and stabilization mental health services to registered DDD clients. Via this contract DDD is purchasing enhanced services for DDD clients.

Tom made a motion that these actions be brought before the Board of Directors, seconded. Some discussion followed. Marie called for the vote and the motion carried.

Motion carried

To review and approve the Interlocal Agreement # 0569-82559 Transition From Homelessness (PATH) contract between North Sound Mental Health Administration and the Department of Social and Health Services.

To review and approve NSMHA-Compass Health-PATH 06, providing PATH funding in accordance with the DSHS grant from 10/01/05 through 9/30/2006.

To review and approve NSMHA-Whatcom Counseling & Psychiatric Clinic-PATH 06, providing PATH funding in accordance with the DSHS grant from 10/01/05 through 9/30/2006.

Tom made a motion to bring these forward, seconded and the motion carried.

Motion carried

**Board of Directors September Introduction Items**

Chuck Benjamin

None.

Informational

**NEW BUSINESS**

Jack Bilsborough  
Marie Jubie

Jack Bilsborough asked for a brief background on Doug Porter and whether he had any experience with psychiatric disabilities. Greg stated that he was a top-level executive but it is unknown if he has experience with “psychiatric disabilities”.

Informational

Marie asked for volunteers to serve on the Utilization Management Committee – Chris Walsh, Charles Albertson and Marianne Elgart volunteered. Mary Good, Marie Jubie, Andrew Davis, Pat Whitcomb and Russell Sapienza volunteered for Recovery Conference. Marie asked for the Advisory Board to think about whom they would like to serve on the nominating committee.

**COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS**

Island

Pat Whitcomb said they met and discussed various items but had nothing significant to report.

Informational

San Juan

No representative present.

Informational

Skagit

Jim King said a building has been acquired for the new Triage Center but some complications have arisen.

Informational

Snohomish

Laurel Britt said there was no meeting.

Informational

Whatcom

Russ Sapienza said they held two meetings. The regular and an operations meeting. Andrew said there

Informational

will be and unmet needs meeting tonight at St. Luke's Health Education Center. The operations meeting discussed the 2006 mental health budget with cuts to several programs. The preliminary vote to approve the budget was four (4) approvals, one (1) against and one (1) abstention but this will be voted on at the regular September meeting. The funding came through for the Triage Center. Andrew said that Gary Williams brought forward that NAMI Whatcom does not want to contract with APN at all if the Washington Medicaid Integration Partnership goes through. Tom said that a motion with two parts passed. The first was that NAMI Whatcom stated unless negotiations end with no financial harm done to Whatcom County consumers then an immediate cessation with APN would be sought and the second part was if no financial harm were done then Whatcom would push for a cessation of contracting with APN next year.

Andrew mentioned the excursion that he and Marie did at the Snohomish Chalet festival. He said the carnival was excellent and lots of fun. There was an excellent attendance and Chris Walsh said approximately 850 attended.

#### **COUNTY COORDINATOR REPORT**

Jackie Henderson	Jackie said the biggest issue discussed was the budget and the jail funds that will be available. Jackie stated that all are hopeful that some of the jail funds can be used to help people find jobs once released.	Informational
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#### **COMMENTS FROM PUBLIC**

Margaret Rojas	Margaret said that she was glad to see a full Advisory Board present. She showed the poster that won the contest; as it will be printed and displayed.  Margaret asked for all to stay for celebration of the Chair's birthday.	Informational
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#### **OTHER BUSINESS**

Chair Jubie	None mentioned.	Informational
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#### **ADJOURNMENT**

Chair Jubie	Chair Jubie adjourned the meeting at 2:38 pm.	
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