

MEMORANDUM

DATE: January 27, 2005
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: February 10, 2005 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the February 10, 2005, NSMHA Board of Directors Meeting.

Informational note – There is usually a QRT report given this month; however, it is unavailable at this time.

All items referred to below are accessible on the NSMHA website by visiting:
http://www.nsrnsn.org/Boards/A_Board_Packet.htm

Consent Agenda

Action Items

Board of Directors January Action Items Not Yet Reviewed by the Advisory Board

Motion 05-003 – To approve the NSMHA-MHD Contract, Amendment 3, which authorizes continued use of Medicaid Savings through June 30, 2005. The Board of Directors acted on this motion.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

January 4, 2005
DRAFT

Present: Charles Albertson, Tom Richardson, Jim King, Marie Jubie, Mary Good, John Patchamatla, Chris Walsh, Patricia Whitcomb, Joan Lubbe, and Anne Gresham
Absent: Bruce Radtke, James Mead, Debbie Hollo, and Jackie Abell
Excused: Jack Bilsborough and Patricia Little
Staff: Chuck Benjamin, Greg Long, Sharri Dempsey, Chuck Davis and Rebecca Pate
Guests: Nancy Jones, Laurel Britt, and Wally Walsh

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Jubie	Chair Jubie convened the meeting at 1:17 p.m. and welcomed those present. Introductions were made. Marie requested that everyone turn off cell phones to avoid distractions. Wally Walsh gave a pre-meeting presentation on traumatic brain injury.	Informational
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REVISIONS TO THE AGENDA

Chair Jubie	None.	Informational
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APPROVAL OF MINUTES

Chair Jubie	The December 2004 minutes of the Advisory Board meeting were reviewed. A motion was made to approve as written, seconded, and motion carried .	Motion carried
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COMMENTS FROM THE PUBLIC

	None.	Informational
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CORRESPONDENCE AND COMMENTS FROM THE CHAIR

	None.	Informational
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MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin, Chris Walsh	The most pressing issues are around the proposed budget and service reductions the region is facing. The good news is that Center for Medicaid and Medicare Services has granted the state of Washington an extension on how we are able to use our Medicaid dollars. The original date was December 31, 2004, and	Informational
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that has been extended to June 30, 2005. This does not change the impact it just allows us more time to plan a little better. NSMHA still has to reduce the budget and services by \$600,000 effective this month or by June 30. The Planning Committee will meet January 7, 2005, at 1 pm to study all the proposals submitted and decide how to achieve that \$600,000 reduction within the six-month timeframe. The taskforce recommended that all RSNs should really plan for budget service reductions pending the State's inability to put all of the money, if any, back into the system that NSMHA will lose. This is around \$40 million statewide. Chuck believes that the people we serve need to know what direction NSMHA is going should the state not come forth with the money. The region will still be looking at a \$2 million reduction in July and this is even if the State puts the money back in the system because NSMHA will not know how the funds will be distributed. NSMHA will continue to educate our state legislators and hoping and asking them to determine the distribution of those State funds if the legislature creates additional State funds to go in the budget. The additional State funds are a hope to replace to last Federal funds.

Chuck stated that some sad news the region is facing due to the funding issues are that some of the staff is facing not being able to do the job they have performed in the past. As a result, Debbie Page, Western State Hospital Liaison, Karen Townsend, Children's Services, Shirley Conger, NSMHA Ombuds and Sharri Dempsey, Tribal Liaison/OCA Manager has submitted their resignations and Judy Susia will be retiring this year. NSMHA will be looking at these vacancies with the following outlook:

- What are our mandates?
- What do we need to do to meet these mandates?
- How are we structured?
- Can we be structured differently?
- Can we do things differently?

All of these areas will be reviewed and then NSMHA will come forward with a proposal on how to handle these vacancies.

Chuck encouraged everyone to make an effort to attend the Recovery Conference, January 12, 2005, at the Skagit Resort. This is being held in conjunction with Department of Alcohol and Substance Abuse and the theme is "Simple and Profound Acts". The Tribes within the region have also assisted with the development of this conference. This conference will

be focusing on Co-Occurring Disorders and clinical CEUs will offered for this conference. It is also geared toward other professional staff, consumers, advocates and family members. This is the fourth annual Recovery Conference.

Chris said they had a huge meeting and all their residents received their Molina cards stating whom their doctor is and how to contact.

The Washington Medicaid Integration Project in Snohomish County is still continuing and Molina has signed their contract. This project started with 6,000 but due to one medical community refusing to sign with Molina, they had to drop 1,000 consumers. Of the remaining 5,000 people, between 900 and 1,000 have opted out of the program. Originally, NSMHA was told that 6,000 consumers would be the smallest target population in order to make a project like this work but they are still moving ahead. Chuck stated that he wonders how you can take an under funded system and convert to a for profit managed care organization and the State take off savings from the top and say you are going to provide more services.

We all need to keep a close eye on the legislature and listen for possible changes to RCW 71.24 (The Community Mental Health Act) and Senate Bill 5400. One change that did not go forward from the taskforce was to reopen RCW 71.24 to allow for competitive bidding. Chuck feels this would open the door for DSHS to continue doing these Medicaid Integration Projects. Should this occur, the State would be monitoring all the service for competitive bidding so all contracts would be between the providers and the State. This would involve RCW 71.24 and Senate bill 5400 because this established the counties as the local mental health authorities. If RCW 71.24 were reopened for competitive bidding at the regional level, this would usurp the counties authority in mental health services. If services are not provided for whatever reason, the counties will pick up the tab for any services the RSNs cannot meet through law enforcement, judges, jails, hospitals, etc. without any local say of how it is being done. The advantage to our current system is the county authorities give us the policy direction on how we will spend our money.

Marie Jubie,
Chuck Benjamin,
Nancy Jones,
Jim King,
Tom Richardson

Marie stated that a neighbor had difficulty opting out of the project and Chuck said it is supposed to be a simple phone call. Nancy encouraged consumers to continue to call to opt out of the Washington Medicaid Integration Project. It may take several attempts to accomplish the task but she asked that consumers

Informational

continue trying.

Jim said one advantage is that consumers who did not have a primary care provider before will now have a primary care provider. Chuck agreed that this is a definite advantage; however, NSMHAs only objection is how do you integrate the services from the other systems.

Tom asked who recommended the competitive bidding? Chuck said no one from the taskforce claimed ownership and all that was said is staff and the legislature came up with that as a recommendation. Tom asked what the reasoning/rationale was behind this and Chuck said he did not know the rationale. There was considerable discussion concerning this matter. Nancy said Snohomish County is looking at the issue with more of an insurance mentality. Chuck said that Mike Shelton stated they are trying to take the community out of community mental health by privatizing and going to HMOs. Chuck encouraged everyone to research what is happening in other states with similar situations and be well informed/educated before confronting the legislature/your personal legislators.

Finance Committee Report

Mary Good

Mary brought the expenditure report, month ending November, forward for review and approval with changes. The motion was seconded, **motion carried**.

Motion carried

She said they looked at a proposed budget for 2005 with a 5% reduction from \$30,000 down to \$28,500.

There was no report from the Board of Directors Finance Committee.

Executive Committee/Agenda Committee

Tom Richardson

Last month the Executive Committee recommended the names of Marie Jubie to continue as Chair and John Patchamatla as Vice Chair. John gracefully declined the office of Vice Chair. Today the Executive Committee recommends the names of Marie Jubie to continue as Chair and Charles Albertson as Vice Chair.

Informational

There was some discussion concerning self-advocacy groups and the options of consumers. Another discussion was a policy on how to write your own ticket for expenditures on sponsored Advisory Board trips. The NSMHA staff will research this policy and come back to the Advisory Board with recommendations.

Tom conducted the election of Board officers. The nominations are Marie Jubie for Chair and Charles Albertson for Vice Chair were presented. He opened the floor for any additional nominations and none were given. Chris Walsh made a motion to close the nominations. The motion was seconded and **motion carried**. The vote was called to nominate Marie and Charles. A motion was made to accept the nominations. The motion was seconded and **motion carried**.

Motion carried

Motion carried

QMOC Report

Mary Good There was no report due to the meeting being canceled. Informational

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda Informational

Chuck Benjamin There were no consent agenda items; however, Chuck made the Advisory Board aware that hopefully by the time the Board of Directors meets December expenditures will be available to be brought forward. They were unavailable for the Advisory Board review due to Bill Whitlock being on vacation.

Board of Directors January Action Items Previously Reviewed by the Advisory Board

Chuck Benjamin, Chris Walsh Chuck requested the Advisory Board recommend the approval of the long standing Interlocal Agreement NSMHA-Compass Health-PATH, Amendment 1, contract. This is the outreach to the homeless. Informational

There was some discussion concerning this contract.

Chris said upon the recommendation from my representative from the county, I would recommend that the Advisory Board approve Amendment 1 being submitted to the Board of Directors for approval. The motion was seconded, **motion carried**. Motion carried

Board of Directors January Action Items Not Yet Reviewed by the Advisory Board

Chuck Benjamin Chuck said there were none at the present time; however, pending the Planning Committee meeting this Friday, there may be some action items brought forth to the Board of Directors on January 13, to address the budget service reduction that was discussed earlier. Therefore, the Advisory Board will not see these until your next meeting. Except for the Advisory Board members who are part of the Planning Committee.

Board of Directors December Introduction Items

None.

NEW BUSINESS

Marie Jubie None.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island There was no meeting held. Informational

San Juan Anne said that they are in their new facility. It is working well and is a lot more effective. The communication and working together relationship is phenomenal and performing much better than in the past. The CDMHP proposal was dropped from the table but it is unsure what will be done in its place. Informational

Skagit Chris Walsh stated that he had read the letter from the sheriff and wished the sheriff were in his county. It was very well presented and many on the Advisory Board agreed with Chris. Informational

Skagit Jim said that they won one of the bids from the National Institute for Mental Health for some specialized training on cross-system protocol. Specifically on coordination between criminal justice, mental health and substance abuse. There were only two sites in the nation that won the competitive application process for test sites. The county is looking forward to this training to help strengthen their efforts. There will be an Advisory Board comprised of all the different disciplines. They are going to invite different individuals from their community to participate in the training. Jim believes this will begin in the next couple of months. This is not a grant but the professionals are coming to Skagit County to teach. These test sites will help the Institute figure out how to provide the training and then it will begin to happen across the nation. Informational

Skagit Skagit has been trying to initiate a triage center and this training will help them build their infrastructure and proceed with this project. Joan Lubbe said the triage would be going forward. Informational

Skagit Tom Richardson made the comment that he would encourage all to use the term Behavioral Health Court instead of Mental Health Court due to the many areas the court covers. Informational

Snohomish Marie said no official meeting was held but they conducted a legislative agenda meeting. They are trying to teach Mike Manly some different things. Liquidated damages and the taskforce were discussed. Nancy Jones said the legislative agenda would be ready for presentation at next month's meeting. Informational

Marie stated that Sharri Dempsey needed to know today if anyone was going to attend the Recovery Conference, January 12, and if a room was needed.

Marie said the Advisory Board was providing a bus for the Martin Luther King Day for educational information. It has been recommended to brown paper bag lunch but the information will be provided in the upcoming flyer from Sharri Dempsey.

Whatcom

No meeting was held.

Informational

Tom Richardson recommended that all counties look into a teen-screening program. This is a good endeavor with an increasing participation in Whatcom County. This program identifies teens with suicidal tendencies, bi-polar and other mental health concerns, which allows treatment to be provided to help them.

COUNTY COORDINATOR REPORT

Nancy Jones

Nancy said they spent most of their time discussing the budget reduction issues. It is extremely difficult for the counties due to the constant changes. They are concerned about what is happening with residential services. They have asked Chuck to look into developing a baseline for residential services.

Informational

COMMENTS FROM PUBLIC

Laurel Britt

Laurel asked about transportation for the Recovery Conference and Sharri Dempsey said to state if you needed it to put it under special needs.

Informational

OTHER BUSINESS

John Patchamatla,
Chuck Benjamin,
Tom Richardson

John asked about Dennis Braddock and Karl Brimmer. Chuck said Dennis has resigned pending appointment of his successor and he has not heard about Karl's position.

Informational

Tom asked where the taskforce recommendations could be found and Chuck said they were available on the DSHS website.

Mary asked for input from the Board about the tee shirt and/or tote with "Vision of Hope"/"Path to Recovery" logo on the bag being provided for Board members to purchase. Tom suggested orders be taken. Mary asked all to think about it and discuss it at the next meeting.

ADJOURNMENT

Chair Jubie

Chair Jubie adjourned the meeting at 2:30 pm.



CONTRACT AMENDMENT

DSHS CONTRACT NUMBER:

0369-23150

Amendment No. 03

This Contract Amendment is between the State of Washington Department of Social and Health Services (DSHS) and the Contractor identified below.

Program Contract Number

Contractor Contract Number

CONTRACTOR NAME		CONTRACTOR doing business as (DBA)	
North Sound Regional Support Network		North Sound Mental Health Administration	
CONTRACTOR ADDRESS		WASHINGTON UNIFORM BUSINESS IDENTIFIER (UBI)	DSHS INDEX NUMBER
117 North First Street, Suite 8 Mount Vernon, WA 98273-2858		601-291-840	1553
CONTRACTOR CONTACT	CONTRACTOR TELEPHONE	CONTRACTOR FAX	CONTRACTOR E-MAIL ADDRESS
Charles R. Benjamin, Executive Dir.	(360) 416-7013 Ext:	(360) 416-7017	executivedirector@nsrsn.org
DSHS ADMINISTRATION		DSHS DIVISION	DSHS CONTRACT CODE
Health and Rehabilitative Services Administration		Mental Health Division	4000LC
DSHS CONTACT NAME AND TITLE		DSHS CONTACT ADDRESS	
Melena Thompson Program Administrator		PO Box 45320 Olympia, WA 98504-5320	
DSHS CONTACT TELEPHONE	DSHS CONTACT FAX	DSHS CONTACT E-MAIL ADDRESS	
(360) 902-0840	(360) 902-0809	thompml@dshs.wa.gov	
IS THE CONTRACTOR A SUBRECIPIENT FOR PURPOSES OF THIS CONTRACT?		CFDA NUMBERS	
No			
AMENDMENT START DATE	CONTRACT END DATE		
01/01/2005	06/30/2005		
PRIOR MAXIMUM CONTRACT AMOUNT	AMOUNT OF INCREASE OR DECREASE	TOTAL MAXIMUM CONTRACT AMOUNT	
\$0.00	\$0.00	\$0.00	
REASON FOR AMENDMENT; CHANGE OR CORRECT OTHER: SEE PAGE TWO			
<p>ATTACHMENTS. When the box below is marked with an X, the following Exhibits are attached and are incorporated into this Contract Amendment by reference:</p> <p><input type="checkbox"/> Additional Exhibits (specify):</p> <p>This Contract Amendment, including all Exhibits and other documents incorporated by reference, contains all of the terms and conditions agreed upon by the parties as changes to the original Contract. No other understandings or representations, oral or otherwise, regarding the subject matter of this Contract Amendment shall be deemed to exist or bind the parties. All other terms and conditions of the original Contract remain in full force and effect. The parties signing below warrant that they have read and understand this Contract Amendment, and have authority to enter into this Contract Amendment.</p>			
CONTRACTOR SIGNATURE	PRINTED NAME AND TITLE		DATE SIGNED
	Charles R. Benjamin, Executive Director		
DSHS SIGNATURE	PRINTED NAME AND TITLE		DATE SIGNED
	DSHS/Mental Health Division		

This Contract between the State of Washington Department of Social and Health Services (DSHS) and the Contractor is hereby amended as follows:

1. Amend Special Terms and Conditions-Statement of Work Section, by deleting the newly added clause number 9 in the previously executed amendment #0369-23150 (02).
2. Amend the following Statement of Work numbered sub-sections, by deleting and replacing sub-sections with the following text.
 - 2.1.7. This section is deleted in its entirety with no replacement.
 - 6.1.9. Participate with the MHD in the development of policies and procedures to establish a community re-investment fund for any profits/savings under the 1915 (b) waiver after the purchase of all approved state plan and 1915 (b)(3) services. The remainder of the section is deleted with no replacement.
 - 6.1.9.1. This section is deleted in its entirety with no replacement.
3. Sections 6.4. through 6.4.5.2. Financial Consideration, in the previously executed contract amendment #0369-23150 (02), are deleted, and sections 6.4. through 6.4.5.2. Financial Consideration, in the previously executed contract amendment #0369-23150 (01), are restored and in full effect.

All other terms and conditions of this Contract remain in full force and effect.